

# *Corpus Christi College*



## *Year 7 Quest Retreat 2016*

### *Year 7, Year 10, Year 11 & Year 12 Parents' Manual*

**The Golden Eagle  
A man found an eagle's egg  
And placed it under a brooding hen.  
The eaglet hatched with the chickens  
And grew to be like them.**

**He clucked and cockled;  
Scratched the earth for worms;  
Flapped his wings  
And managed to fly a metre into the air. . . .  
..... years passed.**

**One day the eagle, now grown old,  
Saw a magnificent bird above him in the sky.  
It glided in graceful majesty against the powerful wind,  
With scarcely a movement of its golden wings.**

**Spellbound,  
The eagle asked, "Who's that?"**

**"That's the king of the birds, the eagle," said his neighbour.  
"He belongs to the sky.  
We belong to the earth....  
"We're chooks.!"**

**So the eagle lived and died a chicken,  
For that's what he thought he was.**

*Anthony De Mello SJ*

# **CORPUS CHRISTI COLLEGE**



## ***YEAR SEVEN QUEST RETREAT***

***2016***

### **INTRODUCTION**

The Quest Retreat is an important way of introducing the new Year 7 students to the Corpus Christi College Community. The Retreat is an experience, which builds community and friendship among the Year 7 class and with senior students. It seeks to assist incoming students to the lived culture of faith in God within the Corpus Christi College community as expressed in our motto "Sequere Dominum: Follow the Lord".

At this time, when our Year 7 students stand on the threshold of six years of secondary education, the Quest Retreat provides an opportunity for them to ponder and imagine just what God's dream for each of them might be.

This non-residential Retreat, which is a requirement for all Year 7 students, is to be held during the Orientation Week of Term One and runs over two days.

The Year Seven Quest Retreat is a mixture of fun times, serious times, working and praying together. A team of Year 11 and 12 students (*Cadre Leaders*) and teachers oversee the Retreat, which is lead by Year 10 and 11 students (*Quest Ministers*). The Retreat draws upon students' everyday experiences of God as love and seeks to provide an opportunity for them to share their experiences in a supportive atmosphere.

The Quest Retreat assists in the building of a school community by beginning a "buddy" system in which the Year 10 and 11 Quest Ministers can get to know these students and take an interest in them. The Quest Ministers lead all of the small group activities as well as welcoming them into their homes.

The parents of the Quest Ministers are also involved in the retreat by providing the transport for the Canned Food Collection on the Saturday. They open their homes to welcome the Year 7 students in completing the Quest activities and in sharing a simple meal with them.

The focus of the Quest Retreat is the sense of community in welcoming the Year 7 students and in fostering friendship on their journey through Corpus Christi College. Through the faith witness from the Quest Ministers and the Cadre Leaders, the Year 7 students feel that their experiences are similar to the older students and they have mentors to turn to on their journey through high school.

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# **GOALS OF THE QUEST RETREAT**

## **Care for Others**

### **Luke 15: 3- 7 Parable of the Good Shepherd**

The Quest Retreat is about the pastoral care of the new Year 7 class as they begin their secondary education. Just as Jesus sought and found the one that was lost, so this Retreat offers senior students an opportunity to reach out to younger students and say, "We've noticed you". "You're welcome," and "We'll take care of you". The older students hold out the hand of friendship and welcome each every new student into the school community.

## **Faith in Jesus**

### **Matthew 5: 14 – 16 Jesus: the Light of the World**

Our senior students, through their roles in Cadre and Quest Ministry, provide strong Christian leadership in both the preparation and delivery of the Retreat. They recognise the gifts that God has given them and witness their faith through prayer and shared reflection. As strong role models, these senior students light the way for the younger students by living the Gospel and building community.

Handing on the sound traditions of Corpus Christi College, these students point to the importance of building a community where Christ's imperative: "Love one another..." (Luke 6: 27 - 36) is put into action. They encourage the younger students to build the College community through collaboration rather than competition. They demonstrate their love of God and love of neighbour.

## **Christian Service**

### **Luke 10: 25 - 37 Parable of the Good Samaritan**

The Quest Ministers have a unique opportunity to demonstrate their care and concern for each and every new student. Not only do they develop sensitivity to others, but also they make every effort to welcome and include these younger students in all situations, promoting diversity and acceptance. The Quest Ministers seek to live out the Good Samaritan story by being caring listeners. As well as modelling this care and concern, they hand on, by word and deed, the important Corpus Christi College tradition of Christian Service through the collection of canned food for the needy of Perth. In a very practical way, they show what it means to be "people for others".

