

FISHING CHECKLIST

BASICS

- Rod and reel
- Bait
- Old tea towel
- Chopping board
- Knife
- Fish sticker / size guide

TACKLE BOX

- Pliers
- Trace line
- Swivels
- Sinkers
- Hooks
- Lures

SAFETY

- Hat
- Sunglasses
- Sunscreen
- Phone
- Life jacket
for non Swimmers

FOOD

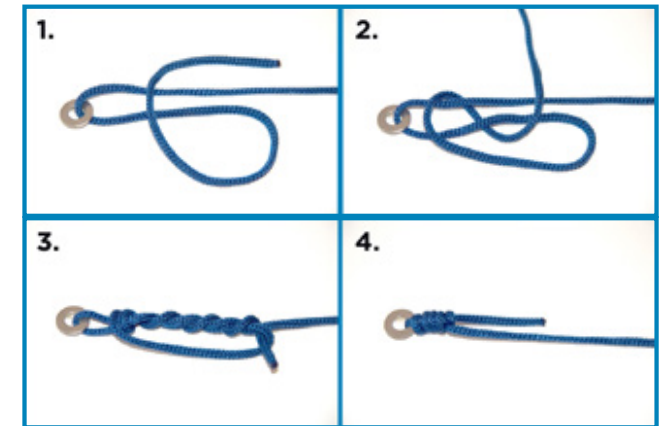
- Drink Bottle
- Snack

JUST FOR FUN

- Camera
- Net
- Bucket

TYING A UNI-KNOT

1. Run the line through the eye of the hook and double back to form a loop by leaving the tag end over the double line
2. Wrap the tag end around the double line by going through the loop
3. Do this six times to give the knot strength
4. Moisten the line a little then pull the main line to tighten knot on the hook



MAKING A RUNNING SINKER RIG

1. Cut about one metre of trace line (or use your main line if you don't have any)
2. Tie a hook on one end and a swivel on the other using a uniknot
3. Thread a ball sinker onto your main line and join it to the other end of the swivel with a uniknot.

