

Physician Views on Colonic Hydrotherapy

Excerpted from the Townsend Letter for Physicians and Patients

“It turns out that colon hydrotherapy is the gentlest and most effective treatment to take care of a sick person's constipation problem. My recommendation for cancer patients is that they should undergo frequent colon hydrotherapy procedures to make sure a colon's toxic burden is being kept at a minimum while their bodies are trying to heal.”

- Leonard Smith MD, Gastrointestinal Surgeon in Gainesville, FL.

“It's a fact that most people fail to fully evacuate the colon, something they don't realize. People undergoing colon hydrotherapy on a prevention basis become quite surprised at how much waste is removed by the procedure. Without any reservation, I declare that my wish is to see it become an established procedure for many kinds of gastrointestinal problems. If medical centers, hospitals and clinics installed colon hydrotherapy departments, they would find such departments just as efficacious for patients as their present treatment areas which are devoted to physiotherapy.”

- Paul Flashner MD, General Surgeon and Emergency Medicine in Wellesley, MA.

“I have trained and certified colon hydrotherapists working as part of my staff. They have been rendering care for constipation, abdominal cramps, allergies and a variety of other conditions including ten patients with hepatitis C. These hepatitis patients respond to colon hydrotherapy and do well. A forty-two year old high school teacher had suffered with constipation and no bowel movements for six days at a stretch. She was bloated, fatigued, lethargic, headachy and crampy. My treatment choice for her was enzyme supplements and colon hydrotherapy twice weekly for thirteen weeks. These treatments solved the constipation problem. Colon hydrotherapy is excellent as a treatment for the yeast syndrome.”

- Sharda Sharma MD, in Millburn, NJ.

“The benefits of colon hydrotherapy extend all the way from psychiatric improvement to constipation elimination.”

- Michael Gerber MD, in Reno, NV.

“These two common medical difficulties (Benign Prostatic Hyperplasia and Prostatitis) are closely associated with having weak abdominal muscles. Those men possessing flaccid and weak abdominal muscles experience enormous pressures on their bladders which never let up. Cleansing the colon markedly assists the functioning of the pathological male bladder and prostate organs. Colon Hydrotherapy given to involved men at two-week intervals for three times to start and then administered every four weeks for an unlimited period does solve prostatitis and benign prostatic hyperplasia.”

- Emil Sayegh MD, Urology in Chesapeake, VA.

“I do recommend that most of my cancer patients take colon hydrotherapy because they often improve by having such treatment. Liver cancer in particular shows benefit from colon hydrotherapy but any internal tumors show effectual change too.”

- Douglas Brodie MD, Oncologist and Homeopath in Reno, NV.

“Silicone breast implant exposure which results in disease symptoms responds very well to colon hydrotherapy. I am in the center of this silicone breast implant controversy by having consulted with over 500 women from around the world for the toxic environmental exposure caused by such implantation. I use colon hydrotherapy for the treatment of such silicone toxicity since it does work to chelate silicone out of the body.” [Dr. Brawer also mentions later in the article that other conditions that respond positively to colonic hydrotherapy include allergies, skin rashes, ADD, muscle pain, acne, Multiple Sclerosis, seizures and cold hands and feet.]

- Arthur Brawer MD, Rheumatology in Long Branch, NJ.

“Some people don't poop enough! Let's get people thinking about eating and pooping. If these don't occur together, colon hydrotherapy should be employed. I prefer my patients to undergo colon hydrotherapy the morning of a colonoscopy. It's a safe way to cleanse the gut. It's a healing technique for the relief of irritable bowel syndrome with gas and bloating, chronic constipation, abdominal discomfort and many other GI tract problems.”

- Robert Charm MD, Gastroenterologist and Clinical Professor of Medicine at the University of California in Walnut Creek, CA.

“For some patients with chronic constipation or extensive yeast problems, colon hydrotherapy works advantageously to get rid of the physical load of pathology in the gastrointestinal tract. This treatment stimulates the liver and gets rid of the debris that's sticking to the mucosa.”

- John Diamond MD, Medical Director of Triad Medical and coauthor of *An Alternative Medicine Definitive Guide to Cancer*

“Colon hydrotherapy is an excellent detoxifier for the overindulgence of alcohol drinking and drug addictions of all kinds. Residues of drugs and other agents in the tissues are eliminated with colon hydrotherapy. Colon hydrotherapy should be part of nearly any addict's therapeutic regimen.”

- James Carter MD, in Mandeville, LA.