

Staci Frenes 2015 Press Kit

BIO OPTION 1 (Music-Short)

Singer/songwriter Staci Frenes has inspired audiences at her concerts all over the country, and millions of viewers on major network TV shows such as *The Biggest Loser*, *America's Next Top Model*, and *Nashville*. Her latest CD, *Everything You Love Comes Alive*, is a collection of songs exploring the ways love shapes us into who we were meant to be. Staci and her husband have two children and make their home in the San Francisco Bay Area where she enjoys strong coffee, great books and long walks.

BIO OPTION 2 (Speaker/Author-Short)

Singer/songwriter Staci Frenes has inspired audiences at her concerts all over the country, and millions of viewers on major network TV shows such as *The Biggest Loser*, *America's Next Top Model*, and *Nashville*. Recently Staci has added conference speaker and author to her creative palette with the release of her book, *Flourish: Cultivate Creativity. Sow Beauty. Live in Color*. Staci and her husband have two children and make their home in the San Francisco Bay Area where she enjoys strong coffee, great books and long walks.

BIO OPTION 3 (Complete)

For as long as singer/songwriter Staci Frenes can remember, music has been her saving grace, and the unmistakable key to self-discovery. Not a matter of happenstance or something she just fell into, but one deliberate decision after another has led Staci to cultivate songs and stories into something strong and beautiful and brave.

Eight records in, this UC-Berkeley graduate, mom and former English teacher has enjoyed successes she hadn't dared to dream. Her acoustic folk-pop songs have inspired not only audiences at her concerts all over the country, but millions of viewers on major network shows such as *The Biggest Loser*, *America's Next Top Model*, *All My Children* and *Nashville* as well as in nationally released feature films.

Staci's latest CD, *Everything You Love Comes Alive* is an unforgettable collection of songs that grew out of a deeply painful season of loss and heartache. The songs explore the depth and the simplicity of the ways love transforms and shapes us into who we were meant to be.

Writing these songs, she says, helped her to understand how our talents and gifts are for our own profound healing and joy as much as they are for others.

As a gifted communicator, Staci's creativity and passion for encouraging others led her to write her first book, *Flourish: Cultivate Creativity. Sow Beauty. Live in Color*. It's a conversational,

inspiring collection of stories and insights about how to cultivate a life in which our unique gifts find their full expression. *Flourish* follows Staci's journey as she discovers her own God-designed purpose, and encourages people across the creative spectrum—from homemakers to professional artists—to use their talents in generous and life-giving ways.

Staci and her husband have 2 children and make their home in the San Francisco Bay Area where she enjoys strong coffee, great books and long walks. Intricate, authentic and hopeful, Staci Frenes continues to cultivate truth that resonates in every aspect of life...through music, speaking and writing... she is confident that the process can be as beautiful as the finish

Web Links :

Staci's latest CD can be heard here

<https://stacifrenes.bandcamp.com/album/everything-you-love-comes-alive>

Staci's Facebook page

<https://www.facebook.com/stacifrenes>

Staci's YouTube Channel

<https://www.youtube.com/user/tracigrant8>

Contact Info

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