



KNOX GRAMMAR SCHOOL



POSITIVE PSYCHOLOGY INSTITUTE

College of Educational and
Developmental Psychologists



Knox Grammar School, Positive Psychology Institute
College of Educational and Developmental Psychologists
extend a warm invitation to attend a

One Day Certificate in

POSITIVE EDUCATION

Research and Best Practice Applications

Date and time: Friday 30 October, 2015, 8.30am-3.30pm

Location: College Hall, Corpus Christi College, Murdoch Drive,
Bateman WA 6150

Cost: Members* \$400
Non Members \$450
* of the College of Educational and Developmental Psychologists
Includes: Tea/Coffee and Lunch
Excludes GST.

Parking: Available on the school grounds

What is Positive Education?

Positive Education is a strand of Positive Psychology which aims to proactively increase mental fitness and wellbeing of students and staff. It can play a crucial preventative role in reducing depression, anxiety and stress within the school environment.

About the Workshop

This workshop is designed to inform the participants of current research and best practice in the field of Positive Education and many practical examples will be highlighted from the Knox Positive Education Program and other schools.

Specific learning outcomes from this workshop will be:

- To gain knowledge of the current research in Positive Education being utilised by leaders, teachers, students, psychologists and parents
- To discuss sustainability through examples of the design and delivery of strategic, positive education programs
- Review and discuss specific best practice activities currently being successfully utilised
- Complete an exercise to implement specific components of the workshop to the participants' own work setting.

There are strong links between school excellence and wellbeing. Schools should consider teaching and learning and the development of wellbeing as parallel, integrated, complementary processes. All schools are required to have a planned approach to wellbeing in place that incorporates the elements of the Wellbeing Framework.

Source: Excerpt from The Wellbeing Framework for Schools (2015). Department of Education & Communities (p7) www.dec.nsw.gov.au

The following teaching Standards will be covered in the Certification training:

- 4.1.2 Establish and implement inclusive and positive interactions to engage and support all students in classroom activities;
- 4.4.2 Ensure student's wellbeing and safety within school by implementing school and/or system curriculum and legislative requirements;
- 6.2.2 Participate in learning to update knowledge and practice, targeted to professional needs and school and/or system priorities;
- 7.4.2 Participate in professional and community networks and forums to broaden knowledge and improve practice.

In summary, this workshop provides a snapshot of current and future developments in Positive Education and Wellbeing

Workshop facilitators



Dr Paula Robinson
Managing Director
Positive Psychology Institute



Dr Steve Zolezzi
Head of Positive Education
Knox Grammar School



Dr Helen Street (Guest presenter)
Creator and Chair
The National Australian Positive Schools Initiative