

Howell Area Parks &
Recreation Authority
925 W Grand River
Howell, MI 48843
517-546-0693

Howell SENIOR Center

September 2014

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Inspire Aging

Seniors - 50 & BEYOND

Howell Area Parks & Recreation Authority

Serving the social, recreational, health and educational needs of adults 50
and beyond in our community



The Howell Melon Festival was a great success! Thanks to all the volunteers and staff who worked so hard to make a wonderful "Community" event possible. It was my first year experiencing the Melon Festival and I have seen how much dedication the staff has put into making this event so successful! I would like to take this opportunity to thank **Caretel** and **Village Manor** for helping to sponsor the senior luncheon. We appreciate all of your support that you provide for the Senior Center and Seniors in the Community.

Its hard to believe summer is almost over !! But we do have some new and exciting things happening at the senior center. We have an antique appraisal show coming up and even if you don't have an item to be appraised...come and watch the process...it's fun and interesting. We also have some new classes starting and trips planned with our bus. We are trying to give you the opportunity to do new things, meet new people, get healthier and have a whole lot of fun!!

In honor of National Senior Center Month, I am asking you all to try one new event this month. Be adventurous and help to support your Senior Center. You will be surprised how easy it is to meet new people and how much fun it can be to challenge yourself to something your haven't done before. Let's make it the best month ever!

The center is closed on Monday, September 1st for Labor Day

Information

Howell Senior Center at the Bennett Recreation Center

925 W Grand River Ave.
Howell, MI 48843
Phone: 517- 545-0219
Fax: 517-546-6018
E-Mail: parksandrec@howellrecreation.org
Senior Center Office Hours of Operation:
Monday through Friday 9am—5pm

Howell Area Parks & Recreation Authority formed in 2006 serves residents in: City of Howell, Oceola Township, Genoa Township and Marion Township.

We are committed to communities coming together to enrich lives by promoting active and healthy lifestyles. Public meetings are held on the third Tuesday of every other month at 7pm. More information at www.howellrecreation.org

Howell Area Parks & Recreation Authority Trustees:

Chairman Todd Smith (Genoa Twp)
Vice-Chairman Sean Dunleavy (Oceola Twp)
Secretary Steve Manor (City of Howell)
Treasurer Paul Wyckoff (Marion Twp)
Mike Peterson (Howell Public Schools)

Programs are made possible with the help of the City of Howell, Oceola Township, Genoa Township, Marion Township and funding from the United Way



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Senior Services Resource Guide



Adult Protective Services

517-546-8668

Area Agency on Aging 1-B

800-852-7795

Dept of Human Services

517-548-0200

Gleaner's Food Bank

517-548-3710

Hospice of Michigan

888-247-5701

Human Services (OLSHA)

517-546-8500

LACASA

866-522-2725

Livingston County

810-229-661 ext 106

Livingston County Catholic Charities

517-545-5944

Livingston County United Way

810-494-3000

Livingston Legal Aid

800-968-0044

Salvation Army

517-546-4750

Senior Aide Program

810-766-1470

Senior Nutrition Program

810-632-2155

Social Security Administration

800-772-1213

St. Joseph Mercy Hospital

517-545-6000

Senior Services

Medical Supplies

Do you need to borrow a walker, cane or other medical equipment? If so, it's easy to do and it's **FREE**. **The OLSHA Loan Closet has medical equipment to borrow. Call 517-546-8500 ext 2701 for information or to set up a time to pick up supplies**

2-1-1 Get Connected. Get Answers.

211 is an information service that is available 24 hours a day, 7 days a week, 365 days a year. The database provides information on more than 7,000 programs and services offered such as senior care services, medical and prescription insurance and many other resources. All you need to do is dial 211.

Food Pantry

We are fortunate to have bread & bakery brought in every week and we are **thankful to the volunteers** who help facilitate delivery and distribution. We distribute the bread and Gleaner food items on **Tuesday 10:30-12:00. And on Wednesday and Thursdays bread and bakery at 9:00. Members have free access to the pantry but non members are charged \$.50.**

Thanks to those who donate the bread and Gleaner food items: **Pepperidge Farm, VG's and Gleaners**

Senior Nutrition Lunch Program

You must call the Nutrition Hotline 24 hours in advance to reserve your lunch at 810-632-2155. You may order lunch to be delivered to your home. The cost is \$3 per meal. Copies of the menu can be picked up at the front desk

Howell Area Fire Department Smoke Alarm Project

Call 517-546-0560 for an Appointment

Howell Area Fire Department want to make sure that the residents of the Howell Area Fire Authority are protected with smoke alarms. If requested the Fire Department will come to your residence to check your smoke alarm. This service is available to residents of Genoa, Howell, Marion, and Oceola Townships and the City of Howell. Call the Howell Fire Department (M-F 8am-4pm) to schedule to have firefighters come to your residence to check your smoke alarm (s). A new battery power smoke alarm (s) or battery (s) will be installed if needed. **FREE**

Blood Pressure Screening

The **first Tuesday of each month** at the Howell Senior Center blood pressure screening are available at **10am**. This service is provided by Julie Downing RN. It is on a first come first serve basis.

