

Amara 200-Hour Teacher Training Program



Registered Yoga School

Dates: Summer 2015 Intensive - May 26th-June 27th 2015
Location: Amara Yoga & Arts, Urbana IL
Contact Info: Theresa Brandabur 608 333-6459, email: yogatt@amarayoga.com
Faculty: Kelsey Bourgeois E-RYT, Kristin McCoy RYT, Don Briskin RYT
 Kathryn Fitzgerald RYT, Grace Giorgio, Corrie Proksa RYT
Style: Vinyasa
Tuition: \$2,850 if paid in full by May 1, 2015 (\$3,000 after May 1, 2015)
Website: <http://www.amarayoga.com/teacher-training>

Session	Date	Day	Times	
Week 1	26-May	Tue	7:30AM-11:45AM	1:15PM - 3:45PM
	27-May	Wed	7:30AM-9:45AM	1:15PM - 4:00PM
	28-May	Thur	7:30AM-11:45AM	1:15PM - 3:45PM
	29-May	Fri	7:30AM-9:45AM	1:15PM - 5:15PM
	30-May	Sat	10:30AM - 3:45PM	6:00 - 8:30PM
Week 2	1-Jun	Mon	7:30AM-9:45AM	1:15PM - 4:00PM
	2-Jun	Tue	7:30AM-11:45AM	1:15PM - 3:45PM
	3-Jun	Wed	7:30AM-9:45AM	1:15PM - 4:00PM
	4-Jun	Thur	7:30AM-11:45AM	1:15PM - 3:45PM
	5-Jun	Fri	7:30AM-9:45AM	1:15PM - 5:15PM
	6-Jun	Sat	10:30AM - 3:45PM	6:00 - 8:30PM
Week 3	8-Jun	Mon	7:30AM-9:45AM	1:15PM - 4:00PM
	9-Jun	Tue	7:30AM-11:45AM	1:15PM - 3:45PM
	10-Jun	Wed	7:30AM-9:45AM	1:15PM - 4:00PM
	11-Jun	Thur	7:30AM-11:45AM	1:15PM - 3:45PM
	12-Jun	Fri	7:30AM-10:00AM	1:15PM - 5:15PM
	13-Jun	Sat	10:30AM - 3:45PM	6:00 - 8:30PM
Week 4	15-Jun	Mon	7:30AM-9:45AM	1:15PM - 4:00PM
	16-Jun	Tue	7:30AM-11:45AM	1:15PM - 3:45PM
	17-Jun	Wed	7:30AM-9:45AM	1:15PM - 4:00PM
	18-Jun	Thur	7:30AM-11:45AM	1:15PM - 3:45PM
	19-Jun	Fri	7:30AM-9:45AM	1:15PM - 5:15PM
	20-Jun	Sat	10:30AM - 3:45PM	6:00 - 8:30PM
Week 5	22-Jun	Mon	7:30AM-9:45AM	1:15PM - 4:00PM
	23-Jun	Tue	7:30AM-11:45AM	1:15PM - 3:45PM
	24-Jun	Wed	7:30AM-9:45AM	1:15PM - 4:00PM
	25-Jun	Thur	7:30AM-11:45AM	1:15PM - 3:45PM
	26-Jun	Fri	7:30AM-9:45AM	1:15PM - 5:15PM
	27-Jun	Sat	10:30AM - 3:45PM	6:00 - 8:30PM