



Ben's Centre

a place of stability for sheffield street drinkers



"Hello to 15 North Church Street"

Annual Report

Covering Financial Year ending

31st December 2014

Ben's Centre for Vulnerable People (Sheffield)

Company Limited by Guarantee No 3896342

Registered Charity No 1087606



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Trustees of the Charity

Ben's Centre

Chair's report for 2014

Trustees

Josephine Maltby (Chair)

Ian Sherman

James Irving

Rafiat Lagundoye (Treasurer)

Stephen Givnan

Ben Curran

2014 was a very challenging year for all at Ben's. In September, we had to move out of our Orange Street premises when these were acquired for development. This was a blow: our time in Orange Street saw us develop our services to clients, taking advantage of the excellent site and facilities. We planned a move to a building on Eyre Street in the city centre, on the basis that it had the potential to be refurbished into a welcoming place to accommodate and help clients. Unfortunately the move was abruptly prevented, a week before it was due to take place, by objections from investors in the Moor redevelopment.

As a result, we had to suspend activities as a day centre, store our belongings, and operate an outreach service from temporary accommodation in Brown Street, supplemented by meals that we prepared and served to clients at the Duchess Road Community Centre.

This difficult situation persisted until March 2015, when we moved into our new permanent home, 15 North Church Street in the centre of Sheffield. Once again we can welcome clients here and offer them food and services. The building still needs to be adapted to our needs- in particular we want a bigger, better kitchen and shower room - and this work is a priority.

Throughout this period of upheaval and uncertainty, Ben's has continued to offer a conscientious, caring service. The outreach initiative, adopted due to the temporary loss of a welcoming space of our own, has been a major success. It allows us to reach isolated people and encourage them to rebuild links with advice and support networks. The trustees express their unreserved thanks to Sue Smith and the staff and volunteers who have done so much to honor Bens' commitment to the welfare of our clients in this difficult time.



And thanks to so many people who have come forward during our difficult times in many different ways

- **Graham Fellows** (yes, John Shuttleworth himself) and **David Best**, Professor of Criminology at Sheffield Hallam, who have agreed to become our **Patrons**

For donations and practical help:

- **Students in Sheffield Rag**
- **Banner Cross Methodist Church**
- **Adam and Will**
- **Trevor Barnard**
- **FAD FC**
- **Sheffield's shoebox appeal**
- **Steve Judge**
- **Lloyds Bank**
- **Sheffield Dog Wardens**
- **The Lighthouse Project**
- **Richer Sounds**
- **Greggs**
- **CRASH**
- **Aspire Sheffield**

Josephine Maltby



Thanks to our Funders

Sheffield City Council Revenue Support Grant
 City Centre Enhanced Public Health Programme
 Henry Smith
 Lloyd's, Evan Cornish, Paul Grant Charitable Trust Sheffield DACT
 Brelms

Thanks to our Grants and Donation Donors

CAF: Miss Eileen Astbury, Outreach OLST
 Sort Team
 CAF Jim & Hilary Fulton, St Andrews Church,
 United Trinity Church, Shellshock Publishing Martin Bull, St Andrews Angram Bank, J Appleby,
 Church Action on Poverty
 M Gilbert, Julie Attack, Elaine White, Trinity United reform Church, Sharrow Marrow,
 University of Sheffield, Give as you rent, Geography Dept,
 St Thomas, D Chamberlain,
 The Quakers Society Alice Collins, Sheffield Church Burgesses, Sheffield Town rust, Rotary
 Club, Mr & Mrs Sephton, Janet Stafford, Mrs J Wigg, Paul Leary, Spencer Charitable Trust, Mr
 Coats, Mrs Coats, Mr and Mrs Dunn, Banner Cross Film Club, Emily Weircroft Trust
 Carl Birkin, JG. Greaves, DSLT, Church Action on Poverty, Paul Carnell, H.N. Wrenn, M.J.
 Carnell, R.A. Closs, R.A. Collins, HMRC Charities, RAC,

Thanks to our remarkable Volunteers during 2014/15

Helen, Loretta, Vicky, Lynn, Danny, Paul G, Carolyn, Wil, Jasmine, Mary and Alan

Current Staff

Sue Smith, Daryl Bishop, Loretta Keenan, Danny MacDonald and Lynn Leary

Past Staff and Volunteers

Kay Pitcher, David, Paul L, John, Kelvin, Darren, Christian Pete, Hannah

Our Advisers and Supporters

Aspire, Banner Cross Methodist Church
 Alan Brailey

Welcome to our Patrons

Graham Fellows AKA John Shuttleworth
 Professor of Criminology **David Best**
 Also watch this space for **Kelly Hawley** and **Steve Pete!**



Thanks to our wonderful service users, who continue to battle through life and choose to access services at Ben's Centre.

Our Mission and Values

The object of the charity as set out by the Memorandum and Articles of Association is to relieve the poverty, sickness and distress of persons with alcohol related problems in the Sheffield area in particular by the provision of a day centre offering advice, food, clothing and washing facilities and engaging activities.

