

INSIDE: FIT & GORGEOUS. WOMEN AT THEIR BEST!

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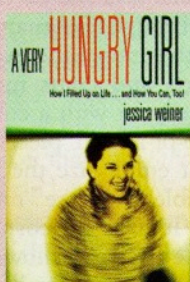


PAGE TURNERS



SAVE KARYN: ONE SHOPAHOLIC'S JOURNEY TO DEBT AND BACK, by Karyn Bosnak
Perennial Trade Paperback, \$13.95

What do you do if you find yourself \$20,000 in debt? Forget bankers and loans—Karyn Bosnak decided to depend on the kindness of strangers. In this true story of a shopaholic gone wild, Bosnak comically recounts her rise as a talk show producer and the lavish lifestyle that accompanied it. From designer clothes to four-star restaurants, Bosnak enjoyed the high life until her show was canceled. Facing fiscal disaster, she decided to create a Web site which asked whoever logged on to give donations to pay off some of her debt. And surprisingly, they did. If you've ever maxed out your credit cards or basked in a shopping spree, *Save Karyn: One Shopaholic's Journey to Debt and Back* is sure to hit home.—Emmy Favilla



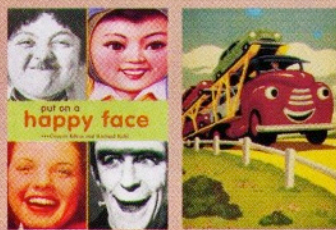
A VERY HUNGRY GIRL: HOW I FILLED UP ON LIFE...AND HOW YOU CAN, TOO!, by Jessica Weiner
Hay House, \$14.95

Jessica Weiner, a successful motivational speaker and workshop leader, offers an inspiring account of her own body image issues—detailing her journey to her current philosophy of loving your whole self unconditionally, whatever your size. Struggling with eating disorders, an overwhelming need to fit in and the harsh rejections that come from life as an aspiring actress, Weiner learned how to combat those negative feelings and discover a genuine passion for life. She believes that all women can fulfill their potential by listening to their emotions and intuition, sharing and understanding the experiences of other women and applying patience and creativity to all situations. In addition to her new book, Weiner is working on a national TV show for next year.—EF



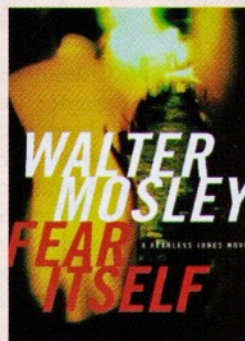
SOMEBODY'S SOMEONE: A MEMOIR, by Regina Louise
Warner Books, \$23.95

This memoir, initially set in rural Texas in the 1970s, brings us into a world in which harsh blows—sometimes physical, sometimes emotional—are delivered faster than tumbleweed grows. Louise endures abuse from the very beginnings of her life at the hands of her biological family and some of her foster families, as well. Louise's artistic nature unfolds as she recounts her brave adventure after she runs away from more than 30 foster homes by the age of 13. Crisscrossing the country from North Carolina, she eventually meets “somebody who wanted me for their own someone.” Louise, now a top hair stylist and co-owner of a salon, delivers a triumphant story that anyone who has experienced a painful childhood can relate to.—Deborah Gregory



PUT ON A HAPPY FACE, by Cooper Edens and Richard Kehl
Chronicle Books, \$12.95

Truthfully, this book will crack you up. From Mr. Peanut to Humphrey Bogart, this 80-page collection of smiling celebrities, kitschy ads, caricatures and old-fashioned toys and illustrations is the ultimate quick-fix for a gloomy day. Clever and compact, *Put on a Happy Face*—which pairs whimsical illustrations with inspirational quotes and song lyrics—is the perfect desk accessory.—EF



FEAR ITSELF: A FEARLESS JONES NOVEL, by Walter Mosley
Little Brown, \$24.95

Once again, acclaimed mystery writer Walter Mosley captures the uneasy atmosphere of 1950s Los Angeles with his new unofficial detective duo, Paris Minton and Fearless Jones, in the series' second installment. It finds Minton tumbling into the most complex, terrifying situation he's ever encountered—when he answers the late-night knock on his door from his buddy, Jones. Jones is a man with a missing finger that was shot off in a gunfight that nearly got both men killed. His greeting is a sure sign that more trouble—including a mysterious woman, smoky bars filled with the sound of the blues and wealthy people willing to pay any price to hide their sins—is on the way. This page-turner is proof positive that Mosley has “dunnit” once again.—DG