

MAKE A SCENE

MAGAZINE



international fly fishing film festival

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THE QUIET CULL: RULES OF THE ROAD PAGE 12



UAA CONCERT BOARD PRESENTS: ACTION BRONSON PAGE 14



THE GLENN
MASSAY
THEATER

9.24.15 - THE IF4 EXPERIENCE:
INTERNATIONAL FLY FISHING FILM
THE GLENN MASSAY THEATER MAT-SU COLLEGE CAMPUS

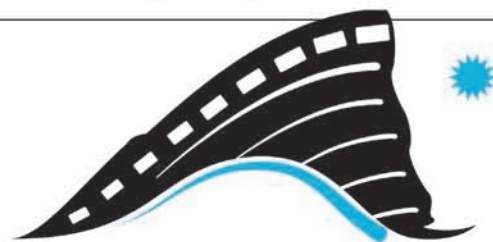


THE GLENN
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THEATER

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www.glenmassaytheater.com

The new 520-seat Glenn Massay Theater, located on the University of Alaska's Mat-Su College campus, is able to host a variety of events including plays, musicals, lectures, concerts, festivals, benefits, recitals, receptions, movie screenings, receptions and more!



international
fly fishing
film festival

AK
HOME
CONCERT
SERIES

CHICAGO
THE MUSICAL

October 22, 23, 24, 29, & 30 @ 7:00pm
Matinees on October 24 & 31 @ 2:00pm

www.glenmassaytheater.com
907-746-9350
8295 E. College Dr., Palmer

Season Calendar

9.24.15 - The IF4 Experience: 
International Fly Fishing Film Festival

9.25.15 - AK Home Concert Series: 
*The Overby Family Band
w/ The Constant Kettles*

9.26.15 - The Carpenter Brother's
Moose the Movie

10.9.15 - Whistling Swan Productions:
John Sebastian

10.18.15 - Mat-Su Concert Band

10.22-31.15 - Glenn Massay Theater:
Chicago the Musical 

11.6.15 - Alaska Center for the
Environment:
Telluride Mountain Film Festival

11.15.15 - Whistling Swan
Productions: *Chris Smither*

11.20.15 - AK Home Concert Series:
The Shoot Dangs

12.4-5.15 - Sonja's Studio of Dance:
Candy Cane Lane, a Winter Recital

12.11-12.15 - Sonja's Studio of Dance:
The Alaskan Nutcracker

12.18.15 - Mat-Su Concert Band

1.9.16 - AK Home Concert Series:
The Modern Savage

2.6.16 - AK Home Concert Series:
Marian Call

Mat-Su College

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Home
Matters.



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TOP 10 BEST SELLING BOOKS OF AUGUST 2015

FIRESIDE BOOKS

720 S. ALASKA ST., PALMER | 907.745.2665
www.GOODBOOKSBADCOFFEE.com

1. *The Life and Times of Matanuska Valley Pioneers*
Interviews off 55 Valley Pioneers with new and vintage photos, recipes and a few jokes

2. *Lifeless*

Adrienne Strickland

As the Word of Death, Tavin can kill with a touch, an ability he must learn to harness or risk hurting the people he cares for.

3. *Go Set a Watchman*

Harper Lee

Twenty years after the trial of Tom Robinson, Scout returns home to Maycomb to visit her father and struggles with personal and political issues as her small Alabama town adjusts to the turbulent events beginning to transform the United States in the mid-1950s.

4. *The Snow Child*

Eowyn Ivey

Alaska, 1920: a brutal place to homestead, and especially tough for recent arrivals Jack and Mabel.

5. *Secondhand Souls*

Christopher Moore

In San Francisco, the souls of the dead are mysteriously disappearing and you know that can't be good

6. *Sideways Rain*

Nancy Elliott Sydnam

An itinerant Alaskan doctor's memoir of 20 years of travel in the stormy Aleutian and Pribilof Islands.

7. *Find the Good*

Heather Lende

As the obituary writer in a spectacularly beautiful but often dangerous spit of land in Alaska, Heather Lende knows something about last words and lives well lived.

8. *Beyond the Kingdoms*

Chris Colfer

The Masked Man possesses a powerful magic potion that turns every book it touches into a portal, and he is recruiting an army of literature's greatest villains.

9. *What Pet Should I Get?*

Dr. Seuss

A boy wants all of the pets in a pet store but he and his sister can choose only one.

10. *The Life-Changing Magic of Tidying Up*

Marie Kondo

Japanese cleaning consultant Marie Kondo takes tidying to a whole new level.



Great Gifts!

**PFD EVENT
& GRAND OPENING
CELEBRATION**

SEPTEMBER 25TH-OCTOBER 4TH,
BOTH LOCATIONS!
WASILLA & EAGLE RIVER



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Fax: 888-383-9909
makeasceneak@mac.com

Don't forget to vote!

OCTOBER 6TH 2015



It's important to pick the guy you'll blame when nothing changes.

10-10-10 PATRIOT RALLY

October 10th starting 10AM

Newcomb Park, Wasilla Lake

Across from McDonalds

FOOD, FUN, AND OVER \$1000 IN DOOR PRICES

BRING YOUR FLAGS, BANNERS, AND SIGNS!

Special Guest speakers include Wasilla Mayor Bert Cottle, Joe Miller, Ray Soutwell on the banking system, Nathan MacPherson on the IRC. Also Glen Biegel, Mat-Su Crime Stoppers, and many more.

FOOD, FUN, AND OVER \$1000 IN DOOR PRICES

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LET'S CELEBRATE

CONTRIBUTED BY
ANTIQUA LISHA LIBBEY



Today, I want to celebrate with you!

One of the *BIGGEST GIFTS* I ever received in my life was learning how to celebrate myself and my breakthroughs.

How often do you stop and celebrate your own:

- Life
- Success
- Joys

For many of us it is once a year during our birthdays, when we have a bit payday or finish a big project and when our kids or close friends have a birthday or big success.

A few years ago during a Bible study I learned that in the old testament they had month long feasts, 7 of

them each year. Wrap your head around that, 7 out of 12 months of the year, God instructed His/The people to celebrate life and give thanks, ALL MONTH LONG, with community, wine and banquets.

Now, days we are lucky if we celebrate ONE day of the year, besides holidays.

This month is my birthday month, and I am celebrating BIG TIME and this is how I do it.

This is what I call my upgraded gratitude list practice – AND IT IS POWERFUL!

➤ **Step 1** – Make a list for the day of everything you are grateful for.

FOR EXAMPLE:

- A big win like three new clients to serve;
- Your son or daughter won the spelling bee
- Or maybe it's not that exciting like, a cleaned the house
- Or maybe the sun is out, you are happy

One of the *BIGGEST GIFTS* I ever received in my life was learning how to celebrate myself and my breakthroughs.

- You got my workout in and did an extra push-up
- Or even a good hair day qualities.

➤ **Step 2** – (your power play) list how you are going to celebrate this gratitude.

FOR EXAMPLE:

- You may take yourself or your family to dinner to celebrate your new clients
- You may put on a great outfit and take some new photos for your great hair day
- Have a dance party and allow yourself to fully fill up on gratitude for cleaning your house.
- Go on a nature walk and enjoy a moment with your head turned up to the sunshine.

➤ **Step 3** – After you allow yourself to receive completely and celebrate anchor it in: To do this simply write it down and reflect on how you feel for just a moment.

Allow it to be your new normal, as you do breathe into this process and

feel the new level of joy becoming your new normal.

Practices like this are in the Divine in 9 home course so you can TAP INTO your health, joy, and even your wealth. It is my pleasure to get to share this powerful practice with you; it has helped me look more like a 30-year-old now than I did when I was 30 –

I know that living a life of constant highs isn't possible. We all go through *blah days* and hard times, it is what we choose to do with those time and how we choose to process them that either move us beyond them or keep us stuck.

This technique is one that works to lift me up when I am down and keeps me feeling my better and moving through the inevitable obstacles that come up.

Thanks for celebrating with me this month by celebrating you.

➤ **Learn more at**
AntiquaLisha.com

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Each bag purchased helps support our combat veteran outdoor rehabilitation programs in Alaska.

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www.akcoffeeastery.com



HAPPY Halloween & Autumn

MUSEUM OF ALASKA
TRANSPORTATION
NIGHT AT THE MUSEUM
OCTOBER 31ST - 4PM TO 8PM

MAT-SU ANIMAL
CARE SHELTER
HAUNTED HOUSE
OCTOBER 23 & 24, 30 & 31

JANE EYRE

Drama Play at Valley Performing Arts
September 11 - September 27
Fridays and Saturdays 7:00pm, Sundays 2:00pm
251 West Swanson, Wasilla, Alaska 99654
\$20 General Admission / \$18 Students/Seniors

BIG HEAD TODD AND THE MONSTERS

Williwaw Grand Opening Celebration 21+
Friday, September 18 7:00pm
Williwaw 609 F St, Anchorage, Alaska 99501
Tickets are \$40 at williwawsocial.com

BOBBY BARE JR.

WITH THE JACK RIVER KINGS AT TAPROOT 21+

Friday, September 18 9:30pm
Saturday, September 19 9:30pm
Taproot 3300 Spenard Rd, Anchorage, Alaska 99503
Tickets are \$20, \$25 at the Door, \$35 Both Nights
taprootalaska.com/bobby-bare-jr-2

MAT-SU EMERGENCY EXPO AND SAFETY FAIR

Saturday, September 19 11:00am
Mat-Su College
8295 College Dr, Palmer, AK 99645
Free, more info at www.alaskasnow.org

PUBLIC SKATE

Saturday, September 19 1:00pm
Curtis D. Menard Memorial Sports Center
1001 South Mack Dr, Wasilla, Alaska 99654
For more dates, visit www.cityofwasilla.com/about/city-calendar

FAMILY TREE PRESENTS: ENDORPHINS LOST

W/ Earth Eater, Lamplighter and The Leapt Through
Burning Windows
Saturday, September 19 7:00pm
Anchorage Community Works
349 E Ship Creek Ave, Anchorage, AK 99501
Admission \$10 All Ages

TALKEETNA BREWFEST 21+

Saturday, September 19 2:00pm
Sheldon Community Arts Hangar
Downtown Talkeetna, behind the Post Office
\$50 for 15 4 oz. Samples
www.denaliartscouncil.org

DDD VS. FROZEN CHOSEN ROLLER DERBY IN THE MAT-SU VALLEY

Saturday, September 19 7:00pm
Palmer MTA Events Center
1317 S Kerry Weiliand Court, Palmer, Alaska 99645

