



# Psalm 100

## Descriptive Praise Psalm by David

The descriptive praise psalms recognizes the works of God and directs people to engage in praise and worship of Him.

### Structure of a Descriptive Praise Psalm

- A. Call to Praise
- B. Cause to Praise
  - a. Summary
  - b. Reason for praise
    - i. The greatness of God
    - ii. The grace of God
    - iii. Specific Illustrations
  - c. Call to Praise

**Discussion:** What does it look like for you to praise God? Is there someone in your life who lives a life of praise? Please describe.

The Bible shows us several reasons why the act of praising God is important:

1. God is worthy of our praise
2. Praise is an act of obedience
3. Praise draws us near to God
4. Praise unites God's people
5. Praise will continue into eternity

Which one of these reasons strikes you the most?

Read Psalm 100. As you read, look for the "call and cause" to praise. The Psalm seems to go back and forth from call to praise to cause for praise.

1. List the phrases that are a call to praise. And then list the phrases that are a cause to praise.

Vs. 3 "Know that the LORD, he is God! It is *he* who has made us, and we are *his*; we are *his* people and the sheep of *his* pasture."

2. How does knowing and believing that we are *his*, give us cause to praise?

Vs. 4 "Enter *his* gates with thanksgiving and *his* courts with praise. Give thanks to him; bless his name."

Because we are *his* (we belong to God) we have access to enter *his* presence. The Hebrew word for bless here means "to kneel, bless". In other words, we are to enter his presence, give thanks and kneel in adoration of his holy name.

3. How could a discipline of entering his presence with this posture affect daily living?

Vs. 5 "For the LORD is good; his steadfast love endures, and his faithfulness to all generations."

4. How have you seen God's goodness, steadfast love or faithfulness in the last week?
5. Is there currently any situation in your life where it is hard to believe that God is good and is working for the good?

Application: As a prayer to God finish one or two of these sentences. Repeat the prayers throughout the week.

I thank you LORD that you are God and I am not. Help me to\_\_\_\_\_

Because I belong to you, show me \_\_\_\_\_

As I enter your presence, \_\_\_\_\_

Because you are good, loving, and faithful \_\_\_\_\_

Out of a grateful heart I praise you because\_\_\_\_\_