The principal means of meeting these objectives are set out in our Business Plan and through our Mission statement and aims.

Ben's mission statement is:-

To be: **"A place of stability for Sheffield Street Drinkers"**

- A sanctuary of safety,
- A place removed from the chaos of living a life on the streets,
- A place where street drinkers can have their immediate needs met.

The mission statement is translated into seven aims which underpin all activity that takes place at Ben's Centre. In the pages that follow we will detail these aims and highlight how we demonstrate how the organisation has met each aim and its achievements in providing services to street drinkers in Sheffield.

Monitoring and Evaluation

We keep daily records where we monitor all individuals who access the centre and the number of individual services provided each day. This information is compiled into quarterly and then annual statistics which we then use to evaluate the level of services provided and the diversity of individuals accessing Ben's Centre.

Our Aims and how we have met them



1. Crisis Intervention

To continue to provide a safe, accessible drop-in service that is appropriately staffed with trained volunteers and paid workers.

Ben's Centre opened for 186 drop in sessions and 131 outreach sessions in 2014/15 opening 4 days each week Monday, Tuesday, Thursday and Friday working with clients from 10.00am to 3.30pm.

Ben's Centre worked with 183 Individuals male and female all of whom had chronic alcohol dependency.

They accessed our services on 2,209 occasions and we helped clients on the street through our outreach service 728 occasions.

Ben's is unique in Sheffield as it offers a "damp" service, meaning service users are able to access our services whilst intoxicated but cannot consume alcohol on the premises. All staff work tirelessly to manage the risks this presents and this enables us to provide the service. The centre promotes firm guide lines



and boundaries for clients and staff. This helps clients feel safe as they know and understand what happens.

We currently have five paid staff, a project manager (Sue Smith) a senior project worker (Daryl Bishop) and a project worker (Loretta Keenan) Sessional project worker Danny MacDonald and Lynne Leary looking after the accounts. We have a team of committed volunteers that help run Ben's; we couldn't provide the service we do without them and their valuable help. **A big thank you to them.**

2. To provide a range of basic provisions that address the individuals needs including nutritious food, clean clothes and access to personal hygiene facilities.

This is the first step in our clients' often chaotic and challenging life style and we aim to address their immediate needs in a safe environment.



Hot / cold drinks 8,042 Personal Hygiene 194 Hot Meals 2,218
Fruit 795 Visits to the clothing store 327 snacks 512 Escorted clients to

Building Blocks

3. To build a foundation of trust with hard to reach individuals



1-2-1 sessions with clients 947

Trust building is the foundation we build upon at Ben's, it is time consuming, needs patience and perseverance but once established it is a platform from which to build a way forward for the client. It then opens the possibility of introducing the client to social and economic changes.

4. To provide brief interventions to address problematic life choices and physical issues.





Clients made over 1,728 telephone calls



We sent 83 letters for clients



We provided 1,229 brief interventions



That included, resettlement: SCC homeless applications, hostels, interim accommodation, bidding for properties, Benefit claims, post office cards, ID letters, Tenancy support, payment of rent, utility bills sourcing furniture and reporting repairs







5. To provide information, support and access to external services that are available.





Health services inc. visits to on site Nurse, Chiroprapist and information 601

Contact with outreach teams 322



Alcohol information 226

Signposting to other agencies 313



HCP and Citizens advice services 210



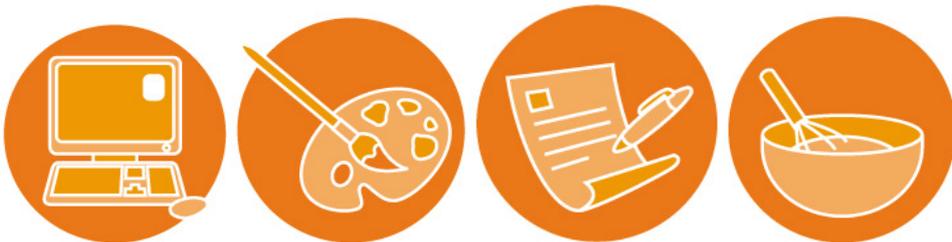
Referring and signposting to other services and maintaining good working relationships with other agencies and health professionals.





Rehabilitation







Computer IT 617

Activities 884

Life Skills 71

Cookery 5





6. To provide opportunities for individuals to explore areas of interest and to enhance and develop skills that will enable them to make positive changes in their lives.



The clients have the use of lap top computers to help with looking at properties and items of interest. We offer activities that help them consolidate their skills. This may be in the Kitchen with food prep or baking. They may have artistic talents; we have lots of materials that they can then make into works of art and jewellery. There are activities that stimulate the memory like crosswords, backgammon and chess.

Clients have grown vegetables in our little garden. They also help with the day to day cleaning of the project. For the more active clients we have a Wii console and PlayStations. All the activities help the clients to feel part of something that matters to them.

7. Having invested individuals lives with dignity, we will endeavour to rehabilitate them into the community and enable them to take ownership of their own lives.



