

# BE YOUR BEST LACROSSE

Presents

## 2016 YOUTH SUMMER CAMP

### ESTABLISHED CAMP FOR 14 YEARS

This camp will teach skills, techniques and strategies of lacrosse. It stresses the importance of good fundamentals, training and fun!! The camp encourages all levels of players to learn, improve and enjoy!

**GREAT FOR BEGINNERS OR ELITE PLAYERS**

Grades: **Boys & Girls** = K - 8th

**Camp Director: DAVE SOWERS**



**SIGNUPON-LINENOW:**

[BeYourBestCamps.com](http://BeYourBestCamps.com)

Location: Wissahickon MS  
500 Houston Road, Ambler, PA 19002

#### **K to 8th Graders**

#### **Session 1 - \$250**

Mon. June 27<sup>th</sup> - Fri. July 1<sup>st</sup>  
8:30 am – 2:30 pm

#### **Session 2 - \$250**

Mon. July 18<sup>th</sup> – Fri. July 22<sup>nd</sup>  
8:30 am – 2:30 pm

#### **BOTH SESSIONS - \$449**

\$10 off siblings

#### **Camp Features**

Camp Shirt/Pinnie & Daily prizes: “Camper of the day”, Hustle Bag, Awards Friday, Gatorade Awards  
Outstanding instruction - Fundamental drills with an emphasis on improving individual skills  
Radar Gun for “Fastest Shot” competition & Lacrosse Olympics & special guest

**EACH CAMPER MUST BRING EQUIPMENT, CLEATS, SNEAKERS, WATER JUG AND A LUNCH.**

*Please Print*

Camper Name \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ EMAIL \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Emergency Contact Phone Number \_\_\_\_\_

**12CircleShirtSize:** Youth: (S/M) (L/XL) Adult: (S/M) (L/XL)

**12CircleSessionAttending:** Session 1 or Session 2 or BOTH

(CIRCLE EACH OF THE ABOVE)

Mail with payment (\*Make each check payable to **BeYourBest\***) to:

**BE YOUR BEST LAX**  
P.O. BOX 274  
Dresher, PA 19025

**SIGN UP NOW!**

Over 400  
Campers  
in 2015

Refunds: All cancellations must be received in writing. Refunds will be made for cancellations received at least fourteen days before camp begins but a \$30 fee will be deducted for administrative expenses. After this deadline, a \$50 fee will be deducted. If no notice is received, a \$75 fee will be deducted. The postmark of the cancellation letter will determine the date received by the BYB office. No refunds for campers who leave before the last day of camp.