PIZZA MAN MONTHLY

Saturday, September 19 11:00am
Pizza Man Restaurant
16410 Brooks Loop, Eagle River, Alaska 99577
Entry Fee: \$5

BI-BARONIAL WINTER FINDING FEAST

Saturday, September 19 11:00am
Palmer Train Depot
610 S Valley Way, Palmer, Alaska 99645
\$12 Adult, \$6 Children 5-15, Children 5 and under free

5K RUN, WALK, 'N ROLL

Saturday, September 19 10:00am
Three Bears Alaska
445 Pittman Road, Wasilla, Alaska 99654
Entry Fee \$25/person, Includes T-shirt & Food

INTERNATIONAL FLY FISHING FILM FESTIVAL

Thursday, September 24 6:30pm
The Glenn Massay Theater
8295 E College Drive, Palmer, Alaska 99645
Tickets are \$15 at www.glennmassaytheater.com

ANCHORAGE MUSIC CO-OP PRESENTS: UNDER 21 OPEN MIC

Friday, September 25 5:30pm
Middle Way Cafe
1200 W Northern Lights Blvd, Anchorage, AK 99503
www.anchoragemusic.org

MAT-SU FOR BERNIE SANDERS

Friday, September 25 6:00pm
Palmer Train Depot
610 S Valley Way, Palmer, Alaska 99645

PINK FLOYD: DARK SIDE OF THE MOON

Friday, September 25 7:30pm
Anchorage Museum at Rasmuson Center
625 C St, Anchorage, Alaska, 99501
Tickets are \$5 at tickets.anchoragemuseum.org

THE OVERBY FAMILY BAND

Friday, September 25 7:30pm
The Glenn Massay Theater
8295 E College Drive, Palmer, Alaska 99645
Tickets are available at www.glennmassaytheater.com

2015 FALL FAMILY FISHING DERBY

Saturday, September 26 8:00am
Burkeshore Marina
3610 Burkeshore Dr, Big Lake, Alaska 99652
Adult \$20 Youth \$5

3RD ANNUAL ALASKA HIP HOP AND R&B AWARDS

Saturday, September 26 7:00pm

Z.J. Loussac Public Library
3600 Denali St, Anchorage, Alaska 99503
Tickets Are \$20 at www.alaskahiphopawards.com

SENSHICON 2015

September 26-27 11:00am
Egan Center 555 W 5th Ave, Anchorage, Alaska 99501
Tickets are available at www.senshicon.com

TARGET ADVENTURE & SUMMIT SERIES AWARDS PARTY

Hosted by Soles in the Backcountry
Free raffle, trophy and T-shirt awards
\$5 at the door, \$2 for each additional family member
Palmer Train Depot
610 S Valley Way, Palmer, Alaska 99645

EQUINOX

Headliner: DJ Domino 18+/21+ Full Bar w/ ID
Friday, October 2 10:00pm
Alaska Experience Theater
333 W 4th Ave, Anchorage, Alaska 99501
\$20 at the door

FALL FESTIVAL OPEN HOUSE

Friday, October 2 10:00am
The Boardwalk Shop
701 E Parks Hwy Ste 100, Wasilla, Alaska 99654

ROTARY UNCORKED

A Night at the Derby
Saturday, October 3 6:00pm
Curtis D. Menard Memorial Sports Center
1001 South Mack Dr, Wasilla, Alaska 99654
Tickets are available at rotaryuncorked.akmobi.org

HEARTREACH CENTER FUNDRAISING BANQUET 2015

Celebration of HeartReach Center's 30th Year
Thursday, October 8 7:00pm
HeartReach Center
1651 Nicola Ave, Wasilla, Alaska 99654

BELLA KIDS FALL 2015 CONSIGNMENT EVENT

October 8 & 9 10:00am
October 10 10:00am
October 11 12:00n
Raven Hall at the Alaska State Fairgrounds
Mile 40 Glenn Hwy., Palmer, AK 99645

HARVEST RECYCLE FEST

Friday, October 9 7:00pm
Palmer Train Depot
610 S Valley Way, Palmer, Alaska 99645
Tickets are available at www.valleyrecycling.org



AK HOME CONCERT SERIES
SEPTEMBER 25TH

The Glenn Massay Theater is so excited to start the Alaska Home Concert Series.

Featuring Alaskan Bands for Alaskan Audiences, the aim of the series is to bring Alaska bands into our state of the art facility for our local audience to enjoy all the talent that Alaska has to offer!

www.glenmassaytheater.com
8395 E College Dr, Palmer
907-746-9300

Whistling Swan Productions

JOHN SEBASTIAN

Fri October 9 – Glenn Massay Theatre -7:30 pm
Sat October 10 – Discovery Theatre – 7:30 pm

CHRIS SMITHER

November 14 - Sydney Laurence Theatre
November 15 - Massay Theatre - 4 pm

DAN BERN

Saturday November 21 - Taproot - 7:30 pm
Sunday November 22 Vagabond Blues - 6 pm

DOM FLEMONS

Fri December 4 - Sydney Laurence - 7:30 pm
Sat December 5 – Vagabond Blues - 7:30 pm

www.whistling Swan.net

Tix: Centertix.net, 263-ARTS, and the Glenn Massay box office and website

EAGLE RIVER BREWFEST

Friday, October 9 6:00pm
Eagle River Lions Club
Eagle River Rd & E Eagle River Loop Rp
Eagle River, AK 99577

PINK FLOYD: THE WALL

Friday, October 9 7:30pm
Anchorage Museum at Rasmuson Center
625 C St, Anchorage, Alaska, 99501
Tickets are \$5 at tickets.anchagemuseum.org

WHISTLING SWAN PRODUCTIONS PRESENTS JOHN SEBASTIAN

Friday, October 9 7:30pm
The Glenn Massay Theater
8295 E College Drive, Palmer, Alaska 99645
Tickets are available at www.glenmassaytheater.com

RITZ

Anchorage Show 21+
Friday, October 9 8:00pm
Williwaw 609 F St, Anchorage, Alaska 99501
Ticket Prices Vary williwawsocial.com

HOUSE CONCERT: THE DIRTY HANDS

Friday, October 9 8:00pm
Sheldon Community Arts Hangar
Downtown Talkeetna, behind the Post Office
\$10-\$12
www.denaliartscouncil.org

ALASKA HOME COMPANION (WASILLA)

Saturday, October 10 7:00pm
Museum of Alaska Transportation and Industry
3800 W Museum Dr, Wasilla, AK 99654
Tickets are \$15 at the door

ALASKA DAY OF PERCUSSION

Saturday, October 10 10:00am
UAA Fine Arts Building
3640 Alumni Dr, Anchorage, Alaska 99508
\$15, free for PAS members

10-10-10 PATRIOT RALLY

October 10th starting 10AM
Newcomb Park, Wasilla Lake
Across from McDonalds
FOOD, FUN, AND OVER \$1000 IN DOOR PRICES
BRING YOUR FLAGS, BANNERS, AND SIGNS!

MAT-SU REGIONAL ANNUAL HEALTHY WOMAN FAIR

Saturday, October 10 8:00am
Mat-Su Regional Medical Center
2500 S Woodworth Loop, Palmer, Alaska 99645
www.matsuregional.com

BEER MEETS CANVAS

Saturday, October 10 2:00pm
Arkose Brewery
650 E Steel Loop, Palmer, AK 99645
\$30, includes one pint and all art supplies
www.arkosebrewery.com

GIRAFFAGE

Animal House Masquerade 21+
Friday, October 16 10:00pm
Williwaw 609 F St, Anchorage, Alaska 99501
Tickets are \$15 at williwawsocial.com

BELL, BOOK & CANDLE

Romantic Comedy Play at Valley Performing Arts
October 16 - November 8
Friday and Saturday 7:00pm, Sunday 2:00pm
251 West Swanson, Wasilla, AK 99654
\$20 General Admission / \$18 Students/Seniors

MOOSE, THE MOVIE

October 16 & 17 7:30pm
October 18 4:00pm
Sheldon Community Arts Hangar
Downtown Talkeetna, behind the Post Office
Tickets \$5/7 Online, \$6/\$8 at the door
www.denaliartscouncil.org

WOMEN'S CONNECTION LUNCHEON: COUNTY FAIR FUNDRAISER

Monday, October 19 12:00n
Evangelos Restaurant
2530 E Parks Hwy, Wasilla, Alaska 99654
\$18 Admission, includes childcare

MAT-SU TRANSPORTATION FAIR

Thursday, October 22 4:00pm
Curtis D. Menard Memorial Sports Center
1001 S Mack Drive, Wasilla, Alaska 99654
matsutranspofair.blogspot.com

CASTLE MOUNTAIN COALITION HARVEST FESTIVAL

Friday, October 23 5:00pm
Palmer Train Depot
610 S Valley Way, Palmer, AK 99645
www.castlemountain.org/event/castle-mountain-harvest-festival

NOCTURNAL HALLOWEEN MASSIVE 2015 17+NOCTURNAL HALLOWEEN MASSIVE 2015 17+

iLL.GATES vs KJ SAWKA
Live Bass Music
Friday October 30, 7:00pm
Egan Center 555 W 5th Ave, Anchorage, Alaska 99501
\$42 advance, \$65 door, \$85 VIP

ALASKA FAMILY SERVICES 35TH ANNIVERSARY

By Becky Stoppa

Alaska Family Services is celebrating its 35th Anniversary this year. In honor of that milestone, we've been digging through our archives, or Family scrapbooks, if you will.

We've discovered some pretty interesting tidbits along the way. Not all of it is news to us, of course. But tracing our history through yellowed, musty newspaper clippings dating back decades is like discovering lost treasure.

As one of the largest nonprofits in the Valley, with more than 20 grant-funded programs and a staff that tops 100, it's easy to lose sight of our humble beginnings. Our trip down memory lane reminds us of our roots and the debt we owe to those who came before us.

Alaska Family Services began in 1979, after a state-commissioned survey of Valley women that year revealed alarming rates of domestic violence and sexual assault.

"We saw it was under-reported and no one was getting help," said Marty Rozkydal, one of the AFS founders (known collectively as the Founding Mothers) and then president of Valley Women's Group, the group that conducted the survey.

No one was getting help, Rozkydal said, because no one knew it was happening. People didn't talk about those things, and if they did, they were told to mind their own business. Since no one knew the problem existed, there were no services in the Valley to help. The nearest shelter for abused women was in Anchorage, 45 miles away.

"People figured if Anchorage was served, the Valley was served," Rozkydal said. She and a handful of other women from the Valley Women's Group set out to change that. They founded Valley Women's Resource Center in October 1980 and began applying for grants.

