

A BREATH OF FRESH AIR

Henning Voss of Vivid Living invites us to an eco-friendly flat that takes the health of its residents to heart | 來自Vivid Living的Henning Voss 邀請我們走進以住客健康為本打造的環保家居





“YOU CAN MAKE A PLACE MUCH HEALTHIER BY INCORPORATING NATURAL MATERIALS AND COLOURS”

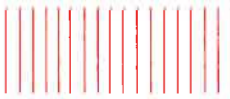
CLEAN AND SIMPLE
A herringbone throw adds warmth and a magnifying glass adorns the bespoke coffee table made from reclaimed wood; backgammon board, decanter, cushions, magnifying glass and blanket all from Indigo Living

簡約清新
圖紋墊子為空間引入無盡的溫暖感，回收木咖啡桌則以放大鏡裝飾；棋盤、醒酒器、墊子、放大鏡和毛氈均來自Indigo Living

People often underestimate the influence of one's surroundings. Many tend to treat their home as a mere storage space and a place to crash – and don't realise that their living space can have a profound impact on their health and well-being. For Henning Voss, founder of real estate consultancy Vivid Living, creating healthy homes is a passion. “Biophilic design can create a living environment that is suddenly a lot more than just your home. It helps you sleep better, work better, eat better, feel better and be happier,” he says.

Henning, along with Christoph Bannerman, his partner from property developer Provest Holdings, wanted to create a sanctuary to counterbalance the busy Queen's Road Central. “We created a comfortable living environment where tenants can escape the hustle and bustle of Hong Kong as well as recharge,” explains Henning. The idea was a flat that's not only good for the environment, but also for the inhabitants.

香港人往往低估家居的力量。大部分人只將它視作儲物和過夜的空間，卻沒想過一個家對人們的健康能造成多大影響。對地產顧問公司Vivid Living的創辦人Henning Voss來說，設計健康居所是其熱愛所在。他說：「愛生活愛地球的Biophilic設計能夠創出一個遠超乎家的生活環境，讓你睡得更好、工作表現更好、吃得好、感覺更好和更愉快。」



CONTEMPORARY COOL
The kitchen channels a clean, streamlined style; the white brick wall lends a city-loft feel to the space; the decorative telescope is from Indigo Living

當代魅力
廚房洋溢著簡潔流線型風格；白磚牆為空間營造出城市頂樓似的格調；裝飾望遠鏡來自Indigo Living

This original three-bedroom flat was completely redeveloped in order to transform it into an open kitchen and living room space, with one large bedroom connected to a spacious bathroom and an additional small study. "Often when people hear the words 'natural', 'sustainable' and 'eco-friendly', they immediately picture a tree house—and don't think a flat can be healthy and stylish at the same time," Henning says. "We wanted to set an example that you can achieve both." He demonstrates how, instead of plywood, they used compressed palm boards that are completely sustainable, as well as non-toxic, VOC-free paint and formaldehyde-free glue in the kitchen's interiors.

The kitchen is sleek and modern, outfitted in black glass that channels stylish masculinity. It leads to an airy living and dining room, featuring a white brick wall that

Henning和物業發展商Provest Holdings的夥伴Christoph Bannerman，希望設計出能平衡皇后大道中繁華鬧市的安樂窩。Henning解釋：「我們打造出一個讓租戶能逃離香港熙來攘往的市區，為身心重注力量。」構思便是創出一個不但環保、還需要特別貼心為人們生活安居而設的家園。

原本建有三間睡房的單位獲重新打造，開出開放式廚房和生活空間，並設一大間睡房，與開揚的浴室和一間額外的小書房連結。Henning說：「人們往往聽見『自然物料』、『可持續』，以及『環保』字眼時，便會立即聯想到樹屋，以為健康和時尚總會二缺一。我們就是想要證明其實你可兩者兼得。」與其使用夾板，他們選擇了棕櫚木壓板，確保100%可持續。廚房室內裝潢亦用上無毒油料、不含VOC的漆油和無甲醛的膠水。



“WE SPEND 70 TO 90 PERCENT OF OUR TIME INDOORS. IT'S CRUCIAL THAT THESE PLACES PLAY A BIG ROLE IN OUR HEALTH”

RELAXING REFUGE
Swathed in neutral tones, the bedroom is warm and inviting. The artwork is from Yellow Korner and cushions are from Indigo Living and Inside; the shaving set, soap and dish from Inside and a Penhaligon's candle adorn the countertop

放心呼吸
以中性色調裝飾睡房溫暖宜人。藝術品來自Yellow Korner，墊子則購自Indigo Living和Inside；Inside的護理套裝、肥皂和碟子，工作檯放有Penhaligon's蠟燭

lends a New York loft-like feeling to the flat. The dining room table from Tree is made of recycled teak, the sofa was sourced from China with formaldehyde-free stuffing, while the coffee table was custom-built from sustainable reclaimed wood.

