

Traveler's Checklist



Changes In Latitude
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Pre-Departure

- Passport
- Visa
- Health Documentation
- Transportation Tickets
- Frequent Flyer Cards
- Emergency Information
- Insurance
- Hotel Reservations
- Auto Rental Agreement
- Currency
- Credit Cards
- Guide Books and Maps
- Trip Cancellation/Medical Insurance
- Personal Identification
- Copies of Airline Tickets/Passport/ etc.
- Special Event Reservations
- Student ID/International discount cards

Travel Gear

- Main Travel Bag (Travel Pack/ Luggage)
- Carry-on Bag (Daypack/Duffel)
- TSA Locks/Cable Lock
- Packing Accessories (for clothes, small stuff, and toiletries)
- Luggage Tags
- Money Belt
- Security Belt
- Security Pouch (for passport, tickets, and currency)
- Document Organizer
- Everyday Bag

Clothing

(Think light weight, comfortable, quick drying, abrasion resistant - nylon, polyester & cotton blends)

- Quick drying Underwear
- Compression Travel Socks
- Swim Suit
- Raincoat/Umbrella
- Walking Shoes
- Visor or Brimmed Hat

Everyday Basics

- Camera, Lenses, Memory Stick
- Video Camera, Tapes
- Binoculars
- Ipod
- Electric Adapters/Converters
- Travel Alarm

- Language Books
- Reading Material
- Address Book
- Travel Journal/Pen
- Scarf/Bandanna
- Games/Playing Cards
- Snacks
- Water Bottle
- Travel Towel
- Hand Sanitizer/Towlettes
- Travel Neck Pillow
- Eye Shade/Ear Plugs
- Tissues/Toilet Paper
- Keys
- Cell Phone/Charger

Maintenance Items

- Flashlight Batteries/Bulb or head-light
- Matches or Lighter
- Extra Batteries
- Sewing/Repair Kit
- Duct Tape
- Travel Iron or Steamer
- Sink Stopper
- Zip-Close Plastic Bags

Travel Health

*Please consult your local health center or personal physician for help in planning your trip's medication needs.

- No Jet Lag
- Pain Reliever/Aspirin
- Cold/Allergy Medicines
- Contact Lens Items
- Diarrhea Medicine
- Laxative
- Insect Protection
- Sun Protection
- Sunburn Relief
- Antibiotic Cream
- Malaria Medication (prescription)
- Motion Sickness Medicine
- Personal Hygiene Items
- Personal Prescriptions
- Water Purification System
- Vitamins
- Moleskin for Blisters
- Mouthwash
- Birth Control

Toiletries

- Comb/Brush
- Toothbrush/Paste

- Dental Floss
- Soap-Personal and Laundry
- Skin Care Lotion/Creams
- Throat Lozenges
- Make Up
- Mirror
- Manicure Articles (nail file/clippers)
- Hair Care
- Sunscreen/Lip Balm
- Razors/Shaving Cream
- Dual Voltage Hair Dryer/Straightener
- Towel/Washcloth
- Travel Bottles (3 oz. or less for carry-on)
- Eyeglass Prescription Copy
- Contact Lenses

Home Checklist

- Advise bank of future foreign credit card use
- Stop Deliveries
- Have post office hold mail
- Advise home alarm company of absence
- Arrange for care of pets, lawn & plants
- Re-set sprinklers
- Set-up a times lighting system
- Stop newspaper
- Leave house key and a trip itinerary with a neighbor
- Leave flights/hotel itinerary with a relative
- Empty refrigerator
- Eliminate possible fire hazards
- Turn down thermostat
- Turn down water heater
- Lock all doors and windows
- Store valuables in a safe place
- Pre-pay bills
- Reconfirm/check-in online with airline
- Write down where you parked the car

African Safari Tips

- Clothing should be anything comfortable, cotton or breathable synthetic clothing. Pack clothes with neutral colors (tan, brown, khaki, light green). Avoid dark blue and black, these colors may attract tsetse flies.
- Carefully read your itinerary, most safaris have strict baggage weight limits (i.e. 30 lbs per person)
- Be sure that your passport will be valid for at least 6 months after you return home.

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For Those With a Passion for Travel!