Though it lacked stable funding, the fledgling

nonprofit offered a range of services, from temporary shelter for women in local safe houses, to information and referrals on everything from housing, child care and legal counsel to medical care, social services and recreational opportunities.

In 1981, VWRS opened Margaret's House, a secret shelter for abused women. By the mid-1980s VWRS also ran a foodbank and administered Day Care Assistance and WIC, a nutrition program for women and children.

"We wanted to be a one-stop shopping center for women with no source of income and nowhere to turn," Rozkydal said. "We realized too many women were staying in bad situations because they had nothing else but the abuser."

Though much has changed over the years — including our name, twice — that one-stop-shopping philosophy has remained constant.

Now, as then, our Domestic Violence and Sexual Assault Program is the cornerstone of Alaska Family Services. Our 32-bed shelter (no longer a secret) is the only nationally accredited domestic violence/sexual assault shelter in the state.

We also offer an array of other services designed to help families and individuals overcome a host of challenges, from substance abuse disorders and emotional disturbances, to accessing healthy food and affordable, quality child care.

"Our goal is to be able to meet as many of our clients' needs as possible," said Donn Bennice, AFS President/CEO. If we can't meet them here, AFS's Care Coordination model allows us to help them find services somewhere else. "That's a legacy passed down from our Founding Mothers," said Bennice. "It's part of who we are."

To learn more about Alaska Family Services, visit www.akafs.org or call (907) 746-4080.

ROCKY HORROR PICTURE SHOW

Friday, October 30 9:00pm
Sheldon Community Arts Hangar
Downtown Talkeetna, behind the Post Office
\$10/\$15

HOME MARKET

Saturday, October 31 9:00am
Alaska Laestadian Luthern Church
1341 E Sue Ln, Wasilla, AK 99654
www.facebook.com/akhomemarket

HALLOWEEN HOLLOW

Saturday, October 31 3:00pm
Raven Hall at the Alaska State Fairgrounds
Mile 40 Glenn Hwy., Palmer, AK 99645
Tickets are \$5 at www.alaskastatefair.org

GROW SOIL IN PLACE WITH COVER CROPS

Monday, November 2 11:00am
Meadow Lakes Senior Center
1012 N Kim Dr, Wasilla, AK 99654
www.goodearthgardenschool.com

PENN & TELLER

Friday, November 6 7:30pm
Alaska Center for the Performing Arts
621 W 6th Ave, Anchorage, Alaska 99501
Tickets are available at anchorageconcerts.org

ALASKA HOME COMPANION (SUTTON)

Saturday, November 7 7:00pm
Sutton Public Library
11301 Chickaloon Way, Sutton, AK 99674
Suggested donation is \$15

SENSES FAIL

Live in Alaska 21+
Saturday, November 14 8:00pm
Williwaw 609 F St, Anchorage, Alaska 99501
Tickets are available at williwawsocial.com

ALASKA COMMUNITY SNOW FEST

Saturday, November 7 11:00am
Z.J. Loussac Public Library
3600 Denali St, Anchorage, Alaska 99503
More info at www.alaskasnow.org

FRUITCAKES

**FAMILY CHRISTMAS COMEDY
AT VALLEY PERFORMING ARTS**
November 27 - December 20
Friday and Saturdays 7:00pm, Sundays 2:00pm
251 West Swanson, Wasilla, AK 99654
\$20 General Admission / \$18 Students/Seniors

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EVERY SUNDAY**

**open for breakfast
sat & sun 9am**

Theater

VALLEY PERFORMING ARTS Celebrating 40 Years of Quality Live Theatre in the Valley!

Comedy
Directed by Todd Broste

Gillian Holroyd is one of the few modern people who can actually cast spells and perform real magic.

She casts a spell over an unattached publisher, Shepherd Henderson, partly to keep him away from a rival and partly because she is attracted to him. He falls head over heels in love with her at once and wants to marry her. But witches are not supposed to fall in love, and this one little rule leads to a number of difficulties.

Ultimately, the lady breaks off with her companions in witchery, preferring the chance for normal love offered her by

the attractive publisher. But before the curtain falls Gillian may lose him forever. You'll be "bewitched" from start to finish!

**BELL, BOOK AND
CANDLE** Opens October 16th
and runs thru November 8th,
2015.

Ticket prices are \$18 for Students/Seniors and \$20 for Adults. This endearing romantic comedy will be appearing at Valley Performing Arts, 251 W. Swanson Avenue, Wasilla.

Call VPA at 373-0195,
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through Friday 9am to 3pm to
purchase your tickets.

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valleyperformingarts.org

RULES OF THE ROAD: WORDS OF ADVICE

CONTRIBUTED BY
TODD FARNSWORTH

So there we were – sleep deprived, and off to a late start for our two week extravaganza. We had played the two previous nights, and driven close to four hundred miles to do it. We crammed all of our gear in the car, and prepared ourselves for the trip we had been anticipating for months.

Even with all the planning, we weren't completely certain of the outcome. But the show must go on, and the Canadian border was calling our name. We had only a vision of what we were in for, so we hoped the 6+ months of planning would pay off. Our band, The Quiet Cull, was finally hitting the road on our first ever tour of the Pacific Northwest.

Full disclosure, I realize that I am not, by any means, the first person to write an article about a touring band. I also am not the first person to write a guideline for bands considering a tour. I am simply recounting important points of my experience on the road, from an honest, local perspective.

First and foremost, start your tour planning 5-6 months in advance (or more). Delegate the tasks of planning amongst the band. Someone should be tasked with logistics, while another may be the point of contact for the venues. Someone should be finding local bands to contact (because you absolutely want local support).

Keep on each other. No one wants to feel like they are doing all the work, single handedly. Whatever you do, take the time to plan an efficient route. If you start planning early enough, you will have time to find

multiple options for venues and towns, in close proximity.

Unless you are a big name act (or have done this before), you'll be making cold calls to venues and promoters. Some venues, you won't hear back from, and that's ok. Try sending follow up emails, and then move on. It isn't personal. Promoters get busy. Remember that you are completely unknown, so you don't stand out. But on that note, absolutely do your research on venues and promoters. Hear what others have to say about a promoter's work ethic. See what reviews venues have, from musicians and fans perspectives. Not every promoter should be promoting, and not every venue will be what you want. Just take the time to do your homework.

Don't fool yourself and romanticize the situation – you are virtually unknown. That being said, expect small (or intimate) turn outs at shows. I mean, you have to start somewhere, right? This is usually the bottom. And on that note, look for small, intimate venues to book. They will not only be more likely to book a small band, but also still feel packed, even if only 20 people show up (including all the bands). But just because you're booking small venues, don't forget to sort out guarantees beforehand. Unless your promoter is taking care of that, be sure to square away how you're getting paid, as well as load in times, regardless of venue size. If at all possible, get details in writing.

Communication is key. Cliché? Perhaps, but it still rings true. Communication is vitally important in every aspect of tour planning, so stay polite and professional. It's crucial to keep open communication between venues, promoters, bands,



and your hosts (unless you're staying in hotels). But let us not forget to keep open communication between you and your band mates. Chances are you will have misunderstandings and irritations with someone at some point. Most likely, they will be petty, inconsequential matters. But when you're cooped up in a van for weeks, nerves can, and will, be tested. It's important that everyone understands this, and also understands that it's not personal. So, like the other cliché, what doesn't kill you makes you stronger. Or in this case, it'll make you better friends for testing each other's patience, and getting over it.

If you have a well planned route, you will most likely have a lot of downtime, so be productive! For example, play an acoustic gig the afternoon before your big show. It gives you a chance to warm up your fingers and voice, but also promotes your upcoming show. Another great idea is to find a local radio station to talk about the show, or maybe even perform a live acoustic set for them. If all else fails, take care of band administrative work. If you're serious enough to be on the road, you will have a ton of admin work to do, i.e. updating social media, your webpage,

taking care of PR, checking in with venues, bands, etc.

If there are any words of advice I might impart, they would simply be to take the leap. If you, like me, are completely passionate about your music, then you eventually need to branch out of your local scene. I'm not saying there isn't substantial work involved in a tour, or that it's a breeze. In fact, at some point during planning, you'll probably have second thoughts. You will have doubts, and the whole process will try your patience.

Just remember why you're planning it at all, and remember to have fun! Really though - sometimes you literally do need to tell yourself to relax, because it can be stressful. I don't know much, in this crazy existence, but I can personally attest that seeing a tour through to the end will make you proud like you haven't known. It will make you a better musician, band mate, and person. You will learn so much, and you will network even more. You will have great memories and, perhaps most importantly, you will have opened the door to future possibilities.

UAA DEPARTMENT OF THEATER & DANCE 44 PLAYS FOR 44 PRESIDENTS

Anchorage – The UAA Department of Theater & Dance is proud to announce the first production of our 2015-2016 season as well as three new additions to our faculty.

As another presidential election cycle begins, we invite you on a madcap ride through the past 226 years of presidential history.

Created by the Neo-Futurists in Chicago, *44 Plays for 44 Presidents* features every one of our nation's presidents in his own short play, with some of the best and worst of American history highlighted: victories in war, landmark legislation, scandals, and assassinations.

At times funny and others poignant, the play shows that *“the history of the Presidency is in many ways the history of our people.”*

44 Plays for 44 Presidents is directed by Dr. Brian EG Cook, our new assistant professor of theatre. Brian comes to us from the University of Alaska Fairbanks, where he headed the directing concentration and directed productions such as *Nickel and Dime*, *Tartuffe*, *An Inspector Calls*, and *The Ash Girl*.

Cook joins Ty Hewitt and Nova Cunningham to UAA's theatre faculty. Tom Skore and Dr. David Edgcombe retired this last spring and have set off to warmer climates and new adventures with

their families. Their work with UAA Theatre and Dance helped shape theatre in Alaska for over twenty years, mentoring hundreds of artisans who have gone on to produce great theatre both at home and abroad.

Their bittersweet departure has given us the opportunity to reinvent ourselves and we're certain our three new directors are up to the challenge.

For ticket information, please visit www.UAATix.com or call the Fine Arts Box Office at 907-786-4TIX (4849).

