



# Hand Me Another Brick

## Nehemiah 6

1. Has there been a time in your life that you focused on getting through one day or one week at a time? What were the circumstances?

In chapter 6, Nehemiah had to overcome 3 main vision stoppers that were trying to stop the vision God had given him - distractions, rumors and gossip, and fear.

2. In verses 1-4, Nehemiah dealt with attempts to distract him from the work. What are some of the things that could easily become a distraction from the work God calls us to? What can we do to help identify these distractions? What "good" things in your life have become (or may become) a distraction from your holy discontent?
3. In verses 5-9, Nehemiah dealt with the rumors and gossip from people trying to stop his work. What are some of the common traits of rumors/gossip that we see in these verses? Why do you think rumors/gossip can be so destructive? How can we overcome these things so that they don't stop the work or vision that God gives us?

4. In verses 10-14, Nehemiah dealt with fear as he is told that people are coming to kill him. Has there been a time that fear held you back (doesn't have to be a "deep" example)? Why do you think fear is such a powerful force? What lessons can we learn from Jesus' response when He was fearful (Luke 22:39-46)? What does 2 Timothy 1:7 tell us about facing fear?
  
5. Is there something stopping you from the work or vision God has given you?
  - Is there something (even a good thing) that is distracting you? What steps can you take this week to lessen or eliminate that distraction?
  - Are you facing opposition in the form of gossip or rumors? How can this group help support and encourage you to press on?
  - Are you facing a fear that is holding you back? Ask the group to pray that God would replace your fear with His power, love and self-discipline. Memorize 2 Timothy 1:7 to help you overcome your fear.