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## **AIMS OF THE QUEST RETREAT**

- 1. To provide an experience of welcome into a Christian community to the Year 7 students and their parents by valuing them as unique and important.**
- 2. To provide an experience of "welcoming others" into a Christian community by the senior students and their families.**
- 3. To promote a sense of belonging, by engaging the Year 7 students in a range of reflective and active experiences as well as initiating them into the Christian culture of the Corpus Christi College faith community.**
- 4. To provide opportunities for the Year 7 students to experience, reflect and discuss the nature of God and His presence in their lives.**
- 5. To provide an experience of prayer and prayerful reflection for all students and to promote the importance of shared faith experience.**
- 6. To provide a direct experience of the spiritual nature of being human by reflecting on the presence of God in their lives through the action of love in family and friends.**
- 7. To provide an experience of being *a person for others* through an action of Christian Service and to provide the opportunity to reflect on this experience.**
- 8. To provide opportunities for our senior student to act as mentors using Christian principles and the life of Christ as a living example.**
- 9. To provide an experience of inclusion, acceptance, trust and fun for all students.**

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# QUEST RETREAT PROGRAMME

**Friday**

**5<sup>th</sup> February 2016**

- 8:00am Cadre Leaders and Quest Ministers meet in Gymnasium.
- 8:30am Year Seven students assemble in the Sadler Centre and are taken to the Gym.
- 8:45am **Activity: Airport Scene**  
Year Seven students are welcomed by Cadre Leaders and then meet their Quest Leaders. Each small group assembles and introductions are made.  
Cadre Leaders welcome everyone and explain the nature of the Retreat.
- 9:00am **Liturgy on the Parable of the Good Shepherd.**  
Cadre Leaders lead the Quest Ministers and the Year Seven students in the Liturgy.
- 9:15am **Activity One: Getting To Know You (Ice-Breakers)**  
Quest Ministers lead their small groups in a series of interactive activities.
- 10:00am **Break**
- 10:15am **Activity Two: College Story, Name, Crest and Motto.**  
Quest Ministers lead their small groups in this activity.
- 11:00am **Recreation Time.** Quest Minister takes their group to the oval for games organised by Cadre Leaders and Quest Ministers.
- 11:45am **Activity Three: Relationships: Peer Pressure and Bullying.**  
Quest Ministers lead their small groups in this activity.
- 12:30pm **Lunch**  
Organised by Cadre Leaders on oval side of Sadler Centre.
- 1:30pm **Activity Four: Prayerful Reflection.**  
*Reading Affirmation Letter and Writing Reply.*  
*Creating the Quest Prayer Book.*  
*Prepare for Witness Talks.*  
Activities led by Quest Ministers in small groups.
- 2:30pm Break
- 3:00pm **Activity Five: Witness Talks.**  
Small groups gather in Sadler Centre for Witness Talks led by Cadre Leaders. Quest Ministers support the Year Seven students.
- 4:00pm Break

4:15pm *Celebration of EUCHARIST* in the Bateman Parish Church. Parents are invited to attend. Year Seven students sit in small groups with Quest Ministers. Organisation for the Mass is led by Cadre Leaders.

5:15pm Directions for Saturday are given by Cadre Leaders.  
Parents collect students from the Church after Mass.

**Saturday 6<sup>th</sup> February 2016**

8.00am Cadre Leaders & Quest Ministers arrive and report to Sadler Centre.

8:30am Year Sevens arrive and assemble in Sadler Centre.  
*Liturgy on the Parable of the Good Samaritan.*  
Cadre Leaders lead the Quest Ministers and the Year Seven students in the Liturgy.

8.45am Depart Corpus Christi College for Quest Minister's Home.  
**Activity Six: Introduction to Christian Service.**

9.15am **Activity Six: Christian Service with Canned Food Collection.**

11.15am Assemble at Quest Minister's Home.  
**Activity Six: Debrief on Christian Service with Canned Food Collection.**

11.45am Lunch at Quest Minister's Home.

12:15pm Leave Quest Minister's Home for Corpus Christi College.

12:45 pm Arrive at Corpus Christi College and off-load Canned-Food at the Student Ministry Office near the chapel.

1:00pm *Liturgy on Jesus the Light of the World.*  
  
Cadre Leaders lead the Quest Ministers and the Year Seven students in the Liturgy.