Blood Pressure is the force of blood against the artery walls. High blood pressure means the force is too strong.

Over time, high blood pressure can damage the heart, blood vessels, eyes, and other organs.



Senior Center Wish List:

We have compiled a wish list

Old Cell Phones—Gift Cards to Meijer, Wal-Mart, Target, The Dollar Store, and Gas Stations—Canned goods— L.E.T.S. tokens for Seniors—Coffee, Creamer, Sugar, Coffee Cups, Napkins, Paper Plates, Copy Paper, New Greeting Cards, Craft/Art supplies

(If you would like to have a receipt for tax purposes, we would be more than happy to provide one)

We at the Howell Senior Center thank all of you who contribute to the Senior Center!.

Health/Fitness

Senior Stretch & Strength— Drop-In Class!!

Sit and Be fit! Designed to improve your strength and flexibility, this class uses resistance bands, exercise balls, and light weights in a series of exercises designed for all fitness levels. Improve your body from head to toe in our welcoming environment.

Site Bennett Center, 925 Grand River, Howell

Drop In Rate: \$2 member \$3 non-member

Drop in rate

Every Wednesday and Friday from 11:45am to 12:45pm



Chair Yoga for Seniors

The combination of breath work and chair postures are suitable if you have limited mobility. Chair yoga uses a series of carefully crafted yoga postures performed from a supportive chair.

Reduce stress, boost energy levels, increase mobility and improve joint range of motion

Site Bennett Center

Drop in rate : \$4 member/ \$5 non member

Every Friday at 1:00 pm

(no class on 9/19 or 10/16)

(bring a mat and water)



Drums Alive Silver!

This holistic workout is geared for seniors and connects simple and dynamic movements with pulsating rhythm by simple and dynamic movements with pulsating rhythm by drumming on stability balls. Increase your heart rate for a great cardio workout that will strengthen your arms and core.

**Site: Howell Area Aquatic Center,
1224 W. Grand River**

**Cost: \$8 walk-in rate 10:30-11:15
Fridays**

Arthritis Water Exercise

Increase flexibility, reduce joint pain, and participate in group activities in this specially designed arthritis water workout. Water reduces gravity's effects on your body providing a safe, effective, and pain-free exercise session. For your comfort, the water is maintained at 83 degrees year round.

**Site Howell Area Aquatic Center, 1224 W Grand
River**

**Cost: \$8 walk-in rate 11:30-12:20 Monday,
Wednesday and Friday**



Note:

**No Classes on these
up coming dates:**

**October 23, 24 and 25th!
(no line dancing, stretch
& strength, or pickle ball
those days!!)**

**NO line Dance classes on
9/18, 10/16, 12/11**

Health/Fitness

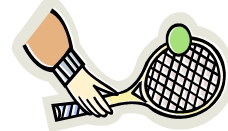
Pickle ball

Pickle ball is a sport described as a “combination of Ping-Pong, tennis & badminton. It’s addictive! It’s fun, and a great workout! **YOU’LL LOVE IT!**

Pickle ball Games are held each Wednesday from 1:00 to 5:00 pm

And Saturdays 10am-1pm Site: Bennett Center

Cost: \$1.00 members/\$2.00 non members



Mix Golf League—Golf for Fun!

Looking for some lighthearted fun each week? This is the league for you! \$50 is the membership fee and this will be used for a banquet and prizes at the end of the season. Must pre-register (can join throughout the season). **Site: Chemung Hills Golf Course, 3125 Golf club Rd in Howell**

Tuesday 9:00am T-time come at 8:30am



Bowling League to Start!!

We will start on Tuesday October 7th at the Howell Bowl-E-Drome! Bowling per week is \$6.00 for three games, shoes are available for free. We begin at 9:30 am and you can join anytime during the season!

The league cost is \$25 (for the banquet and prizes!) Sign up Early at the Bennett Center.

Join us for a great day of fun, meet new people and get some great exercise!!

