

Recipes for Success



**A Collection of Tips and Ideas for Success in
Fundraising and Service Projects
in Multiple District 36**

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“Every Club in Our Multiple District 36 Can Be Healthier”

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This document is available online for downloading at:
www.lionsoforegon.org

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Note: This document is intended for the exclusive use of the Lions of MD 36 and any unauthorized distribution of information contained therein is strictly prohibited.

Forward

This document is a compilation of ideas and projects from MD 36 Lions clubs and LCI for helping Lions clubs be successful in developing new projects for community services and fundraising ideas to support activities to improve the quality of life. The “Expand the Horizon” team extends a very special thanks to the many clubs who have contributed their ideas and projects. We believe that when clubs are healthy, strong, and active, membership will increase and member retention will not be an issue. Our effort is to help every club be healthier in Multiple District 36.

Resources

The following resources are available on the MD website www.lionsoforegon.org and may be downloaded that may contribute to the success of your club.

- Club Open House Guide
- Club Lion Tamer Resource Guide
- Club President Resource Guide
- Club Secretary Resource Guide
- Club Tail Twister Resource Guide
- Club Treasurer’s Resource Guide
- How To Become An Expand The Horizon Club
- How To Use The Healthy Club Toolbox
- Mentoring Checklist
- Model Release Form
- New Member Orientation Guide
- Recipes For Success Booklet

We hope this document will help your club to grow and provide greater service to your community.

Lions Mission Statement

- To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation.

Lions Code of Ethics

- To show my faith in the worthiness of my vocation in industrious application to the end that I may merit a reputation for quality of service.
- To seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.
- To remember that in building up my business it is not necessary to tear down another’s; to be loyal to my clients or customers and true to myself.
- Whenever a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.
- To hold friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.
- Always to bear in mind my obligations as a citizen to my nation, my state and my community, and to give them my unswerving loyalty in word, act and deed. To give
- them freely of my time, labor, and means.
- To aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.
- To be careful with my criticism and liberal with my praise; to build and not destroy.

Six Key Elements Common to Healthy and Strong Lions Clubs

- A Major Community Service Project
- A Major Fund Raising Project
- A Strong Public Relations Program
- Well-Organized Club Meetings *(that are stimulating, informative, and fun)*
- A Strong Team Spirit *(a high percentage of members attend meetings and participate in club activities)*
- A Well-Organized Member Recruiting and Retention Program

Five Steps to Success

Every club project, whether service or fundraising, involves similar steps for success as follows:

- **Step 1. Develop an Action Plan.** *(What do you want to accomplish?)*
- **Step 2. Establish specific goals.** *(How much money do you want to raise? What do you want to achieve with service? How will you spend the funds? Who will be impacted by the project?)*
- **Step 3. Who will do what?** *(Who will be in charge? Who will perform specific duties?)*
- **Step 4. What specifically needs to be done?** *(What are the specific tasks that must be accomplished?)*
- **Step 5. Evaluate.** *(How did you measure success? Did you achieve the goals of the project? Did the results justify the investment of time and money?)*

What is the “Expand the Horizon” program?

The “Expand the Horizon” program is a plan that was created to respond to a task force that was concerned about the decline in membership in our multiple district (MD). The task force identified seven areas that were selected for primary focus: Membership, Public Relations, Funding, Retention, Extension, Awards, and Conventions. The purpose of the program is to assist clubs and the MD in achieving service and membership goals. Service clubs are facing new and demanding challenges in a rapidly changing society impacted by a world economy and demographics. Working together and supporting each other we can increase our membership and provide increased service in our communities that will improve the quality of life for others. We hope this document will help your club become healthier and improve the quality of life in your community.

How to become an “Expand the Horizon Club”

- Step 1** - Establish 2 to 4 club goals for your club
- Step 2** - Visit the MD 36 website www.lionsforegon.org and review the resources.
- Step 3** - Be a confident word-of-mouth Lion Ambassador
- Step 4** - Increase the club membership
- Step 5** - Get connected *(network with another club; participate in Zone, district, and MD projects and functions)*
- Finally** - Notify your District Governor that you want to be designated as a “Horizon Club”

TIP



Create a loose-leaf notebook for every project that contains planning documents, action plans, suggestions for improvement and specific information regarding the project that can be passed on to the next chairman.

Club Meeting Management

- Always have an agenda
- Send minutes and agenda to members by email
- Limit meeting to one hour
- Allow guest program minimum of 20-30 minutes
- Do not allow tail twister to interfere with meeting progress
- Always have fun at meetings
- Provide printed agenda and minutes for members at meeting
- Print minutes on reverse side of agenda
- Have sign in sheet for member attendance
- Follow Robert's Rules of Order

Suggested Agenda

- Call meeting to order (*on time*)
- Invocation
- Pledge of Allegiance
- Introduction of Guests
- Approval of minutes (*printed on reverse of agenda*)
- Financial report (*once per month*)
- 50/50 ticket sales and tail twister activities (*10 minutes*)
- Program (*20-30 minutes max - adult attention span is about 15-20 minutes unless controversial issue*)
- Committee reports
- Old Business
- New Business
- Auction (*donated items auctioned for admin fund*)
- Happy Bucks (*members donate \$1 to explain why they are happy or sad for Admin fund*)
- 50/50 drawing
- Entertaining stories (*if time*)
- Adjourn (*on time*)

Robert's Rules of Order Simple Parliamentary Procedure

- Do only one thing at a time.
- The majority rules.
- The minority must be heard.
- Justice and courtesy for all.
- The purpose is to facilitate action, not obstruct it.
- Always state the exact wording.
- Always indicate clearly how a vote is to be taken. Never call for the "usual sign".
- Always call for the negative vote saying, "those opposed say No".
- Adoption of an amendment does not mean adoption of the main motion. Remember to state the main motion as amended.
- Discussion of a motion is not in order until the chairman has stated the motion.
- The chairman does not enter into the discussion but is entitled to vote.

Parliamentary procedure is the **best** way to get things done at your meetings. However, it only works if you use it properly.

- Allow motions that are in order
- Have members obtain the floor properly
- Obey the rules of debate
- Most importantly, be courteous

The method used by members to express themselves is in the form of a motion. A motion is a proposal that the entire membership can act on. Individual members can:

- Make a motion
- Second a motion
- Debate a motion
- Vote on motions

Purpose of a Motion

- A Main motion brings before the Board or membership for consideration
- Subsidiary motions are for the purpose of modifying or dispensing with the Main Motion under consideration.
- Privileged Motions have no connections with the main motion, but are of such importance as to demand immediate consideration
- Incidental Motions are those miscellaneous motions that cannot be placed in any of the three groups listed above

Six Steps to Every Motion

- A member is recognized, stands up, and moves a motion
- Another member seconds the motion
- Without rewording , the presiding officer states the motion
- Members debate the motion (amendment and secondary motions)
- Presiding officer asks for the affirmative votes, then the negative votes, and then the abstentions
- Presiding officer announces the result of the voting

Protocol

Protocol, is simply put, etiquette. Protocol is all about respect. It is what you say and how you say it. By following protocol, people respect other people-individually and in groups. Intelligent, well-informed Lions respect and recognize their fellow Lions who have served in a leadership capacity. Respectful Lions, therefore, recognize proper rules of etiquette related to the dignity of official capacity-generally defined as protocol.

