

# Ninoyem

(Armenia)

Nino is a man's name. Ninoyem means "I am Nino." It is a traditional dance from Musaler, a region in former West Armenia, present Anatolia (Turkey). Taught by Liudvig Poghosian (dance tour to Armenia, May 2007).

Pronunciation: Nee-noh-YEHM

Music: *Barev-Armenian Dances*, Band 6. 4/4 meter

Formation: Closed circle, join hands in V-pos, face ctr.

Style: Active crisp steps, shoulders in relaxed pos bouncing on each step of meas 1.

Meas Pattern

2 meas INTRODUCTION: Start when the singing starts.

## FIGURE

- 1 Step on R to R (ct 1); step on L beside R (ct 2); step on R to R (ct 3); step on L beside R (ct 4).
- 2 Step fwd to ctr on R (ct 1); stamp fwd with L full ft but without weight, raise arms 30° fwd and bend torso slightly fwd (ct 2); step back on L, lower arms to V-pos, torso back to straight pos (ct 3); touch R beside L (ct 4).

During meas 1, men can shout "Hey, hey, hey-hey!" on the off-beats, i.e. "Hey" (ct 1); "Hey!" (ct 2); "Hey-Hey!" (ct 3).

During meas 2, you can say the following words on each ct: "Hala, hala" (ct 1); "hala" (ct 2), "Nino" (ct 3); "yem" (ct 4). Freely translated as: "Hé, hé, hé, I am Nino."

Presented by Tineke van Geel