

Greater Des Moines AREA



Shelter & Services Book

Institute for Community Alliances

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HOTLINES



- **Primary Health Care Homeless Outreach**
1200 University Avenue, Suite 120
(515)248-1500
Monday – Friday 8 am – 4 pm
-provides outreach, information & referral, and case management services to assist individuals and families in obtaining housing and necessary services.
- **Red Cross**
Dial 211, 515-246-6555 or 1-800-244-7431
Phones answered 7 days a week, 24 hours
-Provides Information & Referral Services to agencies/programs within the community.
-Non-licensed counseling available
- **Iowa Sexual Abuse Hotline**
1-800-284-7821
-Free 24-hour support, information and referral for survivors of sexual assault.
- **Runaway Hotline**
1-800-621-4000
Seven days a week – 24 hours
-Hotline providing crisis intervention, information, and messaging for youth and their families.
-Can also provide a free bus ride home through Greyhound's Home Free Program
- **Iowa Concern Hotline**
1-800-447-1985
-Iowa Concern provides legal information over the phone at no cost.

FOOD – MEAL SITES



- **Children & Family Urban Movement**
1548 Eighth Street
(515)282-3242
www.cfum.org
-Breakfast: 7:00 am – 8:00 am Monday thru Friday
-Dinner: 4:30 pm – 5:30 pm Monday thru Saturday
- **Central Iowa Shelter & Services**
1420 Mulberry Street
(515)284-5719
www.centraliowashelter.org
-Lunch: 11:30 am – 12:30 pm Monday thru Friday
- **Des Moines Catholic Worker House – Bishop Dingman House**
1310 Seventh Street
(515)243-0765
www.desmoinescatholicworker.org
-Meals – Tuesday, Thursday, Friday & Sunday: 3:00 pm – 6:00 pm
-Meals – Saturday: 12:00 pm – 2:00 pm
-Sometimes have hygiene products available
-Grocery Giveaway – Trader Joes & Whole Foods
Tuesdays & Thursdays 3:00 pm sharp
-Fresh Produce Giveaway – Trinity United Methodist Church
1548 8th Street – Sunday 10:00 am sharp
- **Eddie Davis Community Center**
1312 Maple Street
(515)277-1103
www.eddiedaviscenter.org
-Lunch: 11:00 am – 1:00 pm Monday – Friday (September – June)

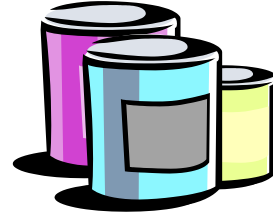
FOOD – MEAL SITES (cont.)

- **Hope Ministries – Hope Café**
1310 Sixth Avenue
(515)244-5445
www.hopeiowa.org
 - Open every day; year-round free to men, women and children
 - Breakfast: 7:00 am
 - Lunch: 12:00 pm
 - Dinner: 5:00 pm
 - Sunday: Breakfast: 8:00 am, Lunch: 1:30 pm, Dinner 5:00 pm
- **Celebration of Christ Soup Kitchen**
530 Broadway
(515)253-0739
 - Hours: 12:00 pm – 3:00 pm Saturday
 - Documentation Required: Proof of Income
- **Iowa Homeless Youth Centers**
701 Grand Avenue
(515)883-2379
www.iowahomelessyouth.org
 - Lunch: 12:00 pm Monday, Wednesday, Friday & Saturday (Connection Café)
 - Dinner: 4:30 pm Monday thru Friday (Community Kitchen)
- **Lighthouse Baptist**
1600 E. Capitol Avenue
(515)262-3800
 - Dinner: 4:00 pm – 6:00 pm Monday thru Friday
- **Norwoodville Community Center**
3077 NE 46th Avenue
(515)266-5794
 - Dinner: 3:30 pm Monday thru Friday

FOOD – MEAL SITES (cont.)

- **Polk County Senior Center**
2008 Forest Avenue
(515)286-3677
-Dinner: 11:30 am - 5:00 pm Monday thru Friday
- **Salvation Army Canteen**
 - **1326 6th Avenue:** 5:00 am – 5:30 am
 - **Central IA Shelter, 1420 Mulberry Street:** 5:45 am – 6:15 am
 - **The Elliot, 219 4th Street** – 6:20 am – 6:50 am
 - **10th & Crocker:** 7:00 am – 7:25 am
 - **The Salvation Army, 1326 6th Avenue:** 7:25 am – 7:40 am
- **Iglesia Apostolica Church**
2561 Onawa Street
(515)745-8832
-Dinner: 3:30 pm – 5:30 pm Monday thru Friday

FOOD PANTRIES



DM Area Religious Council

1435 Mulberry Street

Office (515)277-6969

Warehouse (Volunteers & Donations) (515)282-2026

www.dmreligious.org

-Monday thru Friday (for Donations)

DMARC Food Pantry Sites serve the Greater Des Moines area *

- **Ankeny Food Pantry RRACAP (Red Rock Community Action Program Center for Northern Polk Co.)***
406 SW School Street, Suite 201
(515)965-0433
-Services Northern Polk County
-Monday, Wednesday and Friday: 9:00 am – 3:00 pm
- **Bidwell-Riverside Center ***
1203 Hartford
(515)244-6251 ext. 213
-Monday, Tuesday & Friday: 10:00 am – 3:00 pm
-Wednesday: 10:00 am – 1:00 pm
-Thursday: 1:00 pm – 6:00 pm
- **Catholic Charities**
St. Mary's Family Center *
1815 Hubbell Avenue
(515)262-7290
-Monday thru Friday: 10:00 am – 3:30 pm

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FOOD PANTRIES (cont.)

- **Central Iowa Shelter & Services (Downtown Food Pantry) ***
1420 Mulberry Street
(515)284-5719
 - Monday, Wednesday & Friday: 10:00 am – 2:00 pm
 - Tuesday: 9:00 am – 1:00 pm & 5:30 pm – 8:00 pm
 - Thursday: 9:00 am – 1:00 pm or by appointment
- **Community Services Site on 6th(Des Moines Community Action Agency)***
1618 6th Avenue
(515)248-6216 ext. 0
 - Monday, Wednesday & Friday: 11:00 am – 12:45 pm & 3:00 pm – 4:45 pm
 - Tuesday & Thursday: 11:00 am – 12:45 pm & 3:00 pm – 6:45 pm
- **Cross Ministries / Cottage Grove Food Pantry ***
1050 24th Street
(515)279-8877
 - Wednesday: 3:00 pm – 6:00 pm
 - Saturday: 9:00 am – 12:00 pm
 - Photo id required for an adult and some form of identification (social security card, medical card, etc) for each person in the household.
 - Assistance is limited to once a month at any DMARC food pantry.
- FOOD PANTRIES (cont.)
Epworth Center for Social Ministry/Epworth United Methodist Church
412 Euclid Avenue
(515)782-3054
 - Tuesday: 5:00 pm – 7:30 pm
 - Saturday: 10:00 am – 1:00 pm

FOOD PANTRIES (cont.)