Tai Chi

The relaxed, slow, graceful, balanced and coordinated movements of Tai Chi can increase the flow of Chi (energy) and reduce anxiety, depression, and chronic pain conditions. Boost your immune system, burn calories, improve balance and provide stress management. Instructor has over 29 years of martial arts experience and over 15 years of teaching Tai Chi

Site Bennett Center, 925 W Grand River

Cost \$2 members \$4 non-members

Monday/Wednesdays 9:30-10:30am

Senior Line Dancing

Come and join us for beginning and advanced line dancing . Our instructor is Christine Stewart who has taught at many senior centers for many years.

Thursdays

10am to 11:30 am

Site : Bennett Center

Cost \$2 drop in fee member

\$3 drop in fee non-member



Walk at Bennett

Our space might be small, but we’ve measured out how many times around the gym it takes to walk a mile (33 laps) and we’re having loads of fun! Walkers who achieve their first 100 miles will be awarded a commemorative t-shirt

Site: Bennett Center 925 W. Grand River

Cost: FREE for Senior Center members - \$1.00 non resident

Tuesday/Thursday 9-10 am



Regularly Scheduled Activities

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|-----------------------------|--|--|--|---|
| 9 AM | Walking Club Coffee Hour | Walking Club Coffee Hour | Walking Club Coffee Hour | Walking Club Coffee Hour | Walking Club Coffee Hour |
| 9:00 | | Cribbage | Sweets w Susanne Bread/bakery Day | Cribbage Bread/bakery Day | |
| 9:30 | Tai Chi | | Tai Chi | | |
| 10:00 | | Blood Pressure Checks 1st Tuesday of each month | | Line Dancing | |
| 10:30 | | Bread Day/ Gleaner food | | | |
| 11:00 | Bingo Social | Young @ Heart 1st & 3rd Tuesday of each month | Crafts w Debra?? | | |
| 11:45 | | | Senior Stretch & Strength | | Senior Stretch & Strength |
| 12:00 | Bingo | | Canasta | Lunch Bunch 3rdThursday of each month | |
| 12:30 | | Pinochle (single deck) | | | |
| 1:00 | | | Pickle ball | Bridge Hot Topics 4th Thursday of each month (time change this month) Medicare and Medicaid Assistance | Yoga Friday Flicks 2nd & 4th Friday of each month |
| 2:00 | | | | | |

Special Activities In September

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|---|--|--|
| <u>1</u> | <u>2</u> 9:00 Golf League (every Tuesday) | <u>3</u> | <u>4</u> 1:00 Spelling Bee Qualifier | <u>5</u> |
| <u>8</u> | <u>9</u> Cathy and Sue's Mystery Trip | <u>10</u> | <u>11</u> 1:00 Antique Road Show 1:00 Medicare/ Medicare Assis- tance by appoint- ment (every Thursday after) | <u>12</u> 9:30 Soaring Eagle 1:00 <i>Friday Flicks</i> |
| <u>15</u> | <u>16</u> Golf Banquet | <u>17</u> | <u>18</u> | <u>19</u> |
| <u>22</u> | <u>23</u> | <u>24</u> 10:00 Detroit Tiger Game 1:00 Spelling Bee | <u>25</u> | <u>26</u> 1:00 <i>Friday Flicks</i> |
| <u>29</u> | <u>30</u> 10:00 Frankenmuth | | | |

WANTED!

Counts, Count!!!

Please remember to sign in at the Bennett center for all events and just for dropping by....those counts will help with the funding that the Howell Senior Center will receive. With limited funding available.....every visit helps!!!

Members are free \$.50 for resident non members and a \$1.00 for non residents.

Happy Birthday And Belated Birthday for those we missed!!

September

Helen Foubare 9/3
Dorothy Tawyea 9/5
Mary Gorman 9/7
Pat Manor 9/7
Linda White 9/7
Donna Losey 9/20
Gabrielle Downs 9/10
Emily Stefaniak 9/13
Phillip Spencer 9/15
Doris Hogan 9/16

Birthdays

Christine Somerville 9/17
Phyllis Lennane 9/21
Deborah Lakins 9/22
John Alstott 9/23
Barbara Kibbey 9/27
Rosemary Hartsig 9/28
Ken Newell 9/28
Connie Ouellette 9/28
Gail Musulin 9/30

Four Seasons Florist has generously agreed to donate a bouquet of flowers to one lucky senior each month to wish them a

“Happy Birthday! “

The winner for September is:

Dorothy Tawyea



REMINDER



Membership is Due!!

The new year for membership begins on July 1st, 2014 and ends on June 30, 2015.

For residents of City of Howell, Oceola, Marion and Genoa townships, the cost is \$20 for the whole year. For non-residents the cost is \$30 for the year. If you are over 90, you qualify for a free membership.

