## Soul Restoration

#### Gather Into Small Groups (3-7)

The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul; He guides me in the paths of righteousness For His name's sake. *Psalm 23:1-3* 

#### PSALM 25

To You, O Lord, I lift up my soul. O my God, in You I trust, Do not let me be ashamed; Do not let my enemies exult over me. Indeed, none of those who wait for You will be ashamed; Those who deal treacherously without cause will be ashamed. Make me know Your ways, O Lord; Teach me Your paths. Lead me in Your truth and teach me,

For You are the God of my salvation; For You I wait all the day. Remember, O Lord, Your compassion and Your lovingkindnesses, For they have been from of old. Do not remember the sins of my youth or my transgressions; According to Your lovingkindness remember me, For Your goodness' sake, O Lord. Good and upright is the Lord; Therefore He instructs sinners in the way.

He leads the humble in justice, And He teaches the humble His way. All the paths of the Lord are lovingkindness and truth To those who keep His covenant and His testimonies. For Your name's sake, O Lord, Pardon my iniquity, for it is great. Who is the man who fears the Lord? He will instruct him in the way he should choose. His soul will abide in prosperity, And his descendants will

inherit the land. The secret of the Lord is for those who fear Him, And He will make them know His covenant. My eyes are continually toward the Lord, For He will pluck my feet out of the net. Turn to me and be gracious to me, For I am lonely and afflicted. The troubles of my heart are enlarged; Bring me out of my distresses. Look upon my affliction and my trouble, And forgive all my sins.

Look upon my enemies, for they are many, And they hate me with violent hatred. Guard my soul and deliver me; Do not let me be ashamed, for I take refuge in You. Let integrity and uprightness preserve me, For I wait for You. Redeem Israel, O God, Out of all his troubles.

To You, O Lord, I lift up my soul.

# Psalm 25: By the numbers

- \* ACROSTIC psalm, written by David.
- \* STRUCTURE? Albert Barnes: "The psalm thus expresses a great variety of subjects, apparently with little connection, or united only by a very slender thread of association."
- **\* UNKNOWN CIRCUMSTANCES:** 
  - (a) REFLECTIONS OF MIND AT LEISURE with no outward existing cause.
  - (b) AN UNSPECIFIED TIME OF TROUBLE. We do not know the precise time period it came from; **David was so often in trouble that it could have been from several different points.**

### Students vs. Servants

\* RELATIONAL culture vs. "FUNCTIONAL" culture





#### Students vs. Servants

- \* We are not called to read the bible like everything else. We are called to be *SERVANTS OF THE WORD*, rather than masters of the text.
  - \* Goal is not to understand the text
  - \* Goal is not even to change your behavior
  - \* Goal is to know the Author

# I lift up my soul... means

- \* TO WORSHIP. (Worth-ship, 2-way street, Psalm 115)
- \* TO BE RECHARGED, "RESTORED". (Psalm 23 "He restores my soul")
- \* TO REFOCUS.
- \* TO HONOR GOD... BY CRYING FOR HELP. (Psalm 50)

#### Psalm 50:10-15

-"For every beast of the forest is Mine, The cattle on a thousand hills. I know every bird of the mountains, And everything that moves in the field is Mine. If I were hungry I would not tell you, For the world is Mine, and all it contains. Shall I eat the flesh of bulls Or drink the blood of male goats? "Offer to God a sacrifice of thanksgiving And pay your vows to the Most High; Call upon Me in the day of trouble; I shall rescue you, and you will honor Me."



To You, O Lord, I lift up my soul.