Originally the bedroom was a small suite, but Henning and his team opened it up to the bathroom with glass panels, giving it a more spacious feel. The bed from G.O.D. and the Belgian linen headboard bring much-needed texture to the room, and the eco-thinking extends to the bathroom, which is outfitted with Grohe appliances for better water efficiency. Grey stone tiles and wooden countertops also perpetuate a natural vibe. “People love an affiliation to nature. You can make a place much healthier by incorporating natural materials and colours,” says Henning. He feels people are becoming more health-conscious and are

廚房是個俐落現代的空間，以黑玻璃滲透出濃濃的男士魅力，並能通至客廳，一堵白磚牆為這兒注入紐約頂樓家居的風格。來自Tree的飯廳桌子以回收柚木製作，沙發選購自中國內地，填充不含甲醛，而咖啡桌則以可持續回收木特製而成。

原有睡房本為小套房，但Henning和團隊卻以玻璃板將之打通往浴室，增強空間感。睡床來自G.O.D.住好叻，而比利時亞麻布床頭板則為房間引入更豐富的質感。浴室選用的Grohe電器能有效節水。灰石磚和木工作檯面則令家居更顯自然魅力。Henning指：「人們喜愛與大自然有關的一

GET THE LOOK

HOMES CAN HAVE A PROFOUND IMPACT ON HEALTH AND WELLBEING



HEALTHY SANCTUARY
The open bathroom features natural elements such as a wooden countertop and grey stone tiles, making it Henning's favourite space

健康聖地
開放式浴室滿載天然元素，如木工作檯和灰石磚的開放式浴室，是Henning全屋最愛的空間

setting a higher standard for their living environment. "We spend 70 to 90 percent of our time indoors, at work or at home. It's crucial that these places play a big role in our health and wellness," he emphasizes.

We couldn't agree more, especially as Henning has shown that you don't need to sacrifice style for a healthy habitat. In this flat, everything comes together - the sustainable furniture, along with the FSC-approved oak hardwood flooring, creates a warm living environment. One can say that the use of natural building materials make this space stand out, resulting in a sleek, tasteful and contemporary flat that proves you can have a natural sanctuary in the middle of the urban jungle. //

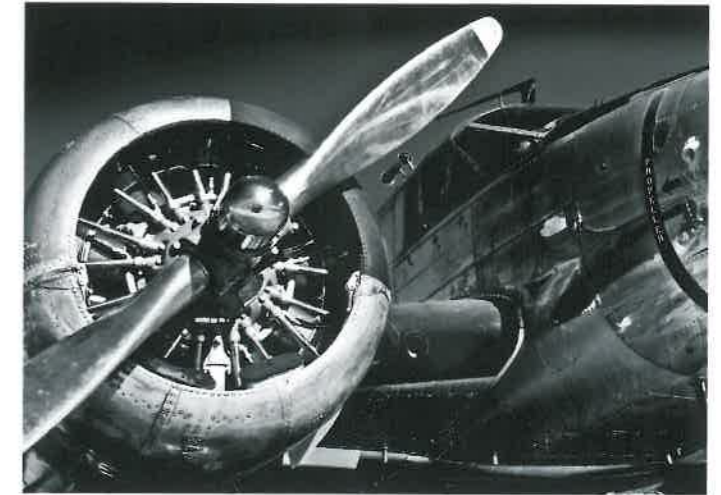
切。你可以融入天然物料和顏色，令空間更健康。」他有感人們愈來愈關注健康問題，並對生活環境的要求愈漸提高。他說：「我們會花七至九成時間在室內工作或待在家，將它們打造成有利健康的地方實在重要。」

我們深表同意，特別是Henning證明風格和健康生活能並存。身處這家居中，每件事也自然而成——可持續傢具與FSC認可的可持續實心橡木地板，組出溫暖的生活環境。即使用上天然建材，風格仍能兼顧，成就出高品味而俐落時尚的現代家居，感受兩個世界之最。 //



PULL A CHAIR

Put an environmentally friendly touch to your interiors with furnishings from Tree. (tree.com.hk)



FULL THROTTLE

Style your bachelor pad with black-and-white photography, such as *Classical Elegance* by Olivier Lavielle from Yellow Korner (yellowkorner.com)



RICH LEATHER

Serve classic cocktails on this timeless tan leather tray from Indigo Living. (indigo-living.com)



ECO-CHIC CUSHIONS

These comfy cushions from Tree are printed on GOTS-certified organic cotton. (tree.com.hk)