

Cowichan Therapeutic Riding Association

JUNE/JULY 2010



THE LEADING REIN

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CALENDAR OF EVENTS

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| July 5 to Aug 14 | "Introduction to Competition" Program (Mondays or Wednesdays) |
| July 5 to Aug 14 | "Recreational Trail Riding" Program (Tuesdays or Thursdays) |
| Aug 16 to 20 | Summer Camp 1 |
| Aug 23 to 27 | Summer Camp 2 |
| Aug 20 | CTRA Golf Tournament |
| Sept 20 | Fall session starts |

RIDING PROGRAMS

Summer Riding Camp:
August 16 to 20
August 23 to 27
Fee is \$200.

Fall Session Starts September 20

Call Carole Ireland for more information at

250 746-1028

*CTRA
Golf Tournament
August 20, 2010
at
Cowichan Golf &
Country Club
Info: (250)746-1028*

CTRA PLACES THIRD IN SUN FM "SUPERGIVE" CONTEST

On June 23 Sun FM announced the results of their "Supergive" contest. The contest was open to all local charities.

First place received \$25,000 in advertising and \$25,000 in cash. This was won by the Cowichan Branch of the SPCA to add the finishing touches to their Humane Education Centre where they teach children about animals/care/cruelty and basic husbandry.

Second place was awarded to Cowichan Valley Independent Living Resource Center for their Adaptive Recreation Program who received \$2,000 in advertising.

Cowichan Therapeutic Riding Association came in third place and was awarded \$1000 in advertising.

Thank you to all of you who showed your support and voted for us during the contest. Our Youtube clip can be viewed at <http://www.youtube.com/watch?>

YEAR END WIND UP PARTY



Carole Ireland (centre) announces door prize results at the "Year End Celebration" held on June 23. Christine Martin (left) and Madison Mahon (right) are both volunteers. Ride-a-thon and volunteer recognition awards were handed out in the beautifully decorated riding ring.

DID YOU KNOW THAT:

- CTRA serves children and adults with a wide range of physical, intellectual, emotional and behavioural special needs
- CTRA is an independent non-profit charity that leases the Providence Therapeutic Riding Centre from Providence Farm.
- CTRA's charity # is: 89172 3843 RR0001
- CTRA offers three 10-week long therapeutic riding sessions: fall, winter and spring.

CTRA RECEIVES GRANT THANKS TO QMS STUDENTS

Cowichan Therapeutic Riding Association was the recipient of a \$5,000 grant from the Toskan Casale Foundation. The grant was a result of a Youth and Philanthropy Initiative project done by four Queen Margaret School students.

The Toskan Casale Foundation is committed to supporting and strengthening community-based grassroots organizations that, through their social programs, reach out to at-risk people and provide them with immediate relief and long-term stability. The Toskan Casale Foundation does all of its funding through the Youth and Philanthropy Initiative.

The Toskan Casale Foundation reflects the passion and beliefs of its three Directors, Julie Toskan-Casale, Victor Casale and Frank Toskan, founders of MAC Cosmetics. Building upon a tradition of innovative thinking, the Toskan Casale Foundation was launched in 2001.

In 1985 Frank Toskan and Frank Angelo co-founded M.A.C Cosmetics Ltd., one of the industry's biggest success stories. While with M.A.C, Julie and her husband Victor Casale were active partners in this groundbreaking company, and Julie headed up the global marketing and public relations division. She also oversaw the M.A.C AIDS Fund, a foundation dedicated to helping people living with HIV and AIDS which to date has raised over USD\$115 million.

In 1998, after MAC was sold to Estée Lauder, Julie found herself with an open schedule and available resources. She decided to dedicate herself to the aspect of life at MAC she found most rewarding; her charitable work. Julie wanted to practice an engaged form of philanthropy and was determined to build a philanthropic venture with a strategic underpinning. In 1999, Julie became the first Canadian to graduate from the renowned Rockefeller Foundation's Philanthropy Workshop. In 2001, she established The Toskan Casale Foundation—a family foundation dedicated to supporting and strengthening community-based social programs and organizations.

In 2002, Julie created the Youth and Philanthropy Initiative (YPI) a program providing high school students with a reality experience through a school-based, community-focused philanthropy program. Since its launch, the program has enabled young philanthropists to donate \$2,500,000.