- **Johnston Food Pantry (Partnership Place)***
5870 NW Merle Hay Road, Suite D
-Serves Johnston School District geographic area*
-Tuesday & Thursday: 9:00 am – 12:00 pm
-Saturday: 10:00 am – 2:00 pm
-Closed Holidays & Holiday Weekends

- **Salvation Army Citadel (East)***
1216 E. 25th Court
(515)266-3156
-Monday: 9:30 am – 12:00 pm, 1:00 pm – 3:30 pm
-Tuesday: 1:00 pm – 3:30 pm
-Wednesday: 9:30 am – 12:00 pm, 1:00 pm - 3:30 pm
-Thursday: 9:30 am – 12:00 pm, 1:00 pm – 3:30 pm
-Friday: 9:30 am – 12:00 pm, 1:00 pm – 3:30 pm

- **Urbandale Food Pantry***
7611 Douglas Avenue, Ste 34/35, Urbandale
(515)251-6688
-Serves Urbandale & Windsor Heights*
-Monday: 10:00 am – 2:00 pm & 5:30 pm – 7:30 pm
-Wednesday & Thursday: 10:00 am – 2:00 pm

- **West Des Moines Human Services ***
139 6th Street, WDM
(515)222-3660
www.wdm-ia.com
-Services West Des Moines & Clive Areas
-Monday, Tuesday, & Thursday: 8:30 am – 3:00 pm
-Wednesday & Friday: 8:30 am – 12:00 pm

FOOD PANTRIES (cont.)

- **Christ Apostolic Temple**
1235 Sampson
(515)265-2417
-Tuesday and Thursday: 10:00 am – 2:00 pm
- **Christian Community Food Pantry**
201 9th Street, NE, Altoona
(515)967-4533
-Must live in the SE Polk School District
-Monday & Wednesday: 4:00 pm – 6:00 pm
-1st and 3rd Saturday: 9:00 am – 11:00 am
-Documentation Required: Proof of Residence & Social Security Numbers for all family members
-Closed Holidays
- **Commerce Community Church Food Pantry**
4007 High Street, WDM
(515)225-6651
-Monday thru Friday: 9:00 am – 4:30 pm
-Proof of Income
- **Eastside Church of the Nazarene**
1451 E. 25th Street
(515)265-6000
www.eastsidenazarene.org
-Tuesday & Thursday: 9:00 am – 11:00 am
Serving 50316 & 50317 zips only
-Proof of Residence & Photo ID for all members of the family
-No walk ins – Call at 9 am Tuesday or Thursday to set an appointment.
(Able to help the first 4 families that call).

FOOD PANTRIES (cont.)

- **Eastwood Church**
2940 E. Ovid
(515)262-7302
-Tuesdays from 1:00 pm until done
-Proof of Residence & Social Security Number
- **Eddie Davis Community Center**
1312 Maple, WDM
(515)277-1103
-Tuesday & Thursday: 6:00 pm – 7:30 pm
- **Elpis Christian Fellowship**
4440 College Avenue
(515)255-4549
Contact: Zakiya English zenqlis.ecf@gmail.com
-Tuesday & Thursday: 11:00 a.m. – 4:00 pm
-Wednesday: 4:00 pm – 6:00 pm
-Saturday: 10:00 am – 12:00 pm
-ID required to obtain food
- **First Assembly of God**
2725 Merle Hay Road
(515)327-0171
-Monday, Wednesday & Friday: 11:00 am – 12:00 pm
-Thursdays: 6:00 – 8:00 pm
- **Forest Avenue Community Services Site Office**
2011 Forest Avenue
(515)248-6216
-Monday – Friday: 9:00 am – 12:00 pm & 1:00 pm – 3:00 pm
-Thursday: 1:00 pm – 3:00 pm
-Required Documentation: Proof of Residence & Photo ID for each family Member

FOOD PANTRIES (cont.)

- **Friendship Baptist Church**
1526 Martin Luther King Parkway
(515)244-1701
-Last Thursday of the Month: 4:30 pm – 5:30 pm
-Proof of Residence & Photo ID
- **Hickman Road Church of Christ**
5217 Hickman Road
(515)282-3505
-By Appointment
-Social Security Needed
- **Lee Town Assembly of God Church**
2720 State
(515)265-3784
-Monday thru Friday: 8:00 am – 5:00 pm
-Thursday Walk-Ins: 8:00 am – 4:00 pm
-Proof of Residence
- **Lighthouse Full Gospel Baptist Church**
1600 E. Capital Street
(515)263-3800
-Monday thru Friday: 4:00 pm – 6:00 pm
-Proof of Residence & Social Security Number
- **Metro Assembly of God Church**
3411 3rd Street
(515)283-0501
-Wednesday: 6:00 pm – 8:30 pm
-Friday: 6:00 pm – 8:00 pm
-Proof of Residence & Photo ID

FOOD PANTRIES (cont.)

- **Polk County Supplemental Food Program**
2309 Euclid Avenue
(515)286-3655
 - Monday thru Friday: 9:00 am – 4:30 pm
 - 1st Two Mondays: 9:00 am – 5:00 pm
 - Closed on last 2 working days of the month, weekends & holidays
 - Supply of canned juices, meats, vegetables, fruits, cheese, peanut butter, beans, pasta, canned & powdered milk, hot and cold cereals, infant formula and other supplies.
 - For persons 60 and older OR pregnant or parenting women with children under age 6 who live in Polk, Dallas, Boone, Jasper, & Warren counties
 - Must have Proof of income, birth age of baby or pregnancy confirmation from doctor.

- **Proteus, Inc.**
3850 Merle Hay Road, Suite 100 (Merle Hay Tower)
(800)372-6031
www.proteusinc.net
 - Monday thru Friday: 8:00 am – 4:30 pm (during office hours)

- **Seventh-Day Adventist Ministry**
1005 Grand Avenue
(641)764-2361
 - Sunday-Wednesday
 - Proof of Residence

- **St. Benedict Mission**
1224 MLK Jr. Parkway
(515)299-0409
 - Monday & Thursday: 1:30 pm to 3:30 pm

FOOD PANTRIES (cont.)

