

Take advantage of pre-tax savings by participating in Health Savings Accounts (HSAs) and save on out-of-pocket healthcare expenses. With a Health Savings Account, you can pay for eligible expenses such as doctor's office co-pays, prescription drugs, eyeglasses, over-the-counter supplies, expenses applied to the deductible of your health insurance and much more with your pre-tax income.

Expenses for your spouse or tax-dependent child(ren) are eligible, even if they are not covered on your health plan.

### Common Health Savings Account Uses

- Doctor Visits
- Copayments, Coinsurance, and Deductible Expenses
- Glasses, Contact Lenses, Contact Lens Cleaner
- Dental Expenses (excluding cosmetic)
- Prescriptions
- Orthodontia
- Mileage for Medical Services
- Drug or Substance Abuse Treatments
- Acupuncture
- Arch Supports
- Breast Pumps
- Chiropractor Fees
- Durable Medical Equipment
- Fertility Treatments
- Hearing Aids
- Massage Therapy (if medically necessary)
- Psychiatric Care
- Insurance Premiums for Qualified Long Term Care Insurance (within certain limits)
- COBRA Health Care continuation coverage
- Health Care coverage while an individual is receiving unemployment compensation
- For individuals over age 65, the Employee share of Employer – sponsored Retiree Health Insurance
- Prosthesis
- Bandages
- Blood Pressure Monitor
- Diabetic Supplies
- Cancer Screenings
- CPAP Machines
- Lasik Surgery
- Dentures
- Flu Shots
- Pregnancy Test Kits
- First Aid Kits
- Heat and Ice Packs
- Neck, Wrist, Knee Braces
- Thermometers
- Wheelchairs
- For individuals over age 65, premiums for Medicare (Premiums for Medicare supplemental policies are NOT qualified medical expenses for a Health Savings Account)
- And More! Please check your BPC Employer Specific Website or [www.FSASore.com](http://www.FSASore.com) for more eligible expenses.



Maximize Your Income And Save Tax Dollars  
By Enrolling In A Health Savings Account!