What: *44 Plays for 44 Presidents* written by Andy Bayiates, Sean Benjamin, Geneva Gallo-Bayiates, Chloe Johnston, and Karen Weinberg

When: October 2 – 11, 2015

Thursdays, Fridays and Saturdays at 8:00pm; Saturdays and Sundays at 3:00pm

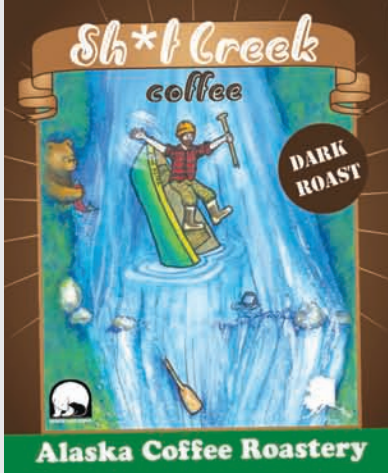
Where: UAA Mainstage Theater

UAA Fine Arts Building, 3640 Alumni Drive, Anchorage
Tickets: \$21 General Admission (\$16 in Advance)

www.uaatix.com
www.centertix.com

“*44 Plays for 44 Presidents*” is presented by special arrangement with Playscripts, Inc.
www.playscripts.com





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Palmer, Alaska 99645
www.akcoffeeastery.com
perk2@mtaonline.net
(907) 745-5543
Fax: 745-5598

Music

UAA CONCERT BOARD PRESENTS ACTION BRONSON

A raunchy, cylinder-shaped ginger of Eastern European ancestry might not be the first dude you'd peg for rap stardom, but that's exactly the mantle Action Bronson is on the verge of possessing.

Over the last two years, the 28-year old Queens native has become one of hip-hop's most charismatic and colorful new characters, thanks to his wicked sense of humor, a buffet of impressive releases and the rare knack for updating cherished East Coast aesthetics into indisputably modern music.

Born Arian Asllani, Bronson grew up in Forest Hills, Queens, the son of an Albanian immigrant father and a Jewish mother from Brooklyn. It was in the family restaurant that Bronson developed his enduring fascination with quality eating.

After studying in the Art Institute of New York's culinary program, he took jobs ranging from busboy to sous chef. Consequently, songs in his discography often read like menu items: "Roasted Bone Marrow," "Pouches of Tuna," "Jerk

Chicken," "Ceviche." Rolling Stone, appreciating the theme, described Bronson's music as "the ultimate in comfort food, with a contemporary twist."

Pitchfork called Bronson "one of the most hilarious and creative writers in rap", who savagely captured the essence of New York's seedy soul: "It is what a Weegee photograph would look like now." Last year, The New York Times hailed Bronson as "one of the most promising prospects in New York hip-hop."

➤ Ticket information:

UAA Student: \$25 adv // \$30 door
General Public: \$35 adv // \$40 door

➤ Tickets will go on sale on Friday, September 11 at 12:00pm.

UAA Student discount tickets are only available in-person at the UAA Student Union Info Desk.

Students must be enrolled in 3 or more credits and have a valid UAA ID.
www.ticketmaster.com



➤ FRIDAY OCTOBER 23RD
7:30PM, EGAN CENTER

The New York Times hailed Bronson as "one of the most promising prospects in New York hip-hop."

MARTIAL ARTS AND SELF DEFENSE

BY JEFFREY L. SPONSLER

The rate in Alaska of sexual assault on women is 80 per 100,000.

This is the highest rate in the United States. The rate of violent crime in Alaska is 6 per 1000 residents (<http://www.neighborhoodscout.com/ak/crime/>).

The number of women possessing a firearm in Mat-Su Valley is 65% based on a 2010 survey.

There is a problem with handgun self defense: even if you have a handgun, in the case of an attack, will you have time to pull the gun out of your handbag and aim the weapon? On the island of Okinawa 1609-1879 Japan's Satsuma clan instituted a ban on arms including the ban of ceremonial swords.

The Okinawan people therefore were unprotected and so they approached martial arts as a way to have some means of defense when attacked. The martial arts are thought to have originated in the Shaolin Temple in China in the sixth century AD and include the modern

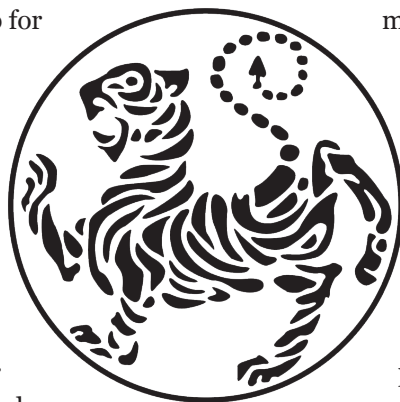
form known as karate which translates to open hand. The open hand in karate functions as a knife or as a defensive blocking structure.

The open hand also functions as a spear if aimed for the soft parts of an assailant such as the throat. The closed hand or fist functions as club for striking.

In *Shotokan* (Japanese karate) the direct punch is called oi-zuki and can be directed to the face, the chest or the ribs. The punch is connected by the arm to the body and then, when in correct karate stance, through the legs and into the ground. The punch then draws its power indirectly from the solid earth. The closed fist and arm also function as a blocking tool. The rising block age-uke protects the head and face from an attack. Again, this block is strong when it is reinforced by a correct stance. A side block soto-uke begins at the

level of the head and counters an attack to the ribs or chest. This side block is connected to the body and hips and the large muscles of the pelvic girdle, specifically the quadriceps, the hamstrings, and gluteals, provide the power.

These massive muscles are much stronger than the arms and shoulders and generate the power necessary to stop an attack to the ribs. A third block, gedan-barai, or down block, is used to counter a kicking attack to the legs or pelvis.



Another weapon available to the martial artist is the kick. In Japanese Shotokan karate the front snap kick called the mae-geri, the side thrust kick (yoko-geri-kikome), and the rear thrust kick (ushiro gaeri). A powerful roundhouse kick (mawahi-geri) begins behind the body and travels in a circular pattern to the target. The legs are generally longer than the arms and so a kick can be delivered from a

distance from the assailant and the aim can be to the head, chest, groin, or knees. A well delivered side thrust kick to the knee can incapacitate the recipient of that kick. There have been many movies that incorporate martial arts techniques. Examples include the Bruce Lee films, Batman, The Matrix, Avengers, and many more. Learning martial arts gives the student confidence, strength, speed, discipline, and a means for self defense.

► **Shotokan Karate Class is given at the Wasilla Alaska Club on Tuesday and Thursday nights.**

The minimum age is 8 years and the student should have very good attention skills.

The website for Matsu Shotokan is ► www.matsushotokan.org There is an email button on the webpage if you have questions.

Don't be caught on the street without a way to protect yourself. Your body can be a weapon if you learn how to use it.

Read something you don't like?

Don't just whine about it! Write about it!

MAKEASCENEAK@MAC.COM

♻️ "Please don't treat me like trash" - read then RECYCLE!

OUT OF THE DARKNESS

By Nick Begich

Out of the darkness, into the light
Awakening in the morning, in love's twilight.
Touched by an angel, on who's wings I ride
Floating through a new and vibrant countryside.

Out of the darkness, into the light
I thought of raindrops through sunlight
Spreading the colors of beauty prisms bright
Into the scintillating light and I, out of the long dark night

Out of the darkness, into the light
The lift of precious stones in firelight
See the colors of deep vibrant hues
Giving life and providing clues

Out of the darkness, into the light
We walk together in bright firelight
Into the soul are the two merged
As the past fire's last are purged

Out of the darkness, into the light
The phoenix rise into a new night again in firelight
The life does burn but shall not sear
We are beyond in this moment no more fear

Out of the darkness, into the light
We walk together this each other's sight
Knowing not alone but refined in the actions past
Living in a love at last.

Out of the darkness, into the light
The Creator know our hearts delight
Two are one and one is three
Merged into a greater eternity.

Out of the darkness, into the light
Into the sky in dreams in flight
We see each other throughout the night.
Into the morning sunshine we land so light.

Out of the darkness, into the light
Finding our path within daylight
Sunrise in a heart refined by fire
There is a greater strength we never tire

Out of the darkness, into the light
We are in the mind, in Creator's sight
Touching the Now in universal power.
This is the moment this is our house

I SING

By Austa Smith

I sing the song of Blues and Loneliness today
And ask God, "Please take my hand in yours.
Let us walk quietly together,
Through fair and foul weather,
Caring and sharing memories on the way."

This Angel, watching over me, who melts away all fear,
Continues to remind me and says, very kindly,
"I am always your friend.
Will you be mine, to the end?
And, we'll stroll in love near and dear."

I've known so many cheerful days, plentiful and smart.
Whatever Life's cup hands out to me,
Challis, full or empty, I will choose
If given for me to win or lose.
I must go on, never giving up my heart.

Down Life's road are better days ahead for me, I trust.
I go on of my faithful journey,
Cling fast to friends and kin,
Lifting others' loads and sin,
To follow through on promises, I must.

"If I were you and you were me, what a fine fiddle
That would be," so the saying goes.
I'd change it to, "If I were you
And you'd be me,
That's a very fine cup of stew, with company."

Life is good but I've come to know, it's such a short, short span.
To understand what's in store for us,
We may not come to comprehend.
It's a cleaver guise, I've realized,
With happiness in God's generous plan.

YOU - AS JUST AN INCIDENT**THAT DIED TO REACH ME**

By Shaina Lopez

Good Morning, Mumma
"I heard something hit my window when I was going to sleep"
"it was a bird"

There was a death at my child's window last night
and so I thought of you

Like as if you were only
a chickadee with a twisted neck in the dirt.
Just a palm sized thrum of life
That I could really only hold in the moments after your death
and you could have those red cheeks
Bright and round. Cheeks that look like and remind me
of all your babies coming in from the cold

(Of all your babies coming in from the cold)

Perhaps. I mean if we were allowed to come in
Or if you looked for us
But likely, instead, we found you
And I could tell you
Good Morning, Mumma

You have been away for so long
that the fireweed has gone to cotton without you
All of our fields of pink and purple
have fleshed out now
until they are finally brown like me
before they are gone
(like me)

Yeah, this is the funeral caress I nearly wish I could have
but know better, that the cat has since taken
your bird sized vessel away after life
much like the teeth and jaws of the personal disease
that did so in life
How two strange, white beasts can reflect each other
and you, having no proper eulogy to follow your absence
except the resounding voice of a child's questioning

"what happens if humans do not have hearts?"
and the mother's inheritable response
"Shhh, can you be quiet?"

PALMER POET

By Nan Potts

There once was a poet from Palmer,
Writing poems to amuse and becalm her.
Serendipity reigned,
Wondrous talent she gained.
And, these poems help to soothe and de-qualm her.