Your membership to the Howell Senior Center will provide you access to a broad spectrum of resources and activities. You will receive the “50 & Beyond monthly newsletter. You will receive a one-time use travel voucher that is good for \$5. off any day trip or \$10 off any extended trip. You have unlimited access to the Senior Center. We have many opportunities for activities and meeting great people here at the center. Some classes are free of charge and some will have a fee attached. There is a form at the Senior Center to fill out to return to our front office with payment. If you have any questions regarding your membership , please call 517-545-0219. You can join anytime during the year!!

With your support as a member, we can build a great Senior Community together!!

Computers/Cards/Games



Computers

We have computers for your use at the Bennett-Howell Senior Center. We also have a program for vision impaired.

Let us know if you would like classes on how to use the computer, internet, email, face book, Pinterest, etc.

We can always use a teacher to help us out and teach a small class if anyone is interested!! Please contact the Senior Center.

The Howell Senior Center

We have games available to play at your leisure: **Scrabble, Up Words, Dominoes, Checkers, Chess, Boggle, puzzles and more!**

Book Club



Are you a reader? Would you like to help start a book club at the Bennett center?? Call the center for more information 517-546-0693

Would you like to share your knowledge with other seniors? If you have a special skill that you would like to share or teach other seniors we invite you to contact the senior center and explore the possibilities!! Perhaps you would like to give a lecture, teach a class, etc.? Give us a call at (517)546-0693

Cards

Cribbage : Tuesdays 9:00 am to 3:00 pm
Thursdays 1:00 pm to 4:00 pm

Bridge: Tuesdays & Fridays 1:00-pm to 4:00pm

Canasta: Wednesdays 12:00 to 4:00 pm

Hand & Foot: Thursdays 2:00 pm to 4:00 pm

Euchre: Thursdays 1:00-pm to 4:00 pm



Friday Flicks 1:00 pm
Every 2nd and 4th Friday at the Bennett Center
Only \$2 per person



September 13th
Last Vegas PG -13 (105minutes)

Four sixty something pals -- Billy, Paddy, Archie and Sam -- gather in Las Vegas to celebrate Billy's upcoming nuptials with the intention of running wild for four straight days. But Sin City has gotten a lot crazier than they could've ever imagined. Cast: Robert De Niro, Morgan Freeman, Michael Douglas, more...

September 27th
American Hustle R (138 minutes)

This fictionalization of the "Abscam" scandal of the early 1980s follows con man Irving Rosenfeld and his lover, Sydney Prosser, as they help an eccentric FBI agent expose corruption among several members of Congress in New Jersey and Pennsylvania. Cast: Christian Bale, Bradley Cooper, Amy Adams, more...

September Special Events

Young @ Heart

September 2nd & 16th are the meeting dates.

Young at heart is a group of active seniors that meet twice a month from **11am-2pm** at the Howell Senior Center. They are always looking for new members, if you want to join just drop by their meeting and talk to an officer. Cost to join is just \$6 per year to cover cost of events and activities

Meeting topics for the Young at Heart are:

September 2nd—Brown bag lunch guest speaker Kristie Etue, Colonel in MI State Police
September 16th—Pot Luck lunch guest Dan Glenn singer and piano player

Line Dancing!

Thursdays (4,11,18,25)

10-11:30 at the Bennett Rec Center

Join in for some boot scooting boogie action! It's a great way to meet new people and have fun and stay healthy. Drop in fee \$2 for resident \$3 non resident.

Spelling Qualifier

Thursday, September 4th

Exercise your brain and put your spelling skills to the test. We are having our annual Senior Spelling Bee Qualifier here at the Howell Senior Center at 1pm. If you are interested sign up in the senior room. From the qualifier we will compose a team of 2 seniors to try and take home the victory at the big spelling bee event held at Village Manor! This is a free event and we will be serving refreshments

Cathy and Sue's Mystery Trip

Tuesday, September 9

Join in the fun for a great day! A boat ride, lunch (on own) shopping and a whole lot of fun! You must pre-register. Cost is \$45 member \$50 non member. Sign up early space is limited!!

Crafts/w Debra

Wednesday, September 10th

Bring your friends and come join Debra Willbanks as she presents another great craft!! Sign up in the senior room. Spaces limited. Starts at 11:00 am.

Antique Road Show

Thursday, September 11th 1-3:30pm

Join in the great event...see what your treasure/family heirlooms are worth. The size of the item to be appraised is limited to what you are able to carry into the center. Limit of 2 items. Cost for an item is \$3,00 or two items for \$5.00 **NO Jewelry. Pay on the day of the show.** Come and watch and join in the fun. Refreshments available...FREE to watch!!

