



LEARNPLAYCOMPETE



NIKE TENNIS CAMPS UK SUMMER 2016 

NIKE TENNIS CAMPS

Residential 1- and 2-week camps for boys and girls aged 10-17 at three of England's leading tennis centres. Players improve their skills, build their confidence and forge lifelong friendships. Choose from:



English & Tennis Camps



Tennis and Business English & Communication Skills (BECS) Camps



Total Tennis Camps



Venues

National Tennis Centre (NTC)

- > All types of camps available
- > 1-week and 2-week camps
- > Ideal for developing/advanced players

Bradfield College

- > English & Tennis camps only
- > 2-week camps
- > Ideal for beginner/developing players

Lancing College

- > English & Tennis camps + Tennis & BECS camps
- > 2-week camps
- > Ideal for beginner/developing players

What's included on all camps

- > All meals and accommodation
- > Full programme of on-site coaching, teaching and activities
- > Excursions to top tennis attractions and London
- > An exclusive Nike giveaway pack

ENGLISH & TENNIS CAMPS



Who is it for?

- > 10-17 year olds
- > All English language abilities

How does it work?

Up to 20 hours of tennis coaching per week, alongside 12.5 hours of classroom-based English. Our coaches are experienced in instructing players with different language capabilities, ensuring they get the best out of their sessions. English is taught based on the successful CLIL model by highly qualified native English language teachers. Students' language skills improve using a sports and tennis-focused curriculum to keep them fully engaged.

And the result?

All students leave the camp with their English workbook, a proficiency certificate and an individual assessment with advice on how to further develop their language skills. On court, each player receives a personal assessment from the coaching director, together with a Development Plan.

Camp details

Duration	Location	Tennis level
1 or 2 weeks	NTC	Intermediate & Advanced
2 weeks	Bradfield College	All levels
2 weeks	Lancing College	All levels



TENNIS & BECS CAMPS



Who is it for?

- > 14-17 year olds
- > B1 level English speakers or higher

How does it work?

Up to 30 hours of tennis coaching per week, alongside 6 hours of BECS. Players work on their business-relevant communication and presentation skills in daily sessions after their tennis coaching. These sessions equip them with the skills to analyse, problem solve, and present information using a series of case studies, as well as creating their own business ideas.

And the result?

Players gain the foundations needed for university entrance, and to compete in the international job market. They will be able to create and deliver effective presentations, in English, both verbally and digitally. On court, each player receives a personal assessment from the coaching director, together with a Development Plan.

Camp details

Duration	Location	Tennis level
1 or 2 weeks	NTC	Intermediate & Advanced
2 weeks	Lancing College	All levels



TOTAL TENNIS CAMPS



Who is it for?

- > 10-17 year olds
- > Intermediate and advanced players with a good standard of fitness, looking to move to the next level
- > All language abilities and native speakers

How does it work?

Players live and train like professionals with up to 34 hours of tennis coaching, training and matchplay a week at England's top tennis facility. Playing on all 4 grand slam surfaces, the camps are led and designed by former ATP and ITF professionals. Players will work on all aspects of their game with our highly qualified coaches and receive specialist seminars in fitness, nutrition, tactics and match preparation.

And the result?

Players improve their existing skills and develop new ones. Coaches turn perceived weaknesses into strengths with small technical adjustments. Maintaining a positive attitude, knowing what shot to play and when to play it; a better appreciation of court position and movement, and enhanced tactical awareness are all elements where players will see positive changes.

Camp details

Duration	Location	Tennis level
1 or 2 weeks	NTC	Intermediate & Advanced



THE TENNIS COACHING



Raise your game in a friendly and positive environment

Strong players are challenged tactically, technically and physically, while developing players will learn to master grip, spin, movement, power and consistency. Coaches working on a 1:6 ratio will use demonstration, practice and feedback - including video analysis - to improve technique.

Fitness and conditioning drills put emphasis on footwork, balance and speed. Expect plenty of short-set matches and competitive challenges on court, including **beat the coach!** Our coaches make the camp fun as well as challenging. Off-court seminars will further extend the tennis experience.



Meet our Tennis Directors...



