

SUMMER CAMPS 2015

- * Registration Opens March 1st - Online Link Below
- * Our camps are designed to be active and FUN while providing learning and leadership activities!
- * PLUS - A FULL week of Leadership Training Camp for ages 13-18yrs.
- * Weekly Themes and Field Trips!!!

CAMP HOURS

Full Day 7:30am - 5:30pm

Half Day AM 7:30am - 12:30pm

Half Day PM 12:30pm - 5:30pm

**MULTIPLE REGISTRATION
OPTIONS AVAILABLE!**

**LEADERSHIP TRAINING CAMP
WACKY WATER WEEK
NINJA WARRIOR
NERF MADNESS
LEGO EMPIRE...AND MORE!**

WWW.AIMHIGHMA.ORG/CAMPS

AIMHIGH
ACADEMY OF
MARTIAL ARTS 





March 1, 2015

Greetings Parents!

The instructors and staff at Aim High are gearing up for another summer of awesome camps, and we are excited that you are considering sending your children to Aim High for active fun! Keep reading the next few pages to find out more!

We have some amazing themes in store this year, and some great Friday Finales to end each week! Children 6 and older will venture out on field trips, while those in the 3-5 age range will enjoy exploration activities or demonstrations tied to the theme of the week. Depending on the number of attendees of each camp, transportation will be provided by the Aim High Shuttle, or through First Student Transportation (the big yellow bus).

Prior to each week of camp your children are registered for, you'll receive a weekly itinerary and information/reminders about the themed activities, and what children should bring to camp. Please make sure to write your email address clearly on the registration form so we can ensure you get the information.

To ensure safety and quality, all of our instructors are First Aid/CPR Certified for children, and have gone through AHAMA Instructor Training. We take educating your children very seriously, and feel honored that you trust them to our care.

Thank you for choosing Aim High! If you have any questions about Aim High Camps, please feel free to email us at events@aimhighma.org.

Sincerely,

Dan Sikkens
Executive Director

Signing Up for an Aim High Camp

Paper Registration:

Step 1: Fill out the registration form at the back of this packet.

Step 2: Turn in the form and pay at the front desk. (note: payment is due at the time of registration.)

Online Registration:

Step 1: Visit: www.aimhighma.org/camps

Step 2: Fill out all required fields & hit "submit and confirm registration"

Step 3: You may select the option to pay with your card on file at Aim High (members only), pay in person at Aim High, or by sending a check in the mail within 7 business days. After 7 days, unpaid registrations will no longer be valid.

Remit checks to Aim High Academy of Martial Arts 16205 NW Bethany Court, Suite 100 Beaverton, OR 97006.

What to Expect from an Aim High Summer Camp

Quality Activities

- 8:1 Student to Teacher Ratio
- At least 3 full hours of Martial Arts Instruction (based on a full day of camp)
- At least 2 themed activities to engage thought and creativity (based on a full day of camp)
- Active themed games to keep children moving throughout the day

Friday Finales!

- Some weeks will end with an off-site field trip, while others will end with an exciting finale at Aim High.
- Offsite Field Trips will be for children ages 6+ (must be attending full day to attend field trip).
- Demonstrations and on-site Exploration Activities will be planned for children ages 3 – 5, and older children only attending for half the day.

Food is Fuel!

- Aim High provides healthy, nutritious snacks (1 in the morning, and 1 in the afternoon).
- Children should bring a lunch and additional snacks from home.
- Aim High has a drinking fountain on-site, and children are encourage to bring a water bottle.
- There is also water for purchase at our front desk.
- Please do not bring fast food into the school.
- If you would like your child to be able to purchase snacks or beverages from the Aim High pro- shop, please notify the camp manager and put a credit on your family's account.

Drop-off & Pick-up

- Aim High has extended its Drop-off & Pick-up times to accommodate parent needs!
- Campers may be dropped off beginning at 7:30am – Aim High's doors will remain locked until that time.
- Campers must be picked up no later than 5:30pm—a fee of \$10 will apply if campers are picked up late.

Trips to the Park

- If weather permits, campers (all ages) may visit the park at Five Oaks Middle School during the week, walking along Twin Oaks Drive to get there.
- Please ensure your child brings the following items to camp each day: close toed shoes, sweatshirt or jacket, and sunscreen.

Miscellaneous Information

- Campers are more than welcome to bring their own books to read during camp.
- Please ensure your children are wearing comfortable athletic attire – they will be engaging in martial arts lessons and other physical activities.
- Jewelry is not allowed, and long hair should be tied back.

Back again for another year, Aim High's Leadership Camp will help your teen gain a better understanding of leadership and develop a personal leadership style that will set them up for success. Teens will engage in team building activities, receive CPR/First Aid Certification, and gain real experience through Aim High's Instructor Training Course. Friday's Finale will be an exciting off-site trip that will test their leadership skills and build confidence. Leadership Campers will be expected to attend Monday – Friday between the hours of 8:30am – 5:30pm.