Our clubs, zones, districts and Lions International have been blessed with outstanding leaders. These leaders devote a major portion of their lives to Lionism in service to other people. They merit the proper respect and recognition for the capacity in which they have distinguished themselves. Protocol then, is merely a “salute to those whom we have elected” or saying “thanks”-for everything you have done, and are doing in representing us in this movement called “Lionism”.

In general, Protocol is the rules for correct behavior in ceremonies, deference to rank and in general, Protocol relates to many things:

- Reception and entertainment of Lion dignitaries, especially international officers and past officers.
- Proper respect to and recognition Of Lion dignitaries.
- Introduction of dignitaries at meetings and special occasions.
- Visitations of District Governors
- Seating arrangements at conventions, charter nights, banquets and other occasions.
- Respect for speakers
- Tail twisting
- Public relations
- Proper attitude and behavior-**Manners**.

Action Plan Form

Following is an **Action plan chart** that may be used in planning fund raising and service projects.

Action Plan Chart

What is the Goal?

How/What? (Action item and steps)	Who? (Person responsible)	When? (Target dates)	Indicator of success (How will we know each action step is accomplished?)

SERVICE PROJECTS

1. Meals on wheels

Club delivers meals to shut-ins. Schedules are prepared in advance and meals are delivered by teams of two. Not a difficult project but members need to be able to walk and climb stairs.

- **Club:** Eugene Downtown Lions Club
- **Level of difficulty:** 2
- **Cost:** none
- **Contact:** Len Calvert - 1062 Woodside Drive - Eugene, OR 97401 - Phone: 541-686-2697 - email: Lenjcal@comcast.net

2. Delta Ponds Restoration

Club works four times per year helping to eliminate non-native plants, protect desirable plants from predation by nutria and beavers, plant native plants, pick up trash, and participate in habitat studies.

- **Club:** Eugene Downtown Lions Club
- **Level of difficulty:** 4
- **Cost:** None
- **Contact:** Jim Newton - 1905 Filmore St - Eugene, OR 97401 – phone 541-342-8275 – email: jnewton_msn.com

3. Pocket Park maintenance

Club helps maintain a small corner of Amazon Park called the “Pocket Park”, adjacent to a popular biking, running, walking trail. Jobs include weeding, mowing, planting, edging, periodic painting and in general keeping the park attractive and neat.

- **Club:** Eugene Downtown Lions Club
- **Level of difficulty:** 3
- **Cost:** None
- **Contact:** Marion McDow - 1625 Hayes St - Eugene, OR, 97402 – phone: 541-687- 9405

4. Flags

This is a joint project with the Boy scouts. Businesses subscribe for flag service at \$35/year. Lions drill hole, purchase holders and flags and Boy Scouts install flags up on holidays and special occasions and Boy Scouts receive \$1 per flag per installation.

- **Club:** Portland Oaks Bottom Lions Club
- **Level of Difficulty:** 5
- **Cost:** Outlay for flags, poles drill and liners
- **Contact:** Ron Shaw - 705 SE Nehalem - Portland, OR 97202 – phone: 503-233-6733; (C) 503-231-4911 – email: Kikashaw@comcast.net

5. Tag Sale (Garage Sale)

Conduct a garage sale of donated items. Manpower includes storing, pricing, manning sale, and cleanup

- **Club: Portland Oaks Bottom Lions Club**
- **Level of Difficulty: 4**
- **Costs:** Site rental, advertisement, pricing supplies
- **Contact:** Fran Shaw - 705 SE Nehalem - Portland, OR 97202 – phone: 503-231-4911 – email: kikashaw@comcast.net

6. Wine Raffle

Club obtains wine from local wine buyer at a discounted price and sells raffle tickets.

- **Club: Portland Oaks Bottom Lions Club**
- **Level of Difficulty: 4**
- **Cost:** Cost of wine and tickets
- **Contact:** Ron Shaw - 705 SE Nehalem - Portland, OR 97202 – phone: 503-231-4911 – email: kikashaw@comcast.net

7. Mobile Health Screening Unit

Club assists with sponsorship and support of mobile health screening unit (MHSU) in area. Unit scheduled by contacting Oregon Lions Sight and Hearing Foundation (Brenda Anderson for Scheduling).

- **Club:** Portland Oaks Bottom Lions Club
- **Level of difficulty: 3**
- **Costs:** Contact OLSHF for current fees
- **Contact:** Ron Shaw - 705 SE Nehalem - Portland, OR 97202 – phone: 503-231-4911 – email: kikashaw@comcast.net

8. Annual Canned Food Drive and Food Basket delivery

This is a joint project with the Milwaukie Elks Club and students of the N. Clackamas Schools. Schools collect canned food during the 1st two weeks of December. Elks/Lions secure a 20,000 sq ft bldg (donated) and pickup food from schools on 3rd week of Dec. Lions/Elk purchase turkeys, chickens, produce, and bread. Delivery is by all club members with help from school staff and students on Saturday before Christmas.

- **Club:** Milwaukie Lions Club
- **Level of difficulty: 5**
- **Manpower needs:** 100 at times
- **Cost:** \$5000
- **Contact:** Dennis Tichenor, Milwaukie Lions Club – phone: 503-653-3988 – email: dennis@etsi.ws

9. Adopt-a-Christmas Family

Club contacts School principal at a low income school in area to provide name of a deserving family. Club gets a reasonable wish list from the family and purchases items with budgeted funds and member donations.

- **Club:** Portland Oaks Bottom Lions Club
- **Level of Difficulty:** 3
- **Costs:** Budget \$300/family
- **Contact:** Ron Shaw - 705 SE Nehalem - Portland, OR 97202 – phone: 503-231-4911 – email: kikashaw@comcast.net

10. Easter Egg Hunt

Local neighborhood Assn. purchases candy eggs and bunny suit. Club provides manpower, gets park permit, spreads eggs, gets area cordoned off, and cleans up. Also gets someone to wear bunny suit. Distributes Lions information.

- **Club:** Portland Oaks Bottom Lions Club
- **Level of Difficulty:** 2
- **Costs:** None
- **Contact:** Ron Shaw - 705 SE Nehalem - Portland, OR 97202 – phone: 503-231-4911 – email: kikashaw@comcast.net

11. Donate a meal for Homebound Seniors

In Washington, Multnomah, and Clark counties Lions volunteer to pass out cards at selected super markets that customers may take to the checkout register and donate one meal for a day, a week, or a month. The cost is added to their grocery bill.

