



## **First Tooth Train the Trainer Program**

In 2009, The Oregon Oral Health Program in collaboration with the Oregon Oral Health Coalition (OrOHC) launched First Tooth. The program transitioned to OrOHC operational control in 2012.

The main goal of First Tooth (FT) is to reduce early childhood caries in Oregon by implementing preventive oral health services for infants and children. To accomplish this goal, FT aims to create and implement a Train the Trainer (TTT) model. In this model, FT will train regional oral health champions to provide the FT training to local medical and dental providers, as well as other community providers with a stake in improved oral health of 0-5 year olds. This might include WIC, Head Start/Early Head Start, local daycare centers, prenatal providers, or other entities who strive to decrease early childhood caries.

### **Prerequisites for becoming a First Tooth Trainer:**

- Strong understanding of Early Childhood Caries
- Commitment to integration of First Tooth into local/regional community
- Experience in public speaking preferred, but not required
- Relationship building and communication skills necessary

OrOHC sponsors TTT training seminars periodically where trainees have the opportunity to attend a group session in which the trainees will go through the curriculum, practice presenting the material with other trainees, and learn about FT logistics, requirements, and reporting.

The next step to becoming a certified trainer is to conduct a FT training at a medical clinic or childcare facility. The TTT Project Lead will attend and provide a full evaluation for certification. The trainee will be involved in the outreach and scheduling of this training with support from OrOHC and their employing organization which will provide the trainee with marketing materials, invitation templates, and logistical assistance.

### **Successful Completion of the First Tooth Train the Trainer Program**

- FT trainer has access to all digital versions of the handouts and documents, PowerPoint presentations and videos
- Demonstration fluoride varnish toolkit
- Sample of all FT educational materials and posters
- Marketing and outreach templates
- Certificate of Completion as a First Tooth Trainer upon successful completion of the final training and evaluation

### **Trainer Benefits**

As a Certified Trainer, OrOHC will provide a free one-year OrOHC membership and a one-year reduced OrOHC Conference fee rate of \$25. Additional support, annual meetings, and opportunity to earn free CE credits may be available at some gatherings.

## FT Trainer Requirements

- Use materials request form to request materials at least 2 weeks prior to training
- Send OrOHC copies of all sign-in sheets and training evaluations
- Provide technical assistance to sites trained
- Whenever possible, use FT trainings as a means of collaboration among dental and medical providers as well as WIC, Head Start/early Head Start, community nurses, home health nurses and other local entities with a stake in oral health for young children.
- Use leverage in community to advocate for dental home integration
- Provide OrOHC with updated contact lists monthly.
- Attend FT Trainer update meetings at least once a year
- Training materials cannot be altered or modified without the approval of OrOHC.
- Marketing materials and language changes must be approved by OrOHC.

## Ongoing OrOHC Support

- Technical assistance, outreach and programmatic support
- Fulfilling supply orders
- OrOHC will supply specific training materials (\* = while supplies last) such as: AAP Flipbook, Waiting Room/Exam Room Posters, Oral Health Care During Pregnancy: A National Consensus Statement\*, Keep Your Baby Smiling Brochure\* (Eng/Sp), Two Healthy Smiles\* (Eng/Sp), Baby Book of Oral Health\*, ECCP DVD\*, Sesame Street: Health Teeth Healthy Me\*, Office Guide to Pediatric Oral Health, First Tooth Logo Toothbrushes.
- Certification for medical clinics completing FT training
- Follow up support to trained sites to encourage implementation