Note: Campers are required to attend all five days from 8am – 5pm during this week of camp. Anyone interested in volunteering as a camp leader at other camps will be required to undergo the AHAMA Volunteer Application Process at the end of the week.

Leadership Training Camp June 22nd - 26th



Nerf Madness July 6th - 10th



One of our most popular weeks of camp, how can we not begin the summer with a little Nerf Madness?! We've got plenty of Nerf toys on hand to keep the campers engaging in active fun throughout the week. From laser tag and archery practice to football and basketball, the campers will use our Nerf collection to learn new skills in preparation for a field day at a local park on Friday!

Creative Campers July 13th - 17th

Creativity involves using the imagination to develop something new and different. At Aim High, martial arts is an amazing creative outlet, and campers during this week will use their creativity to develop their very own open form! In addition, we'll have plenty of fun engaging in other creative activities such as drawing and storytelling, and Friday's Finale will be an off-site field trip that will allow the campers to explore their creativity through the world of art!



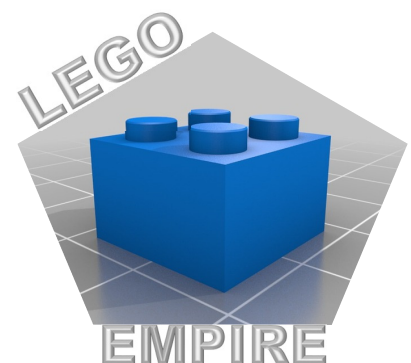
Wacky Water Week July 20th - 24th



Water balloons, squirt guns, and swimming! These are only a few of the activities planned for this week of wacky water fun! Campers will warm up with a bit of martial arts, learn about water and its various states, and cool down with refreshing activities throughout the week. Friday's finale will be a trip to a local swimming pool followed by a picnic lunch in an adjacent park!

Lego Empire July 27th - 31st

Constructing and building an empire takes a lot of collaboration, leadership, and sweat...not to mention a bit of engineering. Throughout the week, campers will learn about building basics through various activities, including a lesson or two from a guest engineer, and create a Lego city that will rival those of ancient empires. They'll even learn a bit about what it takes to defend an empire as a Lego Samurai. Friday's surprise finale is bound to be Lego-tastic!





Kicks & Tricks August 3rd - 7th

Martial arts kicks and gymnastics flips combine to create tricking, a thrilling and challenging activity that builds confidence and self-esteem, and Aim High is lucky to have some amazing tricking instructors within our school! Campers will learn about air awareness, body mechanics, and more while they work to master some basic tricking techniques. Friday's finale will be a field trip to a local gym to enjoy some trampoline and spring floor fun! **(Ages 7+ Only)**

Heroes & Legends August 10th - 14th

Stories of heroes abound in many cultures, and some even depict tales of benevolent martial artists who complete amazing feats to help their communities. This week of camp will focus not just on the super heroes of comic books, but the lesser known super heroes of ancient legends. Campers will enjoy a super hero training course, obviously, but also learn about the altruistic side of heroes through service learning activities and a Friday field trip to complete a group service project.



Ninja Warrior August 17th - 21st



Back for its second year at Aim High, our Ninja Warrior camp is sure to bring out the ninja in anyone! With a little ninja training and some help from certified fitness instructors, we'll spend the week learning about body mechanics and strength building activities that will lead our campers to be the next Aim High Ninja Warriors! On Friday, we'll test out our newly acquired skills through an epic obstacle course field trip! **(Ages 6+ Only)**

Wild Things August 24th - 28th

The wild things have invaded Aim High! Join us for a week of animal martial arts and other activities designed to teach campers about our wild neighbors and the lives they lead. Campers will learn about the way animals move, and how those movements are useful in various martial arts styles. At the end of the week, we'll take a visit to a local wildlife habitat for educational activities and some fantastic wildlife viewing!



Summer Blast August 31st - September 4th

What better way to get ready for the school year than celebrate the end of an amazing summer! Outdoor martial arts lessons, field games, and summer fun activities will fill this final week before school starts, complete with a picnic at a local fountain park for our Friday Finale!