HAVE I LOST THE WAY?

by Clancy Maverick

Lately, I've been asking myself, "have I lost the way?"
 The path has been distracted by marketing tactics,
 sex, drugs and surgical plastics.
 Anything drastic to change your moral fabric.
 When heartfelt comments become merely sarcastic.
 People become passive.
 Women only concern themselves with being attractive.
 And the only form of illustration we have is graphic.
 And the people are overreactive.
 The media has taken us captive.
 It's a massive practice of catching us when we're distracted.
 But honestly, I've had it. I'm fed up.
 Sick of feeling set up, with no real goal or end result.
 Sick of avoiding the burdens of being an adult.
 And every word spoke is used to insult.
 It's childish. I'm sick of abiding by what is stylish.
 I want my art to represent that which is timeless.
 These words may not be rhymeless,
 but they are greatly articulated to illustrate my kindness,
 'cause I'm a poet. I wrote it, to accurately illustrate my devotion.
 To start a new motion. To start a commotion.
 Start a debate, or a conversation,
 about love and hate, and governmental dictation.
 We are the one nation, like Frodo carrying the one ring.
 And as I continue my day, I only say one thing.
 "Have I lost the way?"
 But shouting matches in a deflating debate, held together by patches,
 hatches hatred made by adding taxes,
 and we dance in the ashes of a dying fashion.
 To be human. To be a union.
 And it's proven, by the division,
 incisions of our society by our every decision.
 The unsung cry out but nobody listens.
 And it's twisted...
 So consider the following when you begin your day:
 "What can I do to discover the way?"
 Namaste.

FALL IN ALASKA

By Barbara Banks

How quickly here the seasons change
 summers gone, it's fall again.
 Just last week was sun and fun
 now with a chill the summers done.
 Hurry, hurry whispered lite,
 the cold will bring the long dark nights
 The mountains that were green and grey

with golden valleys on display,
 have now turned hard, and black, and strong
 with bright white tops they sing their song.
 The leaves that were a vibrant green
 have all turned gold with reddish sheen.
 Quickly now, you feel the need
 to gather in the ripened seed.
 The leaves now falling all around
 make a blanket, for the cold, damp, ground.

SUKKOT, LIVING IN BOOTHS

CONTRIBUTED BY

Tom Stearns, WASI Chaplain,

*September and October
 are very important to our
 Jewish friends.*

*It begins with the
 Jewish New Year, Rosh
 Hashanah, then ten
 days later the Day of
 Atonement, Yom Kippur,
 and then living in booths,
 Sukkot.*

Following on the heels of the High Holidays, the holiday of Sukkot represents a shift from somber reflection to joyous celebration and from introspection to an outward display of thanks for the earth's bounty. Unlike the High Holidays that precede it, Sukkot is a seasonal agricultural holiday and one of the three pilgrimage festivals.

Living in Booths

According to the Torah, on this holiday we should "live in booths (sukkot) seven days...in order that future generations may know that I made the Israelite people live in booths when I brought them out of the land of Egypt, I am the Lord your God" (Lev. 23:42-43).

These "booths," therefore, are a visible symbol of God's beneficence, one that has its origins in the agricultural tradition.

We view Passover not only as a commemoration of the redemption of the people from Egypt, but also as a time of planting. In a similar manner we view Shavuot not only as the time of the giving of the Torah, but also as the season of the first harvest. Like them, Sukkot is understood as Hag Ha'asif—"the holiday of the ingathering" of the harvest.

The booths that characterize the holiday may originally have been temporary structures that people would have used while taking in the harvest. Exodus 23:16 explains this connection: "...and the feast of ingathering at the end of the year, when you gather in the results of your work from the field"—it is a holiday of great joy, on which we celebrate the great bounty that God has given. The centrality of this holiday is even more apparent in biblical texts such as Nehemiah, Ezekiel, and I Kings, where Sukkot is referred to simply as Hehag—"The Holiday."

This holiday reminds us that there is also a harvest of men and women. John 4:35 states, "Say not ye, There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest." There are men and women who need to turn to the Lord Yeshua for life.

**Please contact me to discuss
 this in more detail**

**Tom Stearns,
 WASI Chaplain, 907 715-4001**

Non-Profits Help Our Community

To have your non-profit organization included in this free community resource list, please email your info to: makeasceneak@mac.com

SENIORS

Palmer Senior Citizens Center, Inc.

The primary mission of the Palmer Senior Citizens Center, Inc. is to assist individuals age sixty or older, individuals of any age with Alzheimer's Disease or Related Disorders, individuals of any age on the Medicaid Waiver program and other eligible individuals in the Matanuska-Susitna Borough remain as independent as possible in the least restrictive environment possible and out of expensive nursing homes for as long as possible. Services include: congregate and home delivered meals, transportation, adult day services, care coordination, senior employment, family caregivers support, information / referral, chore services, senior housing, chore services, Better Choices Better Health classes, HELP program, activities and volunteer opportunities. 745-5454, pscc@mtaonline.net

Alzheimer's Resource Agency of Alaska

As Alaska's resource on Alzheimer's disease, the Alzheimer's Disease Resource Agency of Alaska (ADRAA) is committed to providing information, education and services for individuals with Alzheimer's disease and related disorders (ADRD) and their caregivers. We have served Alaskans since 1984, and today we help more than 5,000 people annually.

As a non-profit statewide organization, we provide family consultations, care coordination, in-home services for frail elders & individuals with Alzheimer's disease and education programs to family caregivers and health care professionals. We are your resource for information and can refer you to services in Alaska or the contiguous U.S. *Sam Meneses, 746-3432, www.alzaska.org*

Valley Charities, Inc; Turn-A-Leaf Thrift Store

Provides medical equipment to all income brackets in the Valley; provides clothing and household goods to Valley residents that are economically disadvantaged.

John Rozzi , 376-5740

Wasilla Area Seniors, Inc. (WASI)

A Health and Wellness Campus for Seniors on the Go! The goal at WASI is to assist and refer services for Seniors 60 and older so they can live as independently as possible for as long as possible. Some of the services provided are: Meals:

Family Style Meals Monday through Friday 11:30 a.m. to 12:30 p.m. at the Center. Meals on Wheels home delivered meals.

Housing:

Independent Housing for low income and Aprket rate individuals. Optional Assisted Living Services

Transportation: Partnership with MASCOT Bus \$.60 per one way ride. Dr. visits by appointment

Other Activities:

Cards, Wii, and Painting at the Center
Blood Pressure Checks Club50 Fitness Center, Strong Seniors Program (\$5/8 weeks) Shopping Trips and other outings
Valley Performing Arts Theater Visits And much more... call 376-3104 opt.2 for more information.

Dennie Jaques , 376-3104

Mat-Su Area Partnership (MAP)

An organization of non-profit agencies in the Mat-Su Valley. MAP holds a monthly meeting on a Thursday at the Menard Sports Complex in Wasilla.

www.mapartnership.org/matsul/

Mid-Valley Seniors Inc

Mid-Valley Seniors, Inc.
Mid-Valley Seniors has 3 senior housing units-18 apartments and serves a congregate meal Mon-Fri at 12:00pm. Home delivered meals served

daily fresh Mon-Fri, weekend meals are frozen.

Transportation to Adult Day Services is available Mon-Fri 8:00am-3:00pm
Come up to the Center for activities or lunch.
Lisa Byrd, 892-6114
mvsadmin@mtaonline.net

FAMILIES & CHILDREN

Divorce Care

DivorceCare is a weekly seminar/support group for men and women that will help you heal from the hurt of separation or divorce. It's a warm, caring environment led by people who understand what you are going through. Learn practical information and gain hope for your future at DivorceCare Palmer AK.

March of Dimes Alaska Chapter

The March of Dimes is inspired by all babies – those born healthy and those who need our help to survive and thrive. Working together for stronger, healthier babies, in the Valley we work directly with the Mat-Su Regional Medical Center.

We also provide clinics and organizations with resources and information. We host a March for Babies walk in the Spring and High Heels for High Hopes Runway Show in OCTober.

For more information contact our office 276-4111 or email JOdgers@marchofdimes.com

Alaska Family Services

Alaska Family Services offers a comprehensive array of services for women, children and families in need, including the only nationally accredited Domestic Violence/Sexual Assault shelter in the state.

Other major services include, but are not limited to, behavioral health and substance abuse counseling, WIC, Child Care Assistance, ASAP, parenting workshops, family violence intervention and case management for Alaska Temporary Assistance clients. All of our programs are designed to strengthen and support individuals and families in the Mat-Su Borough.

TO LEARN MORE

www.akafs.org or call 746-4080

LINKS Mat-Su Parent Resource Center.

We provide support and assistance to families with disabilities. LINKS provides support and trainings, parent to parent connections to mentor, information and referral, and access to library materials. These services are provided through one-on-one assistance and individualized workshops for small or large groups. Our vision is to ensure that every parent and family who has a child with a special need has access to information, education, outreach, and support in a culturally competent environment and to empower then to be advocates for themselves, their children, and their families.

Regan Building 3161 E Palmer
Wasilla Hwy. Suite #2

*Linda Kupers, Administrative Assistant
linda@linksprc.org - 907-373-3632*

MYHouse Homeless

Teen Shelter in the Matsu

is a non-profit that exists to provide services to unaccompanied youth, ages 14-24, in the Matanuska-Susitna Borough. The services we provide include, but are not limited to, hot meals, shelf stable foods, gas cards, transport to shelter, clothing, tents, sleeping bags, laundry, shower, hygiene products, street outreach, access to medical, dental and mental health care, vocational services and employment opportunities, educational advocacy and life coaching.

Our youth center, The Gathering Place, is located at 300 N. Willow St in central Wasilla. Also on campus is the MYHouse Café, Gathering Grounds, which exists to provide employment for homeless and at risk youth, as well as our partnering agencies and businesses, Nine Star, Mat-Su Public Health Center and Car Deets (an automotive detailing business which hires

homeless youth). To learn more, visit our website at myhousematsu.org or call 373-4357.

Family Promise Mat-Su

Provides a shelter for families without housing. We mobilize community resources and local congregations to provide compassionate care through shelter, meals, and case management to families without housing. Guest families are housed in area church buildings at night for a week at a time...moving to new host church on Sundays.

Applications are available on our website.

357-6160, www.familypromisematsu.org

The Children's Place

The Children's Place child advocacy center is a child-friendly, neutral facility where professionals from many agencies involved in the evaluation, investigation and treatment of child abuse meet to coordinate and bring their services to the child and their family. We provide child forensic interviews, medical exams, linkage to mental health providers, follow-up support and referrals throughout the investigation process.

Referrals to The Children's Place are made through law enforcement and Office of Children's Services.

The Children's Place, 357-5157

www.alaskachildrensplace.com

Big Brothers Big Sisters of Alaska

Strengthens our communities by providing mentors to all children who need and want a caring adult role model – special friends who can help them expand their horizons, realize their potential and enrich their futures – changing their lives.