- **Club:** King City Lions Club
- **Level of difficulty:** 1
- **Manpower needs:** 2 per shift
- **Cost:** None to Lions
- **Contact:** Gail Anderson - 7710 SW 31st Ave - Portland, OR 97280 – phone: 503-953-8114 – email: ganderson@efcpdx.org

12. Serve Dinner at Homeless Shelter

Club serves dinner once every quarter for 35 family residents at the Good Neighbor Center Homeless Shelter. Meals are ordered from Loaves and Fishes and delivered to the Tigard Senior Center, heated in their ovens and served family style.

- **Club:** King City Lions Club
- **Level of difficulty:** 2
- **Cost:** \$140.00
- **Contact:** Heidi (6:00 AM to 2:00 PM) - 11070 SW Greenburg Rd - Tigard, OR 97223 – Phone: 503-443-6084

13. Convalescent Equipment Loan

Club loans out wheel chairs, walkers, canes, crutches, bathroom shower benches, grab bars, to seniors in retirement centers. Voluntary contributions are requested for repairs, replacement equipment, etc or they can purchase for ¼ to 1/3 the cost.

- **Club:** King City Lions Club
- **Level of difficulty:** 1
- **Manpower:** 1-3 Lions for pickup and delivery
- **Cost:** \$400-500 /year
- **Contact:** Jim Armour - 12180 SW King Richard Dr. - King City, OR 97224 – Phone: (C) 503-916-9542 - email: paramour@comcast.net

14. Bingo party for Gales Creek Diabetic Children

Club provides a bingo party for young campers with everyone getting a prize. Club members then stay for dinner and the evening campfire.

- **Club:** Portland Nob Hill Lions Club
- **Costs:** \$35 (for prizes)
- **Level of Difficulty:**2
- **Contact:** Portland Nob Hill Lions Club

15. Halloween Party for Residents of Salvation Army West Women's and Children's Shelter for abused and homeless Women

Club provides an enjoyable day of hay rides, pumpkin painting and a picnic at the heritage farm in Scholls.

- **Club:** Portland Nob Hill Lions Club
- **Difficulty:** 3
- **Costs:** \$100 van rental, \$60 Food, \$50 Misc supplies
- **Contact:** Portland Nob Hill Lions Club

16. Holiday Food and Toy Basket Sorting and Delivery with the Milwaukie Lions Club

Sort and deliver bags containing donated and purchased food and toys to needy families in the Milwaukie area.

- **Club:** Portland Nob Hill Lions Club
- **Difficulty:** 3
- **Costs:**\$300
- **Contact:** Portland Nob Hill Lions Club

17. Sponsor Mobile Health Screening Unit at the Native American Rehabilitation Assoc treatment center for Alcohol and drug addiction

Club sponsors Mobile Health Screening Unit to screen inpatients at the treatment facility to identify medical problems.

- **Club:** Portland Nob Hill Lions Club
- **Difficulty:** 3
- **Costs:** Contact OLSHF for current costs (Brenda Anderson)
- **Contact:** Portland Nob Hill Lions Club

18. Camp Taloli and Gales Creek Camp Cleanup

Club joins with other clubs and organizations to cleanup and prepare camps for summer campers.

- **Club:** Portland Nob Hill Lions Club
- **Level of Difficulty:** 1
- **Costs:** None
- **Contact:** Portland Nob Hill Lions Club

19. Beach Cleanup

Club joins with other organizations and individuals in the annual SOLV Spring Beach cleanup followed by a club social dinner.

- **Club:** Portland Nob Hill Lions Club
- **Level of Difficulty:** 2
- **Costs:** None
- **Contact:** Portland Nob Hill Lions Club

20. Mission Cataract

The goal of Mission Cataract is to provide pre-screened and pre-qualified low-income individuals with premier cataract surgeries.

Participating Lions Clubs and Oregon Lions Sight and Hearing Foundation help to identify individuals in need of cataract surgeries, then team with an ophthalmologist to perform the surgery.

- **Club:** Beaverton Lions Club
- **Level of difficulty:** 4
- **Cost:** 0-\$300
- **Contact:** _David Rich, PCC - 8709 SW Marseilles Drive - Beaverton, OR 97007 – phone: 503-649-1751 or 503-577-8315 – email: davidcrich@comcast.net

21. Stars and Stripes

Club places in front of participating businesses on 10 patriotic holidays. The flags are 6 feet tall and are placed in hole drilled in the sidewalk.

- **Club:** Forest Grove Lions Club
- **Level of difficulty:** 3
- **Cost:** \$20 per flag (flag, pole and hardware)
- **Contact:** Rich and Linda Barnett - 1300 Pioneer Way - Forest Grove, OR 97116 – phone: 503 992-1236 - email: richandlindab@comcast.net

22. State Legislature Visitation

Club provides transportation for High school students to observe the Oregon legislature and committees in session. Students get a guided tour of the capitol, lunch, and a question and answer time with local legislators.

- **Club:** Cloverdale/Nestucca Valley Lions Club
- **Level of Difficulty:** 2
- **Cost:** \$500 (Bus and Lunches)
- **Contact:** Frank Brawner – phone: 503 392-4143 - email: frankjan@oregoncoast.com

23. Adopt A School

Each month club takes something to school such as school supplies, coats, socks, etc. Do flags for first graders. Sponsor a read-a-thon with prizes. Do a “Bunny Backpack Program”.

- **Club:** Milwaukie Lions Club
- **Level of Difficulty:** 2
- **Cost:** \$200-\$500/year
- **Contact:** Dennis Tichenor - 12444 SE Spencer Ct - Portland, OR 97086 – phone: 503-705-3934 - email: dennis@etsi.ws

24. State Highway Cleanup

Club picks up trash along 4-lane highway south of Junction City.

- **Club:** Junction City Lions Club
- **Level of difficulty:** 2
- **Costs:** none
- **Contact:** Chuck Cook - 95347 Hwy 99E - Junction City , OR – phone: 541-998-1345 - email: papalovy@yahoo.com

25. Christmas Dinner and Toy Drive

Club sponsors dinner and collects toys for local children ages 0-18

- **Club:** Mt Hood Lions Club
- **Level of Difficulty:** 5
- **Costs:** \$700
- **Contact:** Mt Hood Lions Club - PO Box 74 - Welches, OR,97067 – phone: 503-622-4111 – email: mthoodlionsclub@AOL.com

26. Reading is Fundamental

Club distributes several hundred books to Welches Primary students. Provides increased involvement with school and teachers. Spend one day reading to classes and serving snacks.

