

TICHY RACING SUMMER 2015

CHECK LIST

4 Weeks prior to arrival at CAMP

- ✓ Registration Confirmation
- ✓ Online Registration form submitted
- ✓ Airplane ticket(s) and/or travel plan to PDX or Government Camp. Check your dates and travel times with our web site
- ✓ Identification for travel such as drivers license, passport, birth certificate, etc.
- ✓ Medical insurance and identification card
- ✓ Mail remainder of balance for Camp(s) to
 - PO Box 357, Gov't Camp, OR. 97028
- ✓ Scan & Email Timberline & Tichy Racing Release and Tichy Racing Info forms to:
info@tichyracing.com
- ✓ Check for any missing or lost ski equipment (helmet, skis, poles, boots, pants, gloves, goggles, socks, suit, etc.)
- ✓ Participate in any physical activity at least 30 minutes each day (6 days a week)

2 Weeks prior to arrival at CAMP

- ✓ Check over your ski boots and boot buckles.
- ✓ Tune your Slalom and Giant Slalom skis and coat with travel wax (soft wax)
- ✓ Check your ski poles for bends and make sure that your SL pole guards are OK. Make sure to have SL guards on your SL poles
- ✓ Participate in any physical activity at least 1 hour each day (6 days a week)

1 Week prior to arrival at CAMP

- ✓ Pack all of your ski equipment in one large ski bag: Slalom skis, Giant Slalom skis, & poles. Make sure all skis have at least 2 (two) ski straps EACH. You can use your ski pants as padding to fill space
- ✓ Other things you can fit in your ski bag are:
 - SL shin guards, winter gloves (two pairs if possible), tuning file, file guide, scraper and some wax. We will have a bench, wises and an iron available for use
- ✓ Participate in any physical activity at least 90 minutes a day (5 days a week)

2 Days prior to arrival at CAMP

- ✓ Start packing only ONE large bag with all of your clothing and other ski gear. Try to fit all you will need for 7 days in ONE bag. Don't forget to pack the following:
 - Helmet (to use in SL & GS)
 - Goggles (2 pairs each preferably)
 - Ski socks
 - Sport socks & house socks

- Warm-up pants
- Training shorts (ski shorts) if possible
- DH/GS/SL suit (only need one)
- Spring ski jacket (water proof)
- Stealth top / padded top
- Sunscreen (S.P.F. 30+)
- Sunglasses
- Alarm clock / cell with alarm
- Shampoo
- Towels (two or more so that you can use them for the duration of your stay) are not provided
- Summer clothes & shoes
- Summer dryland gear & shoes
- Bathing suit and/or swim shorts

1 Day prior to arrival at CAMP

- ✓ Pack your back pack with your travel essentials:
 - Toothbrush & toothpaste
 - iPod, magazine and/or book
 - Your identification and wallet
 - Cell phone
 - Airline ticket or travel itinerary
 - Anything else you may not have fit
 - Tie your ski boots to your backpack and carry them with you onto the plane. (do NOT check boots unless totally necessary)

Upon your arrival at PDX

- ✓ Call or text one or all three of the following mobile numbers, in order
 - (503) 704-0002 [Martin]
 - (503) 704-7707 [Milos]
- ✓ Proceed to your baggage pick up area and wait for us to greet you there. Other racers and staff will be at PDX already
- ✓ If you are traveling as a UM, wait at the gate and be sure to call one of the above numbers with your gate location
- ✓ If you are having trouble finding anyone or are lost or unsure, CALL IMMEDIATELY
- ✓ We will transport you from PDX to Government Camp as soon as we have everyone that is arriving that day

Additional things you will need at CAMP

- ✓ Some spending money (about \$50-\$150)

Things you will NOT need

- ❖ Mountain Bike
- ❖ Rollerblades
- ❖ Twin Tips
- ❖ Wax iron or wises
- ❖ Pillow or sleeping bag

TICHY RACING CAMPS PERSONAL INFORMATION 2015

Please provide as much information as possible for us to get to know you better. This information will be confidential.