Alaska Center for Resource Families

Provides support, training and education for foster, relative and adoptive families caring for children that have been abused and neglected. ACRF also helps support the Mat-Su Grandparents Support Group in collaboration with Links and Volunteers of America. For more information about foster care and adopting children that are in the OCS child protection system visit our website www.acrf.org or call 376-4678 - bwoodin@nwresource.org

Pillows for Kids Foundation

We provide little pillows of support and small scholarships that make a significant difference for local children to participate in brain-training activities such as gymnastics, snowboarding, skiing, skating, horsemanship, leadership, art, music, dance, martial arts, and robotics. Mentors and community members contact us when there is an identified need to keep kids, preschool through college, connected with good activities in our community. We plan to publish a book and CD/DVD of Evan's "Little Pillow" song soon.

Currently, we are selling washable, decorator pillows of all shapes, sizes and colors for kids and adults as a way of creating funding for the scholarships. pillowsforkids@gmail.com

The Moose Boosters Wrestling Club

A youth development organization that provides aid and funding to low income recreational facilitates and athletes at the high school level. Funding supports athletes who participate in wrestling programs while meeting academic standards.

Michelle Heun - 355-7099

Set Free Alaska

Brief description about non-profit: Our children, friends, co-workers; there is someone we know who is struggling with addiction and destructive behaviors. It is the goal of Set Free Alaska to provide excellent, individualized services to our clients. Set Free Alaska is a Christian outpatient substance abuse treatment center that uses a mind-body-spirit approach to recovery.

Our programs are designed to assist people in gaining freedom from the bondage of addiction and destructive behaviors. Set Free Alaska realizes that cost can be a huge deterrent to people seeking and receiving the help they

need as well as a huge relapse trigger. Our assessments are based on a sliding fee scale. It is the goal of Set Free Alaska that no person be denied the services they need due to lack of financial resources. Our offices are open Mon-Fri 10-6 and we are located on the Palmer-Wasilla Highway across from the AT&T Sports Center.
*Phillip Licht, Executive Director
373-4732, www.setfreealaska.org/*

Big Lake Community Clothing Closet

Donated by local Alaskans, Big Lake Community Clothing Closet provides quality clothing to people in need, at no charge.

Clothing and footwear for people of all ages is available. Also, assorted household items as they are available. This unique program helps people locally. Donations are accepted, to further the program. Any money donated helps pay the rent for our location at 2955 Big Lake Rd., Big Lake, Alaska.

Financial donation could also be mailed to the Big Lake Community Clothing Closet, PO Box 527069, Big Lake, AK 99652.

Open Wednesday's from 11am-3pm

All donations of quality clothing in good condition can be donated at the above address during regular hours of operation.

Check us out on Facebook

The ARTs

Alaska Celtic Pipes & Drums

Those interested in lessons, or in playing pipes or drums with Alaska Celtic Pipes & Drums, please contact the Band by email at craigag@mtaonline.net or by telephone at (907) 688-4196. The band's website can be found at <http://www.alaskaceltic.org>, plus, we're on Facebook! "The Pipes, the Pipes are calling..."

Radio Free Palmer

Radio Free Palmer is community radio serving the Sutton and Palmer communities as KVRF 89.5 FM and online at radiofreepalmer.org. On air since 2011, KVRF's mission is to foster community involvement.

Currently we produce great local shows on topics from health to mushing - and the list of programs is growing. Online we add important community events such as the Borough Assembly and School Board Meetings. Listen to Radio Free Palmer KVRF 89.5 for more community-centric news, music, sports, music or come volunteer to help bring great radio programming to the valley.

*745-8951, Manager@radiofreepalmer.org
Radiofreepalmer.org and on Facebook and Twitter*

Valley Fine Arts Association

VFAA was formed to teach techniques, and encourage fellowship among visual artists in the Matanuska-Susitna Valley. We strive to promote a supportive attitude toward visual arts in our Alaskan community.

We welcome beginners, students, part-time and professional artists who focus mainly on two-dimensional art mediums and want to connect with other creative people and gain more exposure locally. Throughout the year, we inform our members about opportunities to show their work, participate in group events, view other local artists, and enroll in workshops. During the school year, we organize regular sessions for painting together and host monthly artist demonstrations. Membership in the Valley Fine Arts Association provides many diverse opportunities for artists. Check our website calendar at www.valleyfineartsassociation.org for upcoming events.

Mat-Su Community Chorus, Inc.

As Musical Ambassadors of The Valley, The Mat-Su Community Chorus has provided quality vocal music, in its various forms, for the benefit, education and enjoyment of its members and the surrounding communities since 1970. Our

membership is open to the public, inviting all who wish to add their voice in song. We offer complimentary performances at public celebrations and deliver formal concerts twice a year.

We are a 501(c)3, non-profit organization, currently with twenty-two members and we are looking towards expanding the organization to better serve the community. With the support from individuals, businesses and other civic organizations we are able to grow our group by bringing the community together through music and to continue our standard of excellence. We meet October through Nov. on Thursday evenings at 7-9pm in the Choir Room at Wasilla High School.

Nan Potts 745-8788

matsucorchorus@gmail.com

Alaska Celtic Pipes & Drums of Eagle River

Alaska Celtic Pipes & Drums of Eagle River, under the leadership of Pipe Major Aja Stewart and Drum Sergeant Bryan Gonzales, are actively recruiting pipes and drummers, as well as those interested in learning Great Highland Bagpipes and Highland Drumming (snare, tenor, bass.) We would like to extend a cordial invitation to anyone who would like to learn to play bagpipes or drums, to FREE lessons with our Band.

We are a grade IV competing, family-oriented pipe band established in 2005, and beginners of any age are welcome. Alaska Celtic Pipes & Drums are very active in supporting the community in which we live. Our purpose is to advance the rich cultural heritage of Great Highland Bagpipe music, and to have FUN doing it! ACPD provides free instruction in piping and drumming, with Band practice to follow, every Friday evening at 5:00 and 5:45 pm at Eagle River Presbyterian Church, 12836 Old Glenn Highway, in Eagle River.

Those interested in lessons, or in becoming members of ACPD, please contact the Band by email at Nov.gstengsgericht@yahoo.com or by telephone at (907) 376-5060. The band's website can be found at <http://www.alaskaceltic.org>

Mat-Su Concert Band, Inc.

Our mission is to promote, plan, support and conduct educational and cultural activities and opportunities for the benefit of the citizens and residents of Alaska. We do this by providing an outlet for the many talented musicians in and around our area to perform and a venue for the public to come and enjoy with us our music. Rehearsals are every Mon. from 7 to 9 p.m. at Teeland Middle School. For more information, contact Glec Huycak at 746-0628. matsucconcertband@gmail.com

The Whirling Rainbow Foundation

Grandmother Drum International Peace Project The Whirling Rainbow Foundation is an international spiritual and educational non-profit organization which honors and celebrates the diverse cultural and spiritual paths of the human family. The foundation cultivates the universal teachings of inner peace, loving compassion, wisdom and understanding at the core of every culture and spiritual tradition. We are starting a Global Peace Sanctuary and Sustainable Community in Palmer.

The GrandMother Drum International Peace Project travels the world as the international voice of the Whirling Rainbow Foundation. As a symbol of the heartbeat of love that connects all nations and all races, the seven foot, crystal inlaid GrandMother Drum holds local and global events promoting peace and unity through the universal language of music, dance, cultural and healings arts.

*White Eagle Medicine Woman
(Suraj Hoizwarth) Executive Director
www.whirlingrainbow.com*

Valley Performing Arts

We will be celebrating 40 years of Quality Live Theatre this season! VPA performs seven plays per season, beginning September and ending in May. We welcome actors, volunteers, program advertisers and play sponsors to join in supporting VPA, one of the oldest continuing operating community theatres in the State of Alaska. The VPA Summer Theatre Arts Program

takes place June through August and are for youth, ages ranging from 7 to 17. The VPA Annual Meeting & Awards Ceremony is held each June and our FUN-Raiser is in October.

Purchase your tickets online or from our office. Check out audition dates and show times on our website. www.valleyperformingarts.org or (907) 373-0195.

Valley Arts Alliance

The Valley Arts Alliance is a group of like-minded individuals who have joined together to encourage, sponsor, facilitate and support artistic expression.

We are a place for both new and established artists of all types—painters, sculptors, musicians, and those involved in the performing arts—to network and to experiment with new ideas and media. We work with local libraries, schools, museums, art councils, and music and art groups to create more venues for the arts, and to help promote art related events. www.valleyartsalliance.com

ANIMALS

Alaska WildBird Rehabilitation Center

The mission of the Alaska WildBird Rehabilitation Center is to care for injured, orphaned and sick wild birds with the goal of releasing them back into the wild, and to educate the public about these birds and their habitats.

AWBRC, a 501(c)(3) non-profit, is always looking for volunteers and donations. Volunteers are always needed for care of our resident birds, office and web assistance, fundraising and advertising. We will be undergoing a building project this summer, and can use carpentry assistance or donations of materials. Please visit our web site at <http://www.akwildbird.org/> for further information about us, to volunteer or to request a live bird program.

AK Cat Kitty Rescue

is a local small kitty rescue. We specialize in litters of Kittens, and our facility is designed that way. We will take in litters from the community, and will assist in getting their mom cat spayed. ALL of our kittens are up to date on vaccines, and have been spayed/ or neutered prior to adoptions. We are a 501c3, so any donations are tax deductible. If you are looking to adopt, or need help placing a litter, please call us! We are currently looking for help with computer type tasks, updating website, or updating our adoption and monthly expenses. AK CAT 907-232-4444 www.akcat.org

Alaska Dog & Puppy Rescue (ADPR)

Alaska Dog & Puppy Rescue is an all volunteer, non-profit organization formed for the purpose of rescuing homeless dogs and puppies. We have rescued dogs throughout Alaska, including various Bush communities. These rescued dogs are placed in foster homes, where they are socialized, vaccinated, dewormed, and taken to the vet to be microchipped and spayed or neutered. It is our goal to have an animal sanctuary, so that all adoptable dogs are given an opportunity to find their forever homes. We encourage individuals to volunteer for this very worthy cause. 745-7030 adpr03@yahoo.com

Alaska Assistance Dogs (AAD)

AAD provides service dogs to Alaskans with special needs (physical, physiological & mental health), and incorporates therapeutic programs into service dog training. AAD works with special education students at school, provides teen mentoring in community training venues, offers domestic violence/PTSD support groups, FASD/ Autism programs, and provides service dogs and support groups for veterans with PTSD and their families.