- **St. Vincent de Paul – Social Services Dept.**
1426 6th Avenue
(515)282-8327
-Monday thru Friday: 8:30 am – 3:00 pm
-1st & 3rd Tuesday of the month: 5:00 pm – 8:00 pm
-Picture ID Required

EMERGENCY SHELTER



- **Hope Ministries Bethel Mission (Men Only)**
1310 Sixth Avenue
(515)244-5445
www.hopeiowa.org
-7 days a week, 24 hours:
-Phones answered 24 hours a day
-110 Bed Emergency Shelter providing three meals a day, clothing, shelter, laundry, health clinic, counseling, case management, street outreach and support services for men ages 18 and older. Men who choose to join our long-term life recovery program, Journey of Hope, complete phase one at Bethel Mission before moving to Door of Faith.
COST: First 60 days per year – NO Cost (*Continues to be free if enrolled in the Journey of Hope Recovery Program).
After 60 Days: \$5.00 per night for up to 60 additional days per year.
- **Hope Ministries Administrative Offices**
www.hopeiowa.org email: info@hopeiowa.org
(515)265-7272
-Monday thru Friday: 8:00 am – 4:30 pm
- **Catholic Charities**
601 Grand Avenue **(515)237-5045**

St. Joseph Emergency Family Shelter (Families)
1535 11th Street
(515)282-1235
-Family must be homeless with minor child(ren).

EMERGENCY SHELTER (cont.)

- **Central Iowa Shelter & Services**

1420 Mulberry Street

(515)284-5719

www.centraliowashelter.org

-Men and Women Only

-7 days a week

-Provides shelter for men and women ages 18 and over.

-Provides meals, laundry, transportation and health clinic

-Clothing Pantry and DMARC Food Pantry on-site

-Computer Lab

- **Family Promise of Greater Des Moines (Families)**

4114 Allison Avenue

(515)277-7051

www.familypromisedm.org

-Day Center Open: Sunday thru Friday: 7:00 am – 5:00 pm

& Saturday: 10:00 am – 5:00 pm

-Provides shelter, meals, and case management to homeless families with minor children

-No walk ins

-NO COST

- **Children & Families of Iowa Domestic Violence Services**

Location Confidential

(515)243-6147

-7 days a week, 24 hours

-Offers safe shelter for victims of domestic violence and their children

-Services include individual and support groups, counseling, court advocacy, child advocacy, case management, outreach, emergency clothing, and personal items

-NO COST

EMERGENCY SHELTER (cont.)

- **Freedom for Youth Ministries (Youth)**
2301 Hickman Road
(515)282-4822
 - Monday thru Friday (by phone): 9:00 am – 5:00 pm office hours
 - Christian youth programs, mentoring, tutoring, meals and varied classes for at risk youth ages 5 to 17
 - No overnight stays allowed
 - Sites in Waukee, Johnston, Perry, Stuart, Mitchellville
 - After school programming and tutoring for k-12 on Monday thru Friday. Also summer programming
 - NO COST**
- **Harbor of Hope Residential Recovery House (Men Only)**
803 Lyon Street
(515)244-0370
 - 7 days a week, 24 hours
 - Provides a recovery shelter to adult men who are non-violent and alcohol/drug free
 - Requires a 6 month commitment in order to be accepted into the Harbor Program.
 - COST:** \$400 per month
- **Hawthorn Hill - New Directions Shelter Program (Women and Children Only)**
3001 Grand Avenue
(515)243-7456
 - 7 days a week, 24 hours
 - Provides shelter, food and supportive services for homeless women with children only
 - 30 Day maximum stay. Does not accept families in a domestic violence situation.
 - NO COST**

EMERGENCY SHELTER (cont.)

- **Iowa Homeless Youth Centers (Youth)**

1219 Buchanan Street

(515)265-1222

-7 days a week, 24 hours

-Provides shelter, food, case management, street outreach and health care for males and females ages 16-21 at the Buchanan Center.

-Provides transitional housing for parenting or pregnant women ages 16 to 25 at the Lighthouse Host Home.

-NO COST

- **Polk County General Assistance (Families)**

2309 Euclid Avenue

(515)286-2088

-Monday thru Friday: 8:00 am – 4:30 pm

-Can offer emergency assistance to families in need of shelter or housing

-Workers stop interviewing at 3:45 pm.

- **Youth Emergency Services and Shelter (Youth)**

918 SE 11th Street

(515)282-9377

-7 days a week, 24 hours

-Provides family crisis mediation, emergency shelter, respite, counseling and therapeutic services to youth ages birth to 17.

-Additionally, YESS now provides pediatric integrated health home services for central Iowa families, which includes the support of a care coordinator, family peer support specialist and nurse.

-NO COST

TEMPORARY HOUSING



- **Annie's House (Women Only)**
 - 1136 Martin Luther King
 - (515)779-4599**
 - 7 days a week, 24 hours
 - Call for Intake
 - Offers transitional housing for women only. Mostly ex-offenders
 - COST: \$325 per month**

- **Beacon of Life (Women Only)**
 - 1717 Woodland Avenue
 - (515)244-4713 ext. 13**
 - Open 24/7
 - Provides transitional housing, meals and support services to women ages 18 and over.
 - Must obey rules, curfew, no drugs and must look for work
 - Prescreen required to be added to waiting list
 - COST: \$13.00 per day**

- **Buchanan Transitional Living Center (Youth)**
 - 1219 Buchanan Street
 - (515)265-1222**
 - 7 days a week, 24 hours
 - Transitional housing program for youth ages 16 to 21. Offer supportive services to assist youth in employment, health and moving into permanent housing.
 - NO COST**

TEMPORARY HOUSING (cont.)

- **The Home Connection Program**
3001 Grand Avenue
(515)244-9748
www.thehomeconnection.org
-Monday thru Friday: 8:00 am – 4:00 pm
-Provides supportive housing to homeless families with minor children for periods 18 months to 4 years. Helps families achieve financial independence through employment

-**COST:** \$300 or 30% of household income, whichever is greater.
- **Hope Center for Women & Children
(Single Women & Single Women with Children)**
3333 East University Avenue
(515)264-0144
www.hopeiowa.org
-Monday – Friday: 7:30 am – 4:00 pm
-A Christ-centered long-term residential and life recovery program for single homeless or displaced mothers and their children for up to 24 months.
-Provides 24 hours care and the H.E.A.R.T. program offering case management, counseling, life-skill training, recovery classes, transitional housing, free clothes, free meals, laundry and other support services.
-**NO COST**
- **Hope Ministries Administrative Offices**
www.hopeiowa.org email: info@hopeiowa.org
(515)265-7272
-Monday thru Friday: 8:00 am – 4:30 pm

TEMPORARY HOUSING (cont.)

- **Hope Ministries Door of Faith (Men Only)**
6701 SW 9th Street
(515)974-0545
www.hopeiowa.org
-Phone answered 24 hours a day
- A 102 bed long-term recovery center for homeless and displaced men. Journey of Hope continuum of care offering life-skills, recovery and spiritual growth classes, 3 meals a day, free clothing, laundry, case management, dental & eye care, transitional housing and support services for men ages 18 and over. Men transition to Door of Faith after beginning the Journey of Hope program at Bethel Mission.
- **Hope Ministries Administrative Offices**
www.hopeiowa.org email: info@hopeiowa.org
(515)265-7272
-Monday thru Friday: 8:00 am – 4:30 pm
- **House of Mercy (Families)**
1409 Clark Street
(515)643-6500
www.houseofmercydesmoines.org
-7 days a week, 24 hours
-Provides transitional housing and support for women and women with children. Programs are available for homeless women with substance use related disorders. Substance use related disorder counseling; self-sufficiency/employment preparation/employment supports; parenting services; on-site child care; life skill training; mental health/psychiatric care; trauma services; and case management are all available to participants and their dependents.

