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I hit the beach with my kids, which means little hands pulling at my top, and me crawling after runaway buckets. Got a suit for all that?

Your solution: not-too-bare suits (from chic maillots to kicky two-piecers) with sturdy straps—or strings you can double-knot!



Naomi Watts shows off her cute son, cute bod, and nothing embarrassing.



L.L. Bean, \$105 (sizes 8-18), \$110 (sizes 8-18 long and 8-18 D-cup), \$115 (sizes 18W-24W): Ilbean.com.



Beach Belle, top, \$38, bottom, \$28 (both, sizes 8-24W); swimsuitsforall.com.



Anne Cole Signature. \$94 (sizes 6–16); 212-944-0317 for stores.



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Calypso St. Barth for Target, top, \$24.99, bottom, \$22.99 (both, sizes XS–XL); target.com.



Echo, \$118 (sizes 4-12); echodesign.com.

Gap, top, \$36.95, bottom, \$34.95 (both, sizes XS-XL); gap.com.

Tips from our swimsuit therapist, fashion director Audrey Slater Beware the boy short, unless you are blessed with very long legs. They provide coverage, sure-

- but they'll also visually shorten your lower half. Go a size up. Swimsuits are usually cut small, so save yourself from dressing-room depression and pick a size larger than you usually wear.
- If you're between sizes, suits that involve ties (whether a halter one-piece or a string bikini) will give you the most custom fit.
- Shop online. Trying on just feels better at home.
- · Most important rule of all: Chill out, have fun, and stop worrying about what you look like!

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