Aim High Academy of Martial Arts 2015 Summer Camp Registration



Child's Name: _____ Age / DOB _____

Current Aim High Student? Yes / No Program/Belt Level: _____

Please check here if your child has never done martial arts before: ____

Parents' Names: _____

Email: _____

Primary Phone: _____ Secondary Phone: _____

Special Concerns/Medications/Allergies: (attach additional page if necessary):

Emergency Contact (other than parent listed above):

Name: _____ Phone Number: _____

Waiver and Disclaimer

The undersigned voluntarily submits this camp registration form and upon acceptance, agrees to follow all rules and regulations set forth by this organization. The undersigned assumes full responsibility for any and all damages, injuries, emotional upset, deaths, or losses which they might sustain or incur while attending or participating in any activities that this organization has anything to do with. The undersigned understands the risks of participating in martial arts and hereby releases Aim High Academy of Martial Arts, all representatives, and all other students of this organization from any and all liabilities for any type of injuries or loss sustained while training, studying, practicing, or in the application of any activities that Aim High Academy of Martial Arts may be involved in, including but not limited to Martial Arts, Tae Kwon Do, Jiu-Jitsu, or any other activity. The undersigned also states that he/she (or child) is in good physical condition and knows of no reason why he/she (or child) cannot participate in martial arts or other physical activity. The undersigned also acknowledges that children attending a day camp may leave the facility under supervision and walk or ride a bus to nearby locations for activities including but not limited to martial arts, field games, and other sport activities. The undersigned agrees to and understands there is a NO REFUND policy. All sales are final. In the event of an emergency I hereby authorize any licensed medical personnel to perform any accepted medical procedure deemed necessary and agree to bear the expense of any such treatment. The undersigned consents to the use of any picture or video furnished by the undersigned, or any picture or video of the undersigned (or child) in connection with the martial arts for publicity, promotion, or display, and the undersigned waives all compensation in regard, thereto. **MARTIAL ARTS IS A STRENUOUS ACTIVITY AND A DOCTOR'S PHYSICAL IS RECOMMENDED BEFORE STARTING CLASSES.**

I (the undersigned) have read and fully understand and agree with the above waiver.

Print Name: _____ Signature: _____ Date: _____

Camps Themes	June 22 - 26 Leadership Training	July 6 - 10 Nerf Madness	July 13 - 17 Creative Campers	July 20 - 24 Wacky Water Week	July 27 - 31 Lego Empire
Full Week					
Full Days	Ages 13+ Only	M T W TH F	M T W TH F	M T W TH F	M T W TH F
Half Day AM		M T W TH F	M T W TH F	M T W TH F	M T W TH F
Half Day PM		M T W TH F	M T W TH F	M T W TH F	M T W TH F
Camps Themes	August 3 - 7 Kicks & Tricks (Ages 7+ Only)	August 10 - 14 Heroes & Legends	August 17 - 21 Ninja Warrior (Ages 6+ Only)	August 24 - 28 Wild Things	Aug 31 - Sep 4 Summer Blast
Full Week					
Full Days	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F
Half Day AM	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F
Half Day PM	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F

FULL WEEK \$300.00 FULL WEEK 1/2 DAYS \$175.00 SINGLE FULL DAY \$70.00 SINGLE 1/2 DAY \$40.00	CAMP HOURS: DROP-OFF BEGINS @7:30AM / PICK-UP ENDS @5:30PM FULL DAY 9:00AM - 4:00PM AM 9:00AM - 12:30PM / PM 12:30PM - 4:00PM
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Office Use Only Date Accepted: _____ Total Amount Paid: _____ Staff Initial: _____ Payment Method: Cash Check CC Check # OR Last 4 # of CC _____	AUTHORIZATION TO USE CARD ON FILE By signing below, I authorize Aim High Academy of Martial Arts to charge my credit or debit card on file for future camp registrations, either in person or via the telephone. Signature _____
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Camp Policies

Registration & Payment – initial registration may be done in person or online and requires both the Aim High Camp Registration Form and payment within 7 business days. Full online registration is only available for families with a credit or debit card on file, and payment will be charged within 24 hours of submission. Adding additional days of camp may be done over the phone or via email, as long as there is a card on file to be charged at the time of the addition.

Refunds & Credits – Aim High has a no refund policy. Credits may only be approved by the Operations Director.

Make-up Days – Make-up days may be scheduled for illness, injury, or family emergency only. Please contact the Camp Manager to schedule a make-up.

Expected Behavior – Aim High expects all campers to show respect to fellow campers, staff, and the facility. If a camper chooses to show disrespect by disobeying camp rules and/or Aim High Staff, or by engaging in activities that insult or harm another camper, he or she may be asked to leave camp and/or not be allowed to attend camp in the future. Aim High Staff will use redirection and time outs when necessary.

Items of Value – Aim High is not responsible for valuables – please do not send money, electronics, jewelry, or other items of value to camp with your children. Aim High will not be held liable for theft or damage to property.

Medication – Aim High is not responsible for administering medication to your children. Please notify the camp manager if your child is required to take any medication during camp, and leave detailed instructions for your child to follow. If your child is unable to follow instructions for administering his or her own medication, you must arrange for yourself or another adult to come in and administer the medication.

Late Pick-up Fee: Campers must be picked up no later than 5:30pm—a fee of \$10 will apply if campers are picked up late.