



THE
HUGHSTON
FOUNDATION



The Hughston Foundation, in conjunction with Rutherford County Schools, is providing athletic trainers with a one day opportunity to earn up to 10 EBP continuing education credits.

When: Tuesday, July 14th, 2015

Where: Central Magnet School
701 East Main Street
Murfreesboro, TN 37130

Instructor: Andy Grubbs, M.Ed, ATC

Fees: \$100 for 1 lecture, or \$150 for both.

Schedule: 7 - 8 am - Registration
8 am - 1 pm - Lecture 1: Best Case Practices
1 - 1:30 pm - Lunch (on your own)
1:30 - 6:30 pm - Lecture 2: Concussion Management

To reserve your spot email agrubbs@hughston.com. Payment will be collected on site.



The Hughston Foundation (P420) is recognized through the BOC as a continuing education provider. According to the educational levels described by the PDC the following continuing education course is considered to be essential.

Lecture A: 5 hour EBP Best Case Practices for secondary school athletic trainers.

Educational Objectives:

Identify the signs and symptoms of heat-related illness.
Identify and distinguish the different types of heat illness.
Identify the athletic trainer's role in the heat-related illness management process.
Identify the treatment guidelines and immediate referral criteria for heat-related illness.
Identify prevention strategies and current methods of monitoring weather conditions.
Identify different components of emergency action plans.
Identify the athletic trainer's role in development of emergency action plans.
Identify other medical provider's role(s) in the development of emergency action plans.
Identify equipment and resources needed for implementation of emergency action plans.
Identify routines and mechanisms to practicing the coordination and effectiveness of developed emergency action plans.
Identify stations utilized in administration of pre-participation exams.
Identify pre-participation exam setup models.
Identify equipment and resources needed for pre-participation exams.
Identify current guidelines for pass/fail criteria.
Identify future methods for paperless administration of PPE's.
Identify the different members of a sports medicine team.
Identify the roles and responsibilities for members of a sports team.

Lecture B: 5 hour EBP Best Case Practices for secondary school athletic trainers.

Educational Objectives:

Identify the components of baseline testing and their role in the concussion management process.
Identify different types of post concussion evaluation tools and their role in the concussion management process.
Develop a standardized return to play protocol utilizing symptom monitoring, post concussion evaluation tools, and graduated increase in activity level.