Therapist on staff, and all trainers are certified by the founder of the service dog concept, Dr. Bonnie Bergin.

Carole J. Shay, Lpc. carole@alaskaassistancedogs.org

Meadow Gates Farm Sanctuary

Meadow Gates Farm Sanctuary has provided shelter and care for unwanted pet rabbits since 2001. We are a 501(c)3 non-profit charitable corporation. Rabbits are taken in when space is available. They are evaluated for behavior and personality, spayed/neutered, then adopted to new pet homes. Bunnies not able to be adopted are maintained permanently at the sanctuary. Responsible adult volunteers are always needed.

907-357-6437, www.meadowgates.com
manager@meadowgates.com

Alaska Animal Advocates

Make a difference. Save a life! Alaska Animal Advocates is reaching out to the community. We provide everything that is needed to meet a dog's needs. We ask YOU to provide the love. Contact Angie at 841-3173 or email at aaarescue@yahoo.com

Check out our website at www.alaskaanimaladvocates.com

VARIETY

United Way of Mat-Su

United Way of Mat Su was formed in 1987 to serve as a single, borough wide, fundraising agency, but we have grown to be so much more.

We are dedicated to working in our community on education, stable income and health. These are the building blocks for a quality life. We provide grants to programs with these areas of focus and administer programs that improve early childhood education, reduce substance abuse and improve senior citizen nutrition. We supply Familywise prescription drug discount cards, which have saved people in the Mat-Su over \$500,000 since its beginning.

United Way provides information on available services through the 211 hotline and website www.alaska211.org and keep current and distribute the Mat-Su Resource Guide. Our goal is to bring together individuals, companies and agencies to achieve measurable, positive, lasting results. We ask the community to LIVE UNITED which means all of us coming together to volunteer, advocate and give to create a brighter future for all. To find out more visit www.unitedwaymatsu.org or call 373-5807. The United Way of Matanuska Susitna Borough is physically located at 550 S Alaska Street Suite 205 Palmer, AK 99645.

The Valley Quilters Guild

was formed in 1985 to promote quilting in the Matanuska Valley. We currently have a membership of about 180. Our main objectives are service to our community and the education of Quilters. We serve the community by donating quilts to organizations and groups that approach us with their needs. We also give quilts to the victims of fires, child abuse, homeless families, and Law Enforcement agencies for comforting victims of domestic violence. The Guild meets the first Thursday of each month at the Palmer Train Depot at 7 p.m.

Mat Su Sertoma Club

The Mat Su Sertoma Club focuses on hearing health. They are part of a national organization with more than 600 clubs throughout the U.S., Canada and Mexico.

The club provides free hearing screens to the public the first Saturday of every month from 10 a.m. to 1 p.m. at Wasilla Physical Therapy, 3750 E. Country Field Circle, Wasilla from September until May. During the summer we're fishing, camping and gardening like most Alaskans!

The Mat Su Sertoma Club is the host to the Annual Mat Su Polar Plunge, the original valley dip each February. They have been responsible for providing funding to non profits in the Mat Su Borough for more than 5 years, along with scholarship funding for two students who are pursuing an education in the hearing health field.

The website is www.matsuhearing dot to stay abreast of activities. Meetings are held the

second and fourth Thursday at 5:30 p.m. at Tailgaters Restaurant in Wasilla.

Mat-Su Special Santa

The Mat-Su Special Santa program is the largest Christmas gift giving program in the Valley. Mat-Su Special Santa teams with Toys for Tots, Salvation Army, Food Banks, state and local agencies, churches and schools to help families in need. Last year over 3400 children completed a wish list with requests for Christmas presents. The program provided at least two toys/gifts, winter wear when possible, a new book, personal items and stocking stuffers. All of this is possible through the generous donations of our community with over 1000 community members, organizations, clubs and schools either volunteering or donating to the program. This is an all volunteer program. We are also in need of volunteers.

The Special Santa Program's goal is to help children receive the magic of Christmas and know that people care. In reaching this goal the program: 1. Coordinates with agencies and programs to provide for families, 2. Provides the citizens in the Community an opportunity to give, 3. Assists families in need at a stressful time of year, 4. Spreads the joy of Christmas throughout the Mat-Su Valley.

Go to www.specialsanta.net for more information or e-mail us at matsu_santa@yahoo.com.

The Last Frontier Honor Flight

Our mission is to transport WWII, Alaska Territorial Guard and Korean War veterans to Washington D.C. to visit those memorials dedicated to honor their service and sacrifices AT NO COST TO THE VETERANS.

All Donations are tax deductible, according to state and federal laws. You can make a donation to The Last Frontier Honor Flight PO Box 520116 Big Lake, Alaska 99652, or pay with a credit card on our website at www.tifhonorflight.org. If you would like to volunteer you can contact our President Ron Travis at (907) 892-6097 for meeting times and places.

The Sertoma Club - Wasilla

We host the Mat Su Polar Plunge raising funds for non-profits in the Matanuska Susitna Valley, Alaska. February 2011 we saw 85 jumpers raise almost \$20,000 which was then given to the Food Pantry of Wasilla and Turn A Leaf Thrift Stores. The Food Pantry provides emergency food supplies to families in need. Turn A Leaf has a medical lending equipment program which is now organized with software purchased with funds received. Both were grant recipients from the Mat Su Sertoma Club. Grant applications for the 2012 Mat Su Polar Plunge are located on our website: www.matsuplunge.com.

Mat-Su Community Chorus

Do you love to sing? The Mat-Su Community Chorus welcomes new adult members in all vocal ranges each September and January. We are a well-established, male-female, SATB community singing group conducted by Anna Crowther. Group singing benefits your emotional and physical health and enriches our community, so bring your talents and join the Chorus! No audition required although previous experience is helpful.

We offer complimentary performances at public celebrations and deliver formal concerts several times a year. Rehearsals are on Thursdays at the WHS choir room from 7 - 9 pm. Contact us at matsucorchorus@gmail.com or call Sandy at 907-355-5836 for membership details. Like us on Facebook for concert reminders.

We have a wonderful club of volunteers! On a weekly basis you'll find a Mat Su Sertoman at the Food Pantry, Wasilla Senior Campus, Valley Charities, helping Special Olympics and the list goes on and on! Our goal for 2011/2012 year is to raise more than, \$25,000 in polar plunge funds. You can pledge or sign up to jump! Just visit our website for more information.

Join us every other Thursday at 5:00pm at the

Tailgaters Sports Bar and Grill. Our next meeting is Nov. 25th. We always have new speakers and a great time. See you there!

Valley Residential Services

VRS provides housing to people with special needs. We define people with special needs as those individuals who are experiencing behavioral or developmental disabilities, low-income levels or who are seniors. VRS currently manages 198 residential units distributed in the Mat-Su Valley and participates in special programs to assist with rental assistance. We can also assist with linking individuals to social service agencies who can assist with life skills programs. (907) 357-0256, www.valleyres.org

TOPS

Take off Pounds Sensibly Non-Profit Weight Loss Support Group Three (3) Chapters meet weekly in the Valley. *Kathy Miller - 376-9571 or write to matsutops@webtv.net*

Valley Community for Recycling Solutions (VCRS)

Valley Community for Recycling Solutions (VCRS) RECYCLE cardboard, magazines, this newspaper and more at your community recycling center. Recycling drop off hours are Tuesday thru Friday 10:30am to 6:00pm and Saturday 10:30am to 3:30pm. We are located at 9465 E Chanlyut Circle, next to the MSB Animal Shelter at the MSB Central Landfill. Volunteer opportunities available. community@valleyrecycling.org, www.valleyrecycling.org, 745-5544 Volunteer opportunities available. community@valleyrecycling.org valleyrecycling.org - 745-5544

Valley Residential Services (VRS)

VRS provides special needs housing to individuals who experience behavioral or developmental disabilities, low-income levels or those who are homeless. VRS currently has 168 properties in the Mat-Su Valley with special programs to assist with rental assistance and we can assist with linking individuals to social service agencies who can assist with life skills programs. (907) 357-0256, valleyres.org

Alaska Attachment & Bonding Associates (AABA)

Educates and supports foster, adoptive, kinship care, step, grand and guardianship parents and professionals who care for children with emotional mental health issues, such as Attachment Disorder. AABA provides workshops, e-mail/telephone support, resource/referral information, self-advocacy, AABA web-site www.akattachment.org, RAVEN Respite, newsletters, brochures, lending library, and Mom2Mom/Dad2Dad parent support group. For more information: *Laura Wagner 907-376-0366*

The Homeless Actors of Mat-Su

HAMS, the Homeless Actors of Mat-Su, is a valley non-profit community theater group created to further theatrical opportunities for actors and technical personnel of all ages, be experienced or beginner and the audiences who have not been fully represented in the valley.

With local support we intend to produce a broad range of the atypical classical, modern, comic, dramatic and musical one act and full length plays and improvisational theater that are both educational and entertaining in the traditional and dinner theater format as fundraisers for various local causes and to continue to encourage development of the theater arts in the Mat-Su Valley.

Contact Elizabeth Clausen, General Manager, 841-4119; akhams@yahoo.com

Mat-Su Food Bank

At the Matsu Food Bank we provide emergency supplemental food to residents of the Matanuska Susitna Valley. The Matsu Food Bank distributes thru the Food Pantry of Wasilla directly to clients in need.

The Pantry hours of distribution are Monday

through Friday from 10:00AM to 1:00PM. The Pantry is located at 501 E. Bogard Rd. in Wasilla. We have three programs operating under the Matsu Food Bank. The community supplied Food Pantry of Wasilla accepts donations of food or funds to help feed our neighbors. We distribute to clients on an emergency monthly basis. We also distribute TEFAP (The Emergency Food Assistance Program). This is a program is supplied by the USDA and is also once a month. Our third program is Food4Kids.

We prepare and deliver, in safe community locations, nutritious meals and snacks for hungry kids 18 and under. We provide meals during the school year. We have a summer program at various locations around the Valley from Willow to Sutton and provide nutritious lunches for all kids in the valley for free.

Our website is: www.matsufoodbank.org. If you have any questions please go to the website or call us at 907-357-3769.

OUTDOORS

North America Outdoor Institute

The North America Outdoor Institute (NAOI) is a not-for-profit community outreach organization providing outdoor safety and environmental awareness education programs for the general public in an effort to save lives from preventable outdoor injuries and deaths. *Debra McGhan, debra@naoiak.org 376-2898, www.naoiak.org*

Alaskans For Palmer Hay Flats

Dedicated to conserving the natural and cultural resources of Palmer Hay Flats State Game Refuge through public awareness, year-round recreation and events, education and enhancement projects. Healthy, outdoor recreation in a safe, beautiful setting is what APH helps provide to all users.