- **Club:** Mt Hood Lions Club
- **Level of Difficulty:** 3
- **Costs:** unknown
- **Contact:** Mt Hood Lions Club - PO Box 74 - Welches, OR,97067 – phone: 503-622-4111 – email: mthoodlionsclub@AOL.com

27. Medal of Merit Award Dinner

Club selects a person who is worthy of this award and a charity that will appeal to everyone. They compile a list of people who will attend. They send out invitations requesting people to purchase a table and follow up with a phone call to those who do not respond. They send out news releases for media coverage. This can be a great fundraiser as well as a community service project. Provides great publicity for the club.

- **Club:** Vancouver Chinatown Lions Club
- **Level of Difficulty:** 4
- **Cost: Unknown**
- **Contact:** Lion Paul Wong - 6762 Neal St,- Vancouver, BC V6P 3N5 Canada – **phone:** 604-324-4093 - email: wongpaul@shaw.ca

28. Flags

Club installs and takes down approximately 250 flags on specified holidays and special occasions lining both sides of the main street. Project is funded by donations from local businesses. Provides great public relations for the club and great visibility.

- **Club:** Sutherlin Lions Club
- **Level of Difficulty:** 3
- **Cost:** none
- **Contact:** Richard Smith - Box1003 - Sutherlin, OR 97479 – phone: 541-459-3914 - email: RAS39@Q.com

29. Fall Festival

Club organizes and coordinates activities sponsored by various organizations (Chamber of Commerce, VFW, Rotary, American Legion, Fire Dept, etc.) that conduct a wide variety of fun activities on Halloween. Organizations also provide information tables with information about their organization that promotes membership.

- **Club:** Sutherlin Branch Lions Club
- **Level of difficulty:** 3
- **Cost: Unknown**
- **Contact:** Carrie Swesso - 2222 Nonpariel Rd - Sutherlin, OR 97479 – phone: 541-459-5854 - email: cls24@hotmail.com

30. Take Care of Sutherlin Day

The Club initiated and coordinated one day in which organizations (churches, school, Americana legion, VFW, Rotary etc) accepted a project to cleanup/fixup the city. The club served as the organizer and catalyst for the project and sold hot dogs and hamburgers to the volunteers.

- Club: Sutherlin Evening Branch Club
- Level of Difficulty: 2
- Cost: none
- Contact: Carrie Swesso - 2222 Nonpariel Rd - Sutherlin, OR 97479 – phone: 541-459-5854 - email: cls24@hotmail.com

31. Senior Breakfast

The club prepared and served a free breakfast for area seniors on New Year's Day in cooperation with the Senior Center.

- Club: Central Lions Club
- Level of Difficulty: 2
- Cost: Less than \$700
- Contact: Rod Bach email: rodbach@netscape.net

32. Homeless Connect

Annual event where homeless are brought together from the county to receive assistance. The local Lions Club has the MHSU that screens the event participants for medical/health issues. A grant from the local Wal-Mart provided the money to help fund sight and Hearing assistance for the needy people.

- Club: Newport Lions Club
- Level of Difficulty: 3
- Cost: \$4,000
- Contact: Newport Lions Club – POB 457 – Newport, OR 97365 – phone: 541-270-7514 – email: bquick99@gmail.com

33. Food Rescue Express

Volunteer once a month to repackage food for Lane County Food from restaurants, distributors, cafeterias, grocery stores. 1400-1500 lbs of food monthly. Good for new members. Fun, fellowship & service.

- Club: ?
- Level of Difficulty: 3
- Cost: none
- Contact: ?

34. Vials of Life

Assist fire dept, 911 rescue workers, emergency workers. Contact info in a pill bottle distributed to all community members. Owners fill out form (contact info, meds they take, etc.) and keep in refrigerator. One per household member. Pink sticker on door of home and refrigerator.

- Club: Waldport Lions
- Level of Difficulty: 1
- Cost: Pill containers
- Contact: Waldport Lions – POB 660 – Waldport, OR 97394

35. Easter Egg Event/Developmentally Challenged

Conduct Easter Egg Hunt. Take pictures w/Easter Bunny for them. For developmentally challenged individuals

- Club: Hermiston Lions Club
- Level of Difficulty: 1
- Cost: \$100
- Contact: Bev Bridgewater – 25 Cliff Drive – Umatilla, OR 97882 – 541-922-4926 – email: bbridge@oregontrail.net

36. Transportation to Eye Appointments

Club members donate time to transport people to eye appointments both in town and out of area.

- Club: Pendleton Lions
- Level of Difficulty: *blank*
- Cost: none
- Contact: Bill Taylor – Pendleton Lions – POB 302 – Pendleton, OR 97801

37. Community Fireworks show

Organizes and sets off fireworks over Columbia River

- Manpower needs: ?
- Cost: \$15000 Show, \$300 permits
- Contact: Erma Hickman, Prres, Hood River Eyeopeners

The following Service ideas have been downloaded from the LCI website (www.lionsclubs.org)

1. *Club/District:* Coppell Lions, Texas, USA, - District 2-X1

Description: Club members collected 2,400 toys for needy children.

Contact: Lion David at Shoudel@comcast.net

2. *Club/District:* California, USA, Districts 4-L5,4-L6

Description: Lions helped to serve more than 1,000 meals to wildfire evacuees.

Contact: Lion ScottLeslie at: scott4l6lion@cox.net

3. *Club/District:* Sandstone Quarry Lions, Minnesota, USA, District 5-M8

Description: Lions teach a monthly memory improvement program to local seniors.

Contact: Lion Donna Orstad at: orstadacres@pinenet.com

4. *Club/District:* Belle Fourche Lions, South Dakota, USA, District 5-SW

Description: Club members built nine picnic shelters for city parks.

Contact: Lion Rick Walton at: rwalton@rushmore.com

5. *Club/District:* Bastrop Lions, Louisiana, USA, District 8-1

Description: Lions helped to organize a holiday food drive for needy local residents.

Contact: Lion Neal Adams 318-281-8445

6. *Club/District:* Fairview Township Lions, Pennsylvania, USA, District I4-C

Description: Lions refurbished 29 used bicycles and gave them to needy children.

Contact: Lion Russ Bahn at: rbahn@aol.com

7. Club/District: Markesan Lions, Wisconsin, USA, District 27-BI

Description: Lions donated materials and labor to install the plumbing in a Habitat for Humanity home.

Contact: Lion John Gardner at: jgardner@robin2.com

8. Club/District: Turkey, District 118-T

Description: Lions annually provide 1,000 residents of the Lions Home for the elderly with health screenings and seminars about health, personal development, education, and social activities.

Contact: Lion Oma Sebuk at: osebuk@superonline.com

9. Club/District: India, District 323-D2

Description: Twenty-five Lions clubs provided basic medical care, distributed eyeglasses and information on family planning, AIDS, and pre-natal care for more than 23,000 residents of their adopted villages.

Contact: Past District Governor Dr. Jyoti Toshniwal at: drjatoshniwal@yahoo.co.in

~ **Diabetes Awareness Projects**

10. Club/District: California, USA, District 4-N

Description: Lions sponsor the attendance of local medical professionals and teachers to a diabetes program/course.

