

SNOWCRAFT GEAR LIST

Note the examples of gear mentioned is not an endorsement but rather a guide. There are many other excellent manufacturers. We encourage you to hire and borrow as much gear as you can. Doing the course and talking to other club members will provide you valuable advice before taking the financial plunge. Talk to the course manager for more info.

GEAR

*Climbing harness – preferably with adjustable leg loops

*Carabiners – Medium screw gate x 2 (eg Petzl Attaché or Black Diamond Positron or Nitron)

Large HMS screw gate x I (eg Petzl William or Black Diamond Rocklock. Pair this with your belay device)

*Belay device (eg Black Diamond ATC Guide or Petzl Reverso. Figure 8 is not acceptable)

Prussick cords 8 metres 6.0 mm diameter & 4 metres of 2-3mm cord (Can be purchased from Bivouac by the metre)

†Climbing helmet (bicycle or kayaking helmet not acceptable) Preferred Models: Black Diamond 'Half Dome or Petzl 'Elios'

*Boots (eg La Sportiva Karakoram, Gronell Annapurna). Must be stiff enough to fit crampons. Please contact us if you are unsure.

†lce axe. A lightweight straight-shaft axe with classic alpine shape pick (approx 50cm or greater) is sufficient for the course but is more suited for glacier travel & non-technical (ie low snow slope angled) terrain. If you want an axe that is more of an all rounder, look at getting a 50cm heavier axe (eg Black Diamond Venom, Grivel Air Tech). Technical ice climbing tools are not suitable. Contact the course organiser for more info.

†Steel or Stainless Steel Crampons (preferably with anti-balling plates). Must be compatible with your boots. This is important: If you have any doubts please bring your boots & crampons along on the first theory night to get an instructor to check the fit.

Headlamp and spare batteries

Pack (eg Macpac Ascent, Black Diamond Speed 55) approx 40 -55 litre capacity. MUST have external attachment points for crampons, ice tools & stakes

Thermal Underwear (2 \times tops, 1 \times pants - polypropylene, wool, silk or other type with thermal insulating properties – NOT COTTON!)

Insulated Jacket/pullover (medium – heavy weight depending on how much you feel the cold. 200-300 weight polartec fabric is usually sufficient for fleece. A mid-weight down or synthetic puffer jacket is recommended)

Fleece pants (lightweight, 100 weight Polartec or equivalent)

Gloves (fleece, softshell or woollen fingered gloves x | & polypropylene liner gloves x |)

Overmitts or gloves (waterproof outer-shell with removable fleece or woollen liners, preferably Gore-Tex or similar)

Sun hat and cotton scarf or bandana (for sun protection)

Hat/Beanie (fleece, windstopper or woollen) + an optional balaclava (polypropylene, windstopper or fleece)

Jacket (wind & waterproof e.g Gore-Tex or similar with hood large enough to fit over a helmet)

Overpants (windproof & preferably waterproof with full leg zips. ie. Gore-Tex or similar waterproof/breathable fabric)

Underwear, handkerchiefs and warm socks

Gaiters – full calf length, zip or velcro front closure is preferable

Sleeping bag (medium weight/ 2-3 Seasons, approximately 550 – 750gms down fill or synthetic equivalent will suffice. Sleeping bag warmth ratings are very subjective. If you feel the cold, choose a warmer bag. We will be staying in a lodge for the duration of this course)

Compass, compact waterproof note pad & pencil (We are working on providing these as part of the course)

Water bottle (non breakable & at least 1 - 2 litres in volume, 2 x 1 litre bottles OK)

Sunglasses (with good side protection & spares) **AND Goggles** (for storm conditions)

Sun block (maximum protection) & lip balm

Small first aid kit: Strapping Tape (Leuko Sports Tape 25mm x5 metres) Blister tape (Compeed) Paracetamol, Ibuprofen. Please make sure you bring any medication that you may need with you (ie Asthma puffer, epi-pen etc)

Toilet bag, pack towel, gel hand sanitizer

Swiss army knife, leatherman tool or similar for in the field repairs

Heavy duty plastic bags or waterproof pack liner

Stuff sacs (to separate items within your pack and for storage of personal items while staying at the hut)

OPTIONAL

Hut clothes & shoes | Old overpants & Jacket for self arrest training | Wet wipes for hygiene | Hut clothes & shoes | Camera | Ear plugs (for sleeping in the hut with potential snorers!)

All of the above items except those listed as optional, are necessary for the course.

Please contact the course manager if you have any queries. † These items are available for hire from the NZAC. Contact the course co-ordinator for more details.

*These items may also be available to hire fom other clubs & shops. See the list of contacts in this document.

The club provides group gear: ropes, snow-stakes, group first aid kits, snow shovels, probes, avalanche transceivers & emergency shelter ('Bothy Bags'). The lodge has cutlery, cups, plates and cooking utensils.





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HIRAGE CONTACTS

The NZAC hires out ice axes, ice hammers, crampons helmets, and harnesses. Contact our gear officer for hire gear for the course by email: gear@aucklandclimber.org.nz

Other items such as harnesses as well as ice axes & crampons may be hired from other clubs and shops. Contact them directly to find out more:

AURAC (Auckland University Rock & Alpine Club)

Gear Officer gear@aurac.org.nz AUTC (Auckland University Tramping Club)
Gear Officer

RETAILERS (some hire gear too)

BIVOUAC OUTDOOR**

302 Broadway Newmarket Ph: (09) 529-2298

Email: newmarket@bivouac.co.nz

Shop II Albany Mega Centre (between Whitcoulls and Lighting Direct) Don McKinnon Drive Albany 0632 Email: albany@bivouac.co.nz

210 Queen St (beneath Whitcoulls) Auckland Central Ph: 09 366 1966

Email: auckland@bivouac.co.nz

Shop N204
Sylvia Park Shopping Centre
Mt Wellington Highway
Email: sylviapark@bivouac.co.nz

ONLINE RETAILERS:

http://www.iclimb.co.nz http://www.bivouac.co.nz http://www.outdooraction.co.nz

** NZAC discount applies. Contact shop for details.

LIVING SIMPLY (AUCKLAND) LTD 1st Floor 255 Broadway, Newmarket, AUCKLAND Ph (09) 5247957

OUTDOOR ACTION**
121 Rosedale road, Albany
Ph +64 (0)9 486 5386
eMail: service@outdooraction.co.nz

TORPEDO 7

gear@autc.org.nz

Cnr Karangahape Rd & Gundry Street, Newton, Auckland City Ph (09) 3096444

MOUNTAIN DESIGNS**
Shop G:20 Westfield Downtown
Cnr Custom St and Queen Elizabeth Square
PH: +64 9 373 983 I
EMAIL: auckland@Mountaindesigns.com