



# Spiritual Disciplines

The way we grow...

1. WHY- Spiritual Disciplines?

2. HOW- Spiritual Disciplines?

# WHY...

1. Our first goal is to be more consistent in obedience.
2. Spiritual Disciplines is like a computer operating System
3. It will help us see what God's will is for our life.

## Ephesians 4:11-16 (page 838)

- Prophets, Evangelists, pastors and teachers .
- Our destination: maturity
- No longer to be children
- Tossed here and there by winds of doctrine, cunning of men, craftiness of deceitful scheming.
- God wants us to grow up !

## John 8:31-32 (page 765)

- If you continue in My word, then you are truly disciples of Mine;
- and you will know the truth, and the truth will make you free."

## WHY...

4. The Word (The Holy Bible) is the Christians instruction book for living.

## John 8:31-32 (page 765)

- They answered Him, "We are Abraham's descendants and have never yet been enslaved to anyone; how is it that You say, 'You will become free'?"

## John 8:31-32 (page 765)

- Jesus answered them, "Truly, truly, I say to you, everyone who commits sin is the slave of sin.
- "The slave does not remain in the house forever; the son does remain forever.
- "So if the Son makes you free, you will be free indeed.



## WHY...

- We must continue in His Word. Learn the Truth, and implement Truth in our lives.

# HOW...

5. We must move the priority of reading the Holy Word up!
6. Reading the Bible will not secure our salvation.
7. We are saved by grace.
8. And because we are saved by grace we want to do the will of the Father.

## HOW...

9. So to know that will, we read His Words.
10. Reading the Bible helps us to know the will of the Father.
11. Habits take 21 days to develop.
12. It's easier to make a new habit if we tie it to existing habits.

## How...

13. Quality is better than quantity when it comes to reading the Bible.
14. Keep the objective in mind: Continue in His word. Learn the truth. And implement the truth to break free from sin.
15. Pray for understanding before you read. Pray for God to speak to your heart.

# How...

16. I have a specific learning Style.

- a. Visual
- b. Auditory
- c. Kinesthetic/Tactile

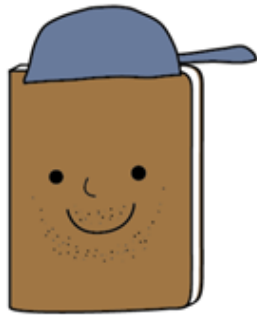
**How...**

Other tips:

17. Read different translations

# Get to know your Bible translations

Adam4d.com



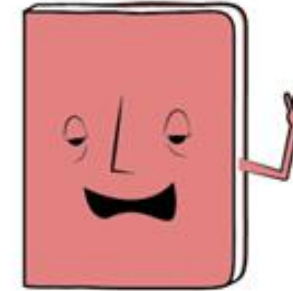
## NLT

A nice guy, but a little immature.  
Frequently gets in trouble with the older crowd.  
Still digs VeggieTales.



## ESV

One cool cat.  
All the popular folks like him.  
Recent success may be going to his head a little.  
Was Reformed before it was cool.



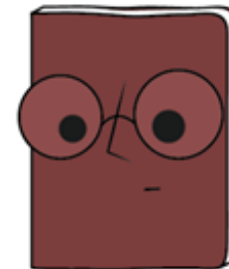
## NIV

Was super-popular in high school.  
Got caught up in the wrong crowd and was never quite the same after that.



## KJV

Always talks about 'the good ole days.'  
Doesn't get the youth.  
Always thinks he's right.  
Can be heard saying things like, "I was good enough for Spurgeon! Who are you?!"



## NASB

Intelligent and analytical.  
A little socially awkward.  
Engineering major.  
Slightly pretentious.

# How...

18. Read systematically

19. Read it aloud quietly to yourself

20. Use a pencil when you study, underline or color code Bible markings. (!, X, > [Rm. 3:10], < Gen.12:4], P,)

21. Write down questions as you read.

22. Memorize Scripture



# How...

23. Meditate on Scripture

24. When and where you read your Bible doesn't matter, as long as you are gaining understanding successfully.

25. Read & pray with your spouse.

26. Doing so Reduces the divorce rate from 50% to 5%.



To equip families to raise children that progressively own their faith and develop as responsible adults. Our hope is that TLCC will help you when you are older to look back on life with confidence, joy and many happy years as a family.