The YPI is open to Grade 9 or 10 students. Four students, Fei Yi Kuai, Katelyn Eslinger, Scarlett Foss and Emma Major selected Cowichan Therapeutic Riding Association for the focus of their project. After an introductory workshop, the students worked together in groups and studied the diverse social needs of the Cowichan Valley. The students analyzed a number of factors, including mission, budget, fund allocation and impact on the community. To gain greater insight into Cowichan Therapeutic Riding Association, the students set up a site visit to the stables, resulting in a 10 minute presentation about CTRA.

The group of four were chosen to conduct a final presentation in front of their school and a judging panel, the majority of whom were fellow students. This team had the most compelling presentation and won the \$5,000 grant towards CTRA issued by the Toskan Casale Foundation. All round the experience was very valuable: the students gained an education in philanthropy, CTRA received financial assistance and the community gained an increased awareness of the value of therapeutic riding.



Queen Margaret's School students deliver \$5,000 grant to CTRA. From left to right are: Fei Yi Kuai, Katelyn Eslinger, Jodie Lang (stable manager), "Scotia", Scarlett Foss, and Emma Major.



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Jayne Shaw of



and **Selkirk Shaw Golf Services Ltd.**



Time.



Sometimes 24 hours a day doesn't seem quite enough.

But if you could find just a few hours a month, you could brighten the life of someone in need.

There's nothing like the feeling of lending a helping hand. Volunteer today.

For more information on how you can get involved, contact:

Mill Bay Lions
millbaylions@shaw.ca

Meet: 2nd & 4th Thurs
on Cameron Taggart Road



We Serve

www.lionsclubs.org

SUMMER RIDING CAMP FOR CHILDREN

“CTRA” has been providing riding camps for the children of the Cowichan Valley for the past 20 years. Each camp blends campers from all walks of life and includes children with physical disabilities, children with learning disabilities and children with intellectual disabilities as well as integrated riders from the community. Each camper is paired with one of our gentle therapy horses or ponies and, in some cases, may share with another camper. Skills such as grooming, mucking out and tacking up help teach teamwork, responsibility and confidence while allowing each camper their own level of success. Stable management topics include parts of the horse, feeding and care of the horse, cleaning and care of tack and equipment.

Campers must be between the ages of 8 & 16. Priority will be given to riders in CTRA programs until July 24, 2010 after which spaces will be filled as received.

Camp is a half day starting at 9:00 am and finishing at 1:00 pm. The fee is \$200. Each camp is 5 days in length with the first camp running from August 16 to 20 and the second camp running from August 23 to 27.

Our Camp Staff

Our Instructors are all certified as Canadian Therapeutic Riding Instructors. Our Volunteers participate in volunteer training sessions to become skilled as horse handlers or sidewalkers.

Camp Schedule

Riding groups will be made up of no more than 4 riders. Beginner and novice groups will have a one hour riding lesson each day. On the final day of camp all riders will trail ride on the many trails around Providence Farm. Each camper is responsible for cleaning his/her horse's stall, replenishing water and helping to keep the aisle swept and clean. Stable Management lessons will feature a different topic each day and each camper will receive a camp manual with puzzles and worksheets which can be taken home at the end of the week.

VOLUNTEERS NEEDED NOW FOR SUMMER CAMP! PLEASE CALL US!



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| <p>Your CERTIFIED Vancouver Island Dealer</p>  <p>WINDOWS & DOORS</p> <ul style="list-style-type: none"> • NEW CONSTRUCTION • RENOVATIONS • INSTALLATION <p>5272 Boal Road, Duncan (250)746-9570</p> <p>CTRA Sponsor</p> | <p>CTRA Sponsor</p>  <p>THRIFTY FOODS™</p> |
| <p>CTRA Sponsor</p>  <p>710 Saanich Road, Victoria (250)661-13527</p> | <p>CTRA Sponsor</p>  <p>12-4970 Polkey Rd., Duncan (250) 748-8851</p> |
| <p>CTRA Sponsor</p>  <p>MEYERS NORRIS PENNY LLP</p> <p>372 Coronation Ave., Duncan (250) 748-3761</p> | <p>CTRA Sponsor</p>  <p>Put four generations of Valley life to work for you!</p>  <p>250-748-7200 shannonroome@remax.net kateroome@remax.net</p> |

BRENTWOOD COLLEGE SCHOOL—CHARITY WORK DAY

In 1986 a baby was born, but cursed with a heart problem and likely to die. His family did not have the funds needed that would provide for the surgery in order to save him. As the baby came from the local community, Brentwood students heard of this tragic story and could not step aside while capable of doing everything in their power to help save a life. Students went out into the community, washing windows, pulling weeds, sweeping floors, babysitting children, any possible task that would earn donations for this little baby. Now, years later, the child that faced death is celebrating his 24th birthday thanks in part to the hard work and commitment of the Brentwood students.