357-8711, alaskans@palmerhayflats.org
www.palmerhayflats.org

Alaska Frontier Trappers Association

The Alaska Frontier Trappers Association is a non-profit organization dedicated to the ethical and lawful practice of trapping Alaska's fur bearers. We work to educate fellow trappers, children and the public in general about trapping as a necessary wildlife management and research tool.

Our monthly meetings usually include a guest speaker and/or a demonstration and fur handling information. Meetings which are held at 7 p.m. on the first Tuesday of each month at the Palmer Library. Everyone is welcome to attend. www.akfrontiertrappers.com

CONSERVATION

Alaska WildBird Rehabilitation Center

The mission of the Alaska WildBird Rehabilitation Center is to care for injured, orphaned and sick wild birds with the goal of releasing them back into the wild; and to educate the public about these birds and their habitats.

AWBRC, a 501(c)(3) non-profit, is always looking for volunteers and donations. We are undergoing a building project this summer, and can use carpentry assistance. In addition, regular volunteers are always needed for care of our resident birds. Please visit our web site at <http://www.akwildbirdrehab.org/> for further information about us, to volunteer or to request a live bird program.

Wasilla Soil & Water Conservation District (WSWCD)

The WSWCD is a non-profit formed in 1948 to assist landowners & land managers with conservation & development on land through technical assistance, projects & education programs & services. distmgr@wasillaswcd.org

SHOULD I OR SHOULDN'T I? A LESSON IN FLEXIBILITY

Contributed by
Rebecca Goodrich

So I was chugging away at my Dutch Harbor memoir, getting ready for the two writer's conferences in Anchorage this September, and doing a bunch of other paperwork so I could get to my 2014 taxes, which are due October 15. But something came up. Something for which I was tempted to swerve me off-course.

A promotional offer. Suddenly, Mark Coker, founder of Smashwords, speaker at the upcoming Writers Guild conference, offered to put up to three eBooks that were on his book distribution site onto thumbdrives for everyone at the conference, for free.

Smashwords uploads and distributes books into multiple formats, from old Sony readers, to PDF, to the format for Kindle, and five or six others. If you don't have an ISBN, they give you one for free, which is worth some bucks. And

they do this for free. Your job is to sell your book, and they take a percentage.

My first reaction was no, I couldn't do it. I could not take advantage of this. I didn't have the know-how, and no time to learn. Books had to be uploaded and then nominated for this promotion by September 1st.

I printed up the style sheet and formatting steps and looked them over. I had a small chapbook that had been very popular when it was in print, about my dad in World War Two, called Emergency Rations. This was something I could theoretically upload, to take advantage of this special free offer.

But until I decided to hire someone to do the formatting for me, I was certain I could not participate.

Much as I love to be right, I also love proving negativity wrong! Lizzie Newell is an Anchorage science fiction author who has branched

into book design. But she was still out of state, visiting family, so I had to wait. And the clock was ticking.

The very evening she got back, I showed her the project and she dived in. I dug through computer documents and folders to find the files and images for the book. Even new, bonus images for this edition.

I also had to update my PayPal, write a profile, upload a picture of my smiling face to Smashwords, etc., etc., and so on and so forth.

"I'm ready for the cover" said Liz. Uh oh. The cover! The old cover was pretty bland, so we drew a few ideas on scratch paper. We liked none of them, and the clock was ticking! We had title, author's name, and a picture of Dad in 1943, when he was 18 and heading off to a war he was pretty sure he'd die in.

"What about changing the background color of the cover?" asked Liz. "What would the default

be?" I thought. "Well, Dad was in the Air Force, so sky blue would be good. Maybe blue sky with white clouds." [Now the clock was really ticking!] After a while, she asked me to take a look at what she'd done.

It's a great thing to work with an artist who knows how to do book design. A mighty fine thing indeed. The cover Liz did is beautiful and blue, with a moody photo she took of a blue sky being filled with dark clouds that could symbolize the war.

So, I leave you today with two pieces of advice in doing your books:

1. Be flexible so you can accept most unexpected promotional opportunities that may come your way.
2. Hire a professional! Especially if you're crunched for time.

Good writing and good reading to you!

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 "Please don't treat me like trash" - read then RECYCLE!

ALASKA HOME COMPANION THE ART OF LIVING IN ALASKA



**CONTRIBUTED BY
CARMEN SUMMERFIELD**

Would you like to hear stories about the best, the worst, and the silliest of everyday living in Alaska?

Coming to you October 10 from the historic Museum of Alaska Transportation and Industry, next to Wasilla International Airport, the 2015 Premier Episode of The Alaska Home Companion—A Frontier Variety Show!

MATI is our favorite Museum of Alaska Transportation and Industry, and The Alaska Home Companion—A Frontier Variety Show! is the Valley Arts Alliance rendition of a live radio broadcast from the golden age of radio, with skits, music, and dance acts, similar to the popular Prairie Home Companion radio show on NPR.

For those of you who haven't seen or heard one of our episodes, The Alaska Home Companion—A Frontier Variety Show! features interesting stories by Alaskans about the best, the worst, and the silliest of everyday living in Alaska. In previous episodes, we heard from The Roving Reporter, Mom and

Louie, Between 2 Berms, as well as news from Lake Willowa and Mukluk Radio.

The 2015 season is our fourth year producing The Alaska Home Companion—A Frontier Variety Show!, and we will continue with new music and dance acts, occasional impersonations of local celebrities, and will be occasionally broadcast live by Radio Free Palmer on 89.5 FM.

So mark your calendar! The Wasilla episode of the Valley Arts Alliance Alaska Home Companion—A Frontier Variety Show! will be broadcast at 7pm Saturday, October 10, 2015, at the Museum of Alaska Transportation and Industry in Wasilla.

Tickets are \$15 and are available at the door. A cash bar will be open during the event.

The Sutton episode of the Valley Arts Alliance Alaska Home Companion—A Frontier Variety Show! will be broadcast at 7pm Saturday, November 7, 2015, at the Sutton Public Library. Suggested donation is \$15.

www.ValleyArtsAlliance.com

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Film

www.MAKEASCENEAK.COM

INTERNATIONAL FLY FISHING FILM FESTIVAL

International Fly Fishing Film Festival is Coming to the Mat-Su Valley
GLENN MASSAY THEATER
SEPTEMBER 24RH

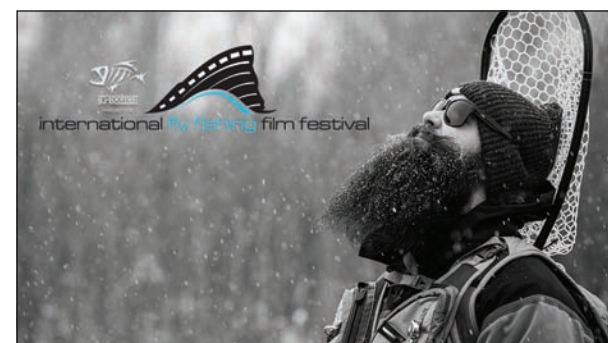
Railbelt Entertainment is pleased to announce the International Fly Fishing Film Festival™ (IF4™) on Thursday, September 24, 2015 at 7:30pm at the Glenn Massay Theater located at Mat-Su College in Palmer, AK.

IF4™ consists of short and feature-length films produced by professional filmmakers from all corners of the globe, showcasing the passion, lifestyle and culture of fly fishing. The films at this popular event are capturing the attention of anglers around the world. IF4™ contains exclusive content and is a must see experience!

“We’re truly international,” confirms Jennifer Bird, publisher of the award-winning Fly Fusion, Canada’s premium fly angling magazine which presents the annual film festival. “The festival is more about the experience of fly fishing than catching fish. It examines why people fly fish rather than how, when or where through storytelling and narrative.”



DEREK BIRD OF FLY FUSION TV AND PAULA SHEARER RELEASE A BULL TROUT DOUBLE HEADER DURING THE MAKING OF THE FLY-FISHING FILM "SECRETS."



Film

INTERNATIONAL FLY FISHING FILM FESTIVAL CONTINUED



IF4™ is sponsored locally by Mossy's Fly Shop, Arkose Brewery, Cache Camper Manufacturing, Inc., Mat-Su Trails and Parks Foundation, Trout Unlimited Southcentral Alaska Chapter, and Cook Inletkeeper.

Advance tickets are \$15.00 and are available to purchase at Mossy's Fly

Shop, Arkose Brewery, and online at GlennMassayTheater.com.

Tickets can be purchased at the door for \$18.00.

Come out and join us for this fun event and exciting giveaways – purchase your tickets now!

Music

9.25.2015 THE IN-LAWS & OUTLAWS W/ THE CONSTANT KETTLES



www.glenmassaytheater.com ON THE MAT-SU COLLEGE CAMPUS



Palmer

Something's Happening Here!



A Library Card ... TICKET TO ADVENTURE & KNOWLEDGE at the Palmer Public Library

ELIGIBILITY

You are eligible to get a Mat Su Network library card free of charge if you:

1. Are a Mat Su resident, or own Borough property
2. Are over 18. Those under 18 need a parent or legal guardian to sign

Note that Library cards will not be issued the last 30 minutes before the library closes

BRING IN

1. A Government-issued picture ID
2. a physical address in the Borough is necessary, but proof is not required
3. If under 18, a legal guardian must present ID
4. Legal guardians who are not parents must also present guardianship papers

CARDS FROM OTHER LIBRARIES

If patrons have a card at any of the other libraries in the Mat Su Borough Network, they can use that card at the Palmer Library. Other libraries in the Mat Su Borough Network include Wasilla, Big Lake, Sutton, Talkeetna, Trapper Creek, and Willow

Other libraries in the Joint Library Catalog include Anchorage Public Library, Juneau Public Library, Valdez Consortium, UAA Consortium, and Kenai Peninsula College

City of Palmer

231 W. Evergreen Avenue, Palmer, Alaska 99645
Go to www.cityofpalmer.org for more information

Wasilla & Palmer Rotary Clubs present

Rotary Uncorked

Saturday, October 3, 2015

6-9 pm

Menard Center

\$75 per person

(all event tickets include a raffle ticket)



A Night at the Derby

Tapas and Wine Pairings by local Culinary Masters

Silent and Live Auction

Mock Derby Race

Prizes for Best dressed/ Best Hat and more!

\$10 per Raffle Ticket

Wine & Beer Raffle

1st prize 100 bottles of Wine

2nd prize 100 bottles of Beer



For more information and tickets

www.rotaryuncorked.com

joni@travelservicesinc.com

