

Womens Records				Mens Records			
Event	Mark	Date Set	Record Holder	Event	Mark	Date Set	Record Holder
Decathlon	5173	June-5-14	Sydney Madrid	International Decathlon	6582	1992-1993	Tage Peterson
Heptathlon	4397	May-16-14	Kilee Hagerstrand	Decathlon	7292	1992-1993	Tage Peterson
Heptathlon - Frosh	3118	2011	Kilee Hagerstrand	Decathlon - Frosh	4308	2013	Garrett Turnbull
100m Dash	12.58	May-12-12	Kilee Hagerstrand	100m Dash	10.87	Mar-22-08	Michael Ness
100m Dash - Frosh	13.04	Apr-06-05	Amanda Leonard	100m Dash - Frosh	11.17	May-16-97	Oleaun Underwood
200m Dash	25.44	2004	Adrienne Acton	200m Dash	21.97	May-02-08	Michael Ness
200m Dash - Frosh	27.14	Apr-06-05	Amanda Leonard	200m Dash - Frosh	22.47	Apr-05-97	Oleaun Underwood
400m Dash	57.29	May-13-04	Adrienne Acton	400m Dash	49.68	May-14-05	Joe Gatlin
400m Dash - Frosh	1:00.20	Apr-05-07	Jade Carr	400m Dash - Frosh	52.14	Apr-02	Joe Gatlin
800m Run	2:14.98	1978	Yvette Gomez	800m Run	1:56.78	Apr-28-95	Brent Deisig
800m Run - Frosh	2:15.02	May-92	Angela Mattison	800m Run - Frosh	2:10.30	Apr-5-76	Jake Schas
1600m Run	5:15.02	May-25-92	Angela Mattison	1600m Run	4:25.40	Apr-28-95	Brent Deisig
1600m Run - Frosh	5:15.02	May-25-92	Angela Mattison	1600m Run - Frosh	4:43.14	1976	Jake Schas
3200m Run	11:40.39	May-14-05	Melinda Marks	3200m Run	9:52.54	May-12-07	Brian Farnsworth
3200m Run - Frosh	11:40.39	May-14-05	Melinda Marks	3200m Run - Frosh	10:15.14	1971	Ronnie Burrola
100m Hurdles	14.84	Apr-18-14	Sydney Madrid	110m Hurdles	14.73	May-13-09	Kane Punt
100m Hurdles - Frosh	16.00	May-15-10	Mally McGarity	110m Hurdles - Frosh	15.80	1992	Peter Sherman
300m Hurdles	43.82	May-7-14	Sydney Madrid	300m Hurdles	38.65	May-10-08	Michael Ness
300m Hurdles - Frosh	46.61	May-11	Sydney Madrid	300m Hurdles - Frosh	44.00	Apr-77	John Alvarez
High Jump	5-07.00	May-76	Lena McKnight	High Jump	6-10.50	May-5-95	Tage Peterson
High Jump - Frosh	5-03.00	Apr-01-10	Mally McGarity	High Jump - Frosh	6-04.50	Mar-92	Peter Sherman
Pole Vault	8-06.00	Mar-29-06	Steffani Liscum	Pole Vault	14-06	Apr-96	Shawn Marshall
Pole Vault - Frosh	8-01.00	Apr-21-04	Jamie Miller	Pole Vault - Frosh	11-06	1971	Floyd Rogers
Long Jump	18-02.00	May-78	Patti Patton	Long Jump	23-09.25	May-94	Tage Peterson
Long Jump - Frosh	16-00.25	May-14-11	Kilee Hagerstrand	Long Jump - Frosh	20-04.00	May-71	Mike Ginn
Triple Jump	35-04.00	May-14-10	Mally McGarity	Triple Jump	47-05.00	May-94	Tage Peterson
Triple Jump - Frosh	35-04.00	May-14-10	Mally McGarity	Triple Jump - Frosh	38-02.00	May-94	
Shot Put	43-03.00	May-16-99	Ashley Stough	Shot Put	58-00.75	Apr-16-97	Corey Brown
Shot Put - Frosh	32-02.50	May-16-09	Jamee Swan	Shot Put - Frosh	44-03.00	1977	Tom Henson
Discus	137-09.00	Apr-23-99	Ashley Stough	Discus	168-08.00	May-75	Joe Custis
Discus - Frosh	114-11.00	May-12-05	Brittany Honea	Discus - Frosh	125-03.00	Apr-18-01	Matt Cox
Javelin	127'9.07	June-15-13	Kilee Hagerstrand	Javelin	167'5.06	Apr-10-14	Ben Honea
Javelin - Frosh	97'6	2011	Kilee Hagerstrand	Javelin - Frosh	105'10	2013	Garrett Turnbull
4x100m Relay	49.06	Mar-16-14	McKinley, Day, Madrid, Hagerstrand	4x100m Relay	43.22	Apr-25-14	A.Ross, LaFaye, Honea, Ensign
4x100m Relay - Frosh	52.08	Mar-16-07	Brown, Ochoa, Vance, L. Honea	4x100m Relay - Frosh	48.50	1972	Ginn, Grutzius, Fellars, Pitts
4x400m Relay	3:57.15	May-7-14	Day, Hagerstrand, Hala'ufia, Madrid	4x400m Relay	3:26.43	May-7-14	J.Ross, LaFaye, Honea, Ensign
4x400m Relay - Frosh	4:32.30	Apr-13-05	Burgess, Laulusa, Liscum, Leonard	4x400m Relay - Frosh	3:54.00	Apr-8-14	Slaughter, Sanchez, Leavans, Gehr
4x800m Relay	10:03.16	Apr-30-14	Me.Hala'ufia,Bourguet,Madrid,Mo.Hala'ufia	4x800m Relay	8:25.50	May-15-03	Solis, Kinnibrugh, Siqueiros, Morrill
4x800m Relay - Frosh	14:07.50	Mar-26-14	Young,Pethe,Fitzsimmons,Sancio	4x800m Relay - Frosh			