

WHAT'S ON THIS WEEK

Sun	8.00am	Service of the Word
	10.00am	Morning Worship
	Readings:	'Letting Go' – "Hurry" Exodus 16: 22-30 & Luke 10: 38-42
NB No service of Holy Communion at 11.30am		
	6.30pm	No service
Mon	8.00pm	No Prayer Meeting at 11 Sylvan Way
Tue	12 noon – 2.30pm	Half Term Special in church
Wed		
Thur	2.00pm	Over 60s Club at SJ's
	7.30pm	14 Plus – Venue as advised
Fri	10am – 12noon	Hearing Aid Servicing Clinic at SJ's

NEXT SUNDAY – 21st FEBRUARY

	8.00am	Holy Communion
	10.00am	Morning Worship
	11.30am	Holy Communion
	6.30pm	No service

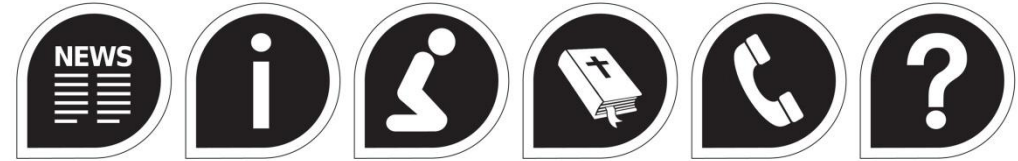
THIS WEEK'S QUESTION

The Israelites were in the desert and grumbling to Moses and Aaron because they had nothing to eat. The Lord heard their grumbling and told Moses that he would "rain down bread from heaven to you". What were his instructions to the Israelites about collecting the bread (Manna)?

Read Exodus 16: 16 - 27

MONDAY EVENING PRAYER MEETINGS

Next meeting on 29th February at 11 Sylvan Way.
All welcome.



SLOWING DOWN

As we move into Lent, Geoff starts our 'Letting Go' series by encouraging us to think how we might drop living at a pace which inhibits our ability to receive God's direction.

Living frenetically is a contemporary curse and it impacts our spirituality.

It's not easy to rectify, but we want the church to take seriously the call to ease off the accelerator and give ourselves more fully to God. As part of that endeavor, we'll be running a 'Quiet Day' for prayer and reflection on **Saturday 5 March, from 10:00am – 2:00pm.**

You can drop on at any point during that time window. There will be different things to explore around the church at your own pace, as well as some suggestions for on-going practices that you might want to continue into Lent.

It's slowing down to know again that 'He is God' (Psalm 46:10).

WELCOME

If you're new to St John's and wish to find out more about what goes on beyond Sunday, then do introduce yourself to one of our leadership team. They can connect you with people and groups in our church family. You can also find out more from our website, and the parish office can arrange for you to receive information electronically, if that's easier.



HALF TERM SPECIAL

**Tuesday, 16 February
Noon to 2:30pm**

In the church - Lunch and activities for children under 8 and their carers. Donations towards the cost would be appreciated. If you can help please contact Julie Lancaster on 0208 777 2373 or julielancaster08@gmail.com



FROM JOAN KENDALL AND FAMILY

Thank you everyone for your prayers, cards, flowers and plants expressing your sympathy with us for our dear Roy dying in January. My granddaughter Elena was reading all the messages in the cards and said, "Grandma isn't it great that all these people thought Pops was a lovely man like we do." She's right of course. What a comfort you all are. I know our Lord sends angels to help us through tough

times; I've met a few these past few weeks and I'm grateful. God bless and thank you. Love from Joan, Robert, Sarah, Elena, Harry and Ben Kendall.



SPONSOR BARRY

Barry is climbing the height of Everest in the Lake District 19-26 March – details on the notice board. He has been in training for 3 months. Please support and encourage him and pray for him, as it is a huge physical challenge. Barry plans to raise funds for Marriage Resource. If you would like to sponsor him, there is a sheet on the notice boards or online at <https://my.give.net/EverestChallenge>



HEARING AID CLINIC

The Hearing Aid servicing clinic will be back at SJ's from Friday 19th Feb. 10am. - 12noon, for all NHS hearing aids.



PHIL SMITH

The Celebration and Thanksgiving Service for Phil Smith's life will take place at 3 p.m. on Friday, 19th February at Hope Church, BR2 9PD. Visit their website www.hopechurchuk.org for more details. Parking can be tricky.



ALL THINGS SJ'S

If you have any queries, suggestions or wish to use SJ's, then Heather Showell (for bookings) and Anna Seabrook are your first port of call. Thanks.

Anna - anna_seabrook9@yahoo.co.uk
Heather – 077993 028878 & paulandheathershowell@gmail.com



THE WOMEN'S WORLD DAY OF PRAYER

is on Friday 4th March at St. Francis Church at 10.30 a.m.



OPERA GALA NIGHT

Saturday, 26th March 2016 at 7.30pm at Langley Park School for Boys. Langley Park Boys School Community Choir with the London Festival Sinfonia. More details from Paul Showell or the flyer circulated with electronic version of Weekly News



CHRISTIAN AID

The 'Count Your Blessings' materials for Lent are still available from the back of church.



UNWANTED GOODS?

If anyone has any unwanted toiletries, tinned and packet food, and clothes that they do not want, please give them to Ann Gardner for the local refugee centre. They especially need **men's coats and tinned fruit**. THANK YOU.



PRAYERS

Please pray for:

- Pastor Krupa in India our mission focus this month;
- How we use the season of Lent as a church, and individuals;
- Youth Alpha – that the relaxed mood would grow to encourage people to speak freely & for the young people as they manage competing pressures;
- Liz & Wayne and the girls. Give thanks for the strides Jessica made this week gone, and such positive progress would continue for both girls;
- All those in the world of finance at all levels – in our church and beyond. For the pressures they face and the decisions they make which can affect many people;