Contact: Lion Don Owens at: dootag2@nvgbell.net

11. Club/District: Pennsylvania, USA, Districts 14-B, 14 E

Description: Lions established a diabetes education/ treatment center used by more than 1,000 residents.

Contact: Lion Michele Matuch at: baichm@upmc.edu

12. Club/District: Grand Cayman Lions, Cayman Islands, District 60-B

Description: First, the club created a brochure about diabetes for children. Then, club members distributed the diabetes brochure to students in local schools.

Contact: Lion Donnell O'Sullivan at: donsullio@gmail.com

13. Club/District: Pakistan, District 305-N2

Description: Lions provided free diabetes screenings and medication to 120 local residents.

Contact: Lion Aneel Sarfraz at: info@softtech4u.com

~ **Environmental Services Projects**

14. Club/District: Prescott Noon Lions, Arizona, USA, District 21-C

Description: Twice weekly, Lions collect, sort, and load used newspapers onto conveyors for recycling. A local home contractor uses the recycled paper for insulation. Since 1991, Lions have recycled more than 53 million pounds of paper.

Contact: Lion Adrian Langhus at: adelang@earthlink.net

15. Club/District: Pine Creek Valley Lions, Delaware, USA, District 22-D

Description: On a regular basis, the Lions remove debris from a section of a local highway.

Contact: Lion Bill Bowden at: mschlege@comcast.net

16. Club/District: Canakkale and Gemlik Lions, Turkey, District 118-R

Description: The Lions plant 10,000 trees each year. The project has resulted in a national forest financed by a local company.

Contact: Lion Belgin Baser at: izmirbaharlions@yahoo.com

17. Club/District: India, District 323-D2

Description: Lions compost refuse from a local festival. Authorities now require shopkeepers to use paper bags instead of plastic bags during the festival.

Contact: Lion Jayshree Mehta at: mscassociates@rediffmail.com

18. Club/District: Sfax Thyna Lions, Tunisia, District 414

Description: With a Global Environment Facility Grant from the United Nations Development Programme (UNEP), the Lions help local residents catalog indigenous plants and animals.

Contact: Lion Ridha Ketata at: ridha.ketata@planettn

~ Hearing and Speech Action and Work with the Deaf Projects

19. Club/District: California, USA, District 4-LI

Description: The Lions foundation recycles and distributes hearing aids. Lions have created a network of licensed audiologists who provide free or reduced fee medical care for approximately 1,000 local residents.

Contact: Lion Marva Murphy at: marvamurphy@earthlink.net

20. Club/District: Virginia, USA, District 24-A

Description: From a mobile van, Lions provide free hearing, sight, glaucoma, and blood pressure screenings for local residents.

Contact: Lion Doc Plummer at: bpvolwk@msn.com

21. Club/District: New York, USA and Bermuda, Multiple District 20

Description: Lions sponsor a summer camp program for youngsters with special needs.

Contact: lionscampbadger@infoblvd.net

22. Club/District: Slovakia, District 122

Description: Lions provided five hospitals with hearing screening equipment for newborn babies.

Contact: Lion Tibor Bucek at: bucek@novosedliksro.sk

22. Club/District: Malaysia, District 308-B 1

Description: The Lions sponsor an annual chess competition for persons who are hearing, visually, or physically impaired.

Contact: Lion Angie Ng at: ainooi@maybank.com.my

~ International Relations Projects

23. Club/District: Sweden, District 101-SM

Description: Lions provide financial support and have improved an orphanage for 300 children in Lithuania. The orphans are also invited to attend the Swedish Lions' summer camp.

Contact: Lion Per-Anders Ekdahl at: lions@sbgb.se

23. Club/District: Germany, District III-BN

Description: Lions in Germany provide medical equipment, clothing and other supplies for a nursing home and hospital in Romania.

Contact: Lion Werber Siegfried at: werbers@freenet.de

24. Club/District: Australia, District 201-V2

Description: Australian Lions have adopted a village on the island of East Timor. The Lions donated supplies and labor to improve a school and a hospital. The Lions have arranged 15 cataract operations, 1,500 vision screenings and 400 pairs of eyeglasses.

Contact: Past District Governor Syd Gregory at: doggone@iinet.net.au

25. Club/District: Mt. Prospect Lions, Illinois, USA, District 1-F
Description: The Lions mobilized other local Lions clubs to provide assistance to Lions affected by Hurricane Katrina, a storm that affected the Gulf Coast of the US.
Contact: Lion Frank Slove at: LionFrankSlove@comcast.net

~ **Lions Opportunities for Youth Projects**

26. Club/District: Ohio, USA, District 103-D
Description: Lions provide soft teddy bear toys to local law enforcement for presentation to children during an emergency.
Contact: Lions Richard Albrecht at: blueridge52@earthlink.net

27. Club/District: Hungary, District 119
Description: Lions donated a kitchen, 16 beds, and a meeting room for parents of children undergoing treatment for leukemia at a local clinic.
Contact: Lion Lajos Elekes at: veghelyi.e@vnet.hu

28. Club/District: Republic of Sri Lanka, District 306-A 1
Description: Lions arranged for and finance a computer center. The Lions pay the teacher's salary and provide free instruction for 2,000 students.
Contact: Lion Shyana Wijyaratne at: mkt@sriJanka.net

29. Club/District: Port Shepstone Lions, Republic of South Africa, District 410-C
Description: The club organizes an annual leadership retreat for 40 high school students.
Contact: Lion Robert Harley at: rob@curnowgarrun.co.za

30. Club/District: Kenya, District 411-A
Description: Lions developed and maintain a nursery, primary and secondary school for 1,500 students. The Lions offer 40 scholarships.
Contact: Lion Sushi Shah at: chuchi@africaonline.co.ke

31. Club/District: PublicTanzania, District 411-B
Description: Lions have arranged free surgeries for 120 Tanzanian children with heart conditions.
Contact: Lion Firoz Bandali at: zishan20@hotmail.com

~ **Sight Conservation and Work with the Blind Projects**

32. Club/District: Mission Viejo Lions, California, USA, District 4-L4
Description: The Lions arranged for a donation of 55,000 eyeglasses to the Lions in Sight Foundation (eyeglass recycling center) of California and Nevada.
Contact: Lion Pat Rizco at: patrz@cox.net

33. Club/District: Connecticut, USA, District 23-A
Description: Lions and Leos read newspapers and magazines over the radio for the benefit of more than 73,000 visually impaired persons who reside within the listening area.
Contact: Lion Frank P. Molinaro at: frank.m@molinaro-insurance.com

34. Club/District: Connecticut, USA, District 23-C
Description: District Lions provide Thanksgiving dinner for residents of a center for the blind.
Contact: Lion Laura Rowe at: laurarowe@att.net

35. Club/District: North Carolina, USA, Multiple District 31
Description: The North Carolina Lions own a camp used annually by 1,150 blind or visually impaired persons.
Contact: Lion Sandy Lazenby at: sandy@nclf.org

Fundraising Projects

Use of Funds and Information

How Funds are Raised

Administrative Funds -(Dues, rental fees, fines, advertisement in newsletters to Lions)-These funds may be used for both public service projects or administrative expenses of the club.