Medicare Information and Assistance

Thursdays, September 11th

Starting September 11th we will have a MMAP Counselor to help with Medicare/Medicaid. This will be done by appointment sign up sheets in the senior room. Bob Richards will be here to assist us every Thursday starting at 1pm with one hour appointments.

Soaring Eagle Trip

Friday, September 12th

Includes transportation, 5 hours of gaming and \$15 in casino incentives (10 slots, 5 food) The cost is \$33 payable to Escapades. Depart from VG's parking lot at 9:30am and return approximately 6:30pm

Lunch Bunch!

Thursday, Sept 18th Noon

Join us for our lunch group this month at noon, we will be going to George's Coney. They have a great luncheon menu, so bring your friends and let's explore this wonderful restaurant. Sign up in the Senior Room at the Howell Senior Center.

Pt Edwards Casino

Tuesday, September 23rd

Join us for a great trip to Charity Casino in Point Edward, Ontario, near the Blue Water Bridge. **Passport or Enhanced Drivers License required.** Casino incentives are \$20 slots
Cost is TBD payable to Escapades

Spelling Bee

Wednesday, September 24 1:00 pm

Time for our qualifying Spell Off at the center. We will have a mock spelling bee to pick out 2 spellers to represent the Howell Senior Center. If you are interested sign up in the senior room. The Spelling Bee will be held at Village Manor on Sept 24th at noon.

September and Up Coming Events

Detroit Tigers at Comerica Park Wednesday, September 24th vs. Athletics



Come watch the Tigers! Senior day tickets are very limited this year, so you **MUST** sign up at the Bennett Center. Sign up early -don't miss out!! Price for above game is \$63 includes transportation, soft drink, pizza or a hot dog. Bus leaves from Howell VG'S lot at 10:00am and returns at approx. 6:00

Hot topics

Thursday, September 25th

Presented by Dave Pike Come and join us and learn about self defense for seniors. This is a must for you and others. Dave owns the Personal Defense Connection, a self defense education and training company. Dave has worked as a defensive tactics and firearms trainer for the Michigan Department of Corrections for over 28 years and is currently an adjunct instructor at Baker college's criminal justice program. He has trained thousands of prison, parole and probation staff in several defensive tactics and physical skill. PDC connects these personal attributes to increase student's confidence and ability no matter what age you are to prepare for, perceive, and act to avoid danger and to defend yourself and others when confronted with real personal violence. Sign up in the Senior Room at the Howell Senior Center for 1:00 pm. It's FREE! (time change this month!!)

Lunch/Shopping in Frankenmuth Tuesday, September 30th

Join us for a fun-filled day in Frankenmuth. Check out the great stores like Bronner's, etc. Lunch will be on your own. We will depart from VG's parking lot at 10:00 am and return approximately 4:00 pm The cost is \$25 member \$30 Non-member Must pre-register at the Howell Senior Center

Senior Bowling League Tuesday, October 7, 2014

Come and join our Adult bowling league! Its just for fun. Bowling is \$6.00 for 3 games shoes are available for free. League cost is \$25 to join, which will be used for the banquet and prizes. Meet new people and get some great exercise! We start on October 7th at Howell Bowl-E-Drome on Grand River. You must pre-register at the Bennett Center.

Spicer's Cider Mill Wednesday, October 8, 2014

Everyone enjoys the cider mill in the fall! Once we are there we will have a hay ride, pick some apples, pick out a pumpkin and finally enjoy some cider and the "best" donuts in town. We will leave VG's parking lot at 10:30 and return approximately by 2L00 pm The cost is only \$18. Pre-registration is required. Limited seating so sign up early!!

Flu Shot Clinic

Thursday, October 9, 2014

The local Rite Aid Pharmacy will be providing Flu Shots this year. The clinic will be held at the Howell Senior Center, 925 W Grand River on Thursday, October 9th from 1 to 3 pm.



You will also be able to receive a Pneumonia shot if needed. Medicare and Medicaid will be billed for those who qualify. Those who do qualify must bring Medicare/Medicaid Part B & D card, picture ID with current address. Others will need to pay by cash or check. Flu shots cost \$25-30 Pneumonia without insurance cost \$109 . It will be on a first come first serve basis.

Menopause the Musical

We scheduled two trips to Menopause the Musical...You are guaranteed a good laugh...come and join in the fun!! Sign up early limited seating! You must pre-register.

Wednesday, October 15,2014

We will leave VG's parking lot at 4:30 pm , have dinner at Fishbones (on your own) and return approximately 10:30pm The cost is \$65

Thursday, October 16, 2014

We will leave VG's parking lot at 10:30 am have lunch at Fishbones (on your own) and return approximately 5:00pm. The cost is only \$60

CHECK OUT FLYERS IN THE SENIOR ROOM!!

