

# Professional Vitae

## Education

Doctor of Psychology.  
Psy.D. Applied Psychology, School Psychology  
GSAPP, Rutgers University, 1999.

M.A. Educational Psychology  
Montclair State University, 1990

Tufts University, Boston, MA  
B.A. Political Science, Cum Laude, 1983

## Continuing Professional Development

- Nov. '14      Renfrew Center Eating Disorders Conference. Using ACT to Overcome Values of ED client, Dr. D. Doucette. Why Therapy Works, Dr. L. Cozolino, Embodied Mindfulness, A. Biasetti, Treating Binge Eating Disorder, Dr. D. Schwartz, Embracing the Body: Movement for BED, K. Lavery & J. Finger. Clinical Dilemmas and Decision Points, Dr. Strober, Hill, Ravin. Philadelphia, PA, 20 hours.
- June '14      Anxiety Treatment Techniques That Really Work, David Carbonell, PhD., Parsippany, NJ, 6 hours.
- 2012-2013      Radical Aliveness/Core Energetics Advanced International Training for Core Energetic Graduates, Ann Bradney, 16 days, Mexico.
- Dec'12      MySelf Design Provider Training. Post-Op Psychotherapeutic Program for Bariatric Patients. Carol Signore, MS, LMFT.,FAED. [www.myselfdesign.com](http://www.myselfdesign.com)
- Nov'12      Renfrew Center Eating Disorders Conference. Understanding The Complexities of Anorexia Nervosa and Implications for Therapeutic Management, Drs. Strober & Johnson, 1 day, with Keynote: What Role Will We Play in the War on Obesity, Dr. Burgard, Ph.D., Philadelphia, PA
- Aug '12      The Healing Power of Unconditional Presence: Integrating Spiritual, Psychological & Embodiment Work, Dr. John Welwood Ph.D., 7 days, Omega, Rhinebeck NY.
- July '12      Imago Relationship Work, Drs. Harville Hendrix and Helen Hunt, Getting the Love You Want, 2 ½ days, Kripalu, Lenox MA
- May '12      Anatomic Yoga: Anatomy and Physiology of Yoga, Dr. Ray Long, M.D. & Chris Macivor. 2 days, Kripalu, Lenox MA.
- March '12      Seven Stages of Practical Enlightenment, Guru Singh, DD, MSS, 2 days, Kripalu, Lenox MA.
- August '11      Sofia Diaz's Feminine Spiritual Practice: Opening to Feelings Through Hatha Yoga. Crestone, Colorado, 6 days.

- July '11 Yoga Teacher Training 1-month residential intensive, 200 hours, Kripalu, Lenox MA
- May '11 The Tao of Sexual Alchemy: Changing sexual energy into spiritual energy with Mantak Chia and Lee Holden. Esalen Institute, Big Sur CA, 30+ hours.
- March '11 The Immune System: The Mind-Body Connection: Who Gets Sick and Who Stays Well. Steven E. Keller, Ph.D., East Hanover NJ, 6 C.E. credits.
- Nov. '10 Renfrew Center Eating Disorders Conference. Innovative Body-Centered Strategies, Adreinne Ressler, LMSW, Eating Disorder Recovery, C. Costin, MA, B. Hartman, PhD, M. Warren, M.D., Integrating Body-Mind-Spirit, S. Emmett, PhD, S. Kleinman, MA, J. Nardoizzi, Psy.D., Principals of Family-Based Maudsley Therapy, J. Banker, MA. L.Mensh, MS, Reflections on Eating in the Light of the Moon, A. Johnston, PhD; Keynote Presentations: Gloria Steinem, M. Levine PhD., C Johnson, PhD., C. Bulik, PhD., Philadelphia, PA, 20 hours.
- October '10 Trauma Resiliency Model Training (TRM). Biological body-based approach to work with trauma in veterans, warriors, and communities hit by catastrophic disasters. Based on the work of Dr. Peter Levine. Founders/Trainers: L. Leitch, PhD & E. Miller-Karas, MSW, founders of Trauma Resource Institute, [www.traumaresourceinstitute.com](http://www.traumaresourceinstitute.com), Saranac Lakes, NY, 27 hours.
- October '10 Spiritual Sexuality & Sexual Healing, Association for Spirituality And Psychotherapy. Exploring Spiritual Tantra, Dr. M. Mirdad, Sex, Spirit & Shamanism: The Healing Connection, Dr. Gina Ogden, Lee Holden, The Tao of Sexual Secrets, NYC, 17 hours.
- August '10 Sophia Diaz's Feminine Spiritual Practice: Opening to Feelings Through Hatha Yoga. Crestone, Colorado, 6 days.
- July '10 LifeForce Yoga ® Practitioner Training—Level One for Anxiety & Depression. Kripalu, Lenox MA, 58 hours
- January '10 Trauma and Core Energetics®, Joanne Bagshaw, MA One day workshop, NYC.
- 2009 - 2010 Core Energetics® Training, 5th year, Core Energetics® Institute, Garrison, NY (15 days).
- Nov. '09 New Frontiers in Trauma Treatment, Bessel A. van der Kolk, M.D., Newark, NJ, Two days (12 CE credits).
- Sept. '09 Radically Alive Leadership, Ann Bradney, Esalen CA, Core Energetics® Workshop (35 hours).
- May/June '09 Expert Witness/Evaluator Training, Rutgers University, 3 days. Training to provide expert opinions in child abuse/neglect matters and termination of parental rights. 20.5 CE credits.
- July-Feb '09 Exceptional Marriage Therapist Training, 80 certified hours.