Public (Project) (any fundraising event open to the public, public contributions and bequests)-These funds must be only used for public projects and not administrative expenses.*

**Note: Direct expenses may be deducted from a public fundraiser to replenish the administrative account. Also, if a lion building is used to meet the needs of the community at large, the club may deduct an amount of the proceeds of each activity held at the club house to go towards the operating expenses of the building.*

Administrative Fund:

Administrative funds are supported through contributions from Lions through dues, fines and other individual contributions. It is possible for Lions Clubs to fund their administrative account in the following manner:

- Private fundraising activity limited to Lions Clubs members and spouses
- Advertisement proceeds for Club Newsletters
- Donated member compensation for work as individual citizens at non-lion events, while not dressed or identified as Lions
- Deduct direct operating expenses of a fundraiser
- If the Lion building is used to meet the needs of the community at large, the club may deduct an amount of each activity held at the clubhouse to go towards the operating expenses of the building.

Public (project) Funds:

All funds raised from the public must be returned to public use, including money accumulated from invested public funds. These funds may not be used for administration, to benefit a member, or for travel and meeting expenses for conventions.

1. Charbonneau/Milwaukie Lions Golf Tournament

Club obtains Tee box sponsors with fee based upon size of the sign. Both clubs get golfers/teams to pre-register. Shotgun start after provided lunch and teams play best ball. Income and expenses shared by both clubs.

- **Level of difficulty:** 3
- **Manpower:** 12
- **Potential Revenue:** \$5,500
- **Contact:** Tom Hammond - Milwaukie Lions Club - 503-659-7874 - email: jthammond@comcast.net

2. Spaghetti Dinner

Club conducts a spaghetti dinner to raise funds for Sandy High School Scholarships.

- **Level of Difficulty:** 5
- **Cost:** \$700
- **Contact:** Mt Hood Lions Club - phone: 503-622-4111 - email: Mthoodlionsclub@AOL.com

3. 4th of July Chuck wagon Breakfast and Turkey shoot

Eggs, pancakes, sausage, bacon, juice breakfast followed by turkey shoot. Frozen turkeys given to best target shoot.

- **Level of difficulty:** 5
- **Cost:** \$600-\$1000
- **Contact:** Mt Hood Lions Club - phone: 503-622-4111 - email: Mthoodlionsclub@AOL.com:

4. Friday Night Bingo

Operates Bingo 26-28 weeks during fall and winter. Need gaming equipment and license from State Gaming Commission. Also serve Nachos, hot dogs, polish sausage, candy, pop, etc. Raises funds for student scholarships.

- **Level of difficulty:** 5
- **Cost:** \$500-set-up
- **Contact:** Floyd and Shirlee Savage - Phone: 503-622-4111 - email: 22savages@aol.com

5. Monday Night Bingo

Operates a bingo game each Monday night. Funds are used to assist various community organizations.

- **Level of difficulty:** 4
- **Cost:** Equipment
- **Manpower needs:** 5 each night
- **Contact:** D Newhart - phone: 503-261-1709 - email: bizal@msn.com

6. Chicken BBQ

Club conducts 2 BBQ's per year with presale tickets. Members sell tickets.

- **Level of difficulty:** 4
- **Manpower needs:** 35
- **Potential Revenue:** \$6,000-\$8,000 per event
- **Startup Costs:** \$1,500
- **Contact:** Chuck Cook - Junction City Lions Club - phone: 541-998-1345 - email: papalovy@yahoo.com

7. Community Birthday Calendar

Professionally printed pictorial birthday calendar. Secure advertisements from local businesses. List over 1500 birthdays, anniversaries, sports, and community events.

- **Level of difficulty:** 3
- **Manpower needs:** 5-15 depending on scope
- **Potential Revenue:** \$3,600-\$5,000
- **Startup costs:** None-gas and postage donated
- **Contact:** Sandy Hanneman - Cloverdale Nestucca Valley Lions Club - phone: 503-965-6004 - email: shanneman@wcn.net

8. Sees Candy Sales

Club sells sees Candy from trailer located in Bi-Mart parking lot. Sales start at thanksgiving and finish at Christmas. Two hour shifts with operations from 10-6 each day.

- **Level of Difficulty:** 3
- **Manpower needs:** One per shift
- **Potential Revenue:** 35% of sales
- **Startup costs:** Varies based on total sales
- **Contact:** Doug Brink – Sutherlin Lions Club - phone: 541-229-0302 - email: dcoregon@yahoo.com

9. Community Flags

Club puts up and takes down American flags on all major holidays. Solicit \$25 donation from businesses by letter each September following 9/11 or veterans day.

- **Level of difficulty:** 3
- **Manpower Needs:** Varies
- **Potential Revenue:** \$1,000-\$1,500
- **Startup costs:** Cost of flags and holders
- **Contact:** Richard Smith - phone: 541-459-3914 - email: RAS39@Q.com

10. Christmas Tree recycling

Christmas trees and wreaths are accepted for recycling on the first weekend following New Year's day. Donations of \$5 per tree and \$3 wreath are accepted for trees drop off at the recycling location. A donation of \$20/tree is requested if the tree is picked up from a home or business.

- **Level of difficulty:** 3
- **Manpower:** 10
- **Costs:** Members donate vehicle costs
- **Contact:** Portland Nob Hill Lions Club

11. Coffee and Tea Sales

Five lb. bags of coffee and 2 lb. bags of tea are purchased at wholesale prices from Coffee Bean International and then resold for \$1/lb over wholesale costs. Coffee and Tea sales are done all year round.

- **Level of difficulty:** 2
- **Manpower:** Club members
- **Costs:** Wholesale purchase price
- **Minimum order** of 20 lbs per order
- **Club:** Portland Nob Hill Lions Club
- **Contact:** Coffee Bean International - 2181 NW Nicolai Street - Portland, OR 97210 - phone: 503-227-4490

12. Beer and Wine Tasting

Tickets are sold for tastings of beer and wine, accompanied by complimentary samples of foods that go with the beverage.

- **Level of Difficulty:** 2
- **Manpower:** Members sell tickets
- **Costs:** Vendor charges
- **Club:** Portland Nob Hill Lions Club

13. Calendar Sales

Club members sell scenic Oregon calendars from Falling Leaf publishing. Calendars are purchased for \$3.50 and sold for \$10 each or 3 for \$25.