Travel for Adults of Any Age

Day Trips

Cathy & Sue's Mystery Trip, Tuesday, Sept.9, 2014

Join in the fun...we will be, shopping, cruising, and enjoying the day. Lunch on own. Cost is \$45 member \$50 non member. Must Pre-register at the Howell Senior Center

Soaring Eagle Casino , September 12, 2014

Casino Incentive \$10 slot, \$5 food Pick up at VG's parking lot at 9:30. Price is \$33 Escapades

Historic Jackson Prison, Armory Arts Village, St Demetrius Church (Windows of Heaven), Monday, September 15, 2014

Gritty Jackson Prison tour & Exquisite St Demetrius Orthodox Church plus Sandhill Vineyard and Caf  Price is \$118 pp register by 9/8/14 Escapades

Fire Keepers, September 15,2014

Trip includes transportation, tour guide, snack and 5 hours of gaming, \$5 food and \$20 players card. Pick up from VG'S parking lot 2400 W Grand River, Howell. Price \$40

Pt Edward Casino, Tuesday, September, 23, 2014

Near Blue Water Bridge passport/enhanced Drivers License required. Pick up VG's parking lot Incentive \$20 players card. Price TBD Escapades

Detroit Tigers Comerica Park, Wednesday, September 24, 2014 vs. the Athletics. Price for above games is \$63 includes transportation, soft drink, pizza or a hot dog. Bus leaves from Howell VG'S lot at 10:00am and returns at approx. 6:00 pm.

Frankenmuth, Tuesday, September 30, 2014

A day of shopping and lunch on your own. Pick up VG's parking lot. Depart 10am Price is \$25

Annie, the Musical, Thursday, October 2, 2014

Annie is a big-time Broadway musical complete with lavish sets, striking choreography and terrific performances. Set in New York City around Christmas 1933, Fictional characters like Annie and Warbucks mix with real life figures like President Franklin Delano Roosevelt. Lunch at Traffic Jam and Snug cost is 98 Escapades

Johnny Cash—Ring of Fire, Oct 4, 2014—

Turkeyville, for one of a kind dinner theatre experience.. You can shop at the "general store" and enjoy the farm setting, then we will head into the dinner theatre for a Turkey dinner and enjoy Ring of Fire performance. Escapades \$76.

Spicer's Cider Mill, Wednesday, October 8, 2104

Join in for a fun day, hayride, apple picking, pumpkin getting and best of all cider and donuts! Price is \$18

Menopause the Musical, 2 dates Wednesday, Oct 15 and Thursday, Oct 16, 2014

Join in for a hilarious show which will have you laughing the whole time!! The Oct.15th show we will leave at 4:30 from VG's parking lot The cost is \$65 member \$70 non member. Dinner at Fishbones on your own. Oct 16th Leave VG's at 10:30am lunch at Fishbone on own. Cost is \$60 member \$65 non member.

Beautiful Autumn in Midland, Friday, October 17, 2014

Guided tour of Alden B Down Home , a masterfully woven structure with nature an ultimate living environment. Plus the Dow garden Price \$73 Escapades by 9/11/2014

Fire keepers Casino, Tuesday, October 21, 2014

Casino Incentive \$20 slots, \$5 food Pick up at VG's parking lot at 9:30 Price \$32 Escapades

Clara's in Lansing, Tuesday, October 28, 2014

Join us for a great luncheon at Clara's which was an old Michigan Central Railroad Depot built in 1903. The building has been renovated and refurbished to restore the ambiance of the times when the station was a bustling hub. We leave VG's parking lot at 10:30 . Lunch will be on your own. The cost is \$15 member and \$20 non-member. Limited seating –you must pre-register

Motown the Musical, Thursday, October 30, 2013

Broadways musical is the true American dream story of Motown found Berry Gordy's journey at the Fisher Theatre and lunch at Sinbad's Restaurant before show Price is \$119pp Red Carpet

Murder Mystery, Friday October 31, 2014

Ghouls, Ghosts and Mayhem Cromwell's Turkeyville Dinner Theater-a comedy mystery stage show, full turkey dinner Price \$76 Escapades deadline 10/10/14

6th Annual Wine, Women & Shopping, Saturday, November 8, 2014

Annual small town holiday shopping Day downtown Chelsea, great bargains, wine and refreshments at every turn. Super deals and sales galore. Great time to Christmas shop Price TBD Escapades

Fire keepers Casino, Wednesday, November 12, 2014

Trip includes transportation, tour guide, snack and 5 hours of gaming, \$5 food and \$20 players card. Pick up from VG'S parking lot at 8:45 am. Howell. Price \$32 Escapades

Travel For Adults Of Any Age

12 Oaks Mall Holiday Shopping, Thursday, Nov.13th

Enjoy a day of shopping at 12 Oaks Mall with wonderful places to have lunch on your own. Leave VG's at 10 am and will stop at Charmin Charlies in Novi for more fun shopping. Cost is \$20.