Racers name DOB (mm/dd/yyyy) M/F

 Camp attending Camp date(s)

 Arriving by (car-plane-bus-train-etc.) Airline & Flight #

 Arriving ON (date) Time Flight #

 Departing BY (date) Time Flight #

 Traveling with other racers (name) **YES or NO**
 Traveling as U.M. (traveling with escort)

 Physical conditioning limitation(s)

 Medical condition(s) Operation(s)

 Allergies

 Roommate(s) preference, please list in order

 Home Club Coach(es)

 Highest level of racing and best results to date

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Credit Card # (Visa / MasterCard only) Expiration Date
 NOTE: There will be a 3% surcharge to your camp, only IF paying your full balance credit card

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Billing House Number Billing ZIP (postal) code Security Code

Participants name **Age**

Participants' signature **Date**

Parent/Guardian signature **Date**

RELEASE and MEDICAL INFORMATION FOR TICHY RACING, INC.

Participants must be covered by their own insurance. Medical conditions must be reported to the organizer prior to participation. Tichy Racing, Inc. does not offer and/or provide medical insurance covering sickness or injury of any nature for the full duration or part of. The participant will release RLK and Company, Timberline Lodge, Tichy Racing, Inc., and their Employees, Volunteers, Officers, Owners, Agents, Landowners where applicable, along with their affiliated Companies, their Employees and/or Volunteers and their successors, and assigns from any and all claims, demands and causes of action whatsoever (including cost and attorney fees) in any way growing out of or resulting from participation in any activities associated with, but not limited to activities with Tichy Racing, Inc. or any activities in the state of Oregon. Any and all claims must be made in the city of Portland, Oregon. This waiver and those for Timberline Resort, Mt. Hood, Oregon have to be signed prior to participation of any kind, if however they are not, the participant acknowledges that participation is totally at his/her risk. Skiing is a dangerous sport/activity; we can not and will not be held accountable for risks and damages.

_____	_____
Racers name	Age (at camp start date)
_____	_____
Ski racing ability	USSA/FIS points (if any)

Physical condition	

Parents name(s) (if under 18)	

Address	

Town	State ZIP
_____	_____
Home phone	Work Phone
_____	_____
Mobile phone	Fax line
_____	_____
Allergies (please list)	

Medical condition(s)	

Emergency contact person	Relation
_____	_____
Medical Policy Company	

Medical policy number	Contact person
_____	_____

I DO HEREBY RELEASE TICHY RACING, INC AND ITS ASSOCIATES AND PARTNERS (RLK AND COMPANY, TIMBERLINE, THEIR OFFICERS, DIRECTORS, EMPLOYEES, VOLUNTEERS, AGENTS, SUCCESSORS AND ASSIGNS) FROM ANY AND ALL CLAIMS AND LIABILITIES. IF THE PARTICIPANTS IS UNDER 18 YEARS OF AGE THE UNDERSIGNED PARENTS AND/OR GUARDIANS DO HEREBY AGREE TO INDEMNIFY AND HOLD HARMLESS TICHY RACING, INC. AND ITS ASSOCIATES AND PARTNERS (RLK AND COMPANY, TIMBERLINE, THEIR OFFICERS, DIRECTORS, EMPLOYEES, AGENTS, SUCCESSORS AND ASSIGNS) FROM ANY AND ALL CLAIMS AND LIABILITIES ARISING OUT OF OR IN CONNECTION WITH THE PARTICIPATION IN THE TICHY RACING PROGRAM AND USE OF ANY EQUIPMENT, FACILITIES OR SERVICES AT ANY SKI RESORT BY THE MINOR CHILD.

I _____ have read and understood all of the details and limitations of participation for myself and/or of my child (under age 18). I have filled out all medical information truthfully and honestly using my best knowledge and good will. The use of a helmet is mandatory during any and ALL skiing activity and can only aid in reducing injury in some cases but not avoid an accident. It is understood that all information contained on this disclaimer is confidential and will not be used or disclosed unless requested and/or in case of medical emergency.

_____	_____
Participants name	Age
_____	_____
Participants signature	Date
_____	_____
Parent/Guardian signature	Date
_____	_____

TIMBERLINE LODGE & SKI AREA
AGREEMENT OF RELEASE AND INDEMNITY

GROUP/EVENT/CAMP/SHOP NAME: **TICHY RACING SUMMER CAMPS & CLINICS 2015**

NAME OF PARTICIPANT: _____ AGE: _____ PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PLEASE READ CAREFULLY! THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN RIGHTS.