- **Level of Difficulty:** 2
- **Manpower:** Members for sales
- **Costs:** Whole sale costs
- **Club:** Portland Nob Hill Lions Club
- **Contact:** Falling Leaf Publishing - P.O. Box 821 - McMinnville, OR 97128 - phone: 503-435-1285 - email: www.fallingleafpub.com

14. Run/Walk for Sight

Club conducts a 5K run/walk each fall. Sell ads to local businesses and publish the ads in a booklet that is distributed 5-6 weeks prior to the event encouraging people to patronize the business. Charge an entrance fee and provide a t-shirt with entry fee. Ribbons and plaques are awarded. In-kind donations are solicited and a drawing is conducted for gifts with a grand prize.

- **Level of difficulty:** 3
- **Manpower:** 35
- **Costs:** \$200
- **Potential Revenue:** \$5,000-\$6,000
- **Contact:** Belinda Petshow - Forest Grove Lions Club - phone: 503-319-3613

15. Pancake Breakfast with Santa and Mrs. Claus

Breakfast with eggs, sausage, pancakes, juice, hot chocolate. Event also includes selling baked goods, holiday wreaths, local arts and crafts, cookie decorating for children and a children's bike raffle.

- **Level of difficulty:** 3
- **Contact:** Twila Butler - Eugene Downtown Lions Club - phone: 541-344-1049 - email: twilabutler1049@msn.com

16. Roast Beef Dinner

Once a year the club (primarily in January) hosts a roast beef dinner. Purchase about 220 lbs. of roast beef and prepare it at Tillamook High School. Serve mashed potatoes, green beans, baked beans, corn, coleslaw, and one vegi-dish.

- **Level of difficulty:** 3
- **Manpower:** 20
- **Costs:** \$1,200 if any
- **Potential revenue:** \$1,500-\$2,000
- **Contact:** Melvin Wilcox - Tillamook Lions Club - P O Box 726 - Tillamook, OR 97141-0726 - phone: 503-801-6646 - email: wilcoxme_or@msn.com

17. Crabfeed/Auction/Bingo Bash

Dinner, silent auction, and bingo for Lions and guests. Also a wine raffle donated by members. This is a fundraising for Amin account.

- **Level of difficulty:** 4
- **Manpower:** 8-12
- **Costs:** \$1200
- **Potential Revenue:** \$5,000
- **Contact:** Mary Fechtel of Eugene Downtown Lions Club

18. Barkdust Delivery

Have a dumpster that fits in back of truck. From pre-orders, purchase from a local distributor & deliver throughout city. Try to involve Boy Scouts to spread barkdust for people.

- **Level of difficulty:** 2
- **Manpower:** 2-4
- **Costs:** Equipment/vehicle/dumpster
- **Potential revenue:** \$5,000 - \$7,000
- **Contact:** Sam Angelus of South Salem Lions Club

19. Elkton Lions annual July Pig Roast

We roast a whole pig; have coleslaw, potato salad, rolls, watermelon & drinks. Pig is purchased, slaughtered, and BBQ'd from 3:30 a.m. to 6:00 p.m. Then carved and served to community members – donations accepted with proceeds to support our sight and hearing programs and OLSHF.

- **Level of difficulty: 5**
- **Manpower: 10**
- **Costs: \$500**
- **Potential revenue: \$1200 - \$1500**
- **Contact: King Phelps – Elkton Lions Club – 541-584-2271 – email: cafkap@peak.org**

20. Country Auction

Items to be auctioned are donated from Lions, community members and community businesses. Dinners, services, items, pies, arts & crafts.

- **Level of difficulty: 4**
- **Manpower: 10-20**
- **Costs: none if you have building**
- **Potential revenue: \$15,000 - \$25,000**
- **Contact: Herb Hairy – Mapleton Lions Club – 541-554-1901 – email: herbie@harryhouse.com**

21. Oktoberfest

Joint effort between Yachats & Waldport Lions. Held at Yachats Hall. Dinner, dancing, dance lessons. All funds donated to Crestview school for field trips.

- **Level of difficulty: ?**
- **Manpower: lots**
- **Costs: ?**
- **Potential revenue: \$2,000**
- **Contact: Yachats Lions Club – Pres. Edwena**

22. Wheelbarrow Raffle

Economy Supply donates wheelbarrow. Lions club members donate items to fill wheelbarrow. Sell Raffle tickets to service groups. Draw winning ticket at Christmas tree lighting ceremony. Money goes to Lebanon Christmas Toy Drive. They organize and distribute toys.

- **Level of difficulty: ?**
- **Manpower: 3**
- **Costs: none**
- **Potential Revenue: ?**
- **Contact: Eric Kirby – Lebanon Lions Club – 541-570-5632 – email: eric@kirbyandcrawford.net**

23. Families in the Park

Fajita Feed-Cook land serve chicken fajitas and hot dogs.

- **Level of Difficulty: 3**
- **Manpower: 8 minimum**
- **Revenue: \$1000.00**
- **Startup costs: \$300**
- **Contact: Erma Hickman, pres. Hood River Eyeopeners**

24. FunDAZ Discount Savings Card

Internet based Savings Discounts to over 350000 merchant discounts both locally and nationally. Card costs \$30 and non-profit organizations makes \$15 profit per card sold.

- Level of Difficulty: 2
- Manpower: Clubmembers sell Savings Cards
- Costs: No upfront cost and no cost for unsold product
- Projected Profits: \$15 on every card sold
- Branded website: FunDAZ will host a branded website with link to local organizations website
- Branded Savings Card: FunDAZ will design a branded savings card for the local organizations
- Contact: Don Foster, managing Partner-FunDAZ, 1612 NW 33rd Way, Camas Washington 98607 Ph 360-624-2142 email donfoster@fundaz.biz
- Website: www.fundaz.net

25. Fireworks Booth

Retail sale of fireworks. One week project.

- Level of difficulty: 2
- Potential revenue: 40-50% of gross sales
- Startup costs: \$600+
- Contact: Erma Hickman, Pres. Hood River Eye Openers

26. Fly-In

Serve breakfast at fly-in

- Level of difficulty: 3
- Startup Costs: Cost of Ingredients
- Contact: Erma Hickman, Pres. Hood River Eye Openers
-

27. Christmas Wreaths

Sell wreaths at Christmas time.

- Level of difficulty: 1
- Manpower: Minimum of 3
- Revenue: depends on number of wreaths sold (50%of gross sales)
- Contact: Chuck Hulings, North Medford Lions Club, 541-779-0138, email hulings@g.com

The following Service ideas have been downloaded from the LCI website (www.lionsclubs.org)

1. Club/District: Bloomingdale Lions, Illinois, USA, District I-J

Description: A joint Lions, Leo, and Cub Scouts **Walk-a-Dog-a-Thon event** encourages dog owners to walk their pets while raising funds for Lions Project Canine Companions for Independence (LPCCI).