TEMPORARY HOUSING (cont.)

- **Lighthouse Host Home (Youth)**

1216 Martin Luther King

(515)288-7884

-Monday thru Friday: 8:00 am – 5:00 pm

-Provides housing for 6 homeless pregnant or parenting young women (ages 16 to 25) and their children for up to 2 years. Support services include employment skills, education, parenting skills, and case management.

-NO COST

- **Transitions (Freedom for Youth)**

(515)282-4822

www.freedomforyouth.org

-Christ-centered transitional housing for young men and women 18-22 years

-Christian programs, Transitional homes for 18-22 year olds (one for men and one for women) from 3 to 24 months depending on goals.

-Christ centered Goal setting, paid employment and hands on skills training at the Freedom Campus during the day.

- Also, soon to open Coffee Shop that will be operated by the young adults in Transitions.

-Also, day time (non-resident) programs for 18 – 22 years olds who need job experience and or free skills training in areas including, welding, woodworking, automotive, small engines, coffee roasting and culinary arts.

-Mentoring, tutoring, meals and skills training for homeless at risk youth

-On-line application for young adult programming at

www.freedomforyouthtransitions.org

-No Cost

- **West Des Moines Human Services (Families)**

139 6th Street

(515)222-3666

-Monday thru Friday: 8:00 am – 4:00 pm

-Housing Solutions program for homeless families with children

-COST: Based on income and homeless status

• TEMPORARY HOUSING (cont.)

- **YMCA Supportive Housing Campus**

2 SW 9th Street

(515)288-2424

-Monday thru Friday: 8:00 am – 6:00 pm

-Saturday: 9:00 am – 1:00 pm

-Permanent Supportive housing for men and women ages 18 and over

-**COST:** Based on program eligibility, YMCA Rental Assistance and Income

RENTAL HOUSING



- **Anawim Housing**

2024 Forest Avenue, Suite 101

(515)244-8308

www.anawimhousing.org

-Monday thru Friday: 8:30 am – 5:00 pm

-Owns/partners and manages Affordable Housing developments in metro Des Moines

-Contracts with the City of Des Moines to implement HUD Permanent Supportive Housing for individuals/families who are experiencing homelessness and have a disability such a mental health condition, substance abuse, Hiv/Aids and/or other disabling condition impacting their ability to remain in permanent housing.

-Supportive services are available to help **current** tenants identify community resources and meet long term housing needs.

-COST: Income guidelines apply to Affordable Housing; HUD programs based on income

- **Central Iowa Regional Housing Authority (Serves Boone, Dallas, Jasper, Madison, Marion and Story Counties)**

1201 SE Gateway Drive

(515)986-1882

www.cirhahome.org

-Monday thru Friday: 8:00 am – 4:30 pm

-Assists qualified low income families with rental assistance through public housing program and the housing choice voucher program.

-COST: Based on income. The family/individual pays between 30 & 40 percent of their monthly income toward rent.

RENTAL HOUSING (cont.)

- **Des Moines Municipal Housing Agency**
100 East Euclid Avenue
(515)323-8950
 - Monday thru Friday: 8:00 am – 5:00 pm
 - Provides rental assistance to qualified low income individuals and families with funding provided by HUD
 - Public Housing and Section 8 housing are available
 - An affordable home ownership program is available to the eligible individuals and families
 - COST:** Based on income and program

- **HIV Housing Assistance Program**
711 East 2nd Street
(515)284-0245
 - Monday thru Friday: 8:00 am – 4:30 pm
 - Provides ongoing housing assistance, rent subsidies and support services to persons living with HIV/AIDS
 - NO COST**

- **Oakridge Neighborhood**
1401 Center Street
(515)244-7702
 - Monday thru Friday: 8:00 am – 5:00 pm
 - Provides subsidized housing for families
 - Support services are available to help residents obtain services, find employment and education
 - COSTS:** Based on income

- **River Hills Apartments**
700 East 5th Street
(515)288-6075
 - Monday thru Friday: 8:00 am – 5:00 pm
 - Provides subsidized housing for the elderly or families with children
 - COST:** Based on income

HEALTH CARE



- **Broadlawns Family Health Care**
1801 Hickman Road
(515)282-2334
-Monday thru Friday: 8:00 am – 5:00 pm
-Call for appointment
-**COST:** Varies

- **Chris the King Free Clinic**
5711 Southwest 9th Street
-Mondays: 7:00 pm – 9:00 pm
-Wednesdays (Pediatric Clinic): 7:00 pm – 9:00 pm
-Closed November 25, 2013

- **Corinthian Family Health Free Clinic**
814 School Street
(515)243-4073
-Saturdays: 9:00 am – 12:00 pm

- **Ellefson Free Medical Clinic**
1607 East 33rd Street
(515)266-7622
-Tuesdays: 1:00 pm – 4:00 pm
-Thursdays: 5:30 pm – 8:30 pm
-Walk In
-**COST:** Varies

HEALTH CARE (cont.)

- **First Assembly of God**
2725 Merle Hay Road
(515)279-9766
 - Thursday: 6:00 pm – 8:00 pm
 - Must be checked in by 7:30 pm
 - Free Medical Clinic
- **Grace United Methodist Church Free Clinic**
3700 Cottage Grove
 - Tuesdays: 5:30 pm – 7:30 pm
 - 5:00 pm – 7:00 pm is Patient Registration
- **Heart and Hands Health Center**
321 Euclid Avenue
(515)243-6408
 - Monday thru Friday: 9:00 am – 6:00 pm
 - Call for appointment
 - COST:** Varies
- **HOLA Center**
618 East Street
(515)299-4652
 - Monday thru Friday: 8:00 am – 5:00 pm
 - Call for appointment
 - COST:** Varies
- **Holy Family School Free Clinic**
1265 East 9th Street
 - First Monday of the month: 7:00 pm – 9:00 pm

HEALTH CARE (cont.)

- **House of Mercy Medical Clinic**
1409 Clark Street
(515)643-6525
-Monday thru Friday: 9:00 am – 11:45 am & 12:30 pm – 4:30 pm
-Call for an appointment
-NO COST
-CO-PAY for medications
- **Islamic Center of Des Moines Free Medical Clinic**
6201 Franklin Avenue
-1st & 3rd Saturdays of the month: 9:00 am – 11:00 am
- **La Clinica de la Esperanza**
3200 Grand Avenue, 6th Floor
(515)244-6162
-Monday: 6:00 pm – 8:00 pm
-Tuesday: 1:00 pm – 5:00 pm
-Thursday: 8:00 am – 12:00 pm
-Walk in or call
-Donations Accepted
-Sliding Scale Fee
- **Mae E Davis Medical Center**
1312 Maple Street, West Des Moines
(515)277-1103
-Tuesday: 7:00 pm – 9:00 pm
-Walk in or call
-NO COST

HEALTH CARE (cont.)

