

The sample for the class is a simple sampler of various stitching designs. We will be learning how to do lots of different designs that can be used in many ways and sizes on many different quilts. You may want to make a bigger (approximately 36" x 42") quilt sandwich to complete a sampler as a reminder of these stitches. Or you may simply want to make smaller practice quilt sandwiches for practice.

### **Fabric and batting supplies & prep:**

- 1 2/3 yards - muslin or other inexpensive solid cotton fabric
  - 1 yd. will be cut off and set aside for your stitch sampler
  - 2/3 yd. will be cut into 12" x 13" pieces for "sandwiches" for practice
- 1 2/3 yards backing fabric
  - This can be any older print or solid cotton fabric for backings for the pieces cut in the first step. (Does not need to all be the same fabric)
- one 36" x 45" and six 12" x 13" pieces of cotton or cotton blend batting to use with the fabrics listed above, such as Hobb's Heirloom or Warm & Natural

I generally do not baste the small "quilt sandwiches" together; they won't need it and the large one can either be pin basted or spray basted. The above list is optional (if you are planning on making a stitch sampler).

### **OR**

- Several sandwiches of muslin or scrap fabrics to practice stitches:
  - Six pieces 14" x 12" can be cut from 2/3 yd. of muslin
  - and 12" x 42" of batting and made into 3 sandwiches.
  - These sizes can be approximate!

### **General sewing / quilting supplies:**

- Sewing machine in good working order
  - feed-dogs must drop or have a cover unless you know your machine quilts well with the feed-dogs up
  - a cover can be fashioned with tape and a piece of light weight cardboard like an index card

- Sewing machine extension table — you really need a flat surface to the left of needle big enough to rest your left hand and maneuver the quilt
- Free motion or darning foot — make sure your quilt moves freely under the foot when the presser foot is down
- Walking foot — optional
- Bobbin thread - in colors to match the back of the quilt OR the top threads
  - You may want a finer bobbin thread on the back of the quilt pieces
  - Superior Masterpiece, Aurifil 50/2 (on the orange plastic cone), Superior Bottom Line, or Superior or YLI 100 wt. silk are all possible choices
  - Fifty-weight cotton may also be used.
- Quilting thread — good quality threads in a variety of colors to match and contrast with the quilt top.
  - Contrasting threads should show from a distance, but too much contrast (i.e. black thread on a very light top) can be very hard to get a pretty stitch.
  - Weights in the 40-50 wt. range are good for most of the quilting.
  - Variegated threads or even metallics may be experimented with; cottons or polyesters.
  - My personal favorites are tri-lobal polyesters for their pretty shine and strength (Superior Highlights, Rainbows, Nature Colors, Living Colors, Art Studio Colors, or Magnifico; YLI Variations, Hemingworth, Glide, or other brands in a 40 or 50 wt.)
  - Fine clear or smoke threads for stitching in the ditch, my favorites are Superior Monopoly and Madeira 60-weight Monofil
- Thread stands — optional, but very helpful for hard to control threads — a heavy metal one like Superior's is excellent
- A tool to help you move the quilt as you are quilting
  - I use rubberized rug backing pad scraps or rubberized shelf liner scraps
  - If you are comfortable with gloves (Machingers are nice) or rubber fingers, etc. please use them
- Needles
  - Size 14 topstitch needles are recommended for most of the quilting
  - Size 12 or 10 can be used for the fillers stitches
  - You may need size 16 topstitch needles for the heavy thread.
- Something to use to mark your quilt – I highly recommend SewLine's mechanical pencils in a color to show on your fabrics
- Several sheets of plain white paper and a pencil

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- Thread snips or small scissors
- Basic sewing supplies

Please contact Ann Petersen with any questions, email:  
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