

Health, Wellness & Modern Green Living

# organic spa<sup>TM</sup>

MAGAZINE

## *Holiday Gift Guide*

**219**  
**UNIQUE**  
**ECO GIFTS**

**PLUS**  
Giving the  
Gift of an  
Experience

De-Stressing  
Holiday Fragrances

**Top Chefs'**  
**Festive Feasts**

**Meditation**  
**for Healing**

DECEMBER 2015

\$5.99

12>



A Lifestyle Publication  
[www.organicspamagazine.com](http://www.organicspamagazine.com)



## The Beauties

For the indie beauty or the beauty diva, there's something here to make her life more beautiful



**Eminence Organics VitaSkin Exfoliating Peels** Any home-spa lover will appreciate the gift of these results-oriented facial peels, with a pack of cotton rounds, in four actions: to firm, brighten, clear and calm the skin. \$79; [bynaturalskincare.com](http://bynaturalskincare.com)

### Amala Handbag Essentials

Purse- or travel-ready, this kit is everything you need to beautify on the go, with a luxe organic hemp-lined carry case: hydrating Jasmine Hand Cream, rejuvenating Cocoa Bean Hand Cream, and soothing Desert Fig Lip Salve, all certified by NaTrue.org. \$44; [amalabeauty.com](http://amalabeauty.com)



### CAL-A-VIE HEALTH SPA'S VINOThÉRAPIE

Cheers to healthier skin with Cal-a-Vie Health Spa's natural Vinotherapie products. The antioxidant-rich line is sourced from the spa's own vineyard and delivers a powerful dose of vitamins and moisture. [boutique.calavie.com](http://boutique.calavie.com)



### AUOMÈRE INCENSE

Made with love in Pondicherry, India, where incense making is an ancient art and handicraft. Available in 24 fragrances, from earthy to sublime. 25% of profits support Integral Education in rural India. [auomere.com](http://auomere.com)



**Holistic Essentials** The Sundara Holistic Essential Holiday Collection is available for each of the three Ayurvedic doshas, and includes a face serum and Brahmi hair oil, plus one more dosha-specific product. \$75; [sundaraholistic.com](http://sundaraholistic.com)



### JINDILLI HYDRA~OPULENCE

Jindilli Hydra~Opulence body lotion is nature's ultimate gift to skin. Loads of pure macadamia oil sourced from Jindilli's family farms combine with soothing aloe vera resulting in luxurious, silky skin. [jindilli.com](http://jindilli.com)



### NOURISH ME

Organic facial serum is good for all skin types, enriched with exquisite oils and antioxidants it will lightly moisturize your skin and help slowdown and reduce the appearance of age. [balancedguru.com/products/nourish-me-frowns-to-smiles-facial-serum](http://balancedguru.com/products/nourish-me-frowns-to-smiles-facial-serum)



**The Essence** Decleor's Aromessence Neroli is perfect for all skin types. Free of preservatives but full of essential oils, it is deeply moisturizing and absorbent, plus it smells divine! \$68; [decleorusa.com](http://decleorusa.com)



**Beautycounter Lip Sheers** These gorgeous lip sheers are lightweight, moisturizing and plant-based. In nine shades, there is something for everyone—and they double as cream blush, too! \$28; [beautycounter.com](http://beautycounter.com)

**Buffing Biscuits** Who doesn't love biscuits? These Facial Buffing Biscuits from Farmhouse Fresh come in four mouthwatering flavors, but we love the Strawberry Lavender! Packaged in a cute crate, these exfoliating masks are almost good enough to eat! \$24; [farmhousefreshgoods.com](http://farmhousefreshgoods.com)

