

Whoever dwells in the shelter of the Most High

will rest in the shadow of the Almighty.

I will say of the Lord, "He is my refuge and my fortress,

my God, in whom I trust."



He will cover you with his feathers,  
and under his wings you will find refuge;

his faithfulness will be your shield and rampart.

You will not fear the terror of night,

nor the arrow that flies by day,

nor the pestilence that stalks in the darkness,

nor the plague that destroys at midday.



If you say, "The Lord is my refuge,"

and you make the Most High your dwelling,

no harm will overtake you,

no disaster will come near your tent.



For he will command his angels concerning you

to guard you in all your ways;

they will lift you up in their hands,

so that you will not strike your foot against a stone.



"Because he loves me," says the Lord, "I will rescue him;

I will protect him, for he acknowledges my name.

He will call on me, and I will answer him;

I will be with him in trouble,

I will deliver him and honor him.