- **Margaret Cramer Free Medical Clinic**
2725 Merle Hay Road (First Assmebly of God)
(515)279-9766 ext. 42
-Thursday: 6:00 pm – 8:00 pm (Patient Registration: 5:30 – 7:00 pm)
-Walk in or call
- **Polk County Health Department**
1907 Carpenter Street
(515)286-3798
-Monday, Wednesday, Thursday & Friday: 8:00 am – 5:00 pm
-Tuesday: 8:00 am – 7:00 pm
-Call for an appointment
-**COST:** Varies
- **Planned Parenthood of Greater Iowa**
2304 University Avenue
(877)811-7526
-Monday: 9 am – 2 pm
-Tuesday: 9 am - 5 pm
-Wednesday: 12 pm – 8 pm
-Thursday: 9 am – 5 pm
-Friday: 9 am – 5 pm
-Provides reproductive care and general health care.
-Call for an appointment
-**COST:** Varies
- **Primary Health Care**

Central Iowa Shelter & Services
205 15th Street
(515)284-5719
-Medical Services
-Tuesday & Wednesday: 1:00 pm – 5:00 pm
-Thursday: 8:00 am – 12:00 pm & 1:00 pm – 5:00 pm

HEALTH CARE (cont.)

Bery Engebretsen Clinic

2353 SE. 14th Street

Health: (515)248-1400

-Monday thru Friday: 8:00 am – 5:00 pm

-Medical Services & Behavioral Health Services

Bery Engebretsen Dental Clinic

2353 SE 14th Street

Dental: (515)248-1470

-Monday thru Friday: 7:30 am – 4:30 pm

-Comprehensive Exams & X-rays

-Preventive Dental Care for all ages (infants, toddlers, young children, adolescents and all adults)

-Sealants

-Tooth cleanings

-Fluoride Varnish Applications

-Space Maintainers

-Periodontal Exams and Care

-Dental Restorations

-Prenatal Oral Care

-Extractions

-Emergency Dental Care

East Side Center:

3509 E. 29th Street

(515)248-1600

-Monday thru Thursday: 8:00 am – 8:00 pm

-Friday: 8:00 am – 5:00 pm

-Saturday: 9:00 am – 1:00 pm

-Medical Services & Behavioral Health Services

HEALTH CARE (cont.)

University Clinic

1200 University Avenue, Suite 120

(515)248-1500

-Monday, Wednesday & Friday: 8:00 am – 5:00 pm

-Tuesday: 8:00 am – 8:00 pm

-Medical Services, Behavioral Health Services, Outreach Services,
Centralized Intake Program

-The Advocacy Department works to house clients as well as increase their housing stability by referring them to appropriate community resources, help find income streams and some daily living skills once housed. Services that are provided on site at Advocacy are: shower, clothing closet, emergency food pantry and housing referrals.

Primary Health Care at Eyerly Ball Community Health Center

1301 Center Street

(515)243-5181

-Monday: 1:00 pm – 2:00 pm

-Medical Services

Primary Health Care at Youth Emergency Shelter Services

918 SE 11th Street

(515)282-9377

-Thursday: 3:00 pm – 7:00 pm

-Medical Services

Primary Health Care at Mercy

250 Laurel Street

(515)643-4610

-Monday thru Friday: 8:00 am – 4:00 pm

-Medical Services & Behavioral Health Services

HEALTH CARE (cont.)

The Project/HIV Services

1200 University Ave

(515)248-1595

-Monday, Wednesday-Friday: 8:00 am – 5:00 pm

-Tuesday: 8:00 am – 8:00 pm

-Medical Services

-Supportive and Case Management Services

-HIV Prevention & Testing

- **Primary Health Care Pharmacy:**

1200 University Avenue

(515)262-0854

Patient Assistance: 515-262-0854

-Monday, Wednesday, Thursday & Friday: 9:00 am – 5:00 pm

-Tuesday: 9:00 am – 6:00 pm

-Primary Health Care Pharmacy provides medications to patients seen at a Primary Health Care, Inc. clinic. As a 340B pharmacy, Primary Health Care Pharmacy is able to provide medications at a reduced cost to eligible patients. Patients may also qualify for patient assistance programs. Clinical pharmacy services are available to help patients with chronic health conditions.



MENTAL HEALTH/ SUBSTANCE ABUSE

- **Eyerly-Ball Community Mental Health Center**
1301 Center Street
(515)243-5181
-Individual, Group, Couple & Family Therapy
-17 & Older residing in Polk, Dalla & Warren Counties
-Call for appointment
-**COST:** Fee for Service Program.
Assistance available for those who qualify
- **Broadlawns Medical Center**
-Mental Health Services
(515)282-2200
- **Assessment**
(515)243-4200
-EFR
-Substance Abuse
- **Broadlawns Medical Center**
(515)282-2200
-Substance Abuse Services
- **House of Mercy**
(515)643-6500
-Outpatient mental health and substance abuse services for men and women
- **MECCA**
(515)262-0349
-Outpatient substance abuse services

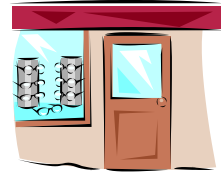
MENTAL HEALTH/ SUBSTANCE ABUSE (cont.)

- **MECCA**
(515)262-0349
-Inpatient substance abuse services

- **Powell**
(515)263-2424
-Inpatient substance abuse services

- **United Community Services**
(515)280-3860
-Substance abuse services

OUTREACH CLINICS



- **Hope Ministries Bethel Mission Facility**
1310 6th Avenue
-Thursday: 1:00 pm – 4:00 pm
- **House of Mercy**
1409 Clark Street
-Monday – Friday: 8:30 am – 4:30 pm
-Tuesday: 4:00 pm – 7:30 pm
- **Central Iowa Shelter & Services**
1420 Mulberry Street
-Wednesday: 4:00 pm – 8:00 pm

FINANCIAL ASSISTANCE



- **Central Place Family Resource Center**
8325 NE University Avenue
(515)967-7806
 - Monday thru Friday: 8:00 am – 4:30 pm
 - Provides on-site General Assistance for rent, mortgage, food, utility assistance and basic furniture items to families in the SE Polk Area

 - **Creative Vision Human Development Institute**
1343 13th Street
(515)244-4003
 - Monday thru Thursday: 9:00 am – 8:00 pm
 - Friday: 9:00 am – 5:00 pm
 - Can provide financial assistance for rent or utility bills
 - Must go through General Assistance first

 - **Cross Ministries**
1050 24th Street
(515)279-9998
 - Rent or Mortgage Assistance:**
 - Complete paper work from General Assistance (2309 Euclid) or Veterans Affairs showing income and expenses for past 30 days
 - A Landlord/Mortgage Holder Statement showing the amount that is currently owed
 - NOTE: Those needing a rent deposit do not need to go to General Assistance but will still need to show a current landlord's statement and receipt for the past 30 days showing the source of income and how those funds have been spent.
 - Electric / Gas or Water Assistance:**
 - Complete paperwork from General Assistance or Veterans Affairs
 - A 12 month printout from the utility company showing payment history
- Assistance is limited to once in a 12 month period**

FINANCIAL ASSISTANCE (cont.)