1:15pm **Guard of Honour and Farewell.**  
Retreat Finishes. Parents collect Year Seven students.

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*Year Twelve Cadre Leaders: House Uniform  
Year Ten and Eleven Quest Ministers: Sports Uniform  
Year Seven Students: House Uniform*

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## **FRIDAY 5<sup>TH</sup> FEBRUARY**

### ***AFFIRMATION LETTER***

*Parents of Year 7 students have been invited to write a personal Affirmation Letter to their son or daughter. They will read it on this afternoon as part of the retreat.*

### ***CELEBRATION OF EUCHARIST IN THE BATEMAN PARISH CHURCH***

*Parents are invited to join their sons and daughters in the celebration of the Eucharist in the Bateman Parish Church at 4:15pm. Students need to be collected from the Church after Mass at approximately 5:15pm.*

## **SATURDAY 6<sup>TH</sup> FEBRUARY**

*Parents of Year 7 students need to have their sons and daughters at the College by 8:30am. Students are to assemble in the Sadler Centre.*

### ***8:45AM: TRAVELLING FROM COLLEGE TO YEAR 10 OR 11 QUEST MINISTER'S HOME***

*Year 7 parents are requested to check the name of the Year 10 or 11 Quest Minister and family contact details. Parents are encouraged to make contact with the Year 10 or 11 Quest Minister's parents and to introduce themselves.*

*Instructions to Year 10 or 11 Quest Ministers:*

- Make sure you have all your Year 7 students.
- Introduce them to your Parents by name.
- Let them sit together in the back seat of the car.

### ***9:15AM: YEAR 10 OR 11 QUEST MINISTER'S HOME***

*Instructions to Year 10 or 11 Quest Ministers:*

- Introduce the Year 7 students to your family members.
- Show them where the toilet is and where they can get a drink.
- Make them feel welcome.

### ***CHRISTIAN SERVICE WITH CANNED FOOD COLLECTION***

*Instructions to Year 10 or 11 Quest Ministers*

**Find a suitable place and talk to the Year 7 students about the nature of Christian Service and about the canned food collection that they are about to undertake. Explain that students at each Year Level in the school are involved in Christian Service and that the**

College Ministry Office offers many opportunities for students to do acts of Christian Service in the community.

Explain the teaching of Jesus: *Love one another as you would like to be loved* and the College motto, *Follow the Lord*. Explain that when you love another, you receive much in return. Quest Ministers can share their own involvement in Christian Service and how they have benefited from their involvement.

Explain to the students that over the last week you placed some 80 leaflets into 80 homes in your local streets. Read the leaflet to them. Explain to them that in a few minutes they will be collecting canned food on behalf of the Society St Vincent De Paul and the St Patricks' Care Centre, Fremantle.

Invite the students to share any concerns that they may have. Reassure them that they have you as their support and that one of your parents will be in the car going up and down the street with you. Inform them that the canned food will go into the boot of the car. Remind them of safety issues: street awareness, oncoming traffic, crossing the road.

Finally, remind them that they are representing the College and must act courteously and respectful at all times. These are the College values we are asking them to live here.

*Instructions to Year 10 or 11 Quest Ministers during the Can Collection:*

- Quest Ministers can take this time to chat and talk to the students and get to know them a little better.
- Demonstrate by example how you talk to the people who donate cans, and those who may not be so helpful. Give leadership by being actively engaged in the project.
- Be grateful to your driver and acknowledge thanks.

11:15am

## ***DEBRIEF ON CHRISTIAN SERVICE WITH CANNED FOOD COLLECTION***

*Instructions to Year 10 or 11 Quest Ministers*

On return to Quest Minister's house, allow Year 7 students to get a drink and go to the toilet.

Quest Ministers gather their small group together and invite the Year 7s to share their reactions to the activity.

- How did you feel about collecting food from people's houses?
- What sorts of reactions did they have to what they were doing?
- What did you think about the people who didn't give anything?
- Did you think that the best houses in the street would give the most? Did this happen?
- What was the most difficult part of this activity?
- Was this experience worth doing?
- Did you learn anything about others?
- Did you learn anything about yourselves?



**11:45am**

Invite Year 7 students to a small lunch at Quest Minister's home.

**12:15pm**

Leave the Quest Minister's home for Corpus Christi College. Quest Ministers ensure that the Year 7 students thank the Quest Minister's parents for their generosity and assistance.

