

**“SPIRITUAL DISCIPLINES”
(Christian Principles Class 4 of 9)**

1. One of the first goals of a Christ follower, or a Christian, is to be more _____ in obedience.
2. Spiritual Disciplines is like a computer _____ of the Christ follower.
3. We are first equipped with the Word, the Bible, It's God's instruction book for us. It will help us see what God's _____ is for our life.

Ephesians 4:11-16

- Prophets, Evangelists, pastors and _____.
 - Our destination: _____
 - No longer to be _____
 - Tossed here and there by winds of doctrine, _____ of men, craftiness of deceitful scheming.
 - God wants us to _____!
4. The Word (The Holy Bible) is the Christian's _____ book for living.

John 8:31-32

- If you _____ in My word, then you are truly _____ of Mine;
- and you will know the _____, and the truth will make you _____." From what?



www.timberlakechristian.org



Access our church's calendar, a sermon study/CARE sheet, Core Beliefs and list of key ministries of TLCC at this website: You can also donate to our church's ministry online.

Download the daily Chronological Bible reading here:

www.timberlakechristian.org/my-journey-in-history

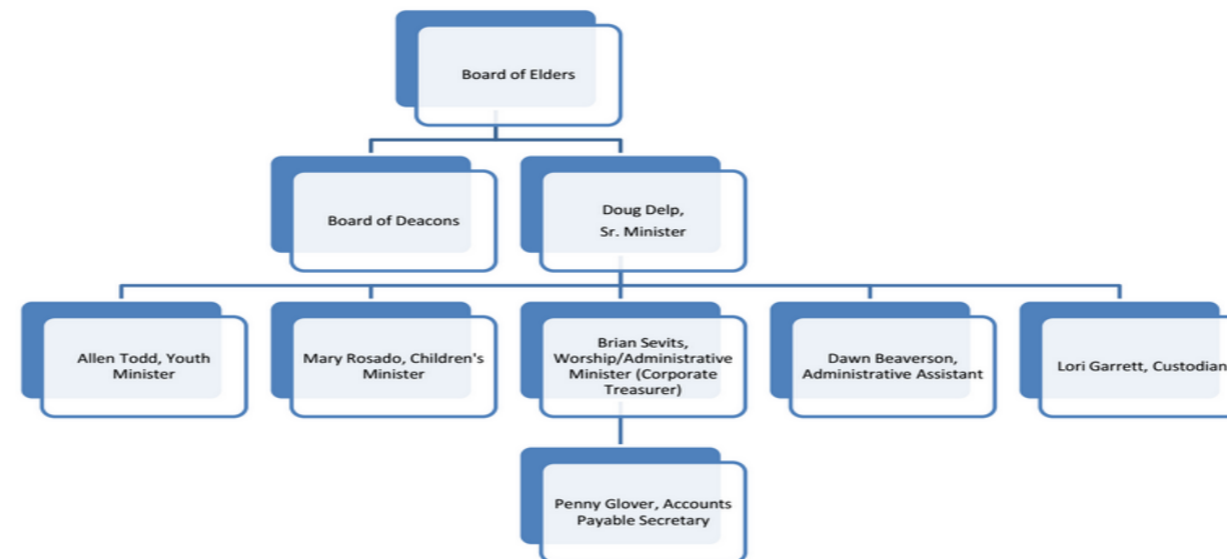
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Let's Discuss This... #1

Without names, talk in your group about Christians you admire and why. Discuss their influence on others...

- ⇒ Their walk compared to their talk.
- ⇒ How you feel when you are around them.
- ⇒ How consistent their personality is.

T.L.C.C. Organization

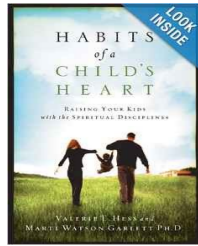


- They answered Him, "We are Abraham's descendants and have never yet been _____ to anyone; how is it that You say, 'You will become free'?"
- Jesus answered them, "Truly, truly, I say to you, everyone who commits sin is the _____ of sin.
- "The slave does _____ remain in the house forever; the son _____ remain forever.
- "So if the Son makes you free, you will be free _____.
- We must continue in His _____. Learn the _____, and _____ Truth in our lives.

HOW?

5. We must move the _____ of reading the Holy Word up!
6. Reading the Bible will not _____ our salvation.
7. We are saved by _____.
8. And because we are saved by _____ we want to do the _____ of the Father.
9. So to know that will, we read His _____.
10. Reading the Bible helps us to know the _____ of the Father.

Check Out this Resource!



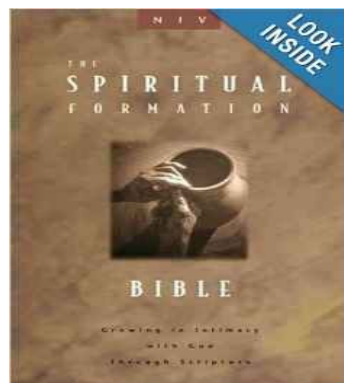
The best time to learn anything—especially spiritual disciplines—is as a child. In *Habits of a Child's Heart* parents not only learn the spiritual disciplines for

themselves but they also discover how to practice them with their kids and teens. Broken down into bite-sized, age specific exercises spiritual disciplines become life time habits forming a Christian world view and a foundation for life.

Let's Discuss This... #2

Discuss your learning style with your group.

1. What are ways you implement your learning style(s) to learn more truth and knowledge from the Bible and deepen your spiritual disciplines?
2. What ways can you expand your learning style(s)?



Encourages Christians to meet God in seven areas: the Created Order, Everyday Life, Worship, Service, Prayer, Scripture, and Community

11. Habits take _____ days to develop.
12. It's easier to make a new habit if we tie it to existing _____.
13. Quality is better than _____ when it comes to reading the Bible.
14. Keep the objective in mind: Continue in His _____. Learn the _____. And Implement the truth to break free from _____.
15. Pray for _____ before you read. Pray for God to speak to your _____.
17. I have a specific learning _____.
18. Visual:

19. Auditory:

20. Kinesthetic & Tactile

21. Other tips:
 - _____ for understanding
 - Read different translations
 - Read _____.
 - Read it _____ quietly to yourself
 - Use a _____ when you study. Underline or color

code as you read

- Write down _____ as you read
- _____ scripture
- _____ on scripture

22. When and where you read your Bible doesn't _____, as long as you are gaining _____ successfully.
23. Read & pray with your _____.
24. Doing so Reduces the divorce rate from 50% to _____%.

Our Mission

(How we perform our purpose)



Let's Discuss This... #3 Habits & Influence

God designed you specifically, the environment around you along with your experiences has shaped you by influence creating habits.

1. What positive habits have you practiced to instill spiritual disciplines into your life?
2. What difficulties did you have to overcome to make these good habits?
3. Lastly, what are some good habits you feel you should put into practice to be more spiritually disciplined?



T.L.C.C. Pinterest Page
<http://www.pinterest.com/synergyTLCC/>

Check out our Pinterest board of online resources categorized under the Synergy Milestones:

1. Discipleship
2. Early Years
3. Teens
4. Supporting Adulthood
5. Legacy