



INTRODUCTION AT WWW.URBANAMBASSADORS.ORG/AMBASSADOR

URBAN AMBASSADORS **AMBASSADOR** PERSONAL PATHWAY beta

PLEDGE YEARLY / MEET MONTHLY / CHECK IN WEEKLY / PRACTICE DAILY

TARGET AREAS



MONEY



SERVICE



FOOD



WASTE



TRANSPORT



HOME



ENERGY



SEED

- Identify a strength or asset that you have. How can you be of service?
- Identify a struggle or barrier that exists for you. Who can you ask for support?

URBAN AMBASSADORS STAND UP FOR SUSTAINABILITY

STAND UP FOR YOUR **WORLD** / WITH YOUR **COMMUNITY** / IN YOUR **LIFE**

- Recognize and acknowledge other community members who are making a difference.
- Work towards a personal goal or strategy in one or any combination of the Target Areas.
- Identify a Seed Project idea and share it with the community.
- Share an event with members and on our calendar so that others can participate.
- Invite someone to start the journey.

Just Do One Thing Des Moines! #DOTDSM



CONNECT WITH OTHER AMBASSADORS

- Attend the quarterly AMBASSADOR SUMMITS.
- Plug in at a Monthly Member Meet Up on the second Tuesday of every month.
- Organize a group tour, service project, or learning experience.
- Support an organization or member that is out doing great work for the planet.

URBANAMBASSADORS
planting the seeds of sustainability

URBAN AMBASSADORS PERSONAL PATHWAY CHECK IN

I'm checking in to consider my path. I understand this inventory is intended to motivate and inspire me - not to guilt myself or others. Although there is no secret handshake, I pledge to support and honor myself, my community, and my planet in ways to leave a positive impact.

INVENTORY OF AMBASSADOR VALUES AND ACTIONS

Check off / reflect on the following points to take an inventory of your personal pathway.



MONEY



SERVICE



FOOD



WASTE



TRANSPORT



HOME



ENERGY



SEED

VALUES



INTEGRITY

I honor my word and am honest early when falling short.



COMMUNITY

I support my local community.



SUSTAINABILITY

I support and promote vibrant resources for future generations.



MIRACLE - MINDED

I believe change is possible; if it should happen, then it can.

ACTIONS



Identified and shared a strength or asset.



Identified a struggle or barrier and asked for support.



Recognized and acknowledged another community member for their actions.



Set or progressed on a new goal or strategy in one of my Target Areas.



Identified and shared a Seed Project idea or helped with one in the community.



Shared an event with the community or invited others to participate.



Invited someone to join me on the journey.



#DOTDSM - regardless whether its shared on social media...