Gill Lemore

- > USPTA Qualified Professional
- > PTR France Qualified Instructor & LTA Level 4 performance coach

Gill is a multi-lingual and highly qualified performance coach who has worked with players of all ages and abilities in Europe and the U.S.A.



Nicola Slater

- > Professional Doubles Player
- > PTR Professional Qualification

Nicola is still playing professionally, is an experienced elite coach, and has spent several years working as a tennis director and coach at leading colleges in the USA.



EXCURSIONS



'Real Tennis' Experience

Players will learn the history of the game, and play 'Real Tennis' at either Hampton Court, the oldest tennis court in use in the world; Radley College, a prestigious English school; or Petworth House, a historic National Trust country house and park.

All England Club at Wimbledon*

In an exclusive tour, students will visit the Wimbledon Stadium and grounds, exploring the traditions, triumphs, sights and sounds that have made Wimbledon the most coveted title in tennis since it was founded in 1868.

London Sightseeing Tour

Our teachers lead an educational walking tour of England's capital city, exploring landmarks such as Buckingham Palace, The Houses of Parliament and Trafalgar Square. Students will also make a special visit to Niketown on Oxford Street.

Oxford Sightseeing Tour

Included on Bradfield College Camps

Players will experience the historic city of Oxford, home to the oldest university in the English-speaking world. The tour will include an opportunity for shopping.

Brighton Beach

Included on Lancing College Camps

A trip to the beach to experience the amusements of the famous Brighton Pier and enjoy some seaside activities.

Arundel Castle

Included on Lancing College Camps

Home to the Dukes of Norfolk and their ancestors for nearly 1,000 years, players will experience the grandeur and history inside one of the oldest inhabited houses in England.

And off court?

Our trained pastoral care staff are responsible for supporting players throughout the camp. Outside their lessons and coaching times, players enjoy different recreational activities and excursions, all supervised by our staff, who live on site in the boarding houses. Staff are available 24 hours a day, so players always have someone to turn to should they need assistance any time of day or night.

A typical day...



07:30
Fitness & stretch option



08:00
Breakfast



09:30
Tennis session on court
(with video analysis)



12:30
Lunch



14:00
English or Tennis



18:00
Dinner



19:30
Tennis session /
Games / Activities



22:00
Lights out

*The All England Club at Wimbledon is closed during the Championships (27 June - 10 July), so on this camp players will instead spend the day at Thorpe Park, a leading UK theme park.

National Tennis Centre

A high-performance programme for developing and advanced players

Experience what it's like to live, train and play at the NTC, home of Great Britain's Davis Cup team and the Lawn Tennis Association. Located on the edge of Richmond Park in south west London, the NTC is the leading performance tennis centre in the UK, with 22 courts including all 4 Grand Slam surfaces. Our high-performance programme, designed by former tournament professionals aims to take players to the next level. These camps are most suited to those who play regularly at school and/or club level.




"I have no words to describe how much fun I had with you during the tennis sessions. Every single session was an incredible moment for me, as I worked hard and had fun at the same time." **Giorgia, 2015**





Camp options

Choose to stay for 6 or 13 nights.

-  English and Tennis Camp
-  Tennis and BECS Camp
-  Total Tennis Camp



Excursions

2-week camps

Wimbledon Tour*
Real tennis: Hampton Court
London and Niketown

1-week camps

Wimbledon Tour* **OR**
Real tennis: Hampton Court



2016 camp dates

1-week camps

11-17 Jul | 18-24 Jul | 25-31 Jul
1-7 Aug | 8-14 Aug | 15-21 Aug

2-week camps

11-24 Jul | 25 Jul - 7 Aug | 8-21 Aug



Useful information

Airports

Heathrow (19 km) | Gatwick (53 km)

Rail links

London St Pancras (Eurostar) (16 km)

Accommodation

On site at NTC in single, twin and triple bedrooms, with private and shared bathroom facilities which overlook the complex

Facilities

- 5-a-side football pitch, indoor hard courts, 4 outdoor grass courts, 6 outdoor clay courts, 12 acrylic courts, player lounge
- Free Wi-Fi
- Laundry facilities

Catering

3 meals a day and an evening snack, including vegetarian options



NIKE TENNIS CAMPS - BRADFIELD COLLEGE

Bradfield College, Reading

Learn English and improve your tennis in historic rural England

An exclusive British experience for international students wishing to focus on improving their language skills on a 2-week tennis and English camp. Located in the heart of the beautiful Berkshire countryside, yet only 45 minutes from London Heathrow, Bradfield College is an LTA-approved tennis centre and one of Britain's finest private schools. As well as a variety of outdoor court surfaces, Bradfield's tennis development centre has 3 indoor competition-standard hard courts.



