



Christ United Methodist Church

400 5th Avenue SW, Rochester, MN 55902

## Education for Faith & Life

### Offerings Catalogue

Christ United Methodist Church is conveniently located on the edge of downtown Rochester on 5th Avenue Southwest, a couple of blocks from Soldier's Field and a block away from Mayo's Baldwin Building.

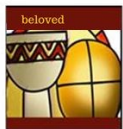
For directions and parking information, please visit:

[cumethodist.com/contact](http://cumethodist.com/contact)

Includes information on:

- Newcomers
- Children's Programs
- Young Adult Opportunities
- Musical Ministry
- Adult Education
- Service Opportunities
- United Methodist Women Group
- Social Groups
- Staff Directory
- Current Event Ads

## Christ United Methodist Church



8AM



9AM



11AM

one church, *three* services.

400 5th Avenue SW, Rochester, MN 55902 • 507.289.4019

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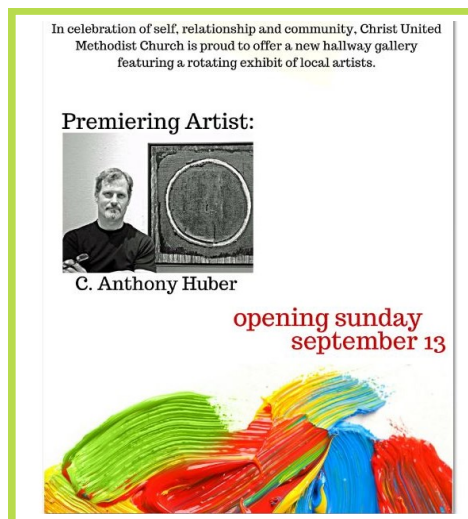
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## Current Event Ads



## Welcome!

Welcome to a new year of growth and life!

Christ United Methodist Church is excited to partner with you and your family as we grow in faith.

The booklet you are holding is your guidebook to the offerings we hope you will take into your life.

**For children:** Sunday School, CU Wednesdays, music making and play.

**For youth:** Sunday School, Confirmation, as well as opportunities for leadership, social and mission activities.

**For young adults:** Opportunities to connect, serve, and grow soul.

**For adults:** Classes or small groups every day of the week, mission, leadership and growth groups. And always, play is crucial component of discipleship.

We know that many of us experience the semi-terror of too much in our lives: too many commitments, too many opportunities, too much running from place to place in order to keep up with our lives.

Here at Christ UMC we pray that you will find breath and depth.

We're here for you.

Find a small group. Love yourself and your children into deeper discipleship.

Join us on this soul making journey.

~Pastor Elizabeth

## CU Wednesdays!

We want to "C U" at Christ United on Wednesdays from 5:30-7pm. All are welcome to a simple soup supper meal (sign up to serve at [cumethodist.com/grow](http://cumethodist.com/grow)), share in community with one another, participate in a group art project and then continue on your way with our various music ministries, TED talks from 6-7 or our youth confirmation program!

## Newcomers

Are you a “newcomer”? If you are, we are so glad that you’re here! Welcome! We strive to be an all– inclusive place where all are welcome. We hold events that are public-friendly and neighborhood welcome. If you are a newcomer and would like further information, please contact **Mary Schmidt** at [oronocombs@yahoo.com](mailto:oronocombs@yahoo.com).

## Upcoming Schedule

Interested in learning more about CUMC or possibly joining? During the month of September we will hold our monthly “Discovering Christ” lunch on **September 20<sup>th</sup> at 12pm** and new members will be welcomed by the congregation on **September 27<sup>th</sup>**, following our 9am service. Other upcoming “Discovering Christ” Lunches are scheduled for **October 11th, November 8th,** and **December 13th (all at noon.)** Please RSVP to **Elianna Thorne** at [elianna@cumethodist.com](mailto:elianna@cumethodist.com) if you would like to attend.



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Custodian



**NIKKI  
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**JOHN  
MITCHELL**

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Maintenance

## Social Groups

Want to get involved in a social group? New, interesting and beneficial social groups are always forming at Christ United Methodist Church.

For more information on topics discussed and upcoming discussions, or to propose a topic for a social group of your own, contact **Gail Flanders** at [jrgf@charter.net](mailto:jrgf@charter.net) or **Sue Knutson** at [sueknutson@usfamily.net](mailto:sueknutson@usfamily.net).

