

# WOLF Summer Camp August 10-15, 2014

At Brandeis Bardin Institute

Welcome **WOLF Campers** to our sleep away summer camp! This packet should explain all you need to know for an easy and exceptional camp experience for parents, campers, and CITs alike.

## Who is going to Summer Camp? When?

All students from the 40+ schools that WOLF works with are invited to attend summer camp. The **August 10-15**<sup>th</sup> week of camp is limited to students who will be entering grades 5-9 in the upcoming school year. (See CIT section below for high school students entering grades 10-12.)

### What will the campers do at camp?

WOLF CAMP 2014 features a combination of all the greatest activities from yearly camps and much more. Highlights include Full Primitive Village (Archery, Tomahawks, Hot Stone Cooking, Medicine Bags, Crafts, Shell Jewelry, Arrow Making, Wiki ups, and Face Painting.) Students will enjoy all high and low ropes options, giant swing, 50 foot climbing tower and the swimming pool. Science rotations offer Solar Boats, Inventions Lab, Eye and Fish Dissection, Microscopes & Botany, Geology and Water Testing, Trail Group Explorers, Giant Slingshots, Telescope Astronomy and more. The Frontier Village includes 2-person Bucksaws, Candle Making, Fried Dough, Gold Panning and Prospecting. Also,

the favorite WOLF Staff from the year lead all popular camp events including night hikes, games, outpost camp, Wilderness First Aid Rescue, songs, stories, s'mores, and the Celebration Campfire.

#### Where are we going?

The program is held at the Brandeis Bardin Campus of AJU at 1101 Peppertree Lane, Brandeis CA 93064. The 3,000-acre private complex is off of the 118 freeway at Tapo Canyon Rd. and south 2 miles to the entry gates. Gates will be guarded and require a passcode to get in.

#### How much does it cost?

The program costs \$595 per camper. For a second camper in the same family, WOLF offers a \$100 discount. Second campers receiving this discount must be siblings residing at the same address. Payment and forms must be postmarked by July 31, 2014 in order to secure a spot. Checks should be addressed to WOLF, and mailed to our Post Office Box as follows:

WOLF 301 Science Dr. Suite #142 Moorpark, CA 93021

Or pay with credit card by calling our office directly at (818) 991-6707.

#### What forms must I fill out?

Parents fill out the two blue forms: the *Medical Information Form* and the *Acknowledgement of Risk* waiver. Please complete and sign these 2 forms and submit them with payment by July 31.

#### What should they bring to camp?

A 5-day packing list is provided for reference. Campers are encouraged to pack light. A medium to large size duffle bag is best. Most important to remember would be a sleeping bag and pillow, 2 pairs of comfortable closed toe shoes, appropriate clothing, swimsuit, towel, and a jacket. Students should bring a small daypack or book bag to carry a water bottle and day items.

#### What are the sleeping arrangements?

At camp, there will be a number of boy cabins and girl cabins. Campers may submit advance requests for bunkmates, which will be honored when possible. Each cabin sleeps 14. The campers sleep in bunk beds with mattresses. Bathroom

and showers are inside the cabins. The only exception to this is the outpost camp, also on Brandeis Bardin campus. This will be in tents, which will be provided by WOLF.

#### Can my child apply to become a Counselor in Training?

Students who will be entering grades 10-12 are invited to enroll as Counselors in Training (CITs), which will involve mentoring the younger campers and learning the subjects that the WOLF staff are qualified to teach. The cost for CITs is \$495, and each CIT will receive CPR training, belay coaching at the high ropes course, and a WOLF staff t-shirt. For those students in the CIT age range, please consult with WOLF for more info on WOLFCAT, the California Adventure Trip.

#### Can I Visit My Child at Camp?

The camp is a private facility. Visitation on campus is by prior arrangement only.

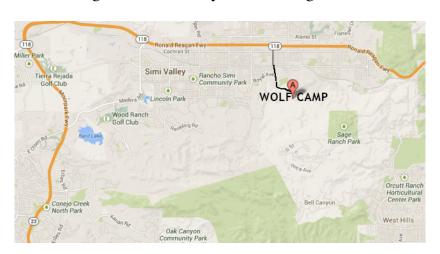
#### How is the Food? What if I have a Special Diet?

The food is excellent. Students enjoy healthy and delicious meals and snacks in one of the three contemporary dining facilities at camp. Almost any dietary need can be met with ease. Please indicate those needs on the *Medical Information Form* and bring this info to the attention of the WOLF staff when you drop off your camper.

#### How Does Drop off & Pick up work?

Students should be dropped off at camp on Sunday August 10th at 3PM and should be picked up on Friday August 15 at 3PM.

**Directions to Camp:** from the 118 freeway exit Tapo Canyon Rd and turn south. Go 2 miles to the front gate of camp. The address is 1101 Peppertree Lane Brandeis CA 93064. A guard will direct you where to go.



#### **WOLF Recommended Participant Packing List- 5 day summer camp**

- Please label all clothing and personal items. WOLF is not responsible for lost clothing or personal items.
- Synthetic fibers dry more quickly than cotton-when possible bring synthetic.

