## Caroline Elder Danda, PhD

Licensed Psychologist, KS LP1208

# Objective:

To provide empirically-supported assessment and treatment, using a cognitive behavioral therapy approach, to children and adolescents and their families. Areas of interest include anxiety, ADHD, behavior disorders, parenting, depression, behavioral pediatrics, functional gastrointestinal disorders, and adherence to health regimens.

# **Experience:**

09/06-07/11 Kansas City Center for Anxiety Treatment, P.A. (KCCAT) Overland Park, KS Staff Psychologist, Volunteer Research Professor KUMC

- Provided comprehensive diagnostic assessment consisting of clinical interview, administration of Anxiety Disorders Interview Schedule (ADIS), and a battery of questionnaires
- Provided family support and adjunct cognitive behavioral therapy (CBT) to address behavior problems, ADHD, depression when occurring co-morbidly with anxiety and CBT with Exposure and Response Prevention (ERP) for anxiety disorders
- Worked with graduate students and interns as part of their practicum

08/02-08/06 University of Kansas Medical Center Kansas City, KS Clinical Assistant Professor/Postdoctoral Fellow in Behavioral Pediatrics (08/02-07/03)

- Provided assessment and treatment for children and adolescents and their families for issues
  pertaining to mental health, behavioral pediatrics, and physical illnesses as well as consultation and
  liaison services to children and adolescents on the inpatient units
- Participated in multidisciplinary abdominal pain clinic, providing therapy to children and adolescents with functional gastrointestinal disorders and pain disorders; conducted research related to pediatric functional gastrointestinal disorders
- Provided didactics to pediatric and psychiatry residents
- Residency Coordinator for Developmental and Behavioral Pediatrics

08/01-07/02 Children's Mercy Hospital

Kansas City, MO

Child Psychology Intern in Developmental and Behavioral Sciences

- Provided consultation and liaison services to children and adolescents on the inpatient units
- Provided assessment, including formal testing, and treatment for children and adolescents and their families for issues pertaining to mental health, behavioral pediatrics, and physical illnesses.

#### **Education:**

1996-2002 University of Florida

Gainesville, FL

Ph.D. Clinical Psychology, emphasis in Child/Pediatric Psychology

- Held positions as Assistant Clinical Director Shands Psychology Clinic, Graduate Clinical Assistant University of Florida-Family Support Service, Graduate Research Assistant Jacksonville Childcare/Family Initiative, Graduate Research Assistant Depression in Rural Primary Care
- Dean's Scholar, College of Health Professions; Certificate of Achievement, APA Division 18, Public Service; Shands Auxiliary Scholarship

1989-1993 University of Missouri

Columbia, MO

B.A. Psychology and French

• Graduated Magna Cum Laude, Phi Beta Kappa, Golden Key Society

#### **Selected Presentations:**

- Danda, C.E. (November, 2011). My Stomach Hurts, But It's Not All In My Head, Is It? Pediatric Pain-Related Functional Gastrointestinal Disorders. Presentation at the Anxiety Disorders Association of America, New Orleans, LA.
- 2. Jacobsen, A., Smith, A.J., Danda, C.E, & Hale, L.R. (November, 2011). The use of Behavioral Strategies to Increase Treatment Adherence and Achieve Optimal Outcomes for Individuals with Anxiety Disorders across the Lifespan. Presentation at the Anxiety Disorders Association of America, New Orleans, LA.
- 3. Danda, C.E. & Parrish, M. (February, 2010). Anxiety and Your Child. Presentation to Mission Valley Middle School Parent Teacher Association. Prairie Village, Kansas.
- 4. Danda, C.E. (November, 2008). Living with Anxiety. Presentation to Shawnee United Methodist Church, Shawnee, Kansas.
- Danda, C.E. (October, 2008). The Basics Of Behavioral Therapy: Understanding Its Principles And Translating Them Into Action. Presentation to Health Care Professionals in Mountain View School District. Mountain View, MO
- 6. Danda, C.E. (2008, 2010). Cognitive Behavioral Therapy. Didactic Presentation to Health Psychology Students. University of Kansas.
- Danda, C.E. (2002-2006, every other year). Behavior Therapy. Didactic Presentation to Psychiatry Residents, University of Kansas Medical Center.
- 8. Danda, C.E. (2002-2010, every other year). Enuresis and Encopresis. Didactic Presentation to Psychiatry Residents, University of Kansas Medical Center.
- 9. Danda, C.E. (2006). Enuresis, Encopresis, and Sleep Problems. Didactic Presentation to Medical Students, University of Kansas Medical Center.
- 10. Danda, C.E. (2004-2006). Anxiety Disorders in Children. Didactic Presentation to Medical Residents, University of Kansas Medical Center.
- 11. Danda, C.E. (February, 2006; February 2007, July 2007). Trauma and Anxiety Disorders in Children. Presentation to KCKS School Nurses. Kansas City, Kansas.
- 12. Danda, C.E. (October, 2005). ADHD: Guidelines for Diagnosis and Management at School and at Home. Presentation to the Pediatric Symposium: Chronic Health Concerns in the School Setting, Overland Park, KS.
- 13. Danda, C.E. (October, 2002). ADHD: Assessment. Community presentation as part of Telemed Fall Education Series. Kansas City, KS.

## **Publications:**

- 1. Schurman, J. V., Danda, C. E., Friesen, C. A., Hyman, P. E. Simon, S. D., & Cocjin, J. T. (2008). Variations in psychological profile among children with recurrent abdominal pain. Journal of Clinical Psychology in Medical Settings, 15, 241-251.
- 2. Schurman, J.V., Friesen, C.A., Danda, C.E., Andre, L., Welchert, E., Lavenbarg, T., Cocjin, J.T. & Hyman, P.E. (2005). Diagnosing functional abdominal pain with the Rome II criteria: Parent, child and clinician agreement. Journal of Pediatric Gastroenterology and Nutrition, 41, 291-295.
- 3. Gertken, J.T., Cocjin, J., Pehlivanov, N., Danda, C.E., Hyman, P.E. (2005). Co-morbidity associated with constipation unresponsive to standard management in children. Journal of Pediatric Gastroenterology and Nutrition, 41, 328-331.
- 4. Hyman, P.E. & Danda, C.E. (2004) Understanding and treating childhood bellyaches: Pediatric functional gastrointestinal disorders. Pediatric Annals.
- 5. Wysocki, T., Harris, MA., Greco, P., Bubb, J., Danda, C.E., Harvey, L.M, McDonell, K., Taylor, A., & White, N.H. (2000). Randomized controlled trial of behavior therapy for families of adolescents with insulin-dependent diabetes mellitus. Journal of Pediatric Psychology, 25(1), 23-33.
- 6. Wysocki, T., Harris, M.A., Greco, P., Harvey, L.M., McDonell, K., Danda, C.E., Bubb, J. and White, N.H. (1999). Behavior therapy for families of adolescents with diabetes: Effects on directly observed family interactions. Behavior Therapy, 30, 507-525.
- 7. Sears, S.F., Danda, C.E., Evans, G.D. (1999). PRIME-MD and rural primary care: Detecting depression in a low-income rural population. Professional Psychology: Research and Practice, 30(4), 357-360.