

the

# GENESIS

## EXPERIENCE

### **Session 3/Genesis 2 & 3**

**Group Ice Breaker:** What distracts or prevents you from rest?

### **Watch Video**

### **Discussion**

1. What made the Sabbath so radical for ancient Israelites? Is it still relevant today?
2. How does your schedule/lifestyle reflect the Sabbath?
3. (Read Genesis 3) Why did eating the fruit seem like a good idea to Adam and Eve?
4. Adam and Eve were deceived into thinking God was withholding His best from them. What deceptions do we believe today that pull us away from truth?
5. How did the fall harm relationships with self, others, creation, and God?
6. (Reread Genesis 3:15, 24) How is God orchestrating redemption in the aftermath of the fall?

### **Inductive Study Questions**

1. What might Adam and Eve have been feeling in this week's readings?
2. How is God guiding Adam and Eve in these chapters?
3. In the last week, how have you experienced God's guidance in the midst of success and failure?

## **Prayer Exercise**

As we see in Genesis 3, we can be deceived into sin. Sometimes we are aware of how we justify our sin, but other times we may be blind to how we sin. Take some time to pray. Have the leader invite the Holy Spirit to reveal to everyone, individually, an area in their life where they might be (are) in sin. It could be something that prevents them from experiencing God in a greater way, or something they may be doing to someone that is harmful. Then, take a minute to pray and listen individually to the Holy Spirit. After a minute, if people are comfortable doing so, have them share an area the Holy Spirit brought to mind. This is voluntary. Before people share, read James 5:15-16 and 1 John 1:6-9 about the power of confession, and exposing darkness to the light. Remind people the group is a safe place to share, and what is shared in these moments stays in the group. As people share individually, take time to pray for them. Have one or two people pray over the individual. Then, someone else can share. Repeat the process until everyone who wants to share has shared. Remind everyone that CCC offers a variety of options to help people deal with sin in their own life, and if they have been sinned against.