## Staff Directory



**ELIZABETH  
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**Director of Music  
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## Children's Programs

### Sunday School 2015-2016

#### Infant and Toddler

**Sundays, 7:45am- 12pm**

**Wednesdays, 4:30 -7pm**

Tender care is given to our children by the Nursery Coordinator and volunteers. We strive to teach Bible basics in a safe and loving environment as babies and toddlers develop.

#### Little Disciples, PreK/K

**Sundays, 9:15-10am**

Each Sunday is a new and exciting faith experience as children move from one center to the next, learning about God's love and its relevance to their lives. Centers include but are not limited to: The Reader's Nook, Music and Movement, Creation Station, and Arts and Crafts. Learning centers will take place during the education hour from 10:15 am to 11:10 am. Our preschool rooms 133&134 are located at the north end of the east hallway on the main floor.

#### Elementary Workshops in Rotation, K-4th Grade

**Sundays, 9;15-10am**

Children study one lesson for three to four weeks, rotating to a different workshop each week, and learning through different strategies—art, games, video, science, drama, cooking and music. Repetition enables children to dig deeper into the story and reinforce memory. Drop off and pick up for children is room 136. Parents and other loving adults are teachers and shepherds for Kindergarten and Elementary Sunday School children.



**One Room School House, K-4th Grade****Sundays, 10:15-11am**

Join us Sunday mornings to explore the bible. Utilizing a two-year curriculum, kids explore Old Testament stories each fall and New Testament stories in winter/spring in a one room setting.

**Link, Grades 5 & 6****Sundays, 10:15-11am**

New! Engaging conversation and hands on learning suited especially for the emerging teen.

To Register:

Go to [cumethodist.com/grow](http://cumethodist.com/grow).**Bible Presentation, October 11th, 9am**

If you have a child, or know a child who will begin Preschool, Third Grade or Confirmation this year, please contact [lael@cumethodist.com](mailto:lael@cumethodist.com). We will be presenting special Bibles to each group on Oct. 11.

**Drama Disciples, K-5, Wednesdays, 5:45pm (Winter)**

Children learn the basic of acting, improvisation and physical movement. Drama Disciples meets for a 6 weeks

**UpBeats!, Wednesdays, 5:45pm (Spring)**

Now offering two levels of rhythm fun. Upbeats! (for children through grade 3) and UP Beats!! (for children grades 4 and up) will meet for six weeks in the spring.

**United Methodist Women Group**

United Methodist Women is an organized unit of women with a purpose of knowing God to experience freedom as whole persons through Jesus Christ, to develop creative and supportive fellowship and to expand concepts of mission through participation in the global ministries of the church. If you are interested in joining or would like more information, contact **DeeDee Odell** at [ddbells@aol.com](mailto:ddbells@aol.com).

Each year the Women's Division selects three studies which are offered in many venues to the United Methodist Church throughout the world. Upcoming studies include:

- **Spiritual Growth:** Created for Happiness, Understanding Your Life in God.
- **Geographic Study:** Latin America, People and Faith
- **Social Action Study:** The Church and People with Disabilities

Study books are available in the Library. Meetings of UMWomen will be using these studies. Check bulletin announcements throughout the year for study opportunities. More questions on this? Contact **Wilana Barker** at [wailer57@centurylink.net](mailto:wailer57@centurylink.net).

**Upcoming Schedule****Fall Rummage Sale, September 23rd-26th**

The UMW rummage sale is a very important mission project for our church - proceeds help meet UMW pledge to missions locally and around the world. The rummage sale also provides low cost clothing to people in our church and community with limited incomes.

## Service Opportunities

Christ United Methodist Church is abundant with long and short-term opportunities to serve. Some of them include:

- Saturday Noon Meals
- Lay Visitor Training (visiting of people in the hospital)
- Christmas Anonymous (gifts to those who cannot afford)
- Appalachian Service Project (building of housing)
- Young Adult Mission
- Flower Delivery
- Ushering
- Welcome Desk
- Van Driver
- Sound Booth

If you're interested in one of these specific areas of service, would like general information on service opportunities, or would like to start a new service opportunity at CUMC, please email us at [email@cumethodist.com](mailto:email@cumethodist.com).

