

Homeopathy has a long history of popular use (hundreds of years). It also has a history of being criticized in North America where the medical industry is dominated by the pharmaceutical industry. Homeopathy is second only to Jesus as the two most controversial topics according to Wikipedia.¹

Considering my previous career in political advocacy focusing on environmental and conservation issues, I sometimes ask myself; Is that what attracted me to homeopathy? **No!** It was the fact that once I gave it a try for my lifetime struggle with de-habilitating eczema, it did something that nothing else could do for me and so I was ecstatic.² That success indeed was what made me passionate about ensuring that people know about homeopathy as an option if they so choose.

Unfortunately, that passion has led me here – writing to justify the amazing healing that I am now able to do for many others, now that I've spent over ten years continuing to study all aspects of homeopathy above and beyond my four year diploma requirement in order to call myself a homeopathic practitioner.³ Luckily I now have access to University level databases of research publications without having to pay the download fees. You, reading this are lucky too, because I am writing to share this with you.

I have been reticent to spend the time to put this type of information out there before now because I realize that there is no way that this article written by a homeopath will ever change the minds of anyone who is bothering to put all their wasted energy in trying to discredit homeopathy. If you are one of those people on a mission to defame individual homeopathic practitioners who are just trying to use their education driven refined skills to help do some good in this world, I have only two requests for you as follows:

1. I would ask only that you just don't bother choosing homeopathy for yourself.
2. I suggest that you allow those who might have a health concern that they themselves might choose to address with something other than the conventional medical industry, to have the option available to them to do so.

SIMPLE right?

Right!

For any others who are going to read further into this bibliography of research on homeopathy, I suggest that if you are not professionally educated in research, research methods, homeopathy or any other health field that you have someone who is to look through these papers for you. I think my reasons should be obvious to you however I will say it outright – if you are not *trained and/or highly experienced* in homeopathy – you cannot speak *as if* you are the expert to those who *actually are* the experts.

In the meanwhile, here are some current research on homeopathic remedies in general. This literature review was conducted using the EBSCO database including the Academic Search Complete thanks to the University of Central Lancashire. The databases

specifically chosen were Academic Search Complete, Medline, Medline with full text, AMED (Allied and Complementary Medical Database, CINAHL Complete, PsycARTICLES, PsycINFO, Social Sciences ABSTRACTS (H.W. Wilson), and SocINDEX with full text. The search method used was the Advanced Search with subject words Homeopathy and Homeopathic Remedies. Unfortunately this search presented 984 items in the search results so the following edits were made. Any publications older than five years were not included. This resulted in 313 publications. While searching through each and every title of this search, I did not include in this bibliography any of the editorials, opinion pieces or individual case studies that showed up in this search which eliminated 18 of them within the first 100 that I looked through so far.

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While reading these research publications, you might remind yourself of the reason that I continue to follow my attempt to offer homeopathy despite the odds. That NOT doing so feels like an abandonment of the primary code of conduct as a health practitioner 'do no harm' and against following the code ethics within the principles of beneficence and

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non-maleolence.⁴ If I don't offer something that I know can benefit someone's condition of health; then I feel that I am not acting as the compassionate human being that I know I am. If you would like to find out more, please contact me. I will be happy to conduct further inquiries. My fees are generally at \$150.00 per hour for these services but are also listed on my website at www.accessnaturalhealing.com.

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