



Home-Safe-Home Volunteers Wanted!

Knowledgeable “handy” persons are always needed to help provide Home-Safe-Home services. Volunteering to help make someone’s home safer is a great way to put a lifetime of skills and expertise to use!

Call Lifespan at 244-8400, ext 153, for more information about this volunteer opportunity, to schedule a presentation or to inquire about a Home-Safe-Home visit to your home!

Home-Safe-Home is funded by your donations and fees and by the Monroe County Community Development Administration through a grant from the U.S. Department of Housing and Urban Development, and by a City of Rochester Community Development Block Grant.

Se habla Español.



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(585) 244-8400 ■ www.lifespan-roch.org

Home Safe Home



Lifespan’s Home-Safe-Home is a service that targets fall prevention in the home.



Why is fall prevention so important?

Every year, about 35% of adults 75 or older fall, and 60% of these falls occur in the home. Falls can result in major health or life threatening problems. About half of older adults who are hospitalized with a hip fracture are unable to return home or live independently again.

Experts believe that minor home modifications, along with strength and balance exercises, can dramatically reduce the incidence of falls.

*Dear Lifespan,
I am still in awe of all the safety features you and your wonderful volunteers installed for me. It only took the three of you one hour to make my home safer than it was. You have my extended gratitude.*

*Sincerely,
Dorothy*

What do we do?

- An in-home safety assessment that identifies slip and fall hazards, inadequate lighting, and other problems.
- The actual minor home safety modifications and repairs that can prevent falls. We install shower grab bars, shower seats, raised toilet seats, lighting fixtures and stairway railings. We also install smoke and CO2 detectors.



*Dear Lifespan,
I am writing to say how much I appreciate what you and the other workers did for my Dad today. It is a godsend. I can't even begin to convey how wonderful this is! Thank you again from me and my siblings and if there is any way in which I can be of help to you in advocating your service, please do not hesitate to call on me.*

*Sincerely,
Barbara*

Lifespan's Home-Safe-Home service is donation-based for older adults who meet income guidelines. Materials (grab bars etc.) are provided free-of-charge. Older adults whose income is above the income limit will be charged a labor rate and for the actual cost of materials.

We also provide Group Home Safety Presentations

Call us to schedule a no-charge Home-Safe-Home presentation for your group. We will give you practical safety tips and precautions aimed at fall prevention.

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