#### **Clothing and Gear**

- o 6 shirts
- o 2 pairs of shoes -comfortable, closed toe
- 5 pairs of socks
- 5 pairs of underwear
- 2 pairs of long pants
- o 3 pair of shorts
- Sweatshirt or light jacket
- Hat
- Small day pack or regular back pack
- Water bottle or canteen
- o Swim wear
- Rain gear (water resistant jacket and hat)
- Sleepwear

#### **Sleeping and Personal Items**

- Sleeping bag and pillow
- Bath towel or beach towel
- O Soap or shower gel
- Shampoo and brush/comb
- Toothbrush and toothpaste
- Personal hygiene items
- Sunscreen

#### **Optional Items**

- o Sunglasses
- Lip balm
- Shower sandals
- Flashlight or Headlamp
- Camera
- Binoculars
- Field guides
- o Book, playing cards or quiet games
- Notebook and pencil
- Bandana
- Plastic bag for dirty laundry

#### **DO NOT BRING**

Candy, gum or food Money Knives Blow dryers or curling irons



## Wilderness Outdoor Leadership Foundation

301 Science Dr. Suite 142 Moorpark, CA 93021 (818) 991-6707

# **Easy Enrollment Instructions**

# SUMMER WELF CAMP

# I am enrolling

### **Student Name**

- 1. Fill out blue forms
- 2. Attach check for \$595
- 3. Mail or register by phone



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# **Wilderness Outdoor Leadership Foundation** 301 Science Dr. Suite 142

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# **Medical Information Form**

| General Information   |                              |  |  |  |
|---|------------------------------|--|--|--|
| Student Name  |                              |  |  |  |
| Address   |                              |  |  |  |
|   |                              |  |  |  |
| City  | State Zip                    |  |  |  |
|   |                              |  |  |  |
| Home Phone Business   | Cellular                     |  |  |  |
|   |                              |  |  |  |
| Other phone #1 Other phone #2   | Other phone #3               |  |  |  |
|   |                              |  |  |  |
| Male Female Weight Height Birthdate   |                              |  |  |  |
| iviale Female Weight Height Bilthdate   |                              |  |  |  |
| Medical Information   |                              |  |  |  |
|   |                              |  |  |  |
| Family Physician  | Phone                        |  |  |  |
| Tarring Frigorodia  | THORE                        |  |  |  |
| Address   |                              |  |  |  |
| Audiess   |                              |  |  |  |
| December to the matter discount of an arrangement                                       | Delationalis                 |  |  |  |
| Person to be notified in case of emergency  | Relationship                 |  |  |  |
|   |                              |  |  |  |
| Home Phone Business   | Date of last Tetanus booster |  |  |  |
| List of meds to which you are allergic List all other allergies                         |                              |  |  |  |
|   |                              |  |  |  |
| Have you ever been stung by a bee or a wasp? ○ Yes ○ No                                 |                              |  |  |  |
|   |                              |  |  |  |
| When? More than once? Are you allergic to bee stings? If yes, do you carry medications? |                              |  |  |  |
|   | , , ,                        |  |  |  |
| When: Word than once: Are you allergic to bee stings:                                   |                              |  |  |  |

# **Medical Information Form Continued**

| List illnesses or c  | List illnesses or conditions that you are now undergoing treatment and list all medications you currently taking |  |  |  |  |
|--|--|--|--|--|--|
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| If you have any of the following, state the <b>year</b> of occurrence and the <b>location</b> on your body:  |  |  |  |  |  |
| Hernia   |  |  |  |  |  |
| Dialogation  | Coursin on Chroim  |  |  |  |  |
| Dislocation Sprain or Strain   |  |  |  |  |  |
| Name any injuries  | s, illnesses, or disability not mentioned and year of occurrence:  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | nospitalized, list below:  |  |  |  |  |
| Date   | Name and location of hospital  |  |  |  |  |
| Illness or Injury  |  |  |  |  |  |
| Date   | Name and location of hospital  |  |  |  |  |
| Illness or Injury  |  |  |  |  |  |
| Date   | Name and location of hospital  |  |  |  |  |
| Illness or Injury  |  |  |  |  |  |
| illiless of frijury  |  |  |  |  |  |
| If you now have, or have had any of the following symptoms or conditions, please mark "YES", underline and describe the problem. If not, mark "NO".                              |  |  |  |  |  |
| ○ Yes ○ No 1.  | . Dizziness, Loss of Consciousness, or Recurrent Headaches   |  |  |  |  |
|  | Yes O No 2. Eye, Ear, Nose, Throat, Tonsils, or Sinus Symptoms   |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| <ul> <li>○ Yes ○ No</li> <li>5. Chest Pain, Shortness of Breath, Palpitation, Swelling of Ankles, Heart Murmur, Heart Disease,</li> <li>High and Low Blood Pressure</li> </ul>   |  |  |  |  |  |
| ○ Yes ○ No 6.  | ○ Yes ○ No 6. Reaction to Bee Stings   |  |  |  |  |
| ○ Yes ○ No 7.  | 7. Sensitivities/Allergies to: Horse Serum (Tetanus Antitoxin), Sulfa, Penicillin, or any other drug             |  |  |  |  |
| ○ Yes ○ No 8.  | Yes O No 8. Symptoms relating to the Gastro Intestinal Tract (ie: Diarrhea, recurring abdominal pain,            |  |  |  |  |
| passing of blood, ulcer of stomach or duodenum)  |  |  |  |  |  |
|  | 9. Severe Menstrual Cramps or Menstrual problems, Currently Pregnant   |  |  |  |  |
| <ul> <li>✓ Yes</li> <li>✓ No</li> <li>10. Albumin, Sugar or blood in urine; Kidney Stone, Frequency in Urinating, Bed Wetting,</li> <li>or other Urinary Difficulties</li> </ul> |  |  |  |  |  |
| ○ Yes ○ No 1   | ·  |  |  |  |  |
| ○ Yes ○ No 12  |  |  |  |  |  |
| ○ Yes ○ No 13. History of Diabetes, Thyroid Imbalance, Hypoglycemia  |  |  |  |  |  |
|  |  |  |  |  |  |
| ○ Yes ○ No 1   | Yes O No 15. Special Dietary Restrictions, ie: Diabetic, Low Cholesterol, Vegetarian, etc.                       |  |  |  |  |

