

## Tri-State Christian Academy Karate Program

We are excited to announce that Master Reginald Cephas will return for his third year of instructing Karate at Tri-State Christian Academy. The basic building blocks of this program include Instruction, Discipline, Respect, Self-Awareness, Self-Control, Forgiveness and Self Esteem.

Master Cephas has been teaching TAE KWON–DO, KUNG FU, and WYDORYU, for over 35 Years. He was inducted into The

Masters Hall of Fame in Costa Mesa, California in August 2006 for his contributions to the Martial Arts. He also serves as a role model for the children at Tall Oaks Classic School, Caravel Academy, Thomas Edison Charter, and Sharon Temple SDA Church.

## **DATES & TIMES OF SESSIONS:**

<u>K5-4<sup>th</sup> Grade</u> will meet each <u>Thursday</u>, November 1<sup>st</sup> - March 14<sup>th</sup> 3:20-4:20pm 5<sup>th</sup>-9<sup>th</sup> Grade will meet each *Friday*, November 2<sup>nd</sup> - March 15<sup>th</sup> 3:20-4:20pm

This year the cost of the program will be \$30.00 per family (Uniforms will be an extra \$20 per set). Checks and money orders are to be made payable to Master Reginald Cephas. Please complete the bottom portion of this form and return it to your child's homeroom teacher with payment by October 26<sup>th</sup>.

| Family Name   |      |        |                 |   |   |   |
|---|------|--------|-----------------|---|---|---|
| Child's Name  |      | Grade: | Uniform Needed: | Υ | / | N |
| Child's Name  |      | Grade: | Uniform Needed: | Υ | / | N |
| Child's Name  |      | Grade: | Uniform Needed: | Υ | / | N |
| Child's Name  |      | Grade: | Uniform Needed: | Υ | / | N |
| Parent's Name   |      |        |                 |   |   |   |
| Home Phone  | Cell |        |                 |   |   |   |
| Emergency Contact Name &Number:                         |      |        |                 |   |   |   |
| Please list any Medical conditions your child may have: |      |        |                 |   |   |   |
|   |      |        |                 |   |   |   |
|   |      |        |                 |   |   |   |

CONTACT: Master Cephas- Cell: 302-602-5109, Email: Familycephas@aol.com