Brian/Marcia Gleason, LCSWs. [www.exceptionalmarriage.com](http://www.exceptionalmarriage.com)  
Lagrangeville, NY.

- July '08 United States Association of Body Psychotherapy Conference, Cherry Hill, NJ. R. Hilton, Ph.D. & V. Hilton, Ph.D. "Recovering the Root of Our Identity: Embodying Our Love" (6 hours) J. Weaver, Ph.D. "Sensory Awareness: The Heart of Somatic Psychotherapy" (3 hours) M. Glenn, Ph.D. "Right from the Start: Guiding Young Families In Optimal Development" (3 hours) M. Rand, Ph.D. "Integrating Yoga and Body Psychotherapy" (6 hours) A. Ribiero, MS, LMHC. "Jung and Bodywork: Deep and Gentle Transformation with Calatonia" (6 hours)
- June '08 Big Sky Yoga: Mind-Body Transformation. Julian Walker, Kripalu Center, Lenox, Massachusetts, (2 days)
- April '08 Exceptional Marriage Weekend, Exceptional Marriage Core-Energetics® Work, Brian & Marcia Gleason's LCSW, model of EMM (16+ hours)
- 2004 - 2008 4-Year Clinical Training in body-oriented psychotherapy for adults (160 hours per year), Core Energetics® Institute, NYC
- December '07 "Illuminating where Angels Fear to Tread" Advanced-level 7 day David Deida Intensive, Austin, Texas (60+ hours)
- Nov. '07 "In the Fire of Grace" Women's workshop based on the work of David Deida by Ariel Daunay & Michaela Boehm (21 hours).
- Nov. '07 Exceptional Marriage Weekend, Exceptional Marriage Core-Energetics® work, Brian & Marcia Gleason
- August '07 "The Yoga of Light" 7-day David Deida Intensive, Omega Institute, Rhinebeck, New York (60+ hours)
- June '07 "The Wisdom of Yoga and the Art of Extraordinary Living" Stephen Cope
- May '07 Exceptional Marriage Weekend, Exceptional Marriage Core-Energetics® Brian & Marcia Gleason's model of EMM, (16 + hours)
- January '07 "Radical Aliveness, Part II" Core Energetics® Training workshop (35 hours)
- October '06 "Aligning Language and Literacy: Covering All the Bases" (6 hours) IDA-NJ Conference
- Sept. '06 Exceptional Marriage Weekend, Exceptional Marriage Core-Energetics® work, Brian & Marcia Gleason's model of EMM, (16 + hours)
- Sept. '06 "The Yoga of Light and Love" 3-day David Deida Workshop, Kripalu, Lenox, Massachusetts.
- August '06 "Assessment of Learning Disabilities" (5 hours)  
Dr. Teresa Oetinger Montani, Fairleigh Dickinson University.

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| March '06   | "Autism Spectrum Disorders: Etiology, Diagnoses & Treatment"<br>6 C.E. credits  |
| January '06 | Radical Aliveness" Core Energetics® Training workshop (35 hours)  |
| Nov. '05    | Dr. Mel Levine Seminar Eight Neurodevelopmental Constructs of Learning" (6 hours)   |
| October '05 | NJIDA Conference:<br>"From Dick and Jane to Rocket Science"<br>"Literacy Instruction in the 21st Century"<br>"Developmental Reading Disabilities"<br>"What Research has Taught Us about Etiology, Core Learning Deficits, and Effective Intervention."<br>Lovett, & Using PAR Screening for Early Identification (5 hours).   |
| July '05    | Critical Skills and Issues in School Psychology-NASP Convention (14 hours)<br>"Response to Intervention: A Case Study Approach."<br>"Resilient Classrooms: Places Where All Kids Succeed."<br>"Evidence-Based Interventions for Reducing Anxiety in Children and Adolescents"<br>"Autism Spectrum Disorder: Comprehensive Assessment Strategies for School Psychologists."<br>"Advanced Psychopharmacology for School Psychologists." |
| Oct. '04    | "The National Reading Panel: Putting the Pieces in Place"<br>Workshops in Phonemic Awareness, Decoding, & Fluency (5 hours)   |
| May '04     | "Psychological Growth through Kripalu Yoga" (6 hours)   |
| Mar. '04    | "When Speaking Meets Writing: Strategies for Scaffolding Verbal Working Memory." (6 hours)  |
| Feb. '04    | "Executive Functioning Skills: Assessment & Intervention" (6 hours)   |
| Feb. '04    | "Psychotherapeutic techniques, San Miguel, Mexico" (30 hours)   |
| Oct.,03     | "Introduction to Core Energetics® Body-Oriented Psychotherapy" (15 hours)   |
| Oct. '03    | "Brain Research and Reading Disabilities" (12 hours)  |
| Oct. '03    | "WISC-IV and Reading Disabilities" (luncheon)   |
| Apr '03     | "Reading and Spelling Disabilities" (6 hours)   |
| Mar '03     | "Psychotherapeutic techniques, San Miguel, Mexico" with<br>Dr. Bruce Carriage (30 hours)  |
| Jan. '03    | "Integrating Spirituality and Psychotherapy with Children" (6 hours)  |