



# Handmade in Blighty

Unique homeware, woodcraft and gifts

## Bushcraft Workshop

Join Bushcraft Instructor, Greg Power for a day of bushcraft activities that will focus on the four areas of shelter, fire, water and foraging in the grounds of the Award winning restaurant Clavelshay Barn.

During the workshop you will:-

- Have a full and comprehensive safety brief
- Learn safe cutting techniques
- Learn various techniques for lighting a fire
- Learn which plants and trees aid you in creating fire by friction
- Learn about shelters
- Learn how to prepare wild water for safe consumption
- Learn how to prepare fish or game ready for lunch
- Understand the law and learn the lore that surrounds our countryside
- Learn about the edible plants that are available and how you can prepare them safely ready to eat
- Learn about nature's medicine cabinet and how it can help treat injuries
- Understand the history behind the plants and trees
- Have a final question and answer session to recap on your newly acquired skills.

Here is a tiny taster of the course content. Greg has the answers for you.

- *What is a crampball?*
- *Why does a hammock need a wick?*
- *What tree must you never, ever, ever camp under?*
- *What is the most practical water purifying technique?*

Greg teaching at Clavelshay Farm



Lady's Smock



This bushcraft workshop has been designed to spark your interest in the glorious British countryside. It will give a taster in to how you can explore it further and do so comfortably.

All the necessary tools and materials will be provided, however if you would like to bring a camera or notepad please do so. There are no prerequisite skills required for this course; however comfortable walking boots and appropriate clothing for the weather are a must.

Lashings of tea and coffee and a bushcraft lunch of game or fish, cooked over an open fire are included in the workshop. Please advise of any special dietary needs when booking.

## Price

**£85 per adult**



**Tuesday 26<sup>th</sup> May 2015**

The workshop starts at 10am and finishes at 4pm

## Bookings

Bookings can be made direct through Clavelshay Barn

Tel: 01278 662 629

Email: [query@clavelshaybarn.co.uk](mailto:query@clavelshaybarn.co.uk)

Website: [www.clavelshaybarn.co.uk](http://www.clavelshaybarn.co.uk)

to delve into. Greg also does wood-turning using British hard woods and creates beautiful crafted items including bowls, boards and salad hands available on [www.handmadeinblighty.com](http://www.handmadeinblighty.com)

The view from a shelter



## Things to note about the course

1. The course will go ahead in all weathers except in extremely high winds \*
2. We will be on our feet all day except for the lunch break so you need good comfortable walking boots
3. We will be going at your pace so you can have plenty of time to take photos and make notes if you wish
4. A kit list, nutritional /medical needs form and directions will be provided once the course is booked.
5. If you have any questions or concerns about the course please contact Greg on 07931 834650

\*If we cancel the course due to high winds we will aim to offer an alternative date.

## More information about your instructor for the day

Greg Power has been teaching bushcraft for well over ten years. Greg grew up in a small Somerset village and has been fascinated with the British countryside ever since he can remember. Time in the British Army allowed him to see many different countries and this simply confirmed his belief that our country holds the best wild areas in the world with a huge catalogue of flora and fauna