## Youth Opportunities

### Confirmation 2015-2016

For 8<sup>th</sup>-9<sup>th</sup> graders, Wednesday nights. CU Wednesdays supper from 5:30 to 6 and then Confirmation from 6-7. This year we are asking the question, "Where in the World is God?!" We'll be exploring other major religions and denominations, the problems of suffering and struggle, questions about family and relationships and life, and where we find God in all these things. If you'd like to help lead, let me know, or if you'd like to be a TEAM player (someone who comes once a month as a mentor to a youth) let **Pastor Katy** at [katy@cumethodist.com](mailto:katy@cumethodist.com) know!

### Sunday Morning Youth Faith Formation, 10:10-11am

We are following along with the whole-wide church theme exploring who we are and our strengths, and what God's got to do with it. Come discover **The Way I'm Wired**, explore who you are and who God is creating you to be. We will have service Sundays, where we explore justice issues as well. You'll find the full schedule on our website at [cumethodist.com/grow](http://cumethodist.com/grow).

## Young Adult Opportunities

### Urban Immersion Minneapolis, October 14th -17th

For 7<sup>th</sup> graders-12<sup>th</sup> graders who want to go to Minneapolis. It is a service opportunity through the Minnesota Council of Churches.

### Small Groups

We have offerings Sunday mornings, Wednesday nights, and can help form other groups for pretty much any other day of the week. Contact **Pastor Katy** at [katy@cumethodist.com](mailto:katy@cumethodist.com) for more info.

### Faith on Tap!

Come have a snack or sip on something and talk about life, the universe and God. This will be once a month, the third Tuesday of every month. Follow CUMC on Facebook or get on our Y.A. email list for updates by emailing **Pastor Katy** at [katy@cumethodist.com](mailto:katy@cumethodist.com).

### Social Media

Follow us on Facebook and get on our email list, we will let you know when we're all getting together.

For more information, go to [www.cumethodist.com/grow/](http://www.cumethodist.com/grow/)

**Ongoing Classes** (All are welcome to attend these Sunday morning classes held weekly)

### Drop-In Bible Study

Meets at 10:15 in the Fireside Room beginning September 20th. Bring your cup of coffee and your questions on the scriptures and message of the week. Facilitated by Pastor Martha Hendricks and Rev. Frank Nichols. For questions, contact **Pastor Martha** at [Martha@cumethodist.com](mailto:Martha@cumethodist.com).

### Inquiring Spirits

Meets after the 9:00AM worship service in Room 145. Discussion varies on books, videos, and other sources to investigate and challenge theological boundaries. The group enjoys occasional picnics and potlucks.

### Contemporary Issues

Meets after the 9:00 AM worship service in Room 146. Discussion is centered on current issues, news reports, media view points that shape public opinions. A United Methodist faith perspective will inform each unique session. All perspectives help enliven the sessions. Visitors and seekers are especially welcome.

### Wednesday Night TED Talks

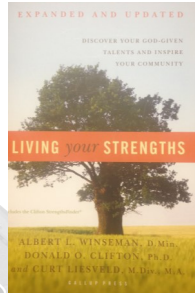
Come join us from 6-7pm in the ECC Wednesday nights. Listen and discuss the group's favorite TED Talks or sign up to share your own favorite or pick your own topic. Lead the discussion! Contact the **Church Office** at 507.289.4019 to sign up.



### All Church Reading (Books to inform us throughout the year)

#### Who Are You? September-October

'*Living Your Strengths*' by Albert I Winseman. Small group study.



#### Who Are We? November-December

'*Three Simple Questions*' by Rueben Job. *Five Marks of a Methodist*' by Steven Harper. Small group study.

#### Sunday Forums (All are welcome! Guest speakers present current topics.)

Third Sunday of the month. 10:15 - 11am. Hamline Room.)

#### September 20th: Who Are You?

Exploring the why of studying *LIVING YOUR STRENGTHS*'. With Pastor Elizabeth Macaulay

#### October 18th: The Gift of Celtic Theology

#### December 20th: Creating Traditions of Christmas

### Musical Ministry

#### Vocal Choirs

##### Little Angels

Begins on Wednesday, September 16th

Age: 3 years old to Kindergarten

Time: Wednesday, 4:30-5pm and 5-5:30pm

Location: Room 133 & 134

The Little Angels choir seeks to develop the young child's participation in a singing group within a community of their peers. Children from age 3 through kindergarten meet weekly to pray, sing, move, listen to Bible stories, play instruments and participate in other activities designed to celebrate their enthusiastic acclamations and nurture their development in faith.