- **Cross Ministries (cont.)**
Personal Hygiene Items, Cleaning Supplies. Laundry Vouchers or BusTokens:
-Information on income and expenses for the past 30 days
Assistance is limited to once every 3 month period.

- **Polk County General Assistance (General Relief)**
2309 Euclid Avenue
(515)286-2088
-Monday thru Friday: 8:30 am – 4:30 pm
-Provides temporary financial assistance for basic services such as rent and utility assistance

- **Proteus, Inc.**
3850 Merle Hay Road
(800)372-6031
-Monday thru Friday: 8:00 am – 4:30 pm
-Assists with emergency financial assistance to mainly non-English speaking individuals/families. Can assist English speaking individuals/families in emergency situations

- **St. Vincent de Paul**
1426 6th Avenue
(515)282-8327
-Monday thru Friday: 8:30 am – 5:00 pm
-Provides financial assistance
-Does not assist in first month's rent or deposits

FINANCIAL ASSISTANCE (cont.)

- **Salvation Army**

1326 6th Avenue

(515)282-3599

-Provides temporary financial assistance with rent and utility bills by appointment only

-Monday: 9:30 am – 12:00 pm, 1:00 pm – 3:30 pm

-Tuesday: 9:00 am – 12:00 pm, 1:00 pm – 3:30 pm

-Wednesday: 9:00 am – 12:00 pm, 2:00 pm – 3:30 pm

-Thursday: 9:00 am – 12:00 pm, 1:00 pm – 3:30 pm

-Friday: 9:00 am – 12:00 pm, 1:00 pm – 3:30 pm

-Also have Food Pantry and Infant Center

- **Veterans Affairs**

2309 Euclid Avenue

(515)286-3670

-Monday thru Friday: 8:00 am – 4:00 pm

-Provides temporary assistance for basic services (including rent and utility assistance)

-Must have served in Military during wartime

-Also will file for client's federal benefits

****FOR RENT AND UTILITY ASSISTANCE, FIRST APPLY FOR ASSISTANCE THROUGH GENERAL ASSISTANCE OR VETERANS AFFAIRS**

- **West Des Moines Human Services**

139 6th Street, West Des Moines

(515)222-3660

-Monday thru Friday: 8:00 am – 4:00 pm

-Provides emergency financial assistance (Homeless Prevention) for WDM residents

COMMUNITY CENTERS



***The following 6 providing Energy Assistance, Weatherization, Housing Rehabilitation Programs, and Payment Planning Specialists:**

- **City of Des Moines Community Development**
602 Robert D. Ray Drive
(515)283-4180
-Monday thru Friday: 8:00 am – 4:30 pm
-Administration office for the city's community site offices
-Does not provide direct services to individuals
- **Archie Brooks (Pioneer Columbus) Site Office**
2100 SE 5th Street
(515)288-3734
-Monday thru Friday: 9:00 am – 3:00 pm
- **Forest Avenue Community Services Site Office**
2011 Forest Avenue
(515)248-6216
-Monday thru Friday: 8:00 am – 5:00 pm
- **Logan Community Services Site Office**
1740 East Garfield
(515)265-5616
-Monday thru Friday: 8:00 am – 5:00 pm
- **Red Rock Community Action Program**
406 SW School Street, Ankeny
(515)965-0433
-Monday thru Friday: 8:00 am – 4:30 pm

COMMUNITY CENTERS (cont.)

*Other Community Centers:

- **Polk County Crisis and Advocacy Services**
2309 Euclid Avenue
(515)286-3600
 - Monday thru Friday: 8:00 am – 4:30 pm
 - Phone answered 7 days a week, 24 hours
 - Provides victim assistance to victims of sexual assaults
 - Also assists families of homicide and suicide victims
- **Urban Dreams**
1410 6th Avenue
(515)288-4742
 - Monday thru Friday: 9:00 am – 11:00 pm
 - Saturday: 9:00 am – 2:00 pm
 - Offers assistance and support for ex-offenders and their families
 - Also has programs to address high risk youth and young adults, provide outpatient substance abuse, and offers parent education
- **Young Women's Resource Center**
818 5th Avenue
(515)244-4901
<http://ywrc.org>
 - Monday thru Thursday: 8:00 am – 5:00 pm
 - Friday: 8:00 am – 12:00 pm
 - Offers programs to young women, ages 10 to 21. Support group for young moms, childbirth education class, after school groups, therapy, individual support for young moms, problem solving groups.
 - Prevention groups and physical activity groups.

COMMUNITY CENTERS (cont.)

- **WIC (Women, Infant & Children)**

2300 Euclid Avenue, Suite D

(515)282-5800

-Monday thru Friday: 8:00 am – 4:30 pm

-Provides nutrition education to women who are pregnant, breast feeding, or who have recently had a baby; infants age 0 to 1 years; Children age 1 to 5 years. Eligible participants receive food vouchers, nutrition education and referral for health services.

GENERAL SERVICES



- **American Red Cross (Central Iowa Chapter)**

2116 Grand Avenue

(515)243-7681

-Monday thru Friday: 8:00 am – 5:00 pm

-Phone answered 7 days a week, 24 hours

-Provides emergency assistance for victims of fires or natural disasters.

-Financial Assistance, food, shelter and clothing available for these individual families

- **Catholic Charities**

601 Grand Avenue

(515)237-5045

www.catholiccharitiesDM.org

-Hispanic Community Outreach

-Refugee Resettlement

-Phoenix House

-Counseling

-Pregnancy and Adoption

GENERAL SERVICES (cont.)

- **Des Moines Regional Transit Authority (DART)**

620 Cherry Street

(515)283-8100

-Building Hours: Monday thru Friday: 6:00 am – 11:00 pm

Saturday: 6:00 am – 10:00 pm

Sunday: 8:00 am – 4:00 pm

-Bus Service: Hours vary by route – runs 7 days a week

-Customer Phones Answered: Monday thru Friday: 6:00 am – 7:00 pm

Saturdays: 7:00 am – 5:00 pm

Sundays: 8:00 am – 4:00 pm

-Customer Service Window Hours: Monday thru Friday: 6:30 am – 7:00 pm

Saturday & Sunday: 8:00 am – 4:00 pm

-Provides public transportation services to residents of the Greater Des Moines Area.

