

Hurricane Season
Begins June 1

# Got a Plan? Got a List?

### **Now Get to the Store and Get Prepared!**

Florida Hurricane Preparedness Week May 25-31, 2008

**Retail Sales running May 30 - June 8** 





























## **Emergency Supplies List**

There are basic items you should stock in your home in case of emergencies: water, food, first aid supplies, clothing and bedding, tools and emergency supplies and special items. Keep the items that you would most likely need during an evacuation in an easy-to-carry, secure container.

#### For your family:

- ✓ Water at least 1 gallon daily per person for 3 to 7 days
- √ Food at least enough non-perishable food items for each person for 3 to 7 days
- ✓ First Aid Kit Assemble a first aid kit for your home and one for each car including:
  - o Adhesive bandages, various sizes
  - o Sterile dressings and gauze pads, various sizes
  - o Gauze and cohesive bandage rolls
  - o Alcohol-based hand sanitizer
  - o Antiseptic wipes
  - o Latex-free gloves
  - o Adhesive tape
  - o Anti-bacterial ointment
  - o Cold pack
  - o Scissors and tweezers
  - o Thermometer
  - o Safety pins and needles
  - o Sunscreen
  - o CPR breathing barrier
  - o Anti-bacterial soap
- ✓ Medicines Stock in your first aid kit, a supply of common nonprescription medications such as:
  - o Aspirin or non aspirin pain reliever
  - o Anti-diarrhea medication
  - o Antacid
  - o Laxative

- ✓ **Prescription Drugs** Keep a supply on hand of prescription drugs and other special needs health items such as:
  - o Current prescription medications for all family members
  - o Insulin
  - o Denture needs
  - o Extra eye glasses or contact lenses and supplies
  - o Prescription inhalers or nebulizers
  - o Personal adaptive equipment such as braces, crutches or canes
- ✓ Clothing- Have a bag packed with a complete change of seasonally-appropriate clothing and footwear for each person. Other items include:
  - o Rain gear
  - o Sunglasses
- ✓ Bedding- Keep bedding supplies in a waterproof container/ bag.
  - o Blankets and sleeping bags
  - o Pillows

#### √ Tools and Emergency Supplies

- o Battery-operated radio
- o NOAA alert radio
- Flashlights- do not stock candles which are the source of many fires
- o Extra batteries
- o Paper cups, plates and plastic utensils
- o Manual can opener or utility knife
- o Small fire extinguisher
- o Small, basic hand tool set
- Duct tape
- o Compass, local map or electronic navigation device
- o Matches in a waterproof container
- Signal flare
- o Wrench to turn off household gas and water
- o Plastic sheeting
- Sanitation items such as soap, liquid detergent, toilet paper, moist towelettes, plastic garbage bags, disinfectant and chlorine bleach.
- o Blue ice or artificial ice
- o Personal and feminine hygiene supplies
- o Plastic bucket with tight lid
- o Plastic tarps
- o Insect repellent

#### For your home:

- o Portable generators
- o Storm shutters
- o Generator cord
- o Storm shutter accessories
- o Garage door brace
- o Carbon monoxide detector

#### For your car:

- o Flashlight with extra batteries
- o First aid kit
- o Maps
- o White distress flag and flares
- o Tire repair kit
- o Jumper cables, tire pump and jack
- o Full tank of gas with extra gas can

#### For your baby:

- o Formula
- o Diapers
- o Bottles
- o Powdered milk

#### For your pets:

- o Proper Identification
- o Immunization records
- o Supply of food and water
- o Pet carrier or cage with bedding
- o Medications
- o Muzzle, leash and collar
- o Grooming supplies
- o Waste bags
- o Cat litter/box

#### Other misc. items:

- o I.D. and Insurance info
- o Important phone numbers