Cornwell's Christmas Carol, Saturday, Nov 22, 2014

Christmas Story with a Funny Twist, Turkeyville Dinner Theatre TBD Escapades

Celtic Thunder, Tuesday, November 25, 2014

Irish singing group and stage show downtown Fox Theatre, featuring holiday favorites. Enjoy a dinner at Anima's on the Riverfront before this must see performance!

Price is \$114 per person Red Carpet Travel

Firekeepers Casino, December 3, 2014

Trip includes transportation, tour guide, snack and 5 hours of gaming, \$5 food and \$20 players card. Pick up from VG'S parking lot at 8:45 am. in Howell. Price \$32 Escapades

Holiday Walk at Meadow Brook Hall, Thursday, December 11, 2014

A wonderful tradition the Holiday Walk at Meadow Brook Hall. The estate will be dressed in the finest holiday décor, each room embracing it's own tradition and theme. We will be picked up at 9:30am fro VG's parking lot and return approx.4:00 pm Price is \$79 Red Carpet Travel.

A Sister's Christmas Catechism, Sunday, December 14th, 2014

It's "CSI : Bethlehem" in this holiday mystery extravaganza, as Sister takes on the mystery that has intrigued historians throughout the ages –whatever happed to the Magi's gold? Retelling the story of the nativity, as only Sister can, this hilarious holiday production is bound to become a yearly classic. Depart from Howell VG's 11 am lunch at Polonia in Hamtramck Cost is only \$109

Escapades Travel:

Please make checks payable to Escapades Travel for all their trips. You can contact them by calling 248-926-0783 or by email: micki@escapadestravel.net

NOTE:

All casino trips will be handled by Escapades starting after September 15th

Overnight Trips

New York City September 2-8, 2014

Site-seeing in the Big Apple! Broadway, Ground Zero, etc Double \$1,549. Single \$ 2,449. Ed & Teds Adventures

Jack Hanna at Columbus Zoo September 18-20, 2014

Have lunch with Jack Hanna and tour Ohio History Center. Double \$499 Single \$649 Ed & Teds Adventures

Hudson River Valley, September 22-27, 2014

The valley extends 150 miles and is home to some most visited sites. Historic, estates, wine trails, shopping, adventures and much more
Doubles \$1279 Single \$1779
Escapades

Two Days, Two Casinos, Odawa in Petoskey & Soaring Eagle in Mt. Pleasant, Monday, October 6-7, 2014

Lodging Odawa Casino Hotel , incentives each day \$25 slots, \$5 food (2time) Soaring Eagle Casino \$10 slots, \$5 food Price \$143 double \$182 Single Escapades

Centennial Festival of Riverboats, October 12-16,2014

Cruise the mighty Ohio River . Nine historic riverboats – festival of food, bourbon, and music
Double \$1799 Single \$2579 Ed & Teds

New Orleans & Cajun Country, October 18-16, 2014

Cajun adventure to New Orleans. Swamp tour, Mansions, Graceland and more
Double \$1799 \$2579 Single Escapades

Mackinac Island/Grand Hotel, Oct 20-13, 2014

Mackinac Island stay at Grand Hotel. Island tour, breakfasts dinners, nightly dancing tea and cookies and much more
Double \$735 Single \$952

Christmas at the Greenbrier, November 20-23, 2014

Christmas at one of the finest luxury resorts in the world. Plus Ogle bay Festival of lights, Wheeling WV.
Double \$999 Escapades



NOTE: For more trip information on trips.. Flyers are available at the senior center with complete details of each trip.

Overnight Travel for Adults Any Age!

Smoky Mountain Christmas, December 1- 5, 2014

Plus Dollywood & Biltmore Estates, tours and attractions

Double \$899 Escapades

Branson Christmas, December 1, 2014

Drury Plaza Hotel, 6 great shows, Double \$929

Ed & Teds Excellent Adventures

Overnight Holiday Trip to Chicago, Wed. Dec.3-4,2014

19th annual Christkindlmarket Chicago, Daley Plaza A traditional German American Market. Lodging in New Buffalo Options, four winds Casino (\$25 incentive) or Light House Premium Mall Price TBD Escapades

Florida Vacation, January 24-February 4, 2015

Stay at Outrigger Beach Resort-Fort Meyers with many tours and optional tours Double \$1,999.00 Escapades