-OTT (Opportunities Through Transit): Discounted bus pass for low-income households

-Paratransit – provides transportation for disabled/elderly persons

-Senior and Disabled Reduced Fare ID Cards available

- **Family Directions of Iowa Services**

1211 Vine Street #2140, West Des Moines

(515)255-9490

-Monday thru Friday: 9:00 am – 5:00 pm

-Parents Anonymous

*Community Family Support Programs

-The Parenting Way *Ten Week Parent Education Classes

-Parents as Teachers *In-Home Parent Education Children 0-5

-Teens & Teen Parent Programs

-Reentry & Recovery Programs

*Parents in Transition

GENERAL SERVICES (cont.)

- **Friendship Baptist Church**
1526 Martin Luther King Parkway
(515)244-1701
 - Conversational English Classes: Monday 5:00 pm
 - Beginner & Intermediate Levels
- **Hispanic Educational Resources, Inc.**
828 Scott Avenue
(515)282-6542
 - Monday thru Friday: 6:30 am – 5:30 pm
 - Offers services specifically to the Hispanic/Latino community
 - Services include ESL, Children’s Center and case management
- **Iowa Department of Human Services – Polk County**
1900 Carpenter Avenue
(515)286-3555
 - Monday thru Friday: 8:00 am – 4:30 pm
 - Administers entitlement programs, including FIP, Food Stamps, and Medical only
- **PEER Advocacy Program**
1914 Carpenter Street
(515)286-2112
 - Monday thru Friday: 8:00 am – 5:00 pm
 - Connections Senior Citizens to available resources in the community
 - Provides advocacy, meals, transportation and some assistance filling out forms for seniors
- **West Des Moines Human Service**
139 6th Street, West Des Moines
(515)222-3661
 - Monday thru Friday: 8:00 am – 4:00 pm
 - Transportation for low income, elderly and disabled West Des Moines residents

ADVOCACY



- **Central Iowa Center for Independent Living**
655 Walnut Street , Suite 131
(515)243-1742
-Monday thru Friday: 8:00 am – 4:30 pm
-Offers information and referral, counseling, and advocacy for persons with disabilities
- **Disability Rights IOWA (formerly Iowa Protection and Advocacy Services)**
400 E. Court Avenue, Suite 300
(515)278-2502
1-800-779-2502
-Monday thru Friday: 8:00 am – 5:00 pm
-Provides advocacy to persons with disabilities and/or mental illness in the areas of abuse, neglect, housing, employment, education, and denial of services.
- **Home, Inc.**
1111 9th Street, Suite 210
(515)243-1277
-Monday, Tuesday, Thursday & Friday: 8:00 am – 12:00 pm & 1:00 pm – 4:00 pm
-Wednesday: 1:00 pm – 4:00 pm
-Provides information, referral and counseling for persons dealing with housing issues including landlord/tenant issues, terminations and evictions, and home purchase
- **Iowa Coalition Against Domestic Violence**
3030 Merle Hay Road
(515)244-8028
-Provides support services for victims of domestic violence, including education

ADVOCACY (cont.)

- **MUNA**

515 28th Street, Suite 109

(515)244-2117

Crisis Line: (866)256-7668

-Monday thru Friday: 8:00 am – 5:00 pm

-Advocates for Hispanic/Latina women

-Provides personal and legal advocacy, counseling, and a 24-hour crisis line

LEGAL



- **Drake Law School Legal Clinic (Neal & Bea Smith Law Center)**
2400 University Avenue
(515)271-3851
-Monday thru Friday: 8:00 am – 4:30 pm
-Provides legal assistance in Elderly Law, Civil Law, Children’s Rights, and Criminal Law at a low cost
- **Iowa Coalition Against Sexual Assault**
Iowa Sexual Abuse Hotline (800)284-7821 (free 24-hour support, information & referral for survivors of sexual assault)
-Monday thru Friday: 8:30 am – 4:00 pm
-The Iowa Coalition Against Sexual Abuse Legal Assistance to Victims program provides information and referrals for legal issues related to sexual assault. We also provide legal representation to sexual assault survivors in some cases, dependent upon the facts of the case and resources available. Representation is limited to civil cases and has included family, juvenile and immigration matters
- **Iowa Legal Aid**
1111 9th Street, Suite 230
(800)532-1275
-Offices are open to the public Monday – Friday 8:30 am - 4:30 pm
-Applications for assistance are taken:
 - * Monday thru Friday: 9:00 am – 11:00 am
 - * Monday, Tuesday, Wednesday and Friday: 1:30 pm – 3:30 pm-Emergency applications are taken anytime during regular office hours
Iowa Legal Aid provides free legal assistance with civil legal problems for clients who meet income and asset guidelines, based on the size of their household. Some Iowans in need of assistance, including those who are 60 and older, may be exempt from financial guidelines. The help provided ranges from counsel and advice to representation before various agencies and courts. The types of cases handled include obtaining protective orders for victims of domestic violence and assisting with other family law issues, assisting with eviction actions and public housing issues, securing income support such as disability or unemployment benefits, food stamps and Medicaid/Medicare, and protecting clients with consumer issues.

LEGAL (cont.)

- **Lawyer Referral Services**

Online services – www.iowafindalawyer.com

-Offers assistance in referring to an appropriate lawyer

-Charges \$25 for the first half-hour

- **United States Citizenship & Immigration Services**

210 Walnut Street, Room 215 Federal Bldg.

(515)323-2050

-Monday thru Friday: 8:00 am – 4:00 pm

-Provides information regarding aliens, naturalization, work authorization permits, Visa petitions and immigrant status

- **Youth Law Center**

300 Walnut Street #295

(515)244-1172

www.youthlawcenter.org

-Monday thru Friday: 8:00 am – 4:30 pm

-Provides free juvenile court representation to Polk County youth and free legal advice to youth across the State of Iowa



CLOTHING CLOSETS & VOUCHERS

- **Agape Pregnancy Center**
2550 Martin Luther King
(515)255-0243
 - Monday and Thursday: 10:30 am – 6:00 pm
 - Tuesday & Wednesday: 10:30 am – 4:00 pm
 - 2nd & 4th Saturday: 9:00 am – 1:00 pm
 - Must call first for assistance with clothing
- **Amazing Grace Ministries & Outreach**
1903 53rd Street (North Door Entrance)
(515)277-9062
 - Saturday: 11:00 am – 1:00 pm
 - Serves anyone in need, including undocumented individuals
 - Once every 30 days
- **American Red Cross Central Iowa Chapter**
2116 Grand Avenue
(515)243-7681
 - Monday thru Friday: 8:00 am – 4:30 pm
 - Phones answered 7 days a week, 24 hours
 - Provides emergency assistance for victims of fires or natural disasters.
 - Financial Assistance, Food, Shelter, and Clothing available for individual families.
- **Bidwell-Riverside Center**
1203 SE Hartford
(515)244-6251
 - Monday, Tuesday & Friday: 10:00 am – 3:00 pm
 - Wednesday: 10:00 am – 1:00 pm
 - Thursday: 1:00 pm – 6:00 pm -Everyone welcome.