Twenty-four years later, Charity Work Day still serves as an annual tradition, raising money for local charities. In March, students were whisked away from their normal Saturday routine of classes and

sports to the homes of locals around the community to work odd jobs for their 'clients'. Performing tasks like clearing sticks, raking leaves, painting fences, pulling weeds; the students should be proud of their efforts. Every stiff muscle and aching back was compensated by donations for their wholehearted efforts of the day. Sympathy for the students should not be too deep, however, as that very night they were dancing in the new student centre on the Brentwood College campus.

CTRA, along with several other local charities, received \$1,330 which will be used towards the annual sponsorship of our beloved therapy horse Abby. We are most grateful to Brentwood staff and students for their hard work to raise this money.

THANK YOU!

COWICHAN THERAPEUTIC RIDING ASSOCIATION

**1843 Tzouhalem Road
Duncan, BC V9L 5L6**

Phone: 250-746-1028 **Fax:** 250-746-1033
Email: ctra@telus.net **Website:** www.ctra.net

Office Hours: Monday to Friday— 9:00 to 4:00

CTRA Staff

| | |
|------------------|-----------------------|
| Carole Ireland: | Executive Director |
| Jodie Lang: | Stable Manager |
| Sylvia Berryman: | Financial Coordinator |
| Barb Hill: | Caretaker |

CTRA Instructors

| | |
|------------------|---------------------------|
| Lisa Pink | (CanTRA Coach) |
| Jane James | (CanTRA Coach) |
| Margaret Rigby | (CanTRA Coach) |
| Dani Gerger | (Intermediate Instructor) |
| Irene Lintner | (Intermediate Instructor) |
| Katie Mahon | (Intermediate Instructor) |
| Sabine Molfenter | (Intermediate Instructor) |

Part time Staff

Beth Davies, Rhiannon Ashton, Nicole Nash-Little, Katrina Everenden, Angel McGrath

CTRA Charity Golf Tournament

BEST BALL SCRAMBLE FORMAT

Friday, August 20, 2010 at the

Cowichan Golf and Country Club

Golfer Registration Fee is \$125

The weather is finally coming around and our thoughts are turning to our Charity Golf Tournament. Last year was a great success and we are excited about this year's event to be held once again at the Cowichan Golf and Country Club.

We are fortunate to be able to schedule the tournament for Friday, August 20 at 1pm. Moving onto a Friday afternoon in the summer we hope will make it easier for golfers to attend, perhaps with colleagues or clients.

The focus for the afternoon is fun, golf and prizes for all. In order to raise the needed funds for our therapy program we rely on the generosity of hole sponsors and prize donors as well as golfer registrations to make the day a success.

Perhaps you would like to take this opportunity to spend an afternoon on the links with clients or friends finishing your day with a gourmet burger and beverage prepared by Cowichan Golf Club while awards are given out. Every golfer receives a prize in addition to their tee-off gift and meal.

We hope that friends of CTRA will advise their golfing friends of this tournament. We are looking for hole sponsors, volunteers, and of course golfers to participate in the event. Please contact the CTRA office for more details.



**2ND ANNUAL GOLF TOURNAMENT—AUGUST 20, 2010
AT COWICHAN GOLF & COUNTRY CLUB**

Golf Tournament Registration

Golfer Registration Deadline is Friday, July 30, 2010

Contact Name: _____ Company Name (if applicable): _____

Mailing Address: _____

Phone: _____ E-mail Address : _____

| | Rate | |
|-------------|-----------------------------|---|
| Individual | \$125/person for 18 holes | \$75/person for 9 holes |
| Foursome | \$500/foursome | |
| Sponsorship | Hole Sponsor or Prize Donor | Please call CTRA office for details at 250 746-1028 |