| Give details to all of the questions above to which  | you marked "YES"  |
|--|---|
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|  |   |
|  |   |
|  |   |
| Insurance  |   |
|  | nce for participants. Therefore, it is each participant's |
| responsibility to be covered by his or her own h     |   |
| Does any hospitalization or medical care po          | olicy cover you? ○ Yes ○ No                               |
|  |   |
| If yes, indicate name of insurance company is        | suing policy  |
|  |   |
| Policy or Certificate Number                         |   |
| Folicy of Certificate Number                         |   |
| D4/C   | -41   |
| Parent/Gaurdian or Participant Inform                | nation  |
|  |   |
| Parent/Gaurdian or Participant Name                  | Parent/Gaurdian or Participant Name                       |
|  |   |
| Email Address  | Email Address   |
|  |   |
| Phone  | Phone   |
|  |   |
|  |   |
| <b>Signature</b> (If participant is under 18 years o | of age, parent or guardian MUST sign)                     |
| In the event of an accident or emergency, I          | grant permission for any medical care, operations, and    |
|  | y as deemed by emergency medical personnel and            |
| WOLF staff and directors.                            |   |
|  |   |
|  |   |
|  |   |
| Signature  | Date  |
|  |   |
| Dulat Name   | Relationship  |
| Print Name   |   |



## **Wilderness Outdoor Leadership Foundation**

301 Science Dr. Suite 142 Moorpark, CA 93021 (818) 991-6707

# Participant Agreement, Release, and Acknowledgement of Risk

In consideration of the Wilderness Outdoor Leadership Foundation, Inc. d.b.a. W.O.L.F., their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (herein after collectively referred to as "W.O.L.F"), I hereby agree to release and discharge W.O.L.F., on behalf of myself, my children, my parents, my heirs, assigns, personal representatives and estate, as follows:

- 1. I acknowledge that my participation in outdoor adventure-based activities such as, but not limited to team initiatives, challenge course, trust falls, hiking, camping, and swimming entails known and unanticipated risks which could result in physical or emotional injury, paralysis, death or damage to myself, to property, or to third parties, but that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.
- I expressly agree and promise to accept and assume all reasonable risks existing in this activity.
   My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
- 3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless W.O.L.F. from any and all claims, demands or causes of action, which are in any way connected with my participation in this activity or my use of W.O.L.F.'s equipment or facilities, including any such claims which allege negligent acts or omissions of W.O.L.F, but excluding gross negligence, intentional malfeasance or nonfeasance, or acts of malice.
- 4. Should W.O.L.F. or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs if an action is commenced and W.O.L.F. is determined by the court to be the prevailing party.
- I certify that I have adequate insurance to cover any injury or damage I may suffer while participating, or else I agree to bear the costs of such injury or damage to myself. I further certify that I know of no medical or physical conditions that would interfere with my safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such conditions.
- 6. The parties agree to submit to binding arbitration any dispute regarding the terms or interpretation of this agreement.
- 7. The laws of the state of California will govern the resolution of any conflict regarding this agreement.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms. I understand that photos and video taken during the program may be used for promotion and advertising.

| Signature of Participant             | School/Organiza  | tion                                    |
|--------------------------------------|--|---|
|                                      |  |   |
| Print Name                           |  | Date                                    |
|                                      |  |   |
| Address                              |  |   |
|                                      |  |   |
| City                                 | State  | Zip                                     |
|                                      | Parent's or Guardian's Additional Indemnification (Must be completed for participants under the age of 18) |   |
| In consideration of                  |  | ng permitted by W.O.L.F. to participate |
| claims which are brought by, or on b | uipment and facilities. I further agree to the terms of paragraphehalf of, Minor.                          | iph 3 above with respect to any and all |
|                                      |  |   |
| Parent/Gaurdian Signature            | Print Name   | Date                                    |