



Putting food on a plate is not enough to end hunger. We must overcome the root causes of hunger: lack of access to healthy food and lack of income to purchase healthy food. That's why, in addition to recovering and distributing food to those in need, IFFS programs teach culinary job skills, how to shop and cook healthy on budget, and how to grow food. Below is a snapshot of how donors, volunteers, and partners helped IFFS staff FEED, TEACH and GROW a healthy and hunger-free NC in 2014.

6.5 MILLION POUNDS OF FOOD RESCUED

40% is FRESH PRODUCE

WE FEED

57,094 ADULTS & CHILDREN PER MONTH



8,260 PEOPLE shopped for FREE at neighborhood Mobile Markets



1,571 SENIORS received grocery bags delivered to their door



42,727 PEOPLE received food at partner pantries, soup kitchens & shelters where we deliver food



1,860 CHILDREN received Backpack Buddies filled with weekend meals

2,607 CHILDREN

received fresh produce, meals & snacks through school pantries, our commercial kitchen & our food truck



WE TEACH

11,994 ADULTS PER YEAR



34 CULINARY STUDENTS with a 72% EMPLOYMENT RATE



11,636 PARTICIPANTS in nutrition education



14 INCUBATOR FARMERS on our Teaching Farm



8 URBAN AG INTERNS

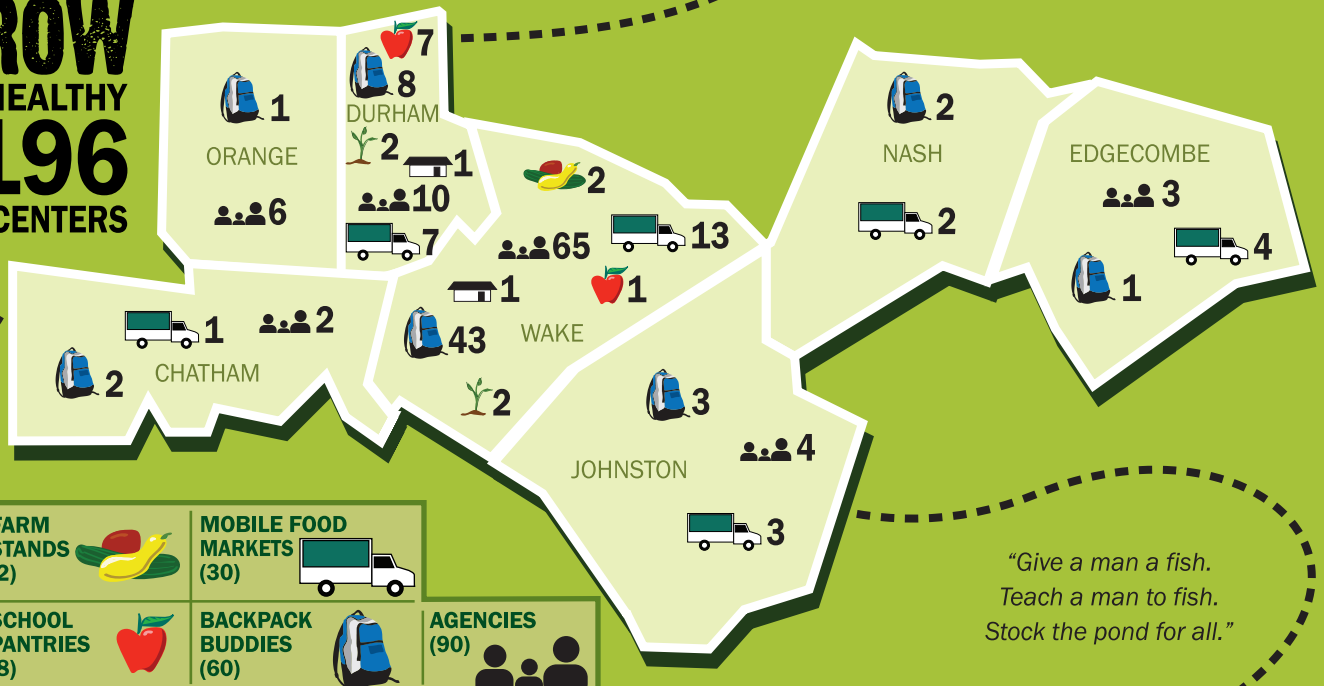
in Raleigh and Durham Food Deserts



302 PARTICIPANTS in gardening workshops and workdays

WE GROW

ACCESS TO HEALTHY FOOD THROUGH 196 COMMUNITY CENTERS in 7 counties



"Give a man a fish. Teach a man to fish. Stock the pond for all."



After completing our **11-WEEK CULINARY JOB TRAINING PROGRAM**, our graduates know their way around a professional kitchen! We're proud that over 70% of our CJTP graduates are employed 18 months after graduation, thanks to their hard work and the many restaurants, cafeterias, and commercial kitchens who hire our alums.



DURHAM URBAN AGRICULTURE INTERNS

have been hard at work in the Langley Community Garden. Four High School urban farmers, Keo Ksor, Serina Aken, Chamiya Edwards, and LaDajia Phillip, have walked away from the experience with confidence in urban gardening and a unique ability to connect with their community through local food.



NUTRITION EDUCATORS provide people with the know-how to confidently walk the aisles of a grocery store and fill their carts with healthy food without emptying their wallets. "I learned that frozen vegetables are in some cases more nutritional than fresh ones," said one tour participant. "I learned about shopping in bulk and actually paying attention to the back label."

Our brightly-colored "**MOBILE TASTINESS MACHINE**" serves free meals for kids where they can easily access it - in their neighborhoods. Not only can kids get a free, tasty meal from the food truck, the Nutrition team provides fun ways for kids and parents to learn about healthy food - through "Healthy Choices Twister" and other games that provide knowledge and physical activity.



2014 SUPPORT AND REVENUE

Donations: Business, individuals, civic, foundations	2,275,094
Grants	621,761
Fees for Food Services	218,218
Fundraising Projects	92,244
Other Revenue: Interest, dividend, asset sales	128,669
<i>In-Kind Food Donation Value</i>	11,214,011
Total Revenue	\$14,549,997

2014 OPERATING EXPENSES

Program Services:	
Food Recovery & Distribution	1,007,453
Culinary Job Training/Food Service	411,581
Nutrition/Farm and Garden	766,620
<i>In-Kind Food Distribution Value</i>	11,202,500
Support Services:	
Fundraising (includes in-kind media)	561,670
Administrative	519,316
Total Operating Expenses	14,469,140

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- Anita Filippi, Blue Cross Blue Shield NC
- Cheresa Greene-Clemons, NCCU School of Education
- Keith Gregory, Wake District Court Judge
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2014 Board of Directors, continued

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- Stan Taylor, WakeMed

THANK YOU!
YOUR SUPPORT helped
FEED, TEACH & GROW
to end hunger.



**Inter-Faith
Food Shuttle**

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www.FoodShuttle.org

