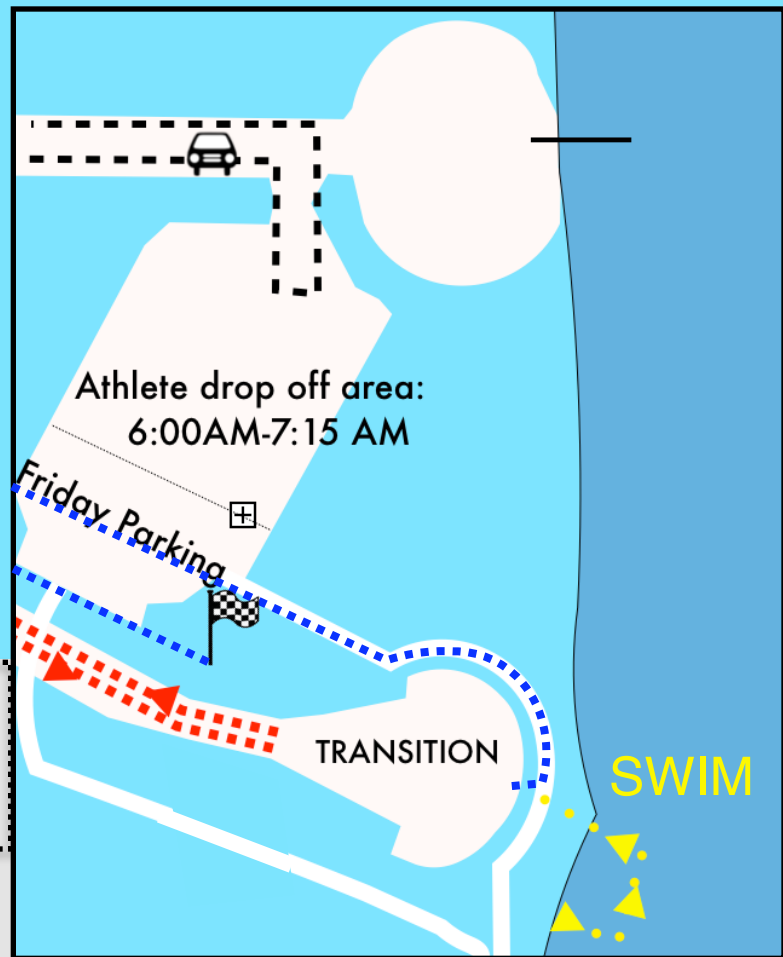
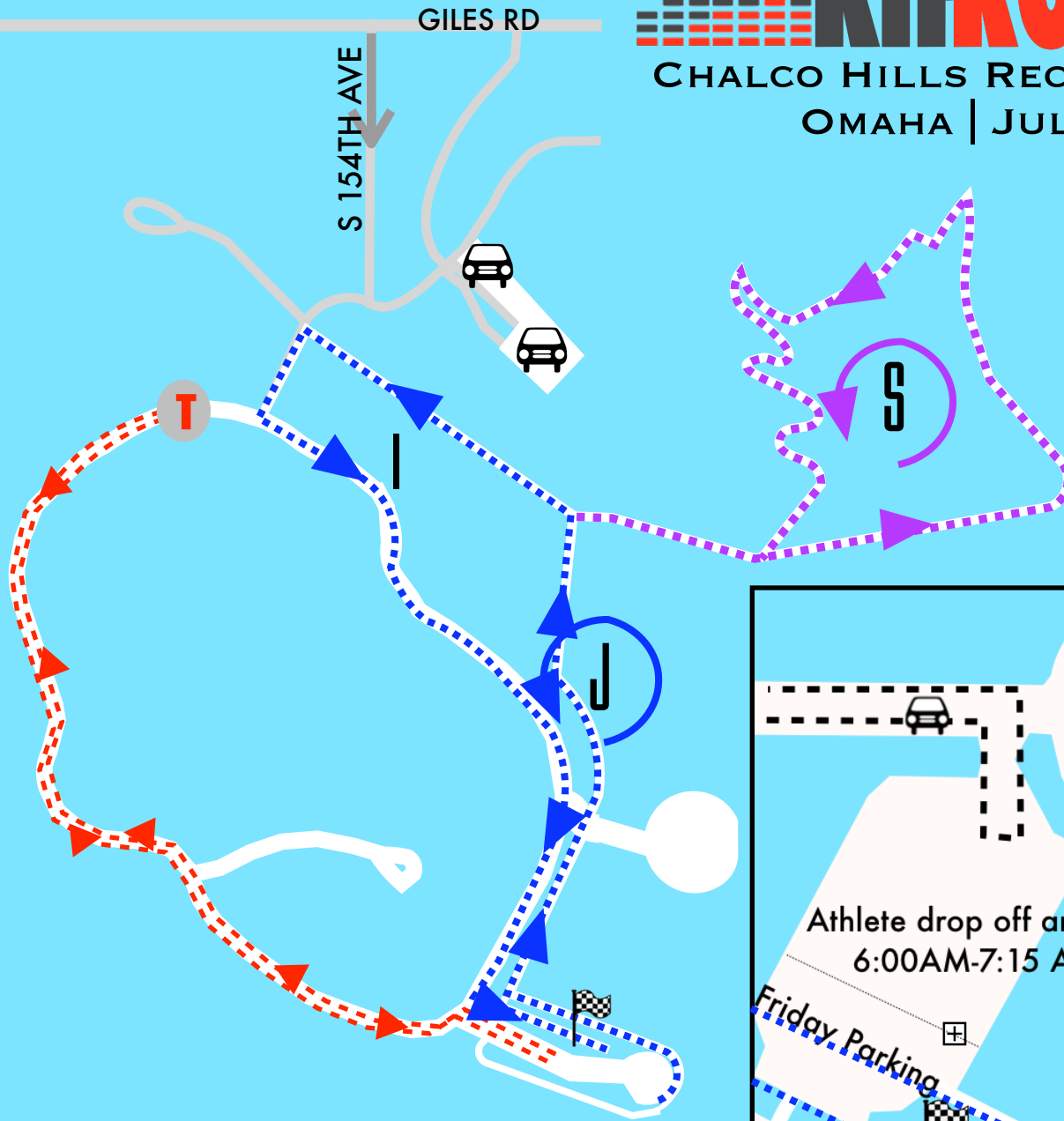




RIPROAR

CHALCO HILLS RECREATION AREA
OMAHA | JULY 23RD



Juniors - Swim: 1 Lap. Bike: 1 Lap. Run: 1 Lap
 Intermediates - Swim: 1 Lap. Bike: 2 Laps. Run: 1 Lap
 Seniors - Swim: 2 Laps. Bike: 3 Laps. Run: 1 Lap

- - - - - Swim course / Run from swim.
- - - - - Bike Course - - - - - Senior Run Ext.
- - - - - Run Course

-  Finish Line **T** Turn Around
-  Parking