**12:45pm**

Arrive at Corpus Christi College and off-load Canned-Food outside the Chapel. Quest Ministers take the Year 7 students to the Heath Centre (gym) for the final Liturgy of the Retreat.

**1:15pm**

*Parents are to collect their sons and daughters from the Heath Centre (Gym) at 1:15pm at the conclusion to the Retreat.*

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**CORPUS CHRISTI COLLEGE**  

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**SEQUERE DOMINUM**

## **PARENT INFORMATION SUMMARY**

**Quest Retreat Dates: Friday 5<sup>th</sup> February and Saturday  
6<sup>th</sup> February 2016**

### **Years 7, 10, 11 and 12 Parent Involvement**

<b>Prior to Retreat</b>	<b>Year 7 Parents write an Affirmation Letter to their son or daughter.</b>
<b>FRIDAY 5<sup>th</sup> February</b>	<b>RESPONSIBILITY</b>
<b>4:15pm - 5:15pm</b>	<b>Invitation to all parents to join students for Mass at 4:15pm in the Bateman Parish Church or collect them at the end of Mass at 5:15pm.</b>
<b>SATURDAY 6<sup>th</sup> February</b>	<b>RESPONSIBILITY</b>
<b>8:00am</b>	<b>Cadre Leaders and Quest Ministers arrive at Corpus Christi College.</b>
<b>8:30am</b>	<b>Year 7 Parents drop their sons or daughters at Corpus Christi College. Students are to assemble in the Sadler Centre.</b>
<b>8:45am</b>	<b>Year 10 or 11 Quest Ministers' Parents drive Year 7 students and Quest Ministers from the College to their homes.</b>
<b>9:15am – 11:15am</b>	<b>Year 10 or 11 Quest Ministers' Parents drive Year 7 students and Quest Ministers from their homes to collect cans and return.</b>
<b>12:15am</b>	<b>Year 10 or 11 Quest Ministers' Parents drive Year 7 students and Quest Ministers to Corpus Christi College.</b>
<b>1:15pm</b>	<b>Year 7 Parents collect their sons and daughters at the end of the retreat from the Heath Centre (<i>Gym</i>).</b>

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# **PRAVERS**

## ***PRAYER OF GENEROSITY***

Lord, teach me to be generous.  
Teach me to serve you as you deserve:  
To give and not to count the cost;  
To fight and not to heed the wounds;  
To toil and not to look for rest;  
To labour and not to ask for reward;  
Save that for knowing I am doing your will.

*St. Ignatius of Loyola (1491 -1556)*

## ***PEACE PRAYER***

Lord, make me an instrument of your peace:  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
and where there is sadness, joy.  
O Divine Master, grant that I may not so much seek  
to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.  
For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.

*St. Francis of Assisi (1182- 1226)*

## ***I HAVE NO HANDS BY YOURS***

Christ has no body now on earth but yours,  
no hands but yours,  
no feet but yours.

Yours are the eyes through which to look at  
Christ's compassion for the world;

Yours are the feet with which he is to go about doing good;  
And yours are the hands with which he is to bless people now.

*St. Teresa of Avila (1515 – 1582)*

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## 2016 QUEST RETREAT

### Emergency Procedures

#### For all Year 10 and 11 Quest Ministers and Parents

##### 1. AT CORPUS CHRISTI COLLEGE

If a student becomes ill, send the person to STUDENT SERVICES.  
Staff will attend to the student. The First Aid Kit will be in STUDENT SERVICES.

##### 2. AWAY FROM CORPUS CHRISTI COLLEGE

If someone becomes hurt and needs minor attention:  
Do the best you can at the scene.  
Or if you are near your house, go home and get First Aid there.  
Never leave any of the students on their own.

##### Emergency Numbers

College Phone: Mr Keane	6332 2645
College Phone: Head of Year Seven	6332 2607
College Phone: Deputy Principal - Ministry	6332 2504

##### 3. AT QUEST MINISTER'S HOME

Seek assistance from adults who will provide First Aid.

##### MAJOR ILLNESSES / BROKEN BONES, etc.

Call Corpus Christi College and speak to one of the staff: Mr Keane or Head of Year Seven or Deputy Principal – Ministry.

Take the student to the nearest Hospital Emergency (eg. Fiona Stanley or St John of God Murdoch, etc.).

The Head of Year Seven will notify parents.

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