Contact: Lion Perry Knutson at: lionperry@hotmail.com

2. Club/District: Osage Lions, Minnesota, USA, District 5M-9

Description: The club celebrated their 90th anniversary by organizing a US\$.90 **pancake breakfast**.

Contact: Lion Edwin Lukkonen at: 1-218-732-4012

3. Club/District: Tri-Village Noon Lions, Ohio, USA, District 13-F

Description: Club members **raffled** off two **season tickets for college football** and raised US\$10,000 for diabetes.

Contact: Lion Alan Sulser at: asulser@wsastudio.com

4. Club/District: Wisconsin, USA, District 27-C 1

Description: **Lions cure deer hides donated by area hunters.** The hides are sold to a leather company. The funds raised are donated to Wisconsin Lions Camp.

Contact: Past District Governor Barry Brubaker at: brubakeracres@verizon.net

5. Club/District: North Carolina, USA, Multiple District 31

Description: Lions sell 2,500 numbered golf balls for \$25 each. The balls are released by airplane over a golf course. The **winner of the ball that comes closest to the hole receives US\$10,000.** Remaining profits finance a weekend fishing event for visually impaired persons.

Contact: Lion Gwen White at: whiteink_1@earthlink.net

6. Club/District: Oregon, USA, District 36-G

Description: Lions invite community members to **stage a talent show** to raise funds for the Oregon Lions Sight and Hearing Foundation.

Contact: Lion Trudy Tallman at: tallmantru@aol.com

7. Club/District: Enosburg Falls Lions, Vermont, USA, District 45

Description: The Lions host an annual dairy festival.

Contact: Lion Phil Gagnon at: pgagnon@vtlink.net

8. Club/District: Uxbridge and District Lions, Ontario, Canada, District A

Description: Club members organize an annual outdoor art fair.

Contact: Lion Bob Armitage at: lions@uxbridge.com

9. Club/District: Mandeville Lions, Jamaica, District 60-B

Description: For the past eight years, Lions have invited local community leaders to become celebrity barbeque chefs in the Men Who Cook fundraiser.

Contact: Lion Rudolph Richards at: ruddyrichards@yahoo.com

10. Club/District: Riverview Lions, New Brunswick, Canada, District N-I

Description: The Lions raise funds by hosting twice weekly Bingo games.

Contact: Lion Todd Prime at: tprime@nbnet.nb.ca

11. Club/District: Ireland, District 105-I

Description: Lions in the district sell feathers and request donations for suicide prevention.

Contact: Past District Governor Gilbert Lee at: gilbert@gilbertlee.freemasonry.co.uk

12. Club/District: Kington, England, District 105-W

Description: Lions organized a 60-mile Cambrian Mountain bike trek and raised more than US\$3,000.

Contact: Lion Malcolm Thompson at: malcolmwthompson@btinternet.com

The Oregon Lions Sight and Hearing Foundation (OLSHF) provides early detection and critical health solutions for over 100,000 children and adults each year. On average these services are provided at a cost of \$8.92 per person. That is about the cost of one ticket to the movies.



OREGON LIONS
Sight & Hearing Foundation

There is a health care crisis in America. It's hard to believe that over 640,000 Oregonians do not have health insurance. We tend to assume only poor people have no insurance, but 57% of uninsured Oregonians work full time, and 118,000 of these people are children. Times are tough and demand has never been greater for the foundation services.

For 50 years, the foundation has served over a million people and beyond. No other organization in Oregon provides as many health screenings, all free of charge. The Mobile Health Screening Unit program detected over 10,000 treatable conditions including diabetes and hypertension. Through the Patient Care program, the foundation provides critical sight and hearing saving surgeries for uninsured Oregonians that have nowhere else to turn. Through the relationships with providers, OLSHF leverages funds five times to provide hundreds of surgeries. The Hearing aid Bank provided over 700 refurbished hearing aids to people free of charge each year.

It is a truth that is as simple as it is enduring: OLSHF changes people's lives by saving their sight and hearing.

1010 NW 22nd Avenue • #N144 • Portland, OR 97210

www.orlions.org • info@orlions.org

1-800-635-4667



228 N. Holly St. • Medford, OR 97501

solshc@rio.com

541-779-3653

LIONS INFORMATION SERVICE:

TOLL Free 1-866-623-9053

www.lionsforegon.org



The Lions Eye Bank of Oregon (LEBO) was established in 1975 to eliminate a critical need for corneas and eye tissue. Since then, more than 16,000 people have received the gift of sight and the



LIONS EYE BANK
of OREGON

entire world has benefited through research made possible by eye donation. Donated eye tissue is transported to the Portland location by essential Lion couriers throughout Oregon and SW Washington. The LEBO processes eye tissue at its location at 2201 SE 11th Avenue, Portland, Oregon and prepares it for shipment to surgeons. If donated corneas are suitable for transplant they are preserved and distributed on a first come, first served basis to surgeons throughout Oregon, Southwest Washington, or to other states and countries where there is need. Eye donations that cannot be used for transplant are used for crucial eye research or medical training.

The **Lions Eye Bank of Oregon Vision Research Laboratory** was founded in 1986 and has leveraged the resources of the LEBO to become a leader in corneal transplant research. The goal is to move corneal surgery forward through developing and evaluating novel techniques and procedures, while promoting safe eye banking practices through rigorous quality assurance research. The research lab devotes time to training physicians in surgical techniques, improving patient awareness and understanding, and publishing findings in top scientific journals.

The research lab is proud of the impact their work has had on corneal transplant surgery, and is excited about the future of this rapidly developing field.

2201 SE 11th Avenue • Portland, OR 97214-5303

www.eyebank.orlions.org

1-800-843-7793

5 dozen cookies **Snickerdoodles** 400° F.

1 c. butter or margarine
1 ½ c. sugar
2 eggs
2 ¾ c. sifted flour
2 tsp. cream of tartar
1 tsp. Soda
¼ tsp. Salt

Topping:
2 Tbs. sugar
2 tsp. cinnamon

Heat oven. Mix butter, sugar and eggs thoroughly. Sift together dry ingredients and stir into above mixture. Form dough into balls about the size of walnuts. Roll in *topping* of sugar and cinnamon. Place about 2" apart on ungreased baking sheet. Bake 8-10 min.



Bake 20 min. **Bran Muffins** 400° F.

Pour: **1 cup boiling water** over **3 cups Kellogg's All Bran cereal** then cool.

Add: **1½ cups sugar**
 ½ cup oil
 2 eggs
 2 cups buttermilk

Mix together:
 2 cups flour
 2½ tsp. soda
 1 tsp. salt

Add dry ingredients to wet and mix. Bake at 400° for 20 minutes. This mix can be stored in covered container in refrigerator for up to two weeks so you can make as few muffins at a time as you wish.

EVEN CHILDREN LOVE THIS BRAN MUFFIN!



MD-36 HEADQUARTERS
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