##### Pathway Singers

Begins on Wednesday, September 16th

Age: Grades 1-5

Time: Wednesday, 4:30-5pm

Location: Bell Room

The Pathways Singers participate in worship services, the Children's Christmas Program and in the spring children's music celebration. Children of all abilities are welcome to join this choir focused on making music, praising God and having fun!

**Youth Choir****Begins on Wednesday, September 16****Age: Grades 6-12****Time: Wednesday, 7-8pm****Location: Bell Room**

The Youth Choir's focus is to come together to share God's message through friendship and song. The Youth Choir participates in worship about once a month. Join us for inspiring music to the glory of God.

**Chancel Choir****Begins on Thursday, September 3****Age: Adults & Youth****Time: Thursday, 6-7:30pm****Location: Sanctuary**

The Chancel Choir is open to anyone wishing to raise their voice in praising God in worship by providing exciting anthems for the 9am worship service each Sunday. Our repertoire ranges from sacred traditional anthems by famous composers to new music hot off the press.

**The Christ Singers****Begins on Thursday, September 3****Age: Adults & Youth****Time: Thursday, 7:30-8:30pm****Location: Sanctuary**

The Christ Singers is a smaller vocal ensemble which focuses on classic to modern sacred music. If you like a bit of a musical challenge in a smaller group setting, please consider joining The Christ Singers.

**Small Groups**

Become part of a small group which meets regularly, to grow in understanding of what it means to walk in faith. Join an existing group or a newly formed group by completing the sign-up sheet at the Welcome Desk, Office, or indicating your interest by sending an email to [email@cumethodist.com](mailto:email@cumethodist.com). You will be contacted. This Fall the groups are invited to study the book, 'Living Our Strengths'.

**Short Term Classes**

For a limited number of weeks, special subjects are explored and presented by staff and guest facilitators.

**September 19th: Financial Peace Course**

Randy Johnsrud and Pastor Katy Lee will be facilitating David Ramsey's "Financial Peace" course, every Saturday for 8 weeks, starting September 19th. Sign up through the Financial Peace website below. The Foundation will reimburse \$50 out of the \$100 registration fee if you finish all 8 weeks of classes. Tell your friends: it's a life-changing class! [http://www.daveramsey.com/fpu/locations/class/278899/atid/1\\_In](http://www.daveramsey.com/fpu/locations/class/278899/atid/1_In)

**"Race, the Power of Illusion"**

Continuing the discussion of this crucial issue of racial understanding and relations will continue with leadership from Pastor Katy Lee and Nicholas Wysocki, professor at Winona State University. Details TBD. Email **Katy** at [katy@cumethodist.com](mailto:katy@cumethodist.com) for updates.

## Adult Education

### Congregational Support Opportunities

#### The MCI Support Group

For people with mild cognitive impairments and their support person. We meet the third Wed. of the month from 10-11 am in the family room. We discuss a different topic each time and offer understanding and encouragement. Pastor Nancy is the facilitator of the group. Our fall meetings will be Sept. 16, Oct. 21, and Nov. 18. Please call the church office to find out whether we will meet in Dec.

#### Lay Visitor Training Event

This event will be offered Wed. Sept. 23 from 10-11:30 am in the Mettam Conference Room. We have three different lay visitor ministry teams at Christ UMC: Lay Visitors to the Homebound, Hospital Lay Visitors and the Widowed Persons Ministry Team. If you are interested in joining one of these ministry teams, please come to this introductory meeting to get started in the process. We will have representatives from each team at this event along with Pastor Nancy.

If you are interested, but not able to come on the 23<sup>rd</sup>, please contact **Pastor Nancy** at [nancy@cumethodist.com](mailto:nancy@cumethodist.com).

#### Service of Hope and Healing

For all those who find the Holiday Season difficult will be held Tue. Dec. 15 at 5 pm. in the Sanctuary. It will be followed by a soup supper in the Commons.

This is a wonderful opportunity for Christ Church members to invite friends, neighbors, and colleagues to experience God's care and comfort through music, readings, candles and fellowship.

## Vocal Choirs

### Little Angels

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Age: 3 years old to Kindergarten

Time: Wednesday, 4:30-5pm and 5-5:30pm

Location: Room 133 & 134

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## Handbell Choirs

### Jubilee Bells

Begins on Wednesday, September 16

Grades: 3-5

Time: Wednesday, 5-5:30p

Location: Bell Room

All third through fifth graders are encouraged to make this a part of their musical education as we learn to read music, ring chimes and bells, and serve God by playing for special worship services throughout the year.