



Nassau County, N.Y. Executive Building lit orange for Color The World Orange™ 2014

How to Get Involved

- Wear orange and post a picture to social media with the hashtag #CRPSORANGEDAY
- Hand out orange ribbons.
- Speak with local media about running a story on CRPS/RSD.
- Plan a restaurant night with a portion of the profits donated to a CRPS/RSD non-profit.
- Ask local businesses to hang a Color The World Orange™ sign and hand out orange ribbons.
- Ask officials to grant a proclamation recognizing CRPS/RSD awareness month and Color The World Orange™.

Color The World Orange™

Where to Find Us

Website:

www.colortheworldorange.com

Facebook:

www.facebook.com/ColorTheWorldOrange

Twitter:

<https://twitter.com/CRPSOrangeDay>

Instagram:

<http://instagram.com/colortheworldorange>

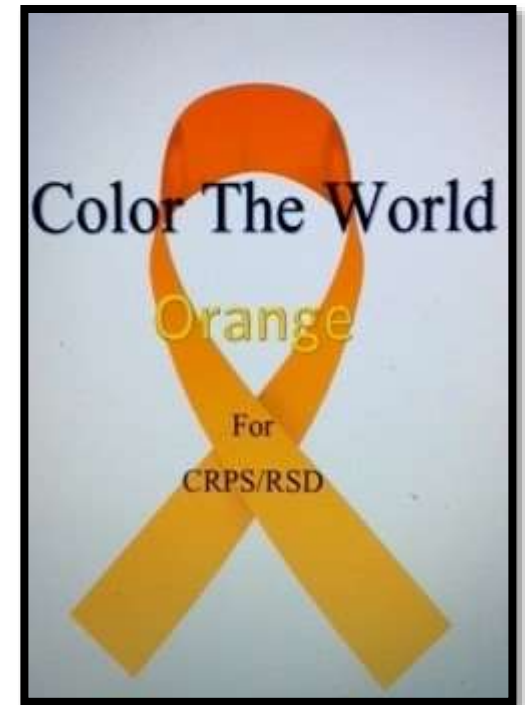
Pinterest:

www.pinterest.com/CRPSORANGEDAY

about.me:

<http://about.me/crpsorangeday>

#CRPSORANGEDAY™



November 7, 2016

*It's a new day in the
fight against Complex
Regional Pain
Syndrome/Reflex
Sympathetic
Dystrophy*



The Brighton Wheel, in the U.K. lit orange for Color The World Orange™ 2015

What is CRPS/RSD?

Complex Regional Pain Syndrome (CRPS), also known as Reflex Sympathetic Dystrophy (RSD), is a chronic pain condition characterized by continuous, intense and often burning, pain that is out of proportion to the severity of the original injury.

Symptoms can include changes in the skin color and temperature of the affected body part, as well as skin sensitivity, sweating and swelling.

For more information on CRPS/RSD, please visit the website of the National Institutes of Health (NIH) at: http://www.ninds.nih.gov/disorders/reflex_sympathetic_dystrophy/reflex_sympathetic_dystrophy.htm

Celebrating Color The World Orange™ 2015

The second-annual Color The World Orange™ in 2015 was celebrated around the globe.

More than 30 buildings across the U.S., Australia and the U.K. were lit orange on Nov. 2 for Color The World Orange™.

Seventy-six proclamations were obtained from U.S. states and cities recognizing Color The World Orange™ and November as CRPS/RSD awareness month.

Four supporters ran the 2015 New York City Marathon, while other supporters completed a 12-hour bikeathon. There were also skateboarders and a skydiver bringing awareness to CRPS/RSD!

There was media coverage in newspapers and on television news reports. The NIH even tweeted about CRPS/RSD and #CRPSORANGEDAY!

For more highlights, visit the Color The World Orange website: www.colortheworldorange.com



About Us

Color The World Orange™ is an annual global event held the first Monday of November to spread awareness of Complex Regional Pain Syndrome (CRPS), also known as Reflex Sympathetic Dystrophy (RSD).

The easiest way to get involved is to wear orange and share a photo on social media with the hashtag: #CRPSORANGEDAY™

Working together we can bring attention to this poorly understood condition.

Color The World Orange™ is an independent initiative and not associated with any organization.

Let's show the world that while we are in pain, we are strong!