FLOW OF A RENOVATE SESSION

SOCIALIZE (10 MINUTES)
Spend a few minutes getting to know one another and catching up.

DISCUSS (10 MINUTES – OPTIONAL)
Talk about the homework completed the previous week:
   - Was anything helpful to you? If so, what?
   - What was more difficult than you expected?

WATCH (15 MINUTES)
The video session enhances the materials in the workbook by providing additional content on the topic.

DISCUSS (45 MINUTES)
The discussion questions provided in each session help participants explore the topic in conversation with one another. The questions are designed to allow people the freedom to reveal tensions or struggles with the topic, make personal discoveries, or think more about the topic.

REVIEW THE HOMEWORK (5 MINUTES)
The Renovate experience is different for each person. Some people may choose to skip certain exercises, while others will choose to complete all of them. Assure participants that they have the freedom to do as much or as little of the homework as they desire.

PRAY (5 MINUTES)
Sharing prayer requests and praying for one another is an important part of the experience. It is also okay for a participant not to share anything. Pressure should never be applied to disclose prayer requests.