Volunteer activities 58
Trips out of the project 10

Working with the City Centre Enhanced Public Health Programme who has funded us to promote health issues with Sheffield street drinkers we have had presentations, displays and talks around very diverse subjects from food tasting and sexual health, BBF's TB and how food impacts with diabetes and also the detrimental effect that sun can have on your skin and how to prevent this. The clients have been on trips out to Party in the Park, Yorkshire Wild Life Park, Canal Trip, Leeds Armoury, Crown Green Bowling, The driving Range, and cinema. This they really enjoy as they are involved in everyday activities again. Some clients have taken ownership of Ben's and have volunteered to help with the cooking cleaning and general up keep of Ben's.

Pictures from the new Ben's Staff and some of our Volunteers





Friends of Ben's



A POEM by JOHN SHUTTLEWORTH



Welcome to Ben's Centre
A place for men to enter
To give them a brief respite
From the streets, a quick bite
It's a haven, a refuge
Its benefits, well, they're huge
It's an umbilical cord, a placenta
So raise your glasses to the new Ben's Centre!



Great clothes collection, Thanks Kelly



The Trustees' Responsibilities for the Financial Statements

Company and charity law require the trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Make reasonable and prudent judgments and estimates;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in operation.
- The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are responsible for safeguarding the assets of the charity and hence for taking responsible steps for the prevention and detection of fraud and other irregularities.

Statement by the Trustees

The financial information contained in this document is extracted from the full statutory accounts of Ben's Centre which were approved by the trustees on 5 May 2015. The information given is consistent with those full accounts which are submitted to Companies House and the Charity Commission.

Josephine Maltby

On behalf of the trustees

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BEN'S CENTRE FOR VULNERABLE PEOPLE (SHEFFIELD) LIMITED

I report on the accounts of the company for the year ended 31 December 2014 which are set out on pages 6 to 12.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- State whether particular matters have come to my attention.



Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:

to keep accounting records in accordance with section 386 of the Companies Act 2006; and

to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A M J Ball BA, FCA, FCIE

Chartered Accountant

75, Banner Cross Road, Sheffield S11 9HQ

5 May 2015



BEN'S CENTRE FOR VULNERABLE PEOPLE SHEFFIELD
STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an
Income & Expenditure Account) For the Year ended 31 December
2014

		Unrestricte d	Restrict ed	Total	Total
		Funds	Funds	2014	2013
		£	£	£	£
INCOMING RESOURCES					
From generated funds					
Voluntary income		13547	93500	10704 7	11566 6
Investment income		35	0	35	28
Other income-insurance recovery		<u>4802</u>	<u>0</u>	<u>4802</u>	<u>0</u>
Total incoming resources		<u>18384</u>	<u>93500</u>	<u>111884</u>	<u>11569</u> <u>4</u>
RESOURCES EXPENDED					
Costs of generating funds		0	4000	4000	4000
Charitable activities		0	92200	92200	111066
Governance costs		<u>500</u>	<u>25</u>	<u>525</u>	<u>571</u>
Total resources expended		<u>500</u>	<u>96225</u>	<u>96725</u>	<u>11563</u> <u>7</u>
NET INCOMING (OUTGOING) REOURCES					



NET INCOME (EXPENDITURE) FOR THE YEAR	<u>17884</u>	<u>(2725)</u>	<u>15159</u>	<u>57</u>
BALANCE BROUGHT FORWARD AT 1 JANUARY 2014	<u>15981</u>	<u>21486</u>	<u>37827</u>	<u>32770</u>
BALANCE CARRIED FORWARD AT 31 DECEMBER 2014	<u>33865</u>	<u>19121</u>	<u>52986</u>	<u>37827</u>

All of the company's operations are classed as continuing. The company had no recognised gains or losses other than the net incoming resources for the period.



BEN'S CENTRE FOR VULNERABLE PEOPLE (SHEFFIELD)**BALANCE SHEET****At 31 December 2014**

	2014	2013
	£	£
CURRENT ASSETS		
Debtors and prepayments	490	2569
Cash at bank and in hand	<u>72549</u>	<u>79660</u>
	<u>73039</u>	<u>82229</u>
CREDITORS		
Amounts falling due within 1 year	<u>20053</u>	<u>44402</u>
NET CURRENT ASSETS	52986	37827
NET ASSETS	<u>52986</u>	<u>37827</u>
ACCUMULATED FUNDS		
Unrestricted	33865	15981
Restricted	<u>19121</u>	<u>21846</u>
	<u>52986</u>	<u>37827</u>

The financial statements have been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies, and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements on page 6 to 12 were approved by the directors on 5 May 2015 and are signed on their behalf by:

Josephine Maltby



Chair of the Trustees



Sheffield City Council

NHS Sheffield Healthy Communities Program

Evan Cornish

Brelms

Lloyd's Foundation

You can contact Ben's Centre at:
15 North Church Street
Sheffield S1 2DH



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Facebook: [FACEBOOK.COM/BENS. CENTRE](https://www.facebook.com/benscentre)