CLOTHING CLOSETS & VOUCHERS (cont.)

- **Catholic Charities Diocese of Des Moines**
601 Grand Ave
(515)237-5045
www.catholiccharitiesDM.org
St. Mary Family Center
Clothing Closet
1815 Hubbell Ave
(515)262-7290
- **Capitol Hill Lutheran Church**
511 Des Moines Street
(515)244-8913
-Wednesday: 3:00 pm – 5:00 pm
-Saturday: 9:30 am – 11:30 am
-Clothes are free
- **Clothes Hanger**
113 2nd Street SE, Altoona
(515)967-5147
-Must live in Altoona and/or the Southeast Polk School District
- **First Federated Church**
4801 Franklin Avenue
(515)255-2122 ext. 122
-Wednesday: 12:30 pm – 2:00 pm
- **Friendship Baptist Center**
(515)244-1701
1526 Martin Luther king
-Tuesday: 9:30 am – 11:30 pm
-Open to anyone living in the area

CLOTHING CLOSETS & VOUCHERS (cont.)

- **Highland Park Christian Church**
4260 NW 6th Drive
(515)244-3182
-Monday & Friday: 9:30 am – 11:30 am
-Call to confirm hours as they may vary
- **Hope Ministries Administrative Offices**
www.hopeiowa.org email: info@hopeiowa.org
(515)265-7272
-Monday thru Friday: 8:00 am – 4:30 pm
-Referrals for free clothing only through their King's Closet member agencies
- **Polk County General Assistance**
2309 Euclid Avenue
(515)286-2088
-Monday thru Friday: 8:00 am – 4:30 pm
-Provides clothing vouchers for qualifying low-income persons
- **School Clothing Programs (Des Moines Public Schools)**
1001 Amos Avenue #450
(515)242-7890
-Monday thru Friday: 8:00 am – 4:00 pm
-Offers a \$50 clothing voucher per child to lower income families with children in the Des Moines Public School system
-Must speak with school social worker or counselor to apply
- **Ron Sallade School Clothing Program (Des Moines Public Schools)**
901 Walnut Street
515-242-8300
Monday thru Friday – 8am – 4:30pm
Offers a \$50 clothing voucher per child to lower income families to be redeemed at the local area Gordmans locations. Student must be currently enrolled in Des Moines Public Schools at the time of voucher. Must speak with SUCCESS Case Manager, Counselor or Social worker to apply.

CLOTHING CLOSETS & VOUCHERS (cont.)

- **TAKE (The Ankeny Clothing Exchange)**
406 SW School Street, Ankeny
(515)964-4235
Neveln Center Room #310
-Monday thru Friday: 9:30 am – 11:30 am
- **Veterans Affairs**
120 2nd Avenue #236
(515)286-3670
-Monday thru Friday: 8:00 am – 4:00 pm
-Clothing vouchers are offered for eligible Veterans
- **West Des Moines Human Services Center**
139 6th Street, West Des Moines
(515)222-3660
-Monday, Tuesday & Thursday: 8:30 am – 3:00 pm
-Wednesday & Friday: 8:30 am – 12:00 pm
-Serves WDM, Windsor Heights, Clive, Urbandale

THRIFT STORES



- **Bargain Basket, Junior League of Des Moines**
315 East 6th Street
(515)246-8545
-Monday thru Saturday: 10:00 am – 6:00 pm
- **Disabled American Veterans Thrift Store**
2627 East University Avenue
(515)262-3850
-Monday thru Saturday: 8:00 am – 7:30 pm
- **Hope Ministries Bargain & Community Outreach Center**
4640 Merle Hay Road
(515)262-0876
www.hopeiowa.org
-Monday thru Friday: 10:00 am – 6:00 pm
-Saturday: 9:00 am – 5:00 pm
-Thrift store, donation & recycling center.
-Offer free clothes thru King's Closet program
- **Goodwill Industries**
3251 E. Euclid
(515)265-6650
-Monday thru Friday: 9:00 am – 9:00 pm
-Saturday: 9:00 am – 6:00 pm
-Sunday: 12:00 pm – 5:00 pm

• THRIFT STORES (cont.)

- **Goodwill Industries (cont.)**

3333 SE 14th Street

(515)287-5578

-Monday thru Friday: 9:00 am – 9:00 pm

-Saturday: 9:00 am – 6:00 pm

-Sunday: 12:00 pm – 5:00 pm

4520 NW Urbandale Avenue

(515)270-6631

-Monday thru Friday: 9:00 am – 9:00 pm

-Saturday: 9:00 am – 6:00 pm

-Sunday: 12:00 pm – 5:00 pm

1600 Valley West Drive, WDM

(515)225-1908

-Monday thru Friday: 9:00 am – 9:00 pm

-Saturday: 9:00 am – 6:00 pm

-Sunday: 12:00 pm – 5:00 pm

6630 Mills Civic Parkway, WDM

-Monday thru Friday: 9:00 am – 9:00 pm

-Saturday: 9:00 am – 6:00 pm

-Sunday: 12:00 pm – 5:00 pm

509 N. Ankeny Blvd.

(515)963-0209

-Monday thru Friday: 9:00 am – 9:00 pm

-Saturday: 9:00 am – 6:00 pm

-Sunday: 12:00 pm – 5:00 pm

THRIFT STORES (cont.)

- **Not New Shop, Iowa Lutheran Hospital**
705 University Avenue #300
(515)266-7610
-Monday thru Wednesday, Friday: 10:00 am – 3:00 pm
-Thursday: 10:00 am – 6:00 pm
-Saturday: 10:00 am – 1:00 pm

- **New 2 U**
1050 E. Army Post Road
(515)953-0619

- **St. Vincent de Paul**
1426 6th Avenue
(515)282-8327
-Monday thru Saturday: 8:30 am – 5:00 pm

- **The Salvation Army Thrift Store**
133 E. 2nd Street
(515)243-4277
-Monday thru Thursday: 9:00 am – 8:00 pm
-Friday & Saturday: 9:00 am – 9:00 pm

6101 SE 14th Street
(515)285-3542
-Monday thru Thursday: 9:00 am – 8:00 pm
-Friday & Saturday: 9:00 am – 9:00 pm

105 E. Euclid Avenue
(515)243-0308
-Monday thru Thursday: 9:00 am – 8:00 pm
-Friday & Saturday: 9:00 am – 9:00 pm

**Iowa Institute for Community Alliances
1111 9th Street, Suite 245
Des Moines, IA 50314**

Phone: 515-246-6643

Fax: 515-246-6637

E-Mail: kim.grandstaff@icalliances.org

Updated 01/21/15