Florida Gulf Coast Vacation, February 19-March 5, 2015

St. Pete Beach area, Dolphin Beach Resort, watch Detroit Tigers play , lunch at Ft DeSoto, Hard Rock Casino in Tampa and more

Double \$1,799. Ed & Teds Excellent Acventures

Arizona Valley of the Sun , February 21-27, 2015

Visit Sedona and Tucson, sightseeing tours, San Xavier Mission, Pima Air and Space Museum, Kartchner Cavers, Sabino Canyon Trolley Tour, Pinnacle Peak & Trail Dust town, Casa Grande Ruins National Monument, Biosphere 2, Verde Canyon Rail Journey, Sedona Trolley and more

Double \$2,149.Single \$2,709. Escapades

Natural Wonders of Costa Rica, March 7-15, 2015

Local guide throughout Costa Rica, Banana Plantation, cruise Tortuguero National Park, Rainforest guided walk, Corsicana Pineapple Farm, Ecotermales Hot Springs, Arenal Volcano, Sky walk hanging Bridges, more

St. Patrick's Day Parade in Savannah, Ga, March 15-23, 2015

We reserved seating for the nation's 2nd largest St. Patrick's Day parade in Savannah, GA. , it's a spectacle to behold. This trip also includes best of Charleston and Myrtle Beach \$1,649.. Double final payment 2/10/15 Ed & Ted's Excellent Adventures

Double \$2999 Single \$3,499 Shoreline

Travel Information

Travelers are responsible to finding their own roommates

To avoid disappointment, make reservations early

All trips are on a first come first serve basis

Please note deadline dates and be sure to sign up by that date. After deadline you must call to see if we still have openings available .

All day and short overnight trips require full payment at time of registration.

Some extended trips require designated deposits at the time of registration.

Some trips will not be refunded unless a replacement is found. Replacements are not solicited by the office until after the trip is full. Finding your own replacement is always encouraged. If a replacement is found, your money will gladly be refunded.

Non-members must pay an additional \$5 for day trips.

Flyers are available at the senior center with complete details of each trip.

Notices, Sponsors, Advertisers

Reach the Audience You're Looking For!!

Thank you to the local area businesses that help support the Senior Center by sponsoring events and advertising in our centers newsletter. If you know of a person or business that might want to advertise in the center newsletter have them call us at 517-546-0693

Cobb-Hall
INSURANCE

We want to thank Cobb-Hall for their generous donation to purchase the bus for the Howell Parks and Recreation. It will get plenty of use between, the youth, teens and the seniors!! We are planning events now with the use of the new bus!! We appreciate your donation!!

**Proceeds to benefit the
Howell Senior Center**

Money \$\$ Maker!

WILL YOU WIN??

Check out this corner for an easy way to win something GREAT!! Every few months we will either be having a silent auction item, raffle, or guessing game.

September-October 50/50 Raffle
Raffle tickets
1/\$1 or 6/\$5
(drawing on Friday Oct 31st)

MARSP

MARSP MEETS ONCE A MONTH STARTING ON THE 3RD THURSDAY OF SEPTEMBER (18TH) THEY WILL MEET THROUGHOUT THE SCHOOL YEAR!

Young @ Heart!

Young at Heart is an active group of seniors that meets twice a month on Tuesdays from 11am-2pm at the Howell Senior Center. They are always looking for seniors who are interested in becoming members.

If you would like to join the Young at Heart group, please drop by any meeting and talk with any of the officers. The cost to join the Young at Heart group is \$6 annually. This fee helps support the events and activities of the group.

This month they meet on Tuesday:

Sept 2nd Brown Bag Lunch/guest:
Kristie Etue Colonel MI State Police

Sept 16th Pot Luck/ Dan Glenn piano player and singer

Join Us For An Exciting New Year!!

Join or Renew Today! Membership 2014-2015

By filling out the form below and paying the annual dues, you will become a member of the Howell Senior Center from July 1, 2014-June 30, 2015. We look forward to serving you!!

Name _____ Birthday ____/____/____

Address _____

City _____ State _____ Zip Code _____

Home Phone () _____ Cell Phone () _____

E-mail address _____

Please check which township you live in:

___ City of Howell ___ Marion Township ___ Other (please list)
___ Oceola Township ___ Genoa Township _____

Choose Your Membership Rate

___ Resident Membership Annual Fee \$20

___ Non-Resident Membership Annual Fee \$30

___ Lifetime Membership Fee \$300

Payment Method

___ Check (Please make payable to the Howell Parks and Recreation

(This is a short form to fill out for membership—see the Center for original form)



Howell Senior Center
Bennett Recreation Center
925 W. Grand River
Howell, MI 48843