The purchaser, holder, and/or user of this pass ("Participant") understands that skiing, snowboarding, and any other sports, events, competitions, or activities, including any transportation related thereto ("Sports Activities") are hazardous and that injuries are common. Participant accepts and assumes the risks associated with Sports Activities, including, but not limited to, changing weather conditions, variations and steepness in terrain, terrain features and parks, snow or ice conditions, surface or subsurface conditions, bare spots, creeks and gullies, forest growth, rocks, stumps, the use of lifts, collisions with natural or man-made objects or other persons, avalanches, equipment failure, no or delayed first aid or rescue, grooming and snowmobile equipment, lift towers and other structures and their components, falling, loss of control, and exceeding one's ability. Participant freely and expressly ASSUMES ANY AND ALL RISK OF INJURY, DEATH, AND PROPERTY DAMAGE ASSOCIATED WITH SPORTS ACTIVITIES.

In consideration for lift access, participation in Sports Activities, and the use of any other area facilities, premises, or equipment, Participant hereby agrees to release, hold harmless, and indemnify R.L.K. and Company, dba Timberline Ski Area, and its members, directors, officers, employees, affiliates, contractors, volunteers, organizers, sponsors, and agents (collectively referred to as "Timberline") from any and all claims by me or on my behalf for ordinary negligence against Timberline arising directly or indirectly out of any Sports Activities and/or the use of any area facilities, premises, or equipment. Participant also agrees to indemnify (including costs and attorney fees) Timberline for any claim brought on behalf of any minor.

Participant understands that, instead of entering into this Agreement, Participant may purchase a season pass at a higher price or purchase a day ticket. Participant also understands that, instead of entering into this Agreement, Participant is free to participate in Sports Activities at Timberline without using any ski area lifts or other uphill conveyances, subject to any applicable rules of use.

Participant agrees to abide by Your Responsibility Code, ORS 30.970, et. seq., and any rules, regulations, directions, signage, warnings, and/or orders of Timberline. Participant understands that Timberline may, among other things, revoke any Sports Activities privileges, if Participant fails to do so.

Venue for any legal proceeding arising out of this Agreement and/or Sports Activities shall be Clackamas County, Oregon. This Agreement is governed by Oregon law.

Participant hereby irrevocably grants to Timberline the right to use his/her name, image or voice ("Image") in any educational, promotional, advertising, or other purpose on behalf of Timberline. Participant agree that all intellectual property rights to his/her Image belong to Timberline and waives any right to approve, inspect and/or receive royalties or other benefits from the use of his/her Image.

I have carefully read and understand this Agreement and all of its terms. I understand that this is a release. I enter into this Agreement voluntarily and understand that it is binding upon me and my heirs and representatives.

PARTICIPANT'S NAME: _____
(Please print)

PARTICIPANT'S SIGNATURE: _____ DATE: _____

PARENT OR GUARDIAN OF PARTICIPANT (must be signed by parent or legal guardian if Participant is under eighteen (18) years of age.)
AS PARENT OR GUARDIAN OF THE NAMED PARTICIPANT, I HEREBY AGREE TO THE INDEMNITY PROVISIONS REFERRED
TO ABOVE AND I WILL BE RESPONSIBLE FOR THE PAYMENT OF ANY MEDICAL EXPENSES INCURRED BY THIS MINOR.

PARENT OR GUARDIAN NAME: _____
(Please Print)

EMERGENCY CONTACT PHONE #: _____

PARENT OR GUARDIAN SIGNATURE: _____

Travel by car to and from Government Camp

<http://www.tichyracing.com/travel/>

Parking: on main loop north side of road in front of 89311 E. Government Camp Loop

Check-in contact: upon check-in contact (503) 272-3135 or (503) 272-3136 when in Government Camp

- Wednesday arrival in Gov't Camp between 2:30 PM - 6:00 (camps)
- Thursday arrival in Gov't Camp between 3:30 PM - 7:00 (clinics)
- Monday departure from Gov't Camp after 2:00 PM (clinics)
- Tuesday departure from Gov't Camp before 10:00 AM (clinics)
- Wednesday departure from Gov't Camp before 10:00 AM (camps)