"I improved my backhand and service as I wanted and I went to the places I always dreamed of going like Wimbledon"
Negar, 2015





Camp options

Bradfield College offers a 13 night English & Tennis camp.



English and Tennis Camp

Excursions

Wimbledon Tour*
Real Tennis at Radley and Oxford shopping
London Tour and Niketown



2016 camp dates

4-17 Jul | 18-31 Jul | 1-14 Aug

Useful information

Airports

Heathrow (56 km)
Gatwick (101 km)

Rail links

Reading Station (13 km)
Theale Station (5km)

Accommodation

Single and twin bedrooms, with private and shared bathroom facilities

Facilities

- 25m 6-lane swimming pool, indoor sports centre, acrylic tennis courts, clay courts, indoor hard courts
- Common room with TV, table tennis, foosball table and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities

Catering

3 meals a day and an evening snack, including vegetarian options



NIKE TENNIS CAMPS - LANCING COLLEGE

Lancing College, Brighton

Learn English, play tennis and have fun on the coast in an historic seaside setting

Situated high up on a hill near Brighton and overlooking the sea, Lancing College is one of Britain's great private schools. The college is situated 15 minutes from Brighton, moments from the coast and just an hour from London. It boasts 6 grass tennis courts and a further 22 hard courts. Founded in 1848, the college has a reputation for academic and sporting excellence, in an inspirational setting.





Camp options

All camps are 13 nights.

 English and Tennis Camp

 Tennis and BECS Camp

Excursions

- Wimbledon Tour*
- London Tour & Niketown
- Play Real Tennis at Petworth House
- Arundel Castle Tour
- Trip to Brighton Pier

2016 camp dates

4-17 Jul | 18-31 Jul

Useful information

Airports

Heathrow (107 km)

Gatwick (49 km)

Rail links

Brighton Station (14 km)

Accommodation

Single, twin and triple bedrooms and dormitories, with shared bathroom facilities

Facilities

- 6 grass courts, 22 hard courts, indoor courts nearby, 25m swimming pool, sports hall
- Players' lounge with TV, table tennis, foosball table and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities

Catering

3 meals a day and an evening snack, including vegetarian options



CAMP DETAILS AND DATES

	NTC 1 week	NTC 2 weeks	Bradfield College 2 weeks	Lancing College 2 weeks
Tennis level >	Intermediate/Advanced	Intermediate/Advanced	All levels	All levels
 English & Tennis Camps	✓ 12.5 hours of English 20 hours of tennis	✓ 25 hours of English 40 hours of tennis	✓ 25 hours of English 40 hours of tennis	✓ 25 hours of English 34 hours of tennis
 Tennis & BECS Camps	✓ 6 hours of BECS 30 hours of tennis	✓ 12 hours of BECS 60 hours of tennis	✗	✓ 12 hours of BECS 50 hours of tennis
 Total Tennis Camps	✓ 34 hours of tennis	✓ 68 hours of tennis	✗	✗
Excursions	Wimbledon* or Hampton Court	Wimbledon* Hampton Court London & Niketown	Wimbledon* Radley Tennis Club Oxford shopping trip London & Niketown	Wimbledon* Petworth House London & Niketown Arundel Castle Tour Trip to Brighton Pier

2016 Camp dates

	4-10 July	11-17 July	18-24 July	25-31 July	1-7 August	8-14 August	15-21 August
NTC 1-week camps							
NTC 2-week camps							
Bradfield College							
Lancing College							

We can help with...

Airport transfers From Heathrow or Gatwick

Visa support letters We are accredited to issue these where required

Insurance Included in the price of the camp